# The Risky Business of Integrative Pre-Design

Friday, March 9th, Session 4

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catalystpartners



# Our mission is simple:

We are committed to the creation of places where all species can flourish.

# **Learning Objectives:**

- 1. Identify challenges caused by the traditional design process and ways to move past them with a whole systems thinking approach.
- 2. Meet these challenges by implementing an IDP mindset for the project team by applying the framework of the ANSI Standard for IDP and ASHRAE Standard 209.
- 3. Describe WHAT Integrative Pre-Design is, WHY it is vital to the overall Integrative Design Process, WHO the key team members and roles are, HOW it can solidify the project team's ability to successfully deliver high performance buildings
- 4. Identify the benefits of implementing Integrative Pre-Design on projects and the risks of not making mistakes fast enough.





# OUR TIME:

- 1. BACKGROUND: HOW ARE WE WORKING NOW?
- 2. CHALLENGES
- 3. THE PLAN FOR ACTION: IDP & ASHRAE 209
- 4. INTEGRATIVE PRE-DESIGN

# HOW ARE WE WORKING NOW?

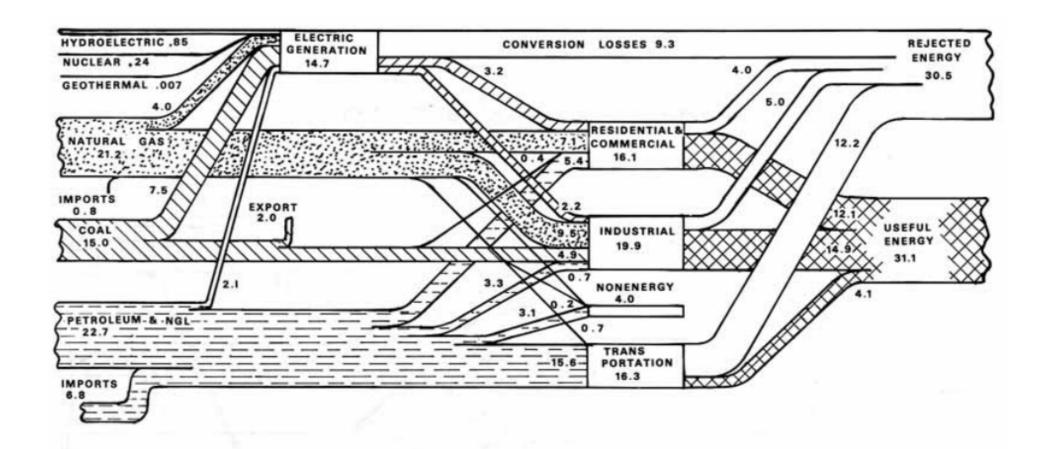












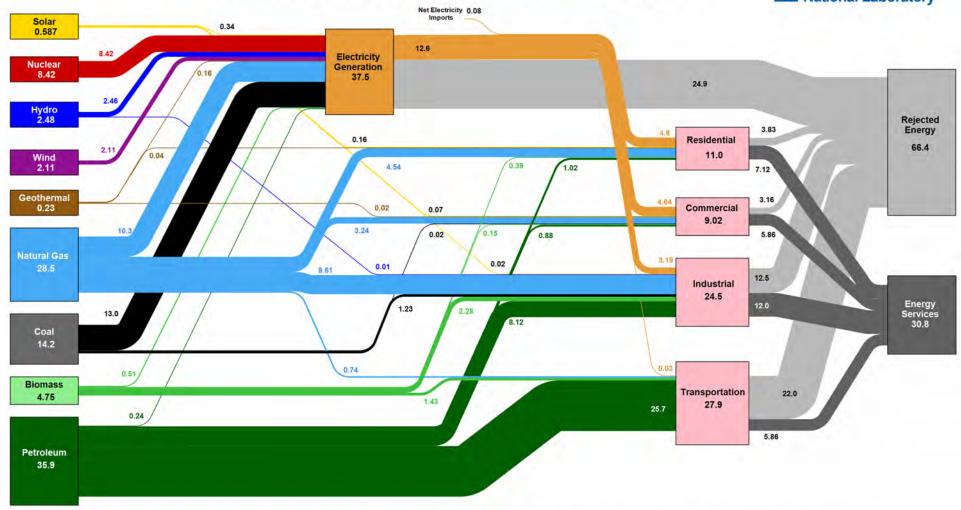
# U.S. Energy Flow - 1970

All values  $\times$  10<sup>15</sup> Btu (2.12  $\times$  10<sup>15</sup> Btu = 10<sup>6</sup> bbl/day oil) Total energy consumption = 67.5  $\times$  10<sup>15</sup> Btu



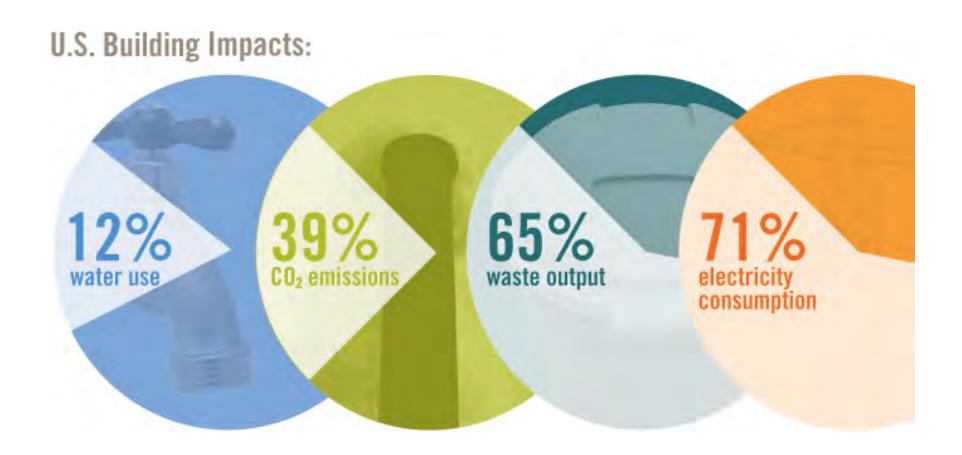
### Estimated U.S. Energy Consumption in 2016: 97.3 Quads



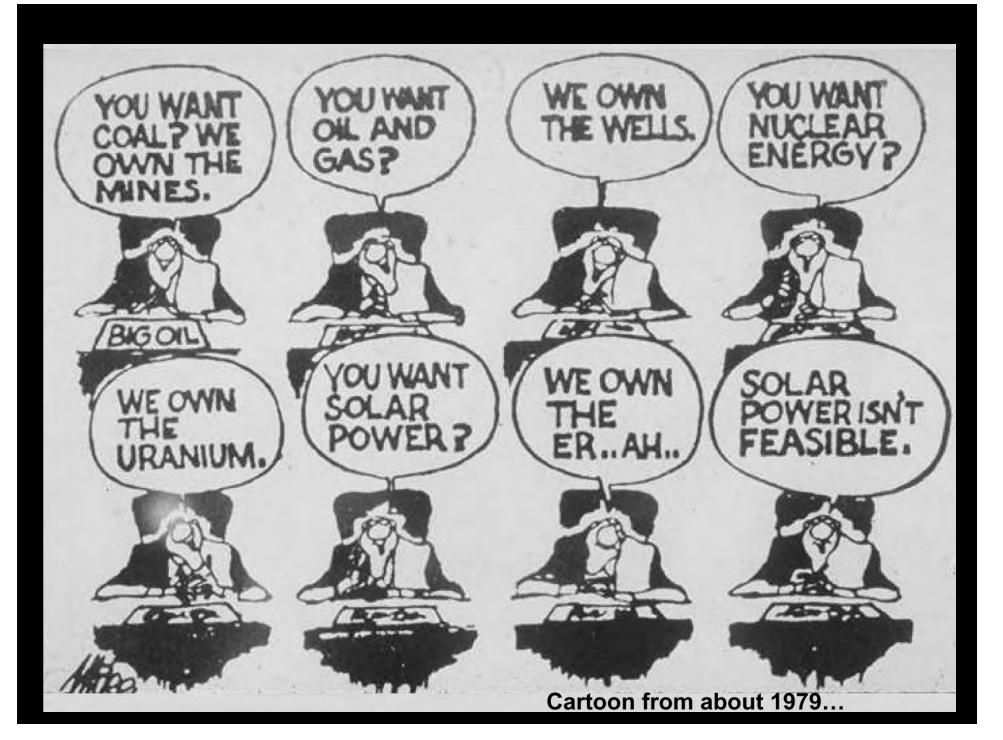


Source: LLNL March, 2017. Data is based on DOE/KIA MER (2016). If this information or a reproduction of it is used, credit must be given to the Lawrence Livermore National Laboratory and the Department of Energy, under whose auspices the work was performed. This chart was revised in 2017 to reflect changes made in mid-2016 to the Energy Information Administration's analysis methodology and reporting. The efficiency of electricity production is calculated as the total retail electricity delivered divided by the primary energy input into electricity generation. End use efficiency is estimated as 65% for the residential sector, 65% for the commercial sector, 21% for the transportation sector, and 45% for the industrial sector which was updated in 2017 to reflect DOE's analysis of manufacturing. Totals may not equal sum of components due to independent rounding. LLNL-MI-410527

# **U.S.** Building Industry Impacts



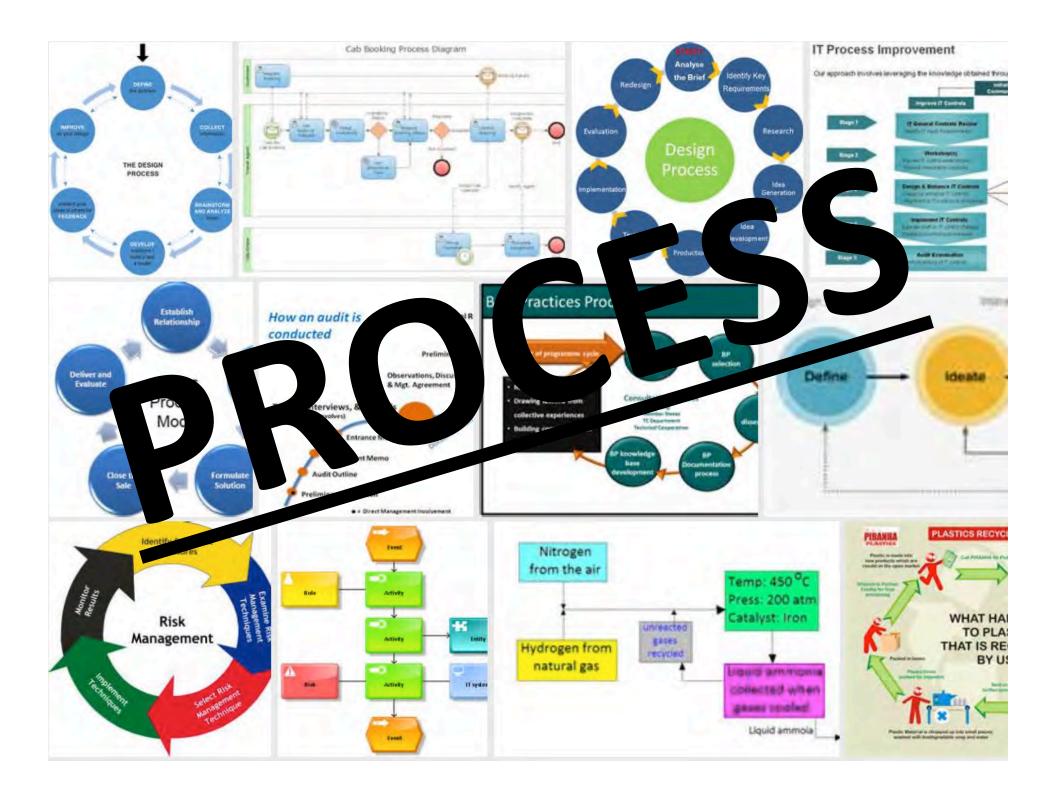
**United States Green Building Council (USGBC)** 



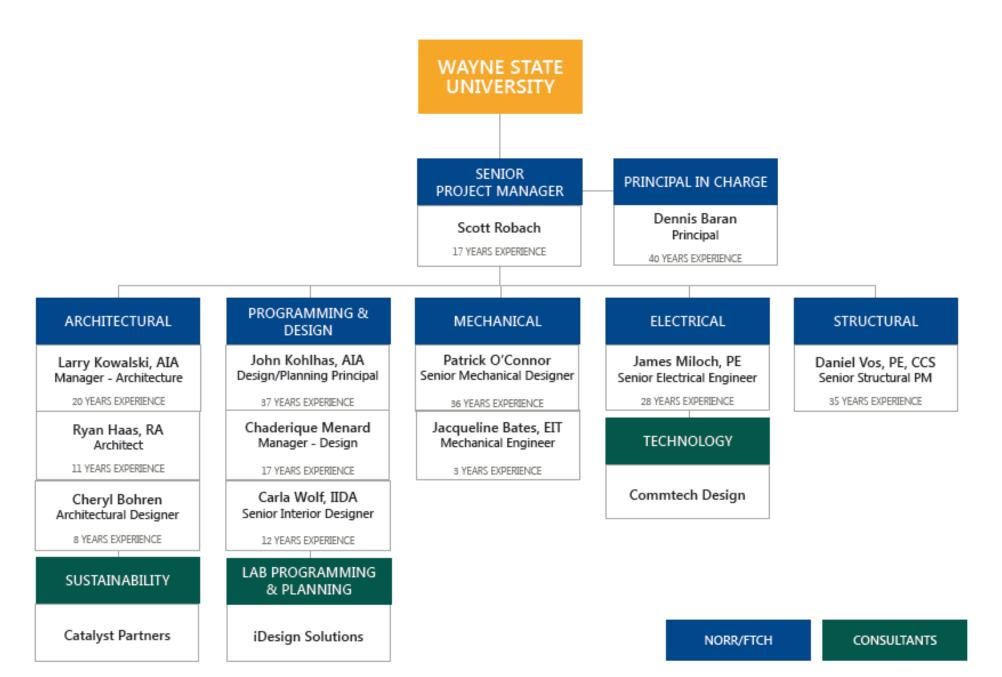


So, what is really going on here and what does this have to do with us?

Everything!

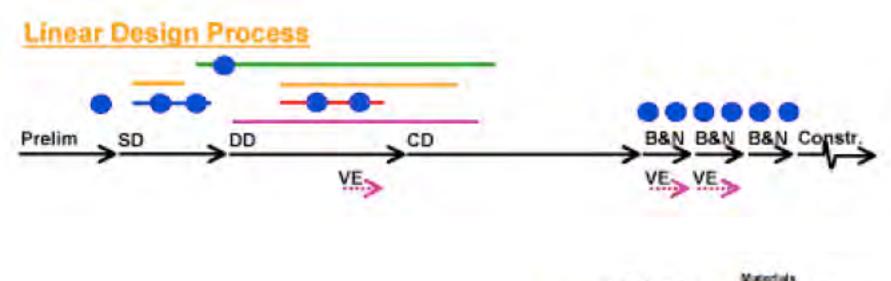




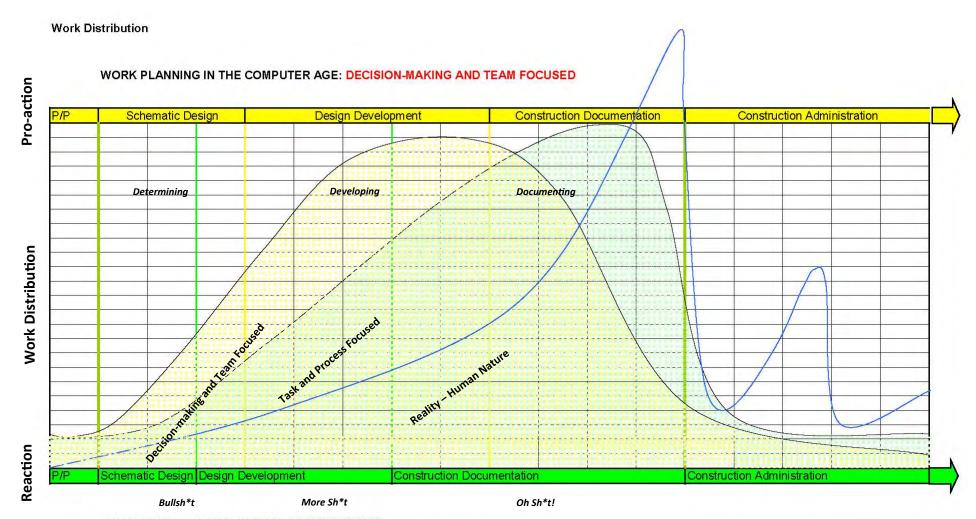


# TRADITIONAL PROJECT DELIVERY

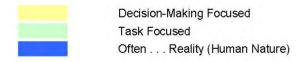
> Timeline <







TRADITIONAL WORK PLANNING: TASK FOCUSED





# 

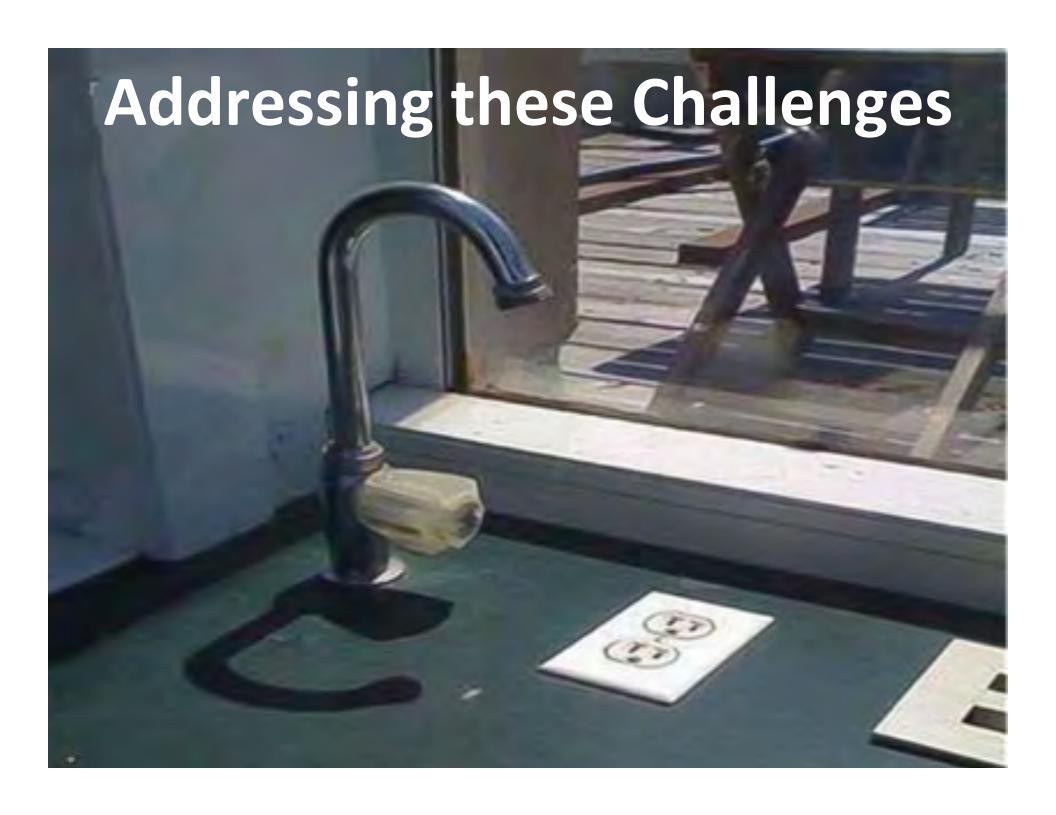
# TRADITIONAL PROJECT DELIVERY

# > Challenges <

- Assumes all buildings are roughly equal in complexity and technical challenge
- Assumes that the team will self organize and do that multiple times
- Design, Construction, and Ownership are separated and segregated
- The players are motivated to 'perfect' their area of expertise
- True / Total 'Costs' identified late –especially energy

RESULT: Missed schedules, Busted budgets, LEED/green too costly

# tar



# HOW THE WORLD HAS CHANGED

# "In this current economy, the winners will be the re-thinkers, not the re-trenchers."

- Roger Martin, Dean of the Rotman School of Management

### **NEW WORLD**

Contractor sued us

Everyone in the food chain is going to sue us

# Choose between

- Quality
- Budget
- Schedule

You get all three

# Managers Directed by fear and resentment

# Managers (Leaders)

- Teach
- Enable
- Coach

## **NEW WORLD**

# **Discipline silos**

 What is most important for me and my discipline?

# Benchmark against competition

- We're no worse than the other guy
  - Why should we work to improve

# Blame people

# Interdisciplinary teams

 What is most efficient for the project?

# Benchmark against perfection

 Continual improvement strategy

# Root cause analysis

The power of 5 whys

We'll let the checker pick

We'll get it in the addendum

it up

We'll pick it up in a bulletin

We'll answer the RFI

We'll get it right during the claim

### **NEW WORLD**

We don't move on until it is right

The checker's role is perfunctory

I can't remember the last addendum

What's a claim?

Well, we had a seminar on quality

I sent an e-mail about quality

We threw a party and talked about quality

I do want better quality

How do we measure quality?

There is a quality guru

### **NEW WORLD**

I talk to my staff everyday about quality

I search out those who exhibit the behaviors on quality I want

I continually search for ways to improve

Everyday I provide feedback

I can see improvement in quality

We are all responsible for quality

# IT'S A



TRAP







## "Design is not a plan for decoration." Design is a plan for action."

-Brian Collins, executive creative, Ogilvy and Mather

## THE PLAN FOR ACTION

## WHYTHE

## DP?

"When just 1 percent of a project's up front costs are spent... up to 70 percent of its life cycle costs may already be committed."

—Joseph Romm

### ADDRESSING THESE CHALLENGES

### Integrative Process (IP)©

ANSI Consensus National Standard Guid February 2, 2012

tor

Design and Construction of Sustainable Buildings and



BSR/ASHRAE Standard 209P

**Public Review Draft** 



Energy Simulation Aided Design for Buildings except Low-Rise Residential Buildings

# THE INTEGRATIVE PROCESS + ASHRAE STANDARD 209

# **THE INTEGRATIVE PROCESS**+ ASHRAE STANDARD 209

### INTEGRATIVE PROCESS

#### > ANSI Standard <

#### Integrative Process (IP)©

ANSI Consensus National Standard Guide® February 2, 2012

for

Design and Construction of Sustainable Buildings and Communities





The financial support of BetterBricks / Northwest Energy Efficiency Alfrance in the development of this Standard, and leadership support of Bill Reed and John Boecker, are greatly appreciated.

Copyright 2005-2012

Market Transformation to Sustainability & American National Standards Institute

#### **Key Components:**

- Building the Appropriate Team
- Early Effort
- Whole Systems Thinking
- Make Mistakes Faster
- Iterative
- Appropriate & Timely Engagement
- Mindset

## INTEGRATIVE PROCESS

#### noun.

1. an iterative, collaborative approach that involves a project's stakeholders in the process from visioning through completion of construction and throughout building operation.

### WHAT IS THE INTEGRATIVE PROCESS? ... begin with definitions

#### Integrate:

to make into a whole by bringing all parts together; unify

#### Whole:

containing all components; complete; not injured



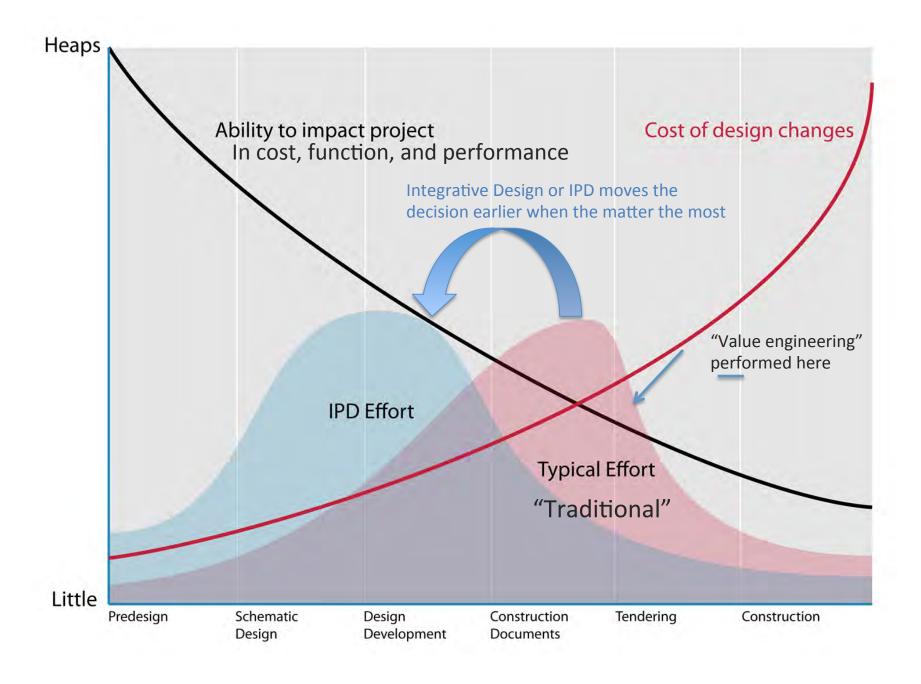
#### Heal:

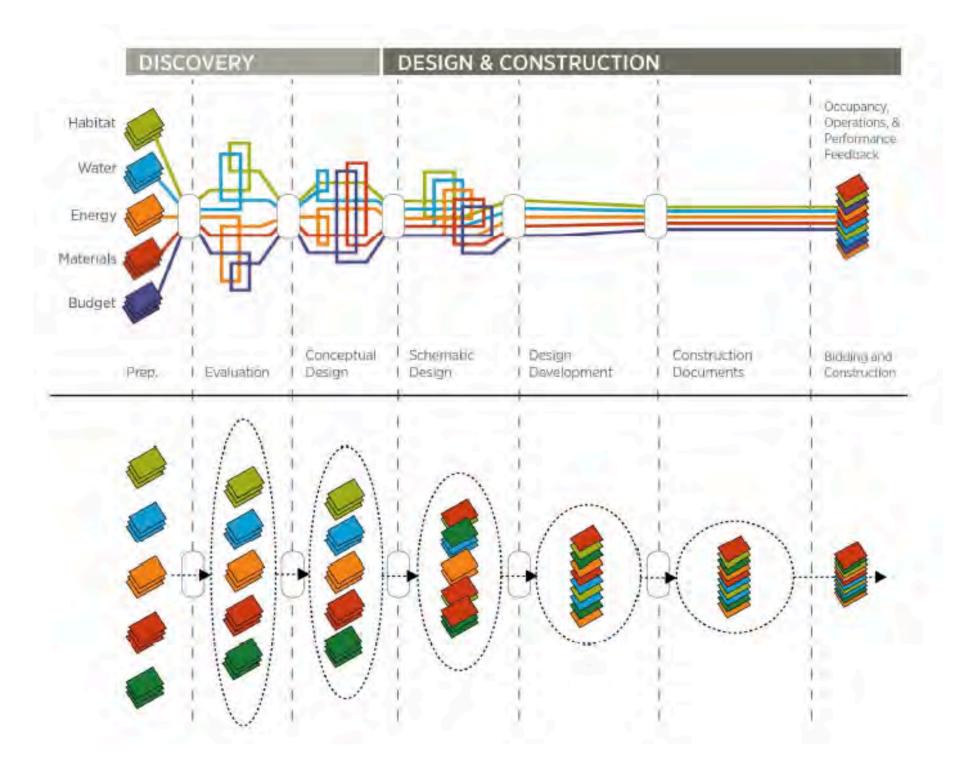
to make whole\*

Are we healing?
Are we wholing?

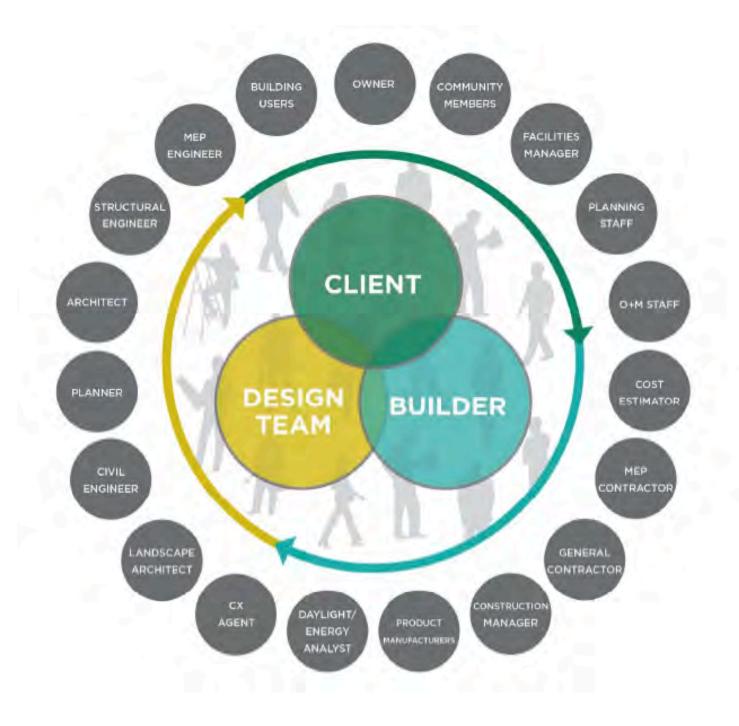
<sup>\*\*</sup> from the Proto-Germanic khailaz, meaning "to make whole," which is the source of the Old English haelan, meaning "make whole, sound, and well."

<sup>\*\*\*</sup> attributed to John Boecker, 7Group









## WHATIS THE STYLE OF YOUR CLIENT & HOW DO YOU BUILD YOUR TEAM?

## A WHOLE BUILDING/SYSTEM MINDSET

Buildings are not a set of unrelated components; buildings are similar to living organisms with multiple systems that work together

Using a holistic approach we can optimize and possibly even eliminate entire systems

### THE INTEGRATIVE DESIGN PROCESS

#### > as much a Mindset as it is a Process <



Credit: Jeff Singer

Get engaged. complex archite vners have considered integrated project delivery (IPD) as a way to share information, pract Don't be afraid. help deliver a project on time a The trend has mirrored the emergence or tech Unlearn to learn. sustainability goals. A specialized legal structure is critical to implementing IPD successfully, according to Howard Change is possible. in the San Francisco head of its constructi IPD contracts for projects across the country, whether they cost \$1 million or \$1 hillion, and for a wide range of Stay flexible. 🕍 architect about IPD project-and how to manage the rela Pay out. that come with it.

Get engag

IPD can c Not for everybody.

### THE INTEGRATIVE DESIGN PROCESS

> as much a Mindset as it is a Process <

| Mindset                             | Principle  | • Careful team formation   |  |
|-------------------------------------|--|--|--|
| Inclusion and collaboration         | Broad collaborative team                             |  |  |
| Outcome oriented                    | Well-defined scope, vision,<br>goals, and objectives | Team building  |  |
| Trust and transparency              | Effective and open communication                     | Facilitation training for team     Expert facilitation   |  |
| Open-mindedness and creativity      | Innovation and synthesis                             | <ul> <li>Visioning charrettes (with comprehensive preparation)</li> <li>Brainstorming</li> </ul> |  |
| Rigour and attention to detail      | Systematic decision making                           | Goals and targets matrix     Decision-making tools   |  |
| Continuous learning and improvement | Iterative process with feedback cycles               | Post-occupancy evaluation     Comprehensive commissioning  |  |

## **Accountability:**

An attitude of continually asking "what else can I do to rise above my circumstances and achieve the results I desire?"

Seeing it, owning it, solving it and doing it.

## The Benefits

- Mear from all voices
- Map the process with milestones
- Add value in process
- Benefit all phases with life cycle approach
- Use resources efficiently (energy/water)
- Achieve higher value building
- Reduce costs
- Reduce change orders

### THE INTEGRATIVE DESIGN PROCESS

- > key principles <
  - Mutual Respect & Trust
  - Mutual Benefit & Reward
  - Collaborative Innovation & Decision Making
  - Early Involvement of Key Participants
  - Early Goal Definition
  - Intensified Planning
  - Open Communication
  - Appropriate Technology
  - Organization & Leadership

# THE INTEGRATIVE PROCESS + ASHRAE STANDARD 209

# THE INTEGRATIVE PROCESS + ASHRAE STANDARD 209

## A Brief History of Energy Modeling



Compliance

This is the only one that typically addresses/compares geometry and passive systems

Mechanical System Sizing (Peak Loads) Comparing strategies. (Energy Conservation Measures, EEM/ECMs) Prediction

Design

How big are loads? Do I need 4 tons or 8 tons of cooling? Is it better to insulate more or upgrade the boiler efficiency?

BETTER OR

Is my building at least as good as a prescriptive code building??



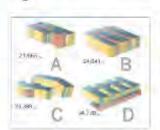
ASHRAE 90.1 LEED Energy Code

Usually late in Design Phase Will the design and operations be able to meet 40 kBtu/sf/year?



Throughout Design Phases

What quality/quantity of daylight does each space have?
Do I need more shading?



Early Design Phase, Testing Geometry

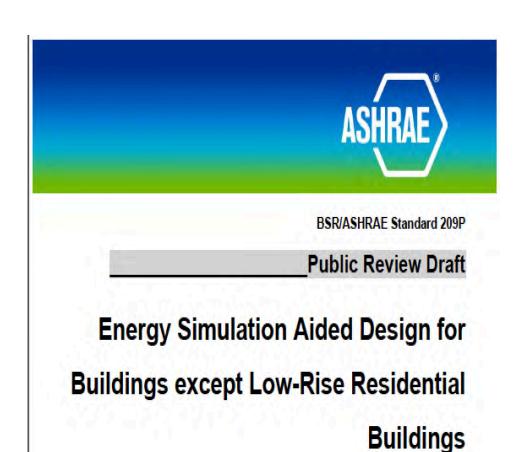


Late in Design Phase



Middle of Design Phase

## **ASHRAE Proposed Standard 209**



#### Key Components:

- Informative Modeling
- Upfront Effort
- Alignment with IDP
- Early Problem Solving related to Cost Impacts
- Keep pace with energy efficiency demands

## Why Create Standard 209?

- Until recently, new technologies have allowed new building designs to keep up with current energy standards, codes, and rating systems with minimal effort or expertise; e.g. LED lighting and auto dealerships, chilled beams, GSHP, etc.
- However, new technologies are no longer keeping pace with demands for increased energy efficiency in buildings; e.g., ASHRAE 90.1, LEED v4, Architecture 2030, LBC, etc.

| Energy Performance Goals       | EUI<br>kBTU/sf |  |
|--------------------------------|----------------|--|
| 2016 Michigan Median           | 109.5          |  |
| ENERGY STAR Certified          | 81             |  |
| 2015 2030 Challenge Goal (70%) | 32.8           |  |
| 2020 2030 Challenge Goal (80%) | 21.9           |  |
| 2025 2030 Challenge Goal (90%) | 10.9           |  |
| 2030 2030 Challage Goal (100%) | 0              |  |

| Location                       | Annual Energy use<br>(kBtu - per LEED<br>submittal) | Modeled Area<br>(sf - per LEED<br>submittal) | Site EUI (kbtu                         | /sf)*                    |
|--------------------------------|---|--|--|--------------------------|
| Hamilton SC                    | 1891070   | 23053  | The form states                        | 82                       |
|                                |   |  | 76.05, but that was based on 24,866 sf |                          |
| Livonia SC                     |   |  | ГО                                     |                          |
| Bad Axe SC                     | 424,000   | 7,131  | 50                                     | 50.46                    |
| Jackson Innovation<br>Center   | 1,254,000   | 26,249                                       | 4                                      | 8 <sup>7.8</sup>         |
| Clare SC                       | 866,440   | 17,199                                       | The for 45.7 50 based on 18            | 50.4<br>EUI of<br>at was |
| Employee Development<br>Center | 2,221,000   | 31,385                                       | 70                                     | 0.77                     |

## Current Practices/Future Needs



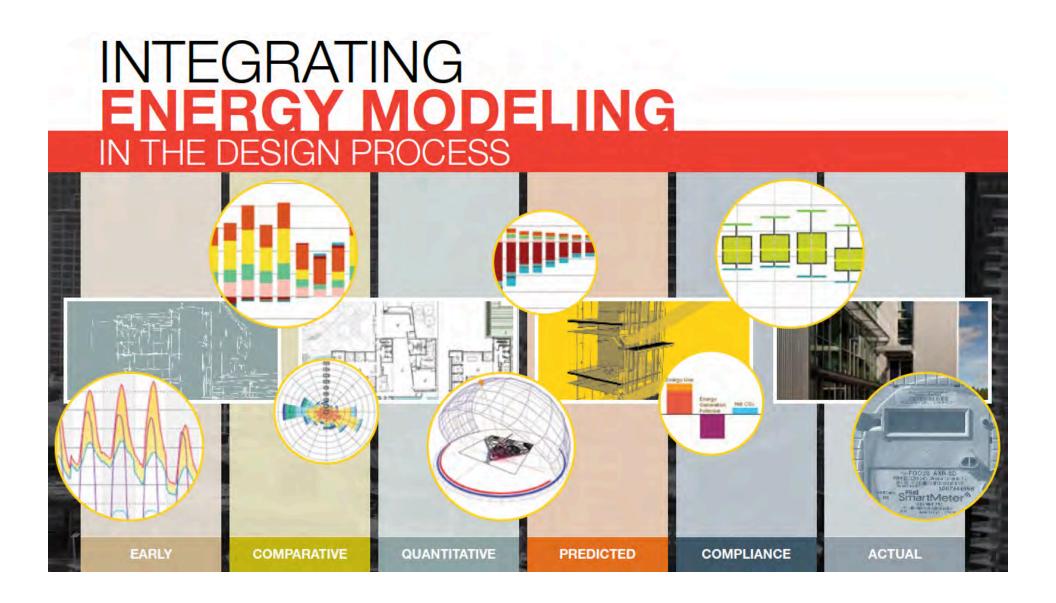
- Most projects do NO energy modeling; e.g., strip malls, design/build, small, etc.
- Most projects that DO include energy modeling include only compliance models.
- Energy models cost about the same, whether for compliance or to inform design.\*
- Energy models are more valuable the earlier they are included in the design.

<sup>\*</sup>If done wisely. While costs are similar, some costs are incurred earlier in the process.

According to the AIA's presentation on the Integrative Project Delivery Process, the Orcutt-Wislow Partnership reported the following:

"We have found that when we've completed the design development phase, we're already close to 60% finished with construction documentation."

Reed, Bill (2011-10-11). The Integrative Design Guide to Green Building: Redefining the Practice of Sustainability (Wiley Series in Sustainable Design) (Kindle Locations 5443-5445). Wiley Publishing. Kindle Edition.



## **Modeling Cycles of Standard 209**

### **Design-Phase Modeling Cycles**

Conceptual Design

- Simple Box Modeling
- Conceptual Design Modeling

Schematic Design

- Load Reduction Modeling
- HVAC System Selection

Design Development

- Design Refinement
- Integration & Optimization

Construction Documents Energy-Simulation-Aided Value Engineering

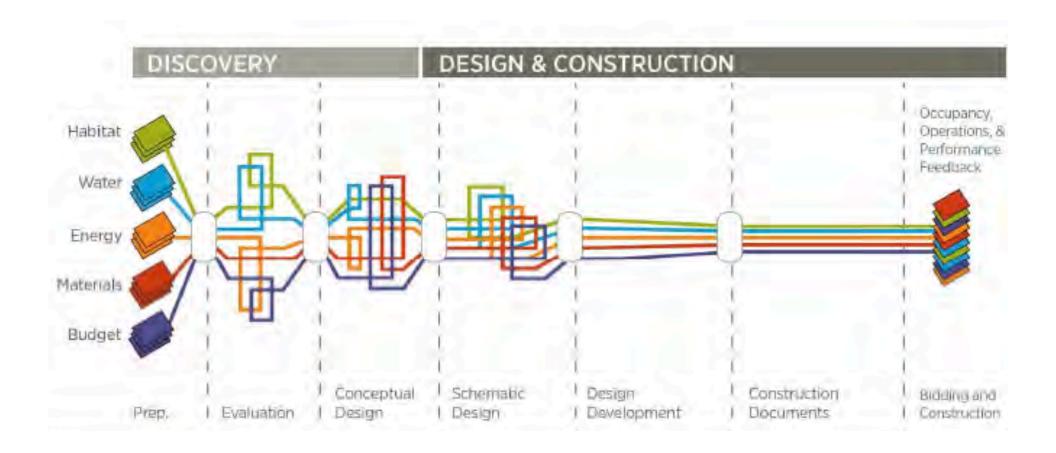
#### TYPICAL TIME (FEE) SPEND WITHIN THE TYPICAL PHASES OF THE DESIGN PROCESS

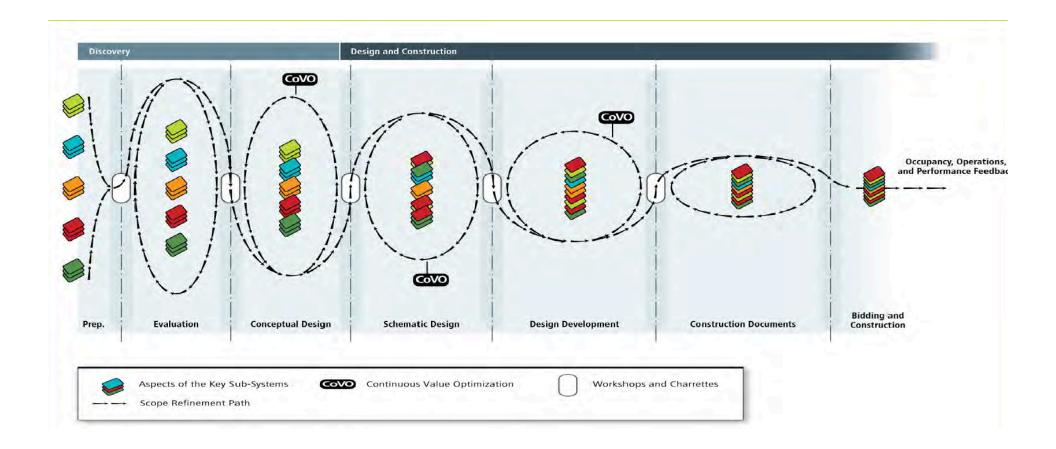


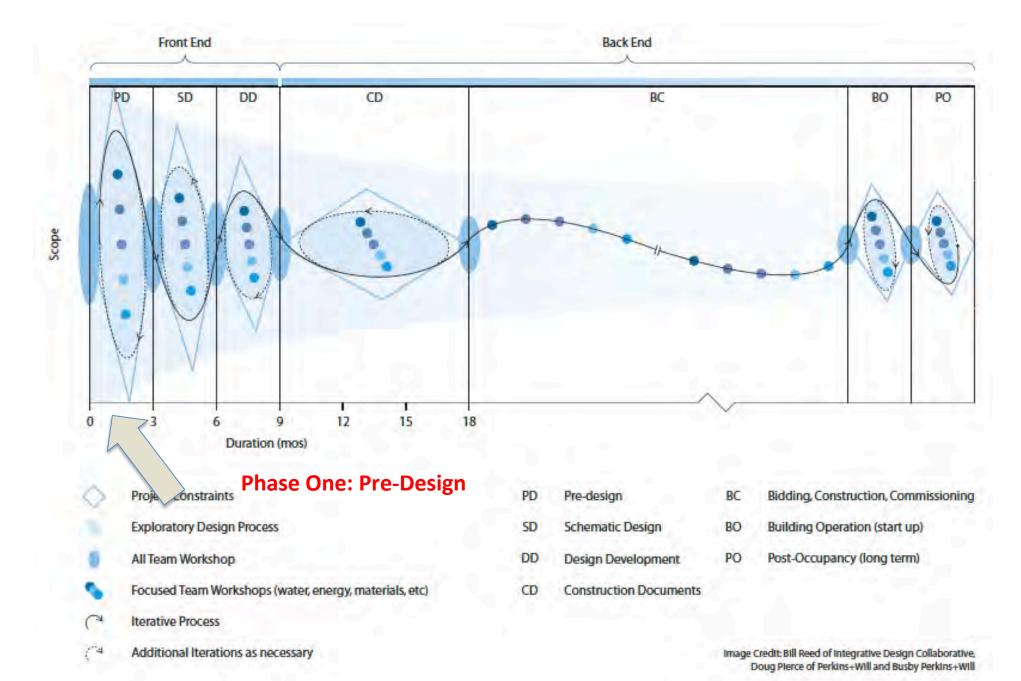
#### USE OF 'ENERGY' (PERFORMANCE) MODELING AS PART OF THE DESIGN PROCESS



## HOW DO YOU DELIVER?







### **DISCOVERY**

Proposal

Phase One: Pre-Design

Phase Two: Schematic Design

Phase Three: Design Development

Phase Four: Construction Documentation

Phase Five: Bidding, Construction, Commissioning

Phase Six: Building Operation

#### Proposal

Phase One: Pre-Design

Phase Two: Schematic Design

### **DESIGN & CONSTRUCTION**

Phase Three: Design Development

Phase Four: Construction Documentation

Phase Five: Bidding, Construction,

Commissioning

Phase Six: Building Operation

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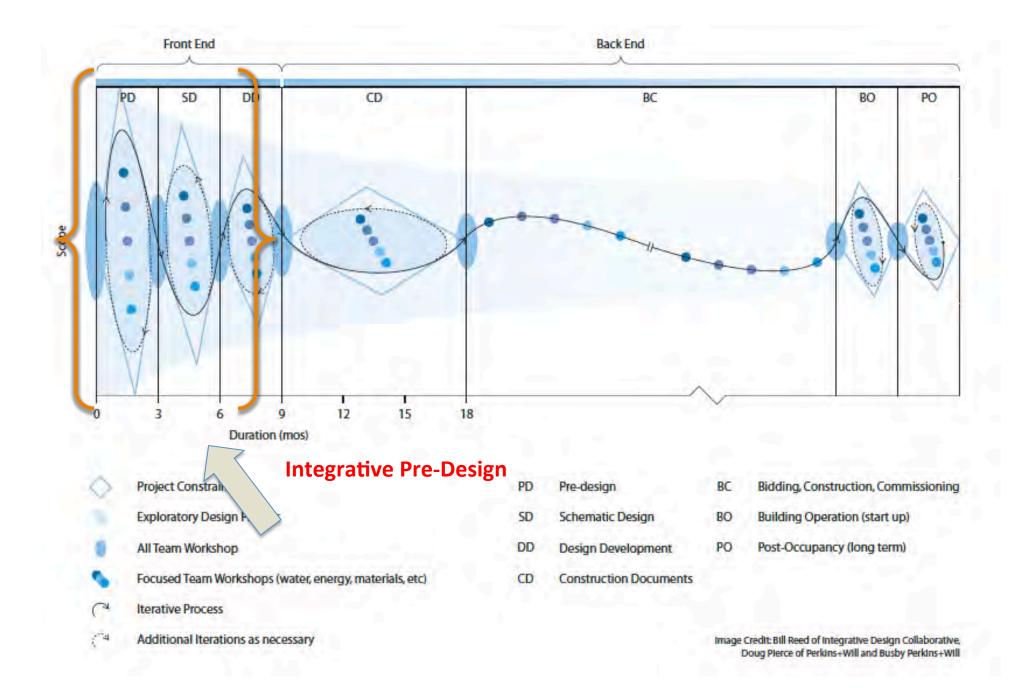
# OCCUPANCY (OPERATIONS)

Phase Six: Building Operation

# DISCOVERY (PRE-DESIGN) (Schematic Design)

# 10/0

70%



### **DISCOVERY**

Proposal

**Phase One: Pre-Design** 

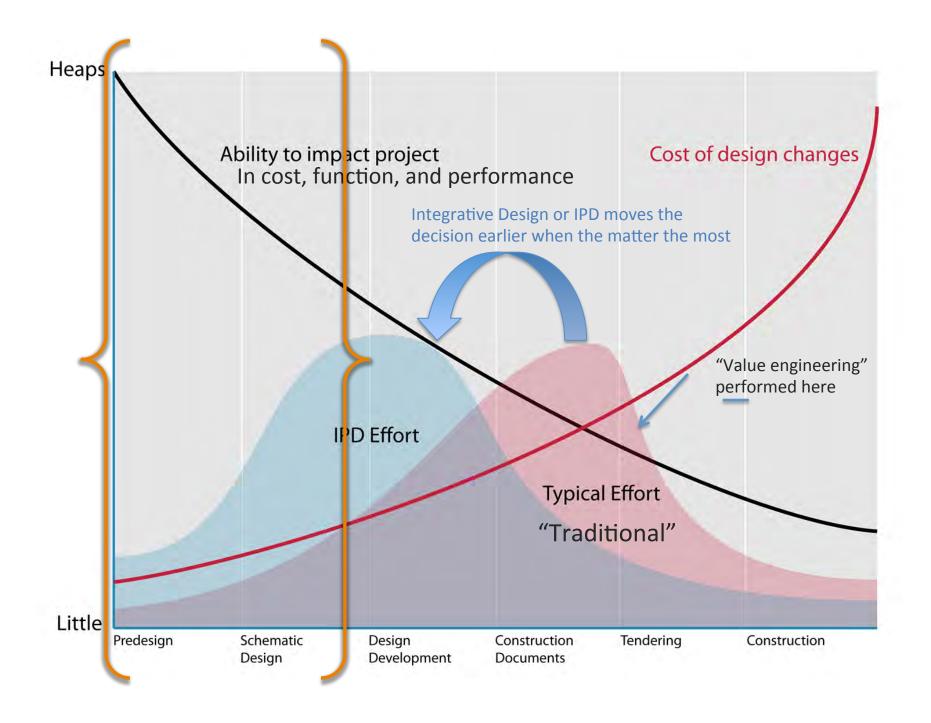
**Phase Two: Schematic Design** 

Phase Three: Design Development

Phase Four: Construction Documentation

Phase Five: Bidding, Construction, Commissioning

Phase Six: Building Operation



# PHASE ONE: PRE-DESIGN

> Conceptualization [expanded programming] <

#### Outputs

- Vision statement, goals and targets matrix
- Pre-design report including charrette synopsis
- Preliminary budget including cost of IDP activities such as energy modeling
- Established communication pathways

#### **Process**

#### Coordinate the team:

- Bring together a diverse and knowledgeable team
- · Appoint an IDP Facilitator and/or Champion

#### Establish a foundation:

Set fees to provide appropriate incentives to the design team

#### Plan key meetings:

- Charrette preparation
- Host visioning charrette or workshop
- · Programming meeting
- Facilities management meeting
- · Partnership meetings

# PHASE TWO: SCHEMATIC DESIGN

### > Criteria Design [Expanded Schematic Design] <

#### **Outputs**

- Goals and targets matrix
- Preliminary energy analysis
- Preliminary financial estimate
- Schematic Design report
- Roles and responsibilities matrix

#### **Process**

#### Coordinate the team:

- Enhance team cohesiveness and confirm team values
- Encourage a team mindset supporting creativity and systems thinking

#### Establish a foundation:

- Keep the project's vision and goals at hand
- Have a clear understanding of site challenges and opportunities
- Ensure the functional program requirements and its implications for all disciplines are understood

#### Plan key meetings:

- Host design charrettes and workshops to brainstorm ideas, develop concepts, evaluate strategies, and refine options
- Evaluate feasibility and energy impact of technologies and strategies
- Report on opportunities

> Pulling it all together now <

WHY IDP? (necessity of PRE Design and ASHRAE STANDARD 209)

**TEAM ENGAGEMENT MODEL** 

MISSION/VISION/GOALS

**OPR DRAFTING - CAPTURING** 

**WORKSHOP PREP:** Modeling, Plans

**IDP WORKSHOP:** Concepts, KPIs, ECMs, Time

**OPR FINAL DRAFTING** 

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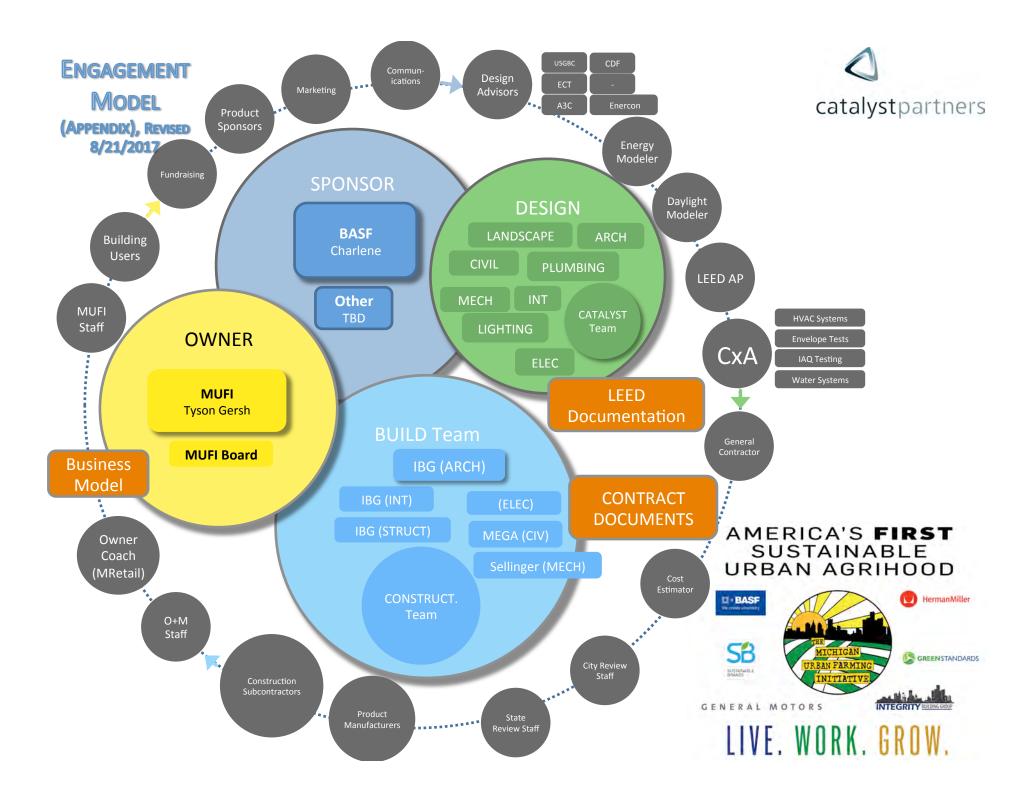
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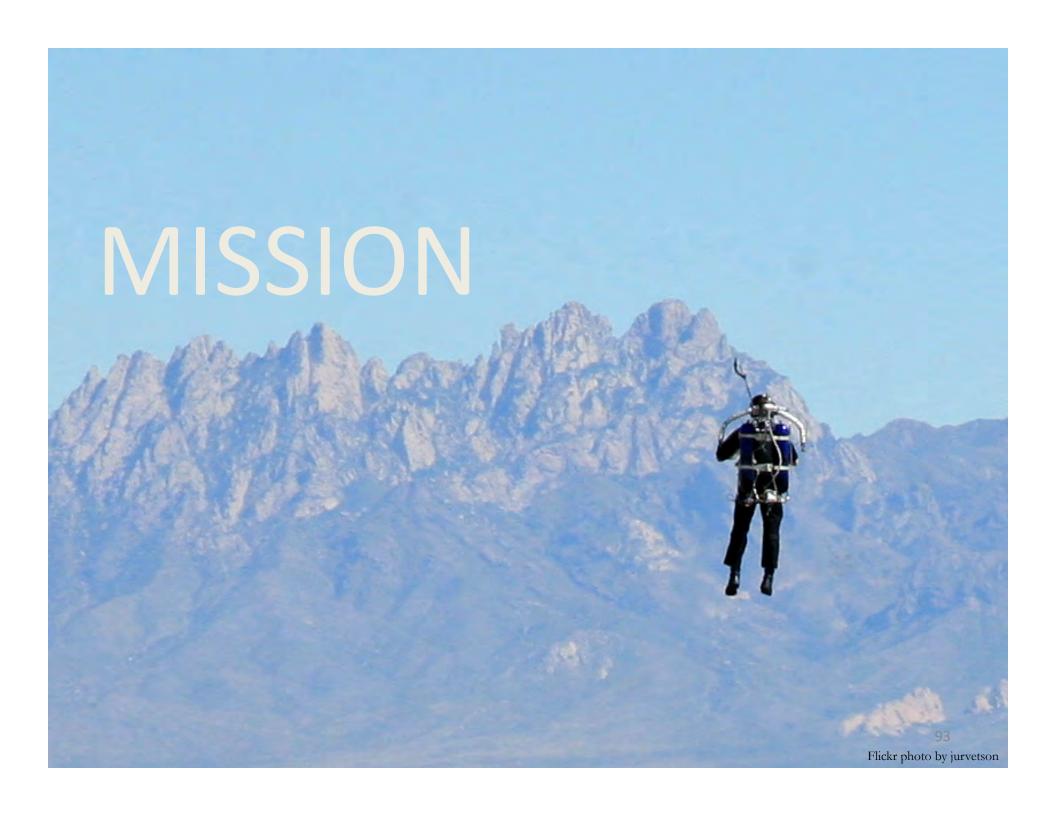
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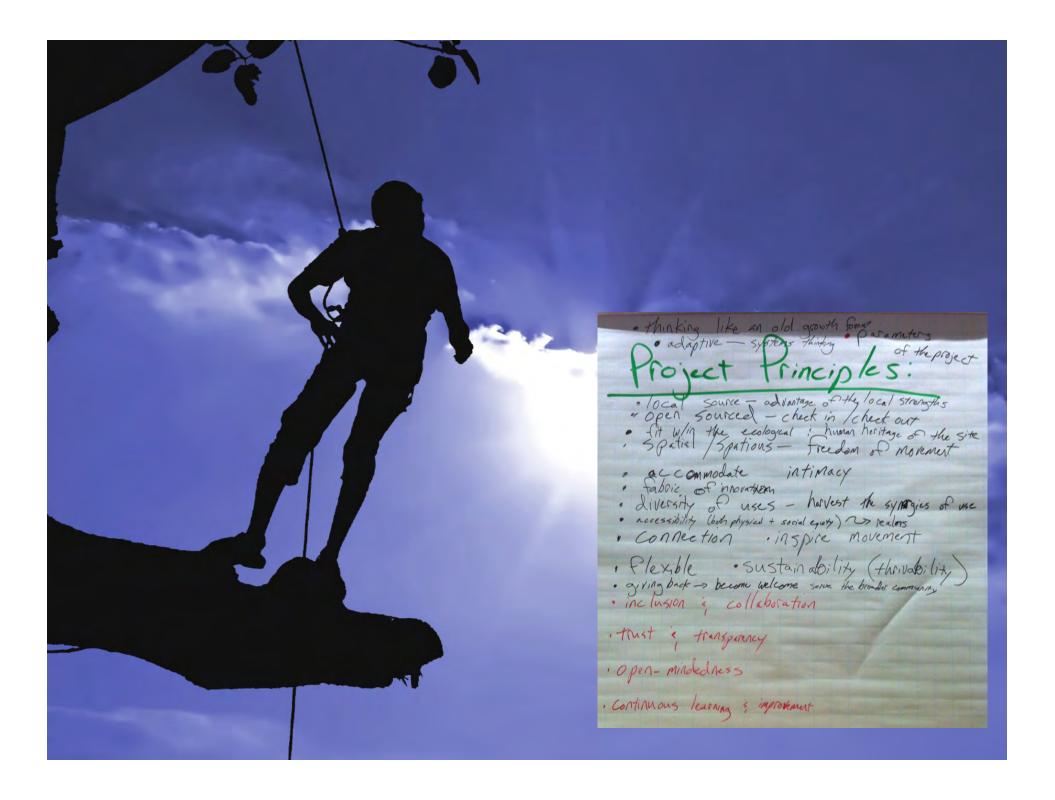
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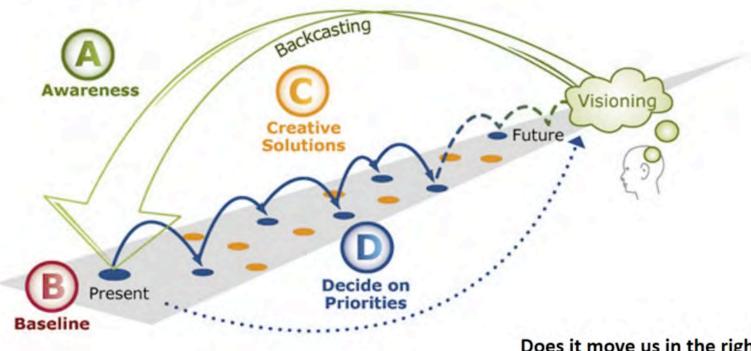








#### **TOOLS LEVEL - ABCD PLANNING PROCESS**



Does it move us in the right direction? Is it a flexible platform? Is it a good return on investment?

> Pulling it all together now <

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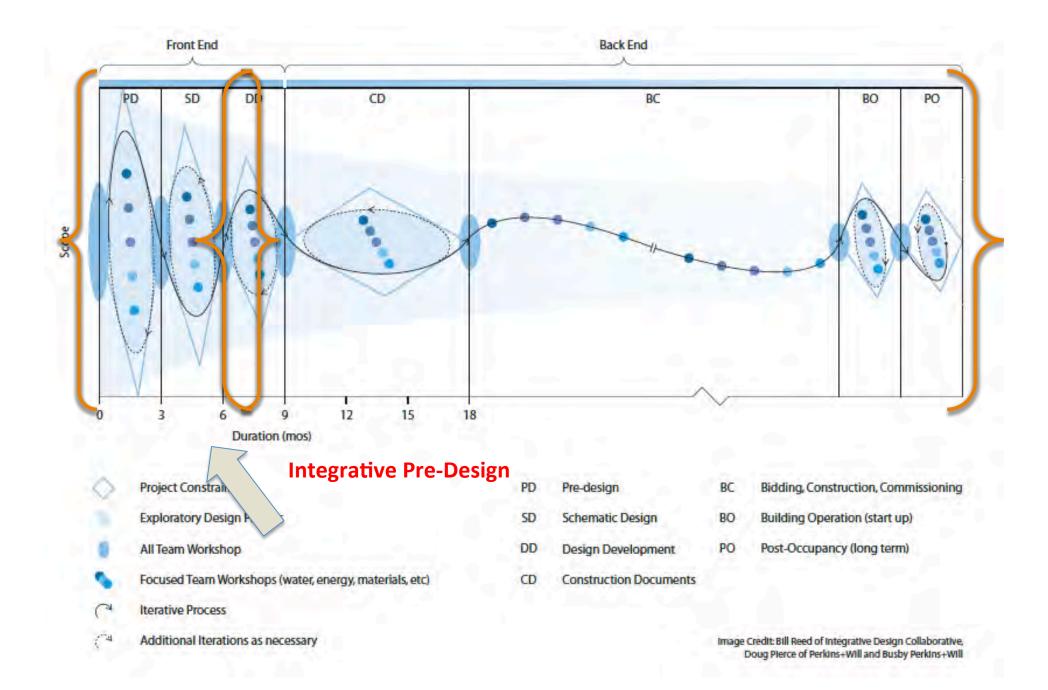
IDP WORKSHOP: Concepts, KPIs, ECMs, Time

**OPR FINAL DRAFTING** 

# ENERGY CONSERVATION MEASURES (ECMs)

- > Moving into more iterations <
  - Building orientation/massing
  - Percent Glazing/Layouts
  - Glazing Frame/Glass
  - Roof/Wall/Floor Insulation
  - Lighting Power Densities
  - Lighting/Daylight Controls
  - Exterior Lighting Alternatives
  - Mechanical System Types
  - Mechanical Efficiencies

- Motor Efficiencies
- Variable Speed Drives
- Energy Recovery
- Ventilation Alternatives
- Thermal Storage
- On-site Renewable Energy
- Green Power
- Utility Types, Fuels, Rates, District Energy, etc.







OBSTACLES ARE PUT IN YOUR WAY TO SEE IF WHAT YOU WANT IS REALLY WORTH FIGHTING FOR

"I believe that it is perfectly possible for an individual to adopt the way of life of the future...without having to wait for others to do so. And if an individual can observe a certain rule of conduct, cannot a group of individuals do the same? Cannot whole groups of peoples - whole nations? No one need wait for anyone else to adopt a humane and enlightened course of action." ~M.K. Gandhi

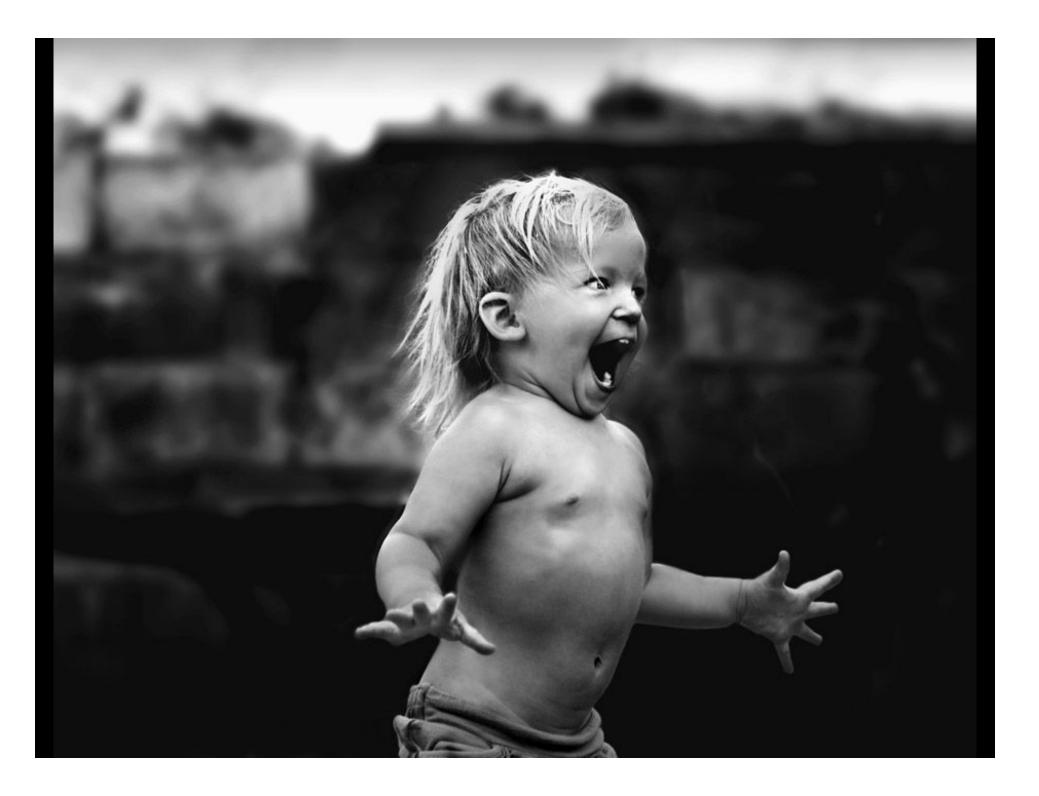
# Today's buildings must do more!

# the Change Agents must lead

# Leadership









# The Risky Business of Integrative Pre-Design

**THANK YOU!** 

John Beeson, RA, NCARB, LEED-AP BD+C, EBOM LEED Certified Reviewer, BREEAM In-Use Assessor, Green Mystic in Residence

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catalystpartners