



Resilience Gaps & Clean Energy Solutions at State-Owned Medical & Residential Care Facilities

NESEA Boston - March 2019

Agenda

- Intro
- Policy landscape
- Study overview
- Task 1: Energy resilience gap analysis
- Task 2: Clean energy technology screening
- Task 3: Clean energy system modeling
- Technology examples
- Results
- Keys for success
- Next steps

The Leading by Example Program (LBE) works collaboratively with state agencies and public colleges and universities to advance clean energy and sustainable practices that reduce the environmental impacts of state government operations

Eric Friedman
Director of Leading by Example
MA Department of Energy Resources

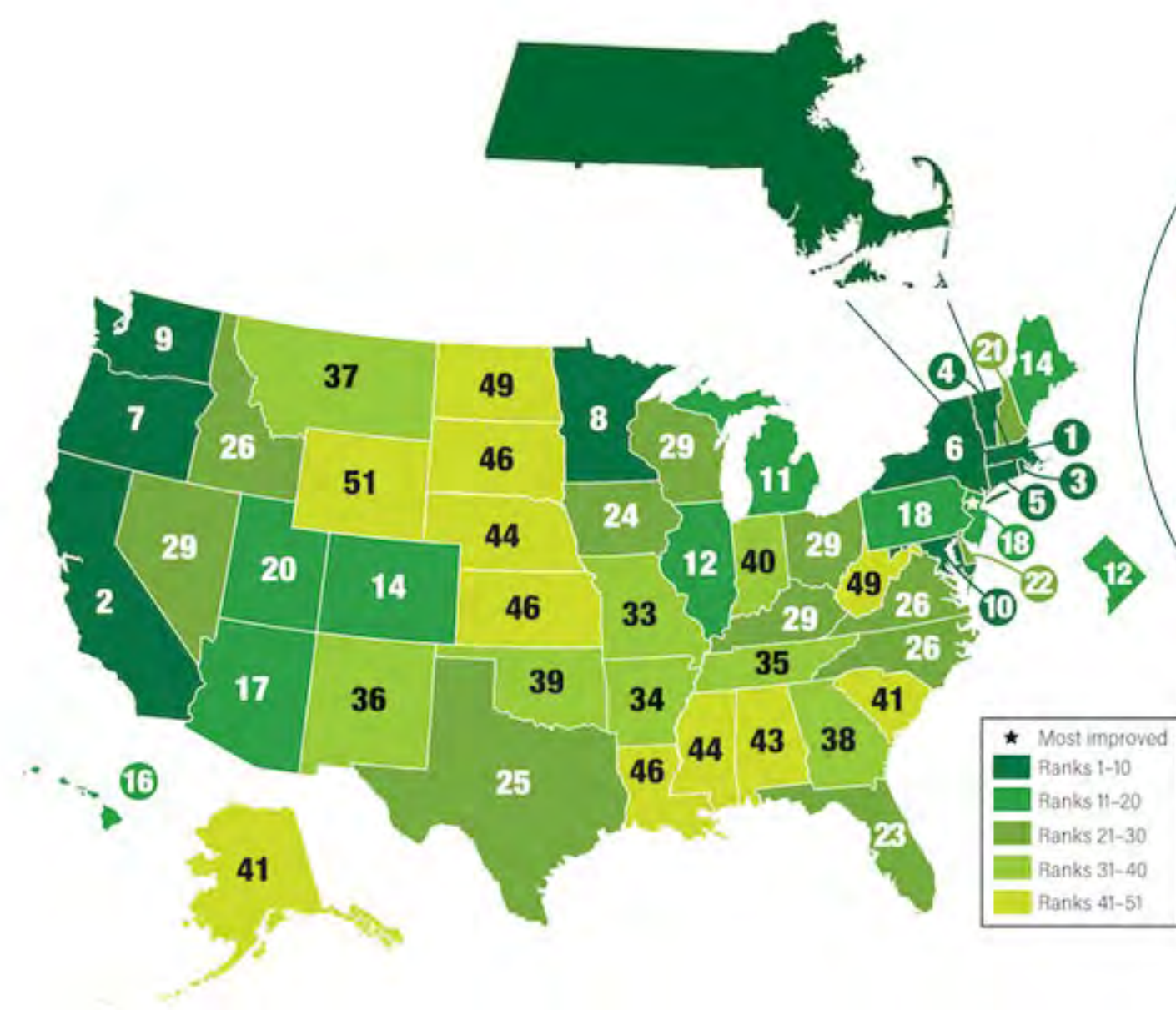
We are an independent firm of designers, engineers, architects, planners, consultants and technical specialists working across every aspect of today's built environment.

Alan Glynn
Senior Energy Engineer
Arup

Learning objectives

- Explain common resilience gaps and threats affecting medical & residential care facilities
- Define potential clean energy technologies for mitigating resilience gaps, including CHP, solar, & batteries
- Discuss challenges with meeting resiliency and environmental goals while maintaining cost effectiveness
- Understand opportunities and hurdles associated with specific clean energy strategies designed to enhance energy resiliency

Policy Landscape



RANKED
No. 1
 8th Year in a Row in
 Energy Efficiency

- ★ Most improved
- Ranks 1-10
- Ranks 11-20
- Ranks 21-30
- Ranks 31-40
- Ranks 41-51

The New York Times

*Nursing Home Deaths in Florida
Heighten Scrutiny of Disaster Planning*



Tampa Bay Times

Following deaths from Irma, Florida looks to new rules for keeping nursing homes cool after outages



Why do we need to be resilient?

Some hospitals hang on as others close amid Harvey's floods



By Jen Christensen, CNN

Updated 12:29 AM ET, Thu August 31, 2017



Massachusetts Resiliency Context and Policy Drivers

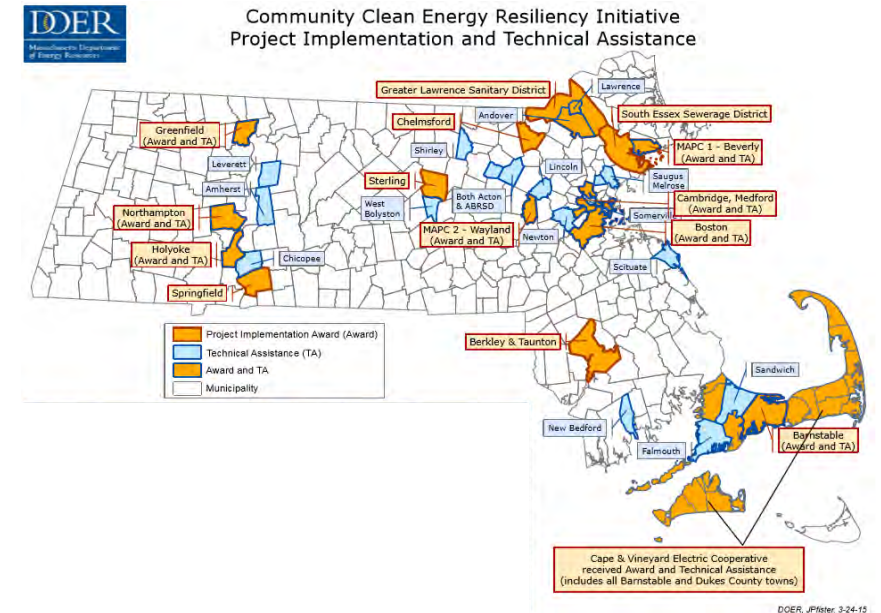
Executive Order 569: Establishing an Integrated Climate Change Strategy for the Commonwealth (2016)

- Establish GHG emissions reduction targets for 2030 & 2040
- Develop Commonwealth Climate Adaptation Plan, including vulnerability assessments and adaptation options for state government, cities and towns

Community Clean Energy Resiliency Initiative (CCERI)

- \$26 million awarded to 19 municipal resiliency projects
- \$11.5 million awarded to 10 hospitals for resiliency

\$2.4 Billion in Proposed Governor and Legislative Resiliency Initiatives



Massachusetts Clean Energy Context and Policy Drivers

Global Warming Solutions Act (2008)

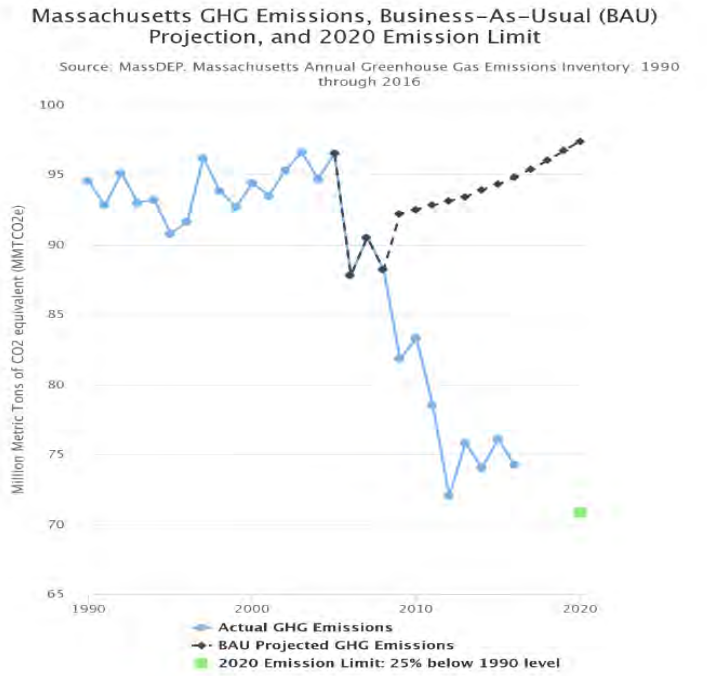
- 2020 GHG reduction Goal: 25% reduction over 1990 levels
- 2050 GHG reduction Goal: 80% reduction over 1990 levels

Leading by Example Program

- 2020 & 2050 GHG reduction goals: 40% & 80% over 2002 baseline
- Energy Use Intensity reduction goal: 35% over 2004 baseline
- Renewable energy goal: 30% of electricity consumption

Renewables

- Portfolio standard requires 1%/ year increase in Class I renewables until 2020 & 2%/ year increase until 2029
- Current 1600 MW solar goal on top of existing 2000 MW
- Legislative mandate for 1600 MW of wind by 2027



What is resilience?

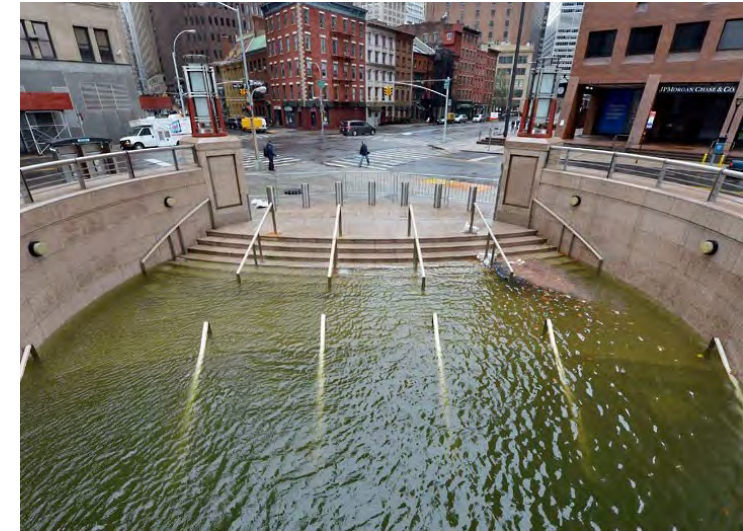
Resilience is the capacity to maintain services, increase flexibility, and continue to thrive despite shocks and stressors.

Key is to focus on the **CRITICAL FUNCTIONALITY** of systems, not simply restoring the system itself

Why do we need to be resilient?

Enhanced resilience:

- Increases public and patient safety
- Avoids evacuations
- Protects vulnerable populations
- Reduces burden on emergency management personnel
- Reduces costs associated with crisis management



Study overview

Overview: Resiliency Study Goals

Purpose of Study	“Identify opportunities to utilize clean energy technologies to increase the energy resiliency of each facility, thereby reducing the likelihood of prolonged outages during extreme weather events”
Resilience Goals	<ul style="list-style-type: none">• Increase length of time the site is able to maintain facility-wide or critical load operations during grid outage• Increase number of ancillary services or facility square footage with backup generation in the event of grid outage• Increase the redundancy of the existing backup generation
Clean Energy Objectives	<ul style="list-style-type: none">• Replace or supplement fossil fuel back up power to increase facility operational capabilities during power outage• Provide diversity of fuel sources to increase reliability by removing reliance on a single fuel and on fuel transport• Reduce GHG emissions, reliance on fossil fuels

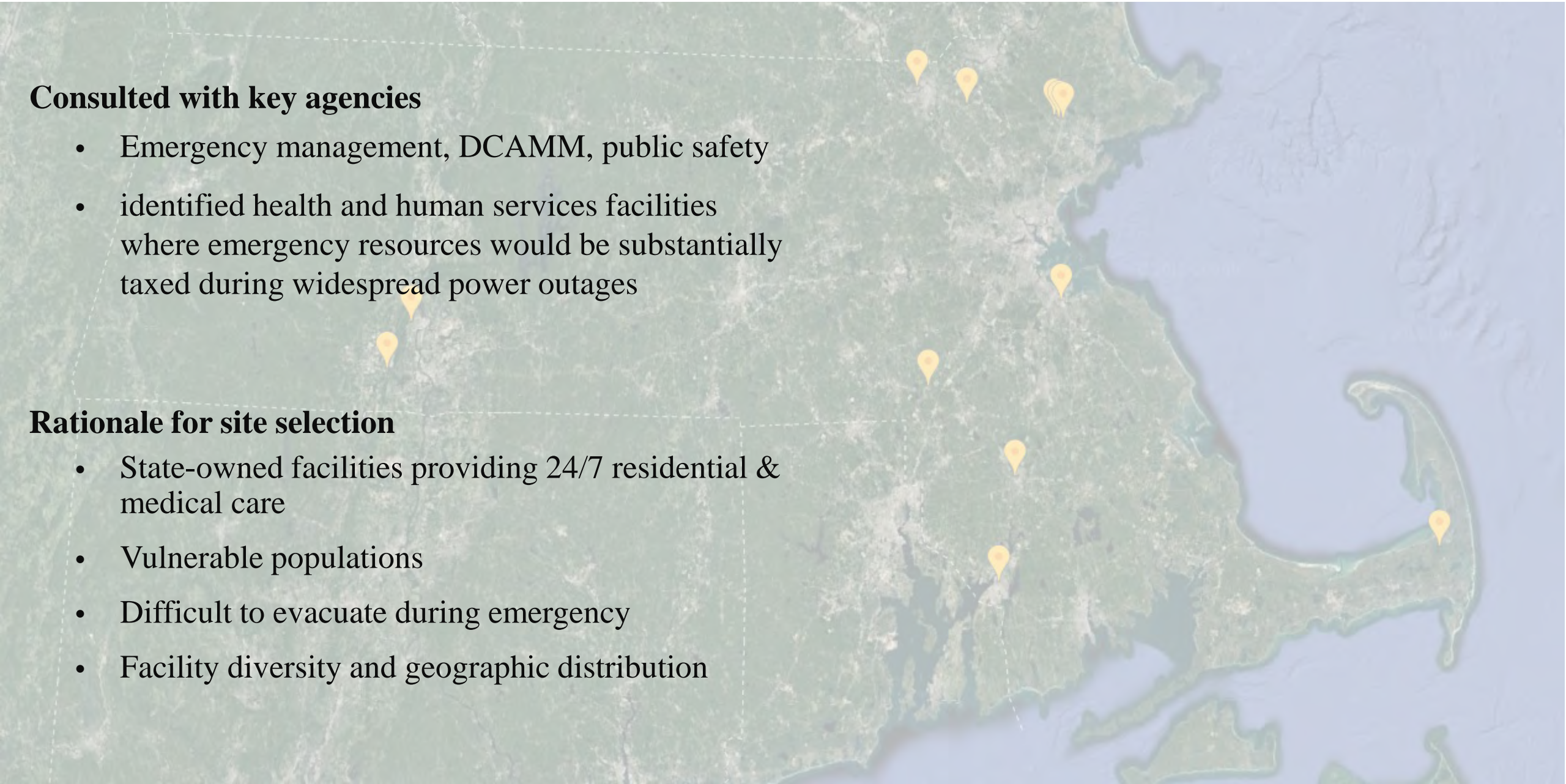
Project Overview: Background on Site Selection

Consulted with key agencies

- Emergency management, DCAMM, public safety
- identified health and human services facilities where emergency resources would be substantially taxed during widespread power outages

Rationale for site selection

- State-owned facilities providing 24/7 residential & medical care
- Vulnerable populations
- Difficult to evacuate during emergency
- Facility diversity and geographic distribution



Project Overview: Sites Selected

- 12 Health & Human Services facilities
- 12,000 - 1,000,000 square feet
- 10-350 person capacity
- Various building ages (majority 30+ years old)

Primary Purpose	Size (SF)	Capacity	Year Built
Community Mental Health Center	61,000	16	1967
Community Mental Health Center	12,000	12	1950s
Community Mental Health Center	67,000	28	1982
Community Mental Health Center	86,000	25	1976
Hospital	301,061	218	1899-1999
Hospital	1,036,982	350	1890s
Hospital	179,112	102	1937
Intermediate Care Facility	314,385	138	1963-70
Long-term Care Facility	233,000	270	1950-70s
Long-term Care Facility	609,427	270	1920-30s
Youth Services Center	70,000	45	2016
Youth Services Center	23,390	10	1978

Project Overview: Tasks 1-4

Task 1: Existing Conditions Assessments	<ul style="list-style-type: none">• Evaluate energy systems, emergency preparedness, critical & non-critical loads• Summarize energy resiliency gaps
Task 2: Preliminary Review of Energy Resiliency Strategies	<ul style="list-style-type: none">• Identify potential clean energy technologies & strategies• Select 3 technologies per site for in-depth analysis
Task 3: Feasibility Studies	<ul style="list-style-type: none">• Technical feasibility of technologies & strategies• Cost/Benefit Analysis
Task 4: Energy Resilience Guidance Documents for State Agencies	<ul style="list-style-type: none">• Guidance document with energy resiliency benefits & strategies• Site assessment guide to assist agencies in identifying key energy resiliency gaps at their facilities

Task 1 Energy resilience gap assessment



Site investigation

Guided interview and site walk

- Are any sites particularly vulnerable to projected climate change impacts?
- Are any sites more susceptible to outages or operational failures?
- Are certain facility operations more vulnerable to outages than others?
- Are any of those operations critical?
- What types of resilience is needed for each site?
- How much would adding clean energy resiliency cost?

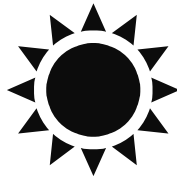
Shocks and stressors



Flooding & Sea Level Rise



Precipitation



Temperature
(Extreme heat and extreme cold)



Wildfire



Manmade Hazards



Wind



Earthquakes



Winter Storms

Site score card



- 3: Sufficient for current needs with **significant redundancy**
- 2: Sufficient for current needs with **some redundancy**
- 1: Sufficient for current needs, but **lacks redundancy**
- 0: **Insufficient** for current needs

Assessment Categories				
Systems Resilience				
Electrical				
Normal Power	Utility Service	2	1.5	
	System Resilience	1		
	System Capacity	2		
Backup Power	Equipment Age/ Condition	1	1.5	
	System Resilience	1		
	On-site Generation Capacity	2		
	On-site Fuel Storage Capacity	2		
	Equipment Age/ Condition	1		
HVAC				
Heating	System Resilience	2	2	
	System Capacity	2		
	On-site Fuel Storage Capacity	2		
	System Backup Power/ Supply	2		
	Equipment Age/ Condition	2		
Cooling	System Resilience	2	0	
	System Capacity	2		
	System Backup Power/ Supply	0		
	Equipment Age/ Condition	3		
Miscellaneous Systems				
	Medical Records	2	2.0	
	Security/ Access Control System	2		
	Elevators/ Patient Transport	3		
	Domestic Water	2		
	Sanitary/ Wastewater	1		
	Telecom	2		
Systems Resilience Average			1.4	
Operational Resilience				
	Emergency Mgmt. Plan	0	1.4	
	Staff Accessibility	2		
	Staff Accommodations	1		
	Operational Redundancy/ Access to Nearby Facilities	2		
	Foodservice	0		
	Pharmacy/ Drug Storage	2		
	Flooding Risk	2		
	Sensitivity to Extreme Heat or Cold	1		
	Sensitivity to Extreme Wind	2		
	Seismic Risk	2		
Operational Resilience Average				1.4

Electrical

- Normal and emergency power system

HVAC

- Heating and cooling systems

Miscellaneous Systems

- Medical records
- Security/Access control
- Elevators/Patient Transport
- Domestic Water
- Sanitary/Wastewater
- Telecom/IT

Energy resilience

Assessment Categories			
Systems Resilience			
Electrical			
Normal Power	Utility Service	2	1.5
	System Resilience	1	
	System Capacity	2	
	Equipment Age/ Condition	1	
Backup Power	System Resilience	1	1.5
	On-site Generation Capacity	2	
	On-site Fuel Storage Capacity	2	
	Equipment Age/ Condition	1	
HVAC			
Heating	System Resilience	2	2
	System Capacity	2	
	On-site Fuel Storage Capacity	2	
	System Backup Power/ Supply	2	
	Equipment Age/ Condition	2	
Cooling	System Resilience	2	0
	System Capacity	2	
	System Backup Power/ Supply	0	
	Equipment Age/ Condition	3	
Miscellaneous Systems			
	Medical Records	2	2.0
	Security/ Access Control System	2	
	Elevators/ Patient Transport	3	
	Domestic Water	2	
	Sanitary/ Wastewater	1	
	Telecom	2	
Systems Resilience Average			1.4

Operational resilience

Operational Resilience	
Emergency Mgmt. Plan	0
Staff Accessibility	2
Staff Accommodations	1
Operational Redundancy/ Access to Nearby Facilities	2
Foodservice	0
Pharmacy/ Drug Storage	2
Flooding Risk	2
Sensitivity to Extreme Heat or Cold	1
Sensitivity to Extreme Wind	2
Seismic Risk	2
Operational Resilience Average	1.4

Emergency Mgmt. Plan

Staff Accessibility

Staff Accommodations

Operational Redundancy/ Access to Nearby Facilities

Foodservice

Pharmacy/ Drug Storage

Flooding Risk

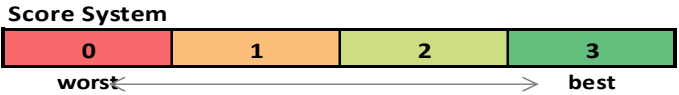
Sensitivity to Extreme Heat or Cold

Sensitivity to Extreme Wind

Seismic Risk

Portfolio score card

Systems Resilience Average	Systems Resilience Summary				
	Electrical		HVAC		Misc. Systems
	Normal Power	Backup Power	Heating	Cooling	
1.4	1.5	1.3	2.2	0	2.0
1.3	1.8	1	2	0	1.8
0.7	1.8	0	0	0	1.5
1.4	2	1.5	2	0	2.0
1.4	1.5	1.5	2.2	0	2.0
1.6	2	1.8	2	0	2.2
2.0	2	1.8	2.2	1.8	2.0
2.2	1.5	2.8	2.4	2.3	2.2
2.2	1.8	2.5	2.4	2	2.3
2.0	1.5	2.3	2	1.8	2.2
1.8	1.5	2	1.6	2	1.8
1.8	2.3	2.3	2.2	0	2.0
1.6	1.7	1.7	1.9	0.8	2.0



Operational Resilience Average	Operational Resilience									
	Emergency Mgmt. Plan	Staff Accessibility	Staff Accommodations	Operational Redundancy/ Access to Nearby Facilities	Foodservice	Pharmacy/ Drug Storage	Flooding Risk	Sensitivity to Extreme Heat or Cold	Sensitivity to Extreme Wind	Seismic Risk
1.8	2	2	1	2	3	2	2	1	2	1
2.1	3	1	2	3	3	2	2	1	2	2
1.7	2	2	3	2	0	2	2	1	1	2
1.4	0	2	1	2	0	2	2	1	2	2
1.8	2	2	1	2	2	2	2	1	2	2
1.6	2	2	1	2	2	2	2	1	1	1
1.7	2	2	1	2	1	2	2	1	2	2
2.1	2	3	2	3	3	2	2	2	1	1
2.1	2	3	2	2	3	3	2	2	1	1
1.8	2	2	1	2	2	2	2	1	2	2
2.1	2	3	2	2	3	2	2	2	1	2
1.8	2	2	1	2	2	2	2	1	2	2
1.8	1.9	2.2	1.5	2.2	2.0	2.1	2.0	1.3	1.6	1.7

Key portfolio Resilience Gaps

Lack of backup power for cooling – 7 sites

Generator failure during an extended utility outage – 4 sites

Lack of backup power for food service – 2 sites

Emergency preparedness planning – 1 site

Also identified several resilience “quick hits”
which do not require a clean energy solution



Task 2
Clean energy
technology
screening





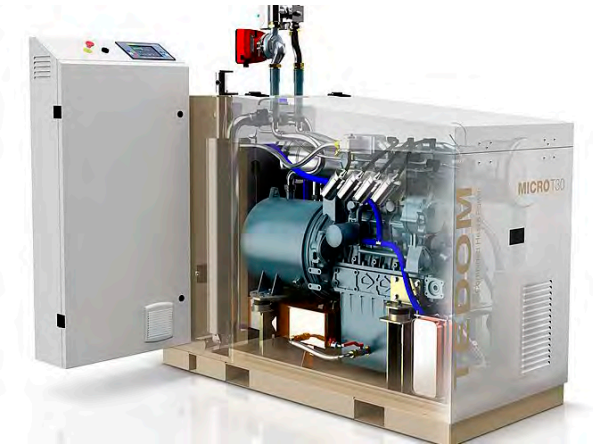
Solar photovoltaics



Battery energy storage



Solar thermal



Combined heat and power



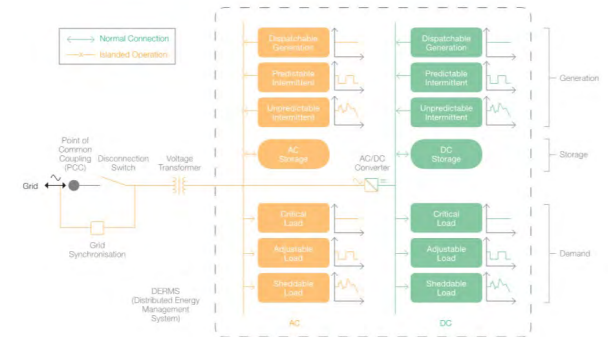
High efficiency fuel cells



Thermal energy storage



Wind power



Microgrids



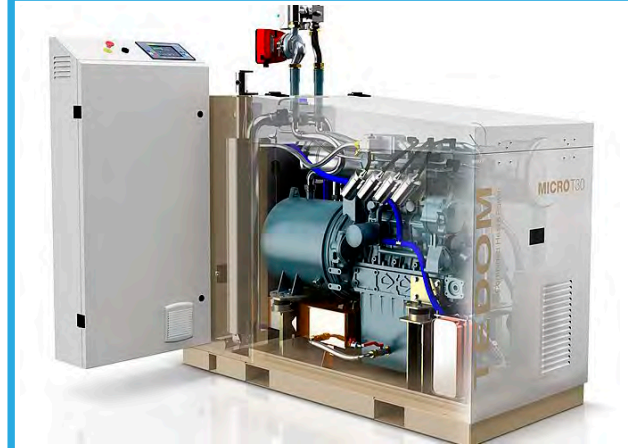
Solar photovoltaics



Battery energy storage



Solar thermal



Combined heat and power



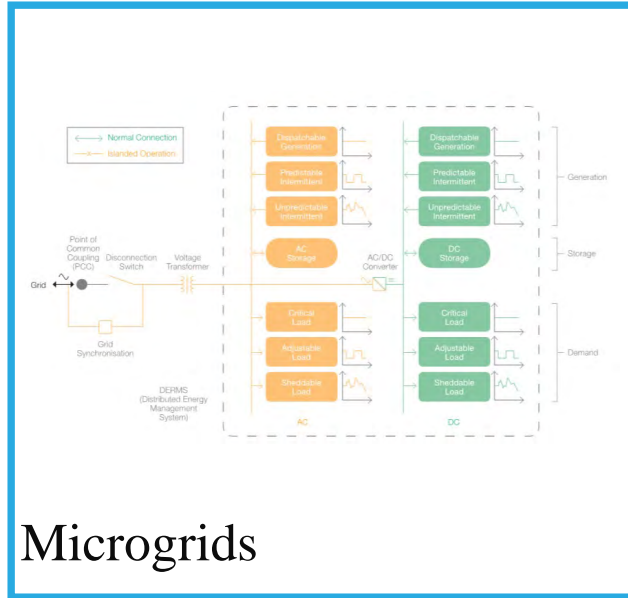
High efficiency fuel cells



Thermal energy storage



Wind power



Microgrids

Task 3
Clean energy
system modeling





Energy
models



Resilience
needs



Financial
analysis
(Business-
as-usual)



Clean
energy
system
model



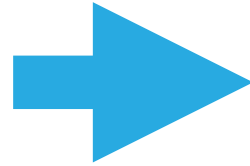
GHG and
energy
impact



Energy models

Inputs:

- Existing use data
- ASHRAE benchmark data
- Energy efficiency measures

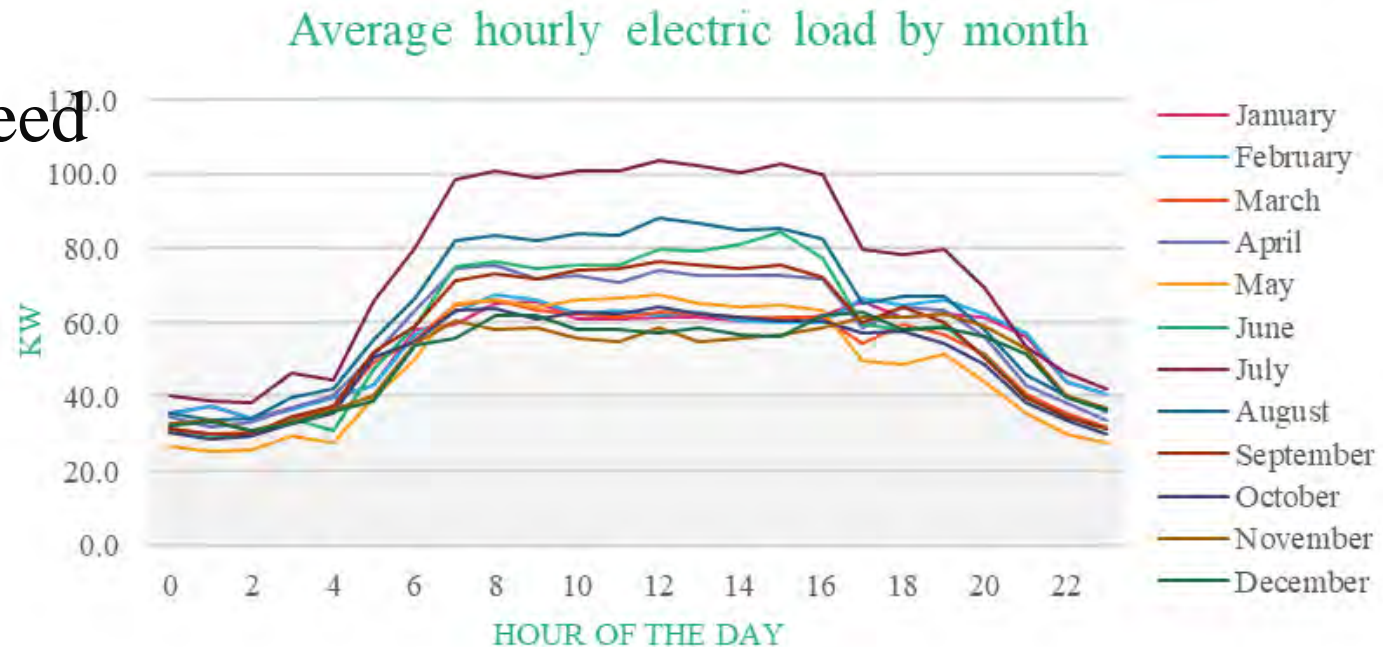


Outputs:

- Annual load profiles
- Typical daily load profiles

Key challenge:

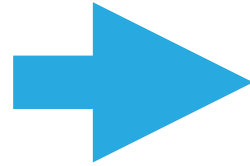
Limited hourly data resulted in the need to estimate energy profiles



Resilience needs

Inputs:

- Determined needs based on resilience gap analysis
- Estimated loads based on site data and equipment nameplates
- Estimated daily load profile during power loss event



Output:

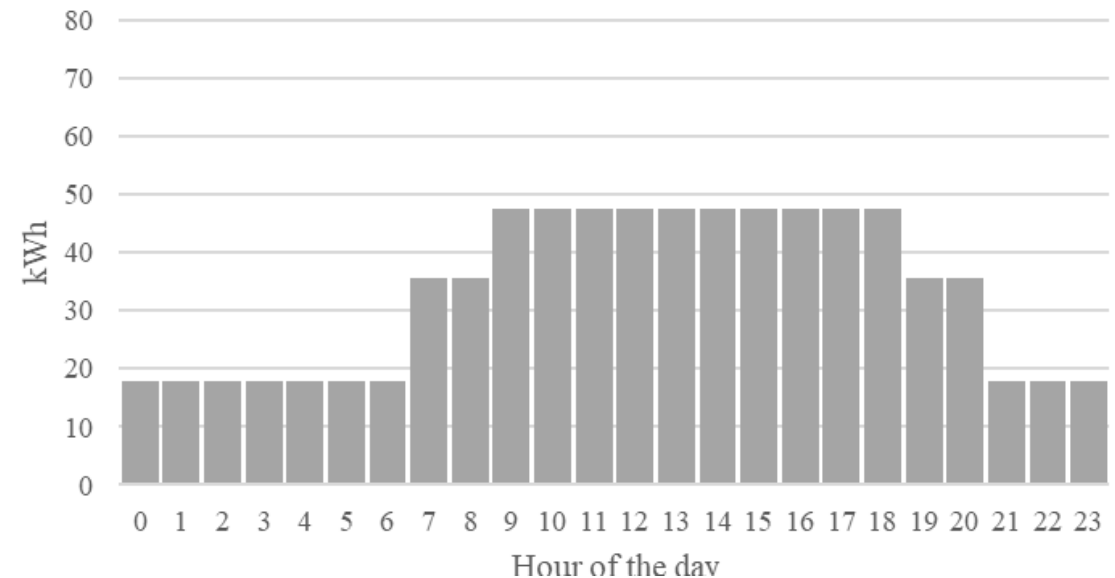
- Daily load profile of critical systems

Key challenge:

Limited sub-metered data required high-level estimate to determine load profile



Hourly resilience load profile



Financial analysis

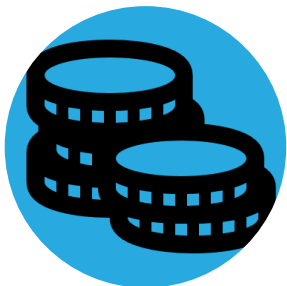
First costs:

Conservative cost estimates
 Mass Save CHP incentive
 LBE incentive

Annual savings/costs:

Energy cost savings
 Demand charge savings
 SMART
 AECs/RECs
 Clean energy system O+M costs
 Fuel costs

Did not include financial benefits from resilience



	Baseline	65 kW CHP	65 kW CHP w/ 200 kW PV inside	65 kW CHP w/ 200 kW PV and 120 kWh battery	200 kW solar PV and 302 kWh battery
First costs (\$)					
Installed cost	N/A	(215,000)	(1,315,000)	(1,448,000)	(1,435,000)
Mass Save CHP program incent.	N/A	27,100	16,900	15,800	-
LBE incentive	N/A	-	330,000	354,000	390,400
Net installed cost	N/A	(187,300)	(968,100)	(1,078,200)	(1,044,600)
Annual costs (\$)					
Utility electric supply cost	(45,700)	(16,500)	(5,000)	(6,200)	(22,900)
Utility electric T&D cost	(25,900)	(9,400)	(2,900)	(3,500)	(13,000)
Utility electric demand cost	(11,000)	(4,400)	(1,800)	(100)	(4,800)
Utility thermal energy cost	(31,800)	(13,200)	(19,200)	(19,400)	(31,800)
Proposed clean energy system maintenance cost	N/A	(3,260)	(2,000)	(1,900)	-
Proposed clean energy system fuel cost	N/A	(40,940)	(25,000)	(23,300)	-
Annualized overhaul cost	N/A	(2,600)	(2,600)	(5,300)	(6,700)
SMART incentive	N/A	-	24,300	32,500	37,800
AEC incentive	-	8,000	5,700	5,700	-
Net annual cost	(114,400)	(82,300)	(28,500)	(21,500)	(41,400)
Net annual incentives	N/A	8,000	30,000	38,200	37,800
Annual savings compared to baseline	N/A	32,100	85,900	92,900	73,000
Summary					
Payback period (simple payback, years)	N/A	5.8	11.3	11.6	14.3
30-yr NPV (\$)	N/A	375,000	527,000	544,000	316,000

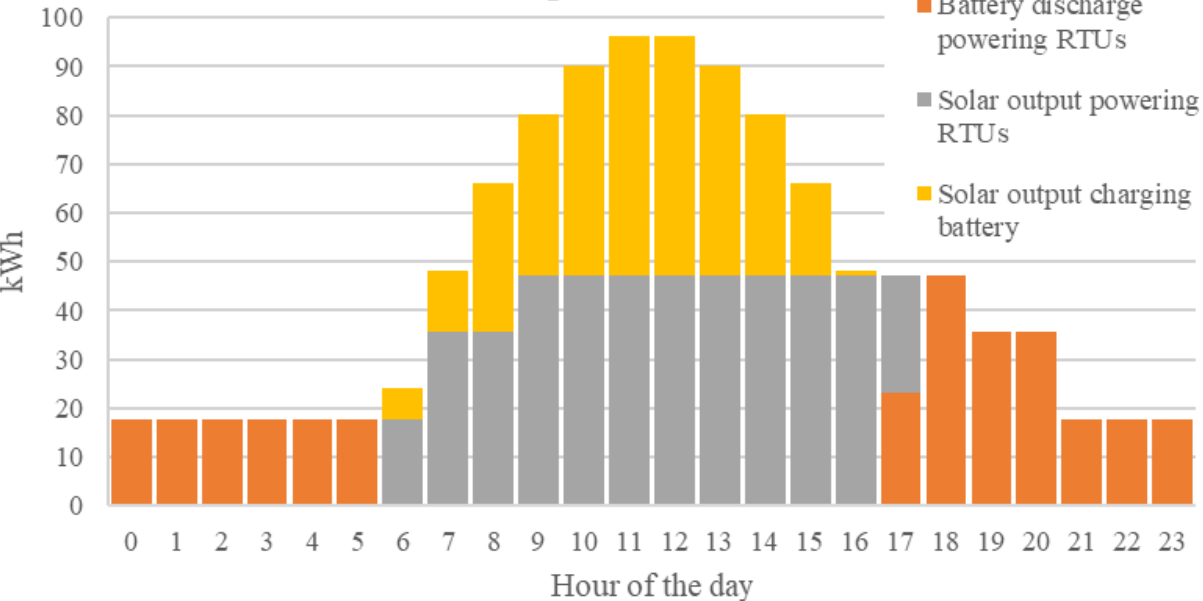
Clean energy system model

Two scenarios:
Sized to optimize ROI



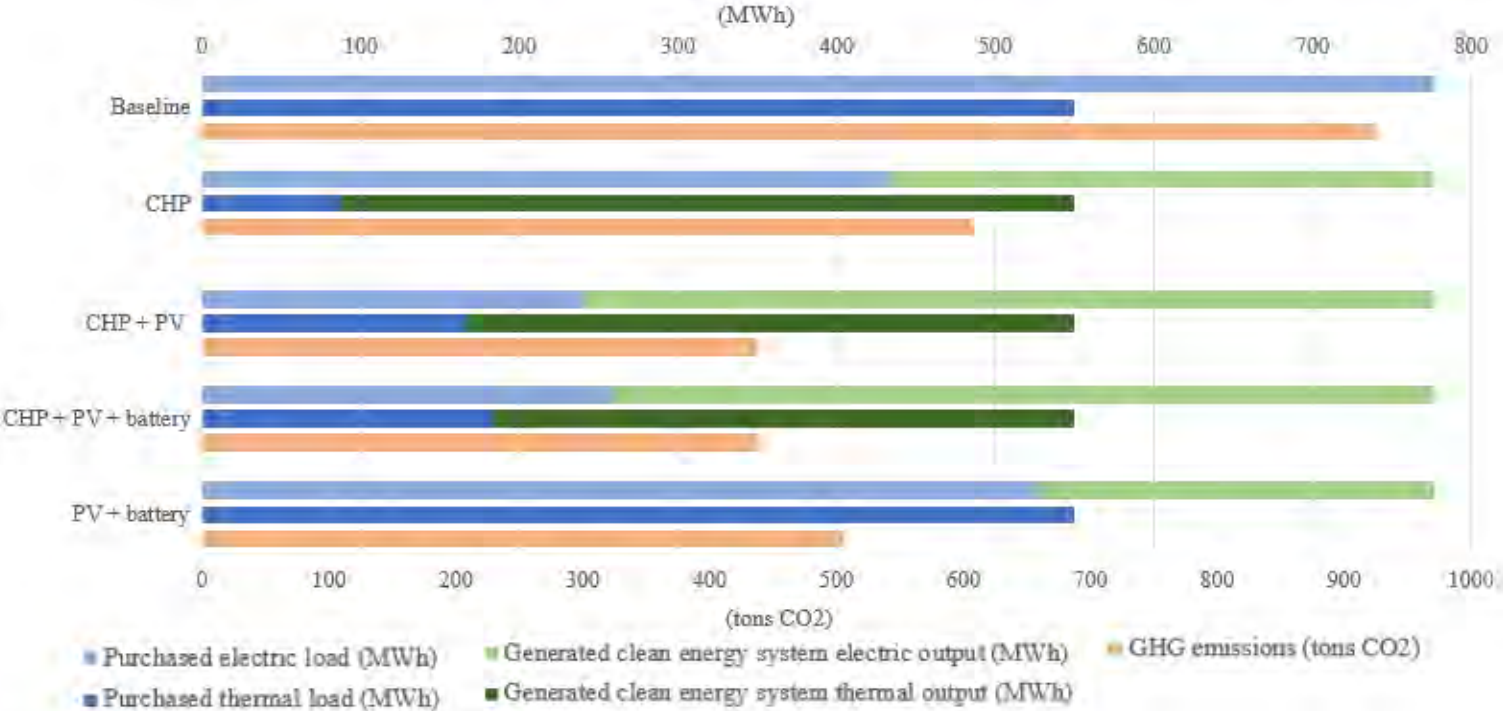
Sized to meet resilience needs

Solar PV and battery storage operating in tandem to power RTUs



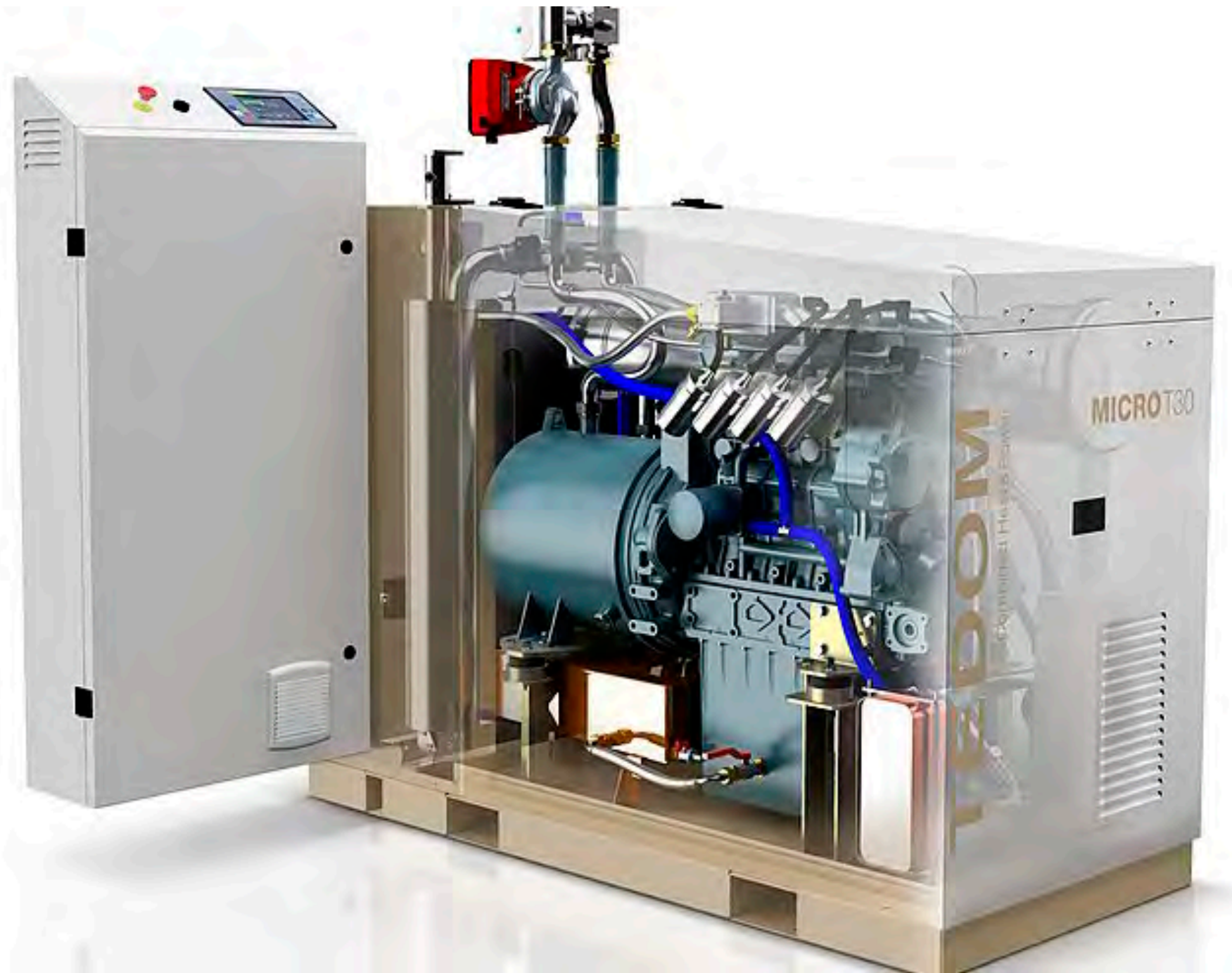
Greenhouse gas and energy impact

Confirmed overall GHG reductions for each option as well as reduction in purchased energy



Technology Examples

CHP example



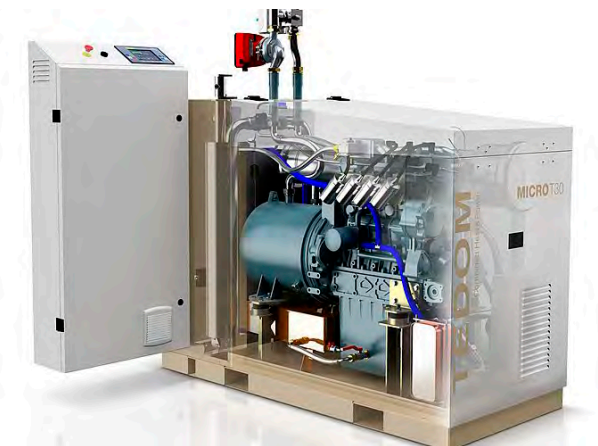
CHP basics

CHP systems convert natural gas to electricity and thermal energy (heat)

Prefer to operate at a consistent output

Maximum efficiency when both electrical and thermal energy can be used

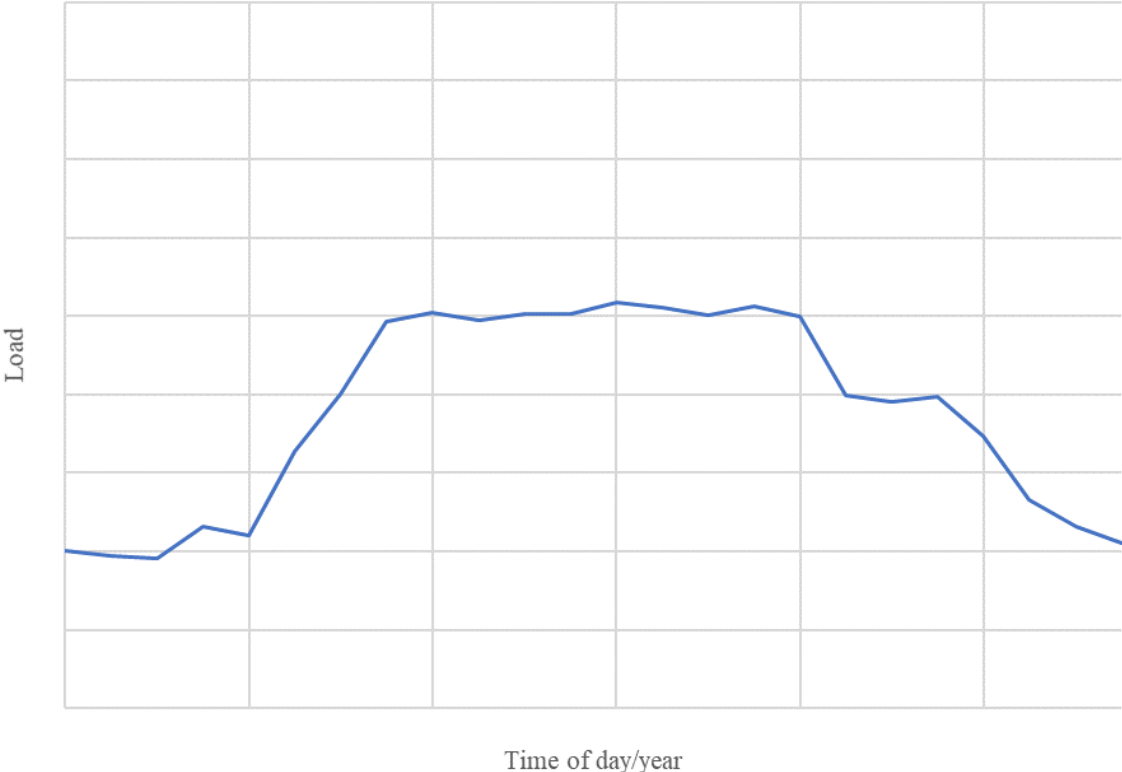
“Set-it-and-forget-it”



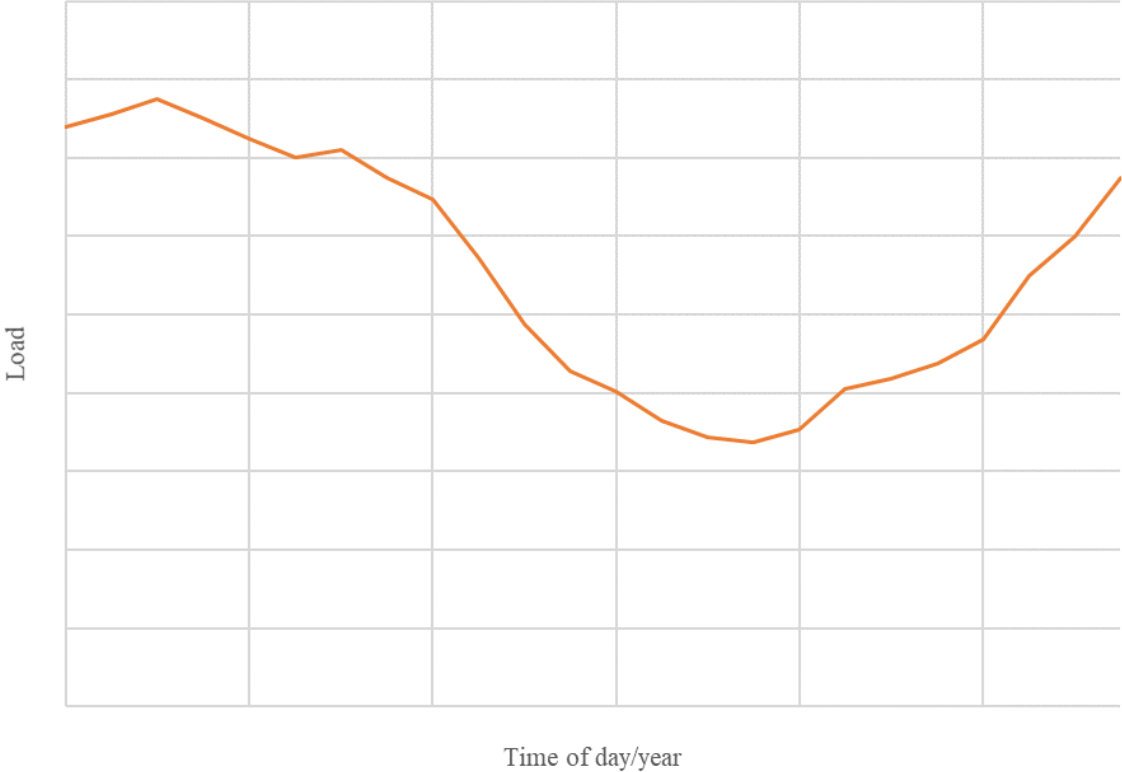
CHP system sizing

Need to consider both electric and thermal load profiles

Facility electric load

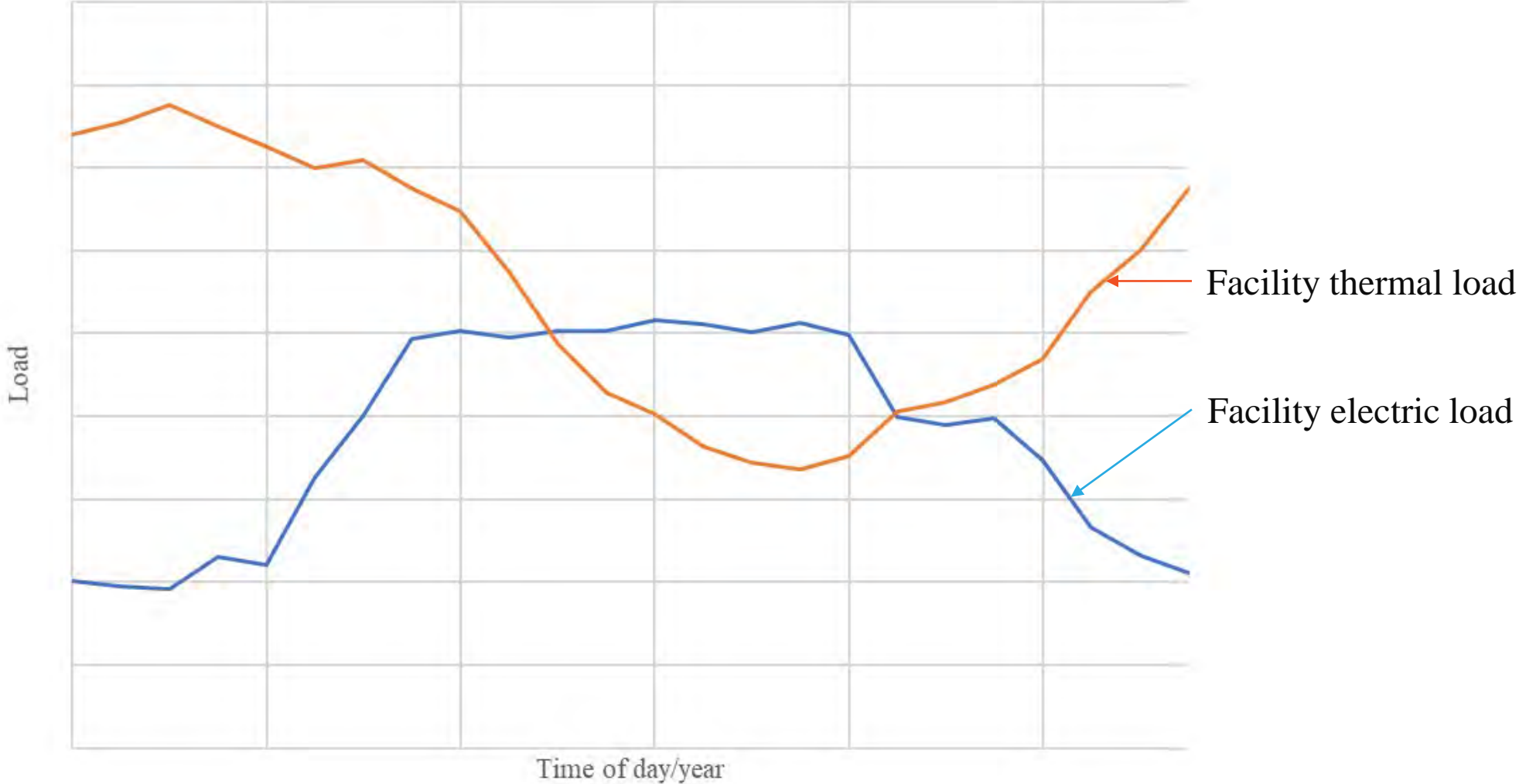


Facility thermal load



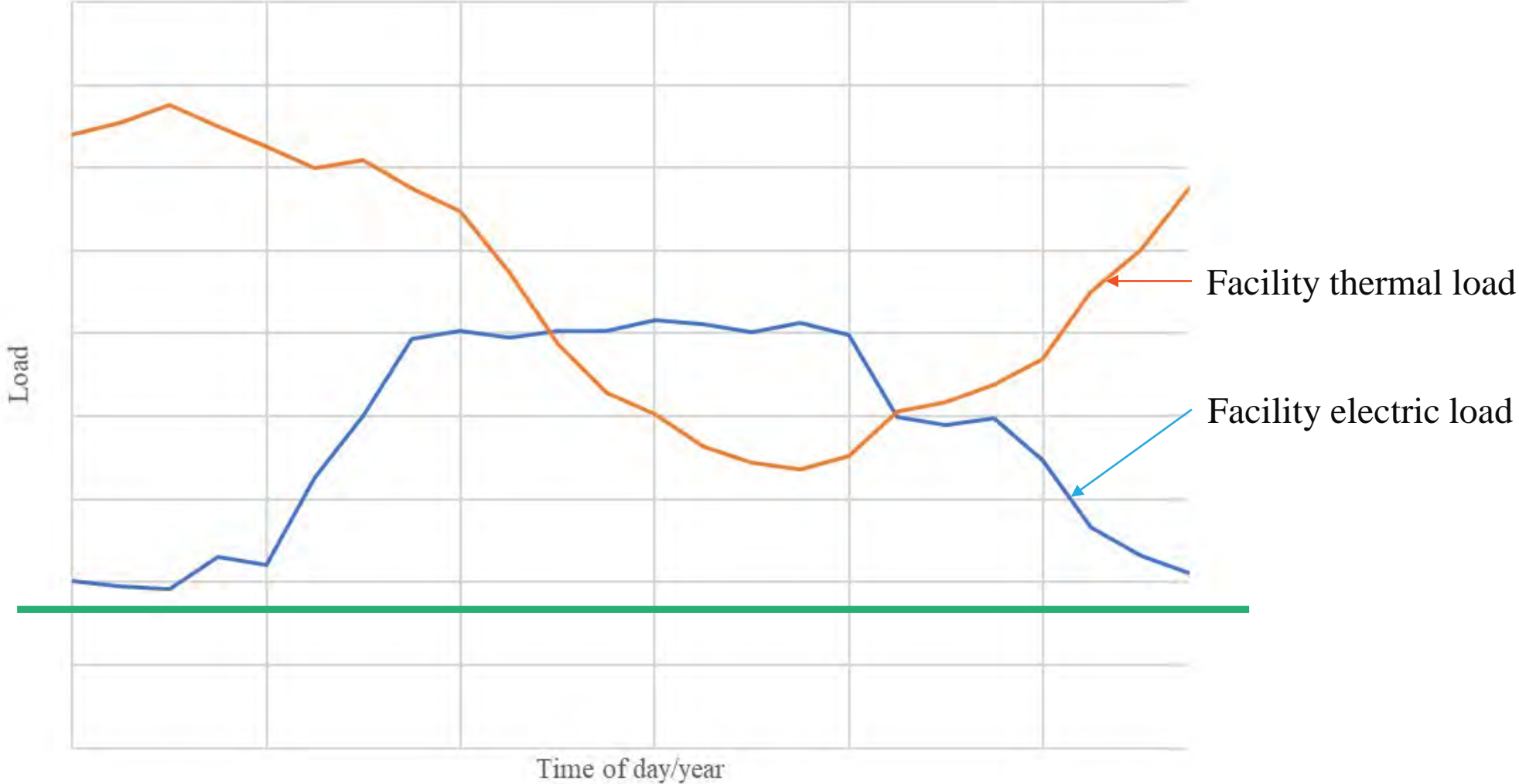
CHP system sizing

Facility electric and thermal loads



CHP system sizing

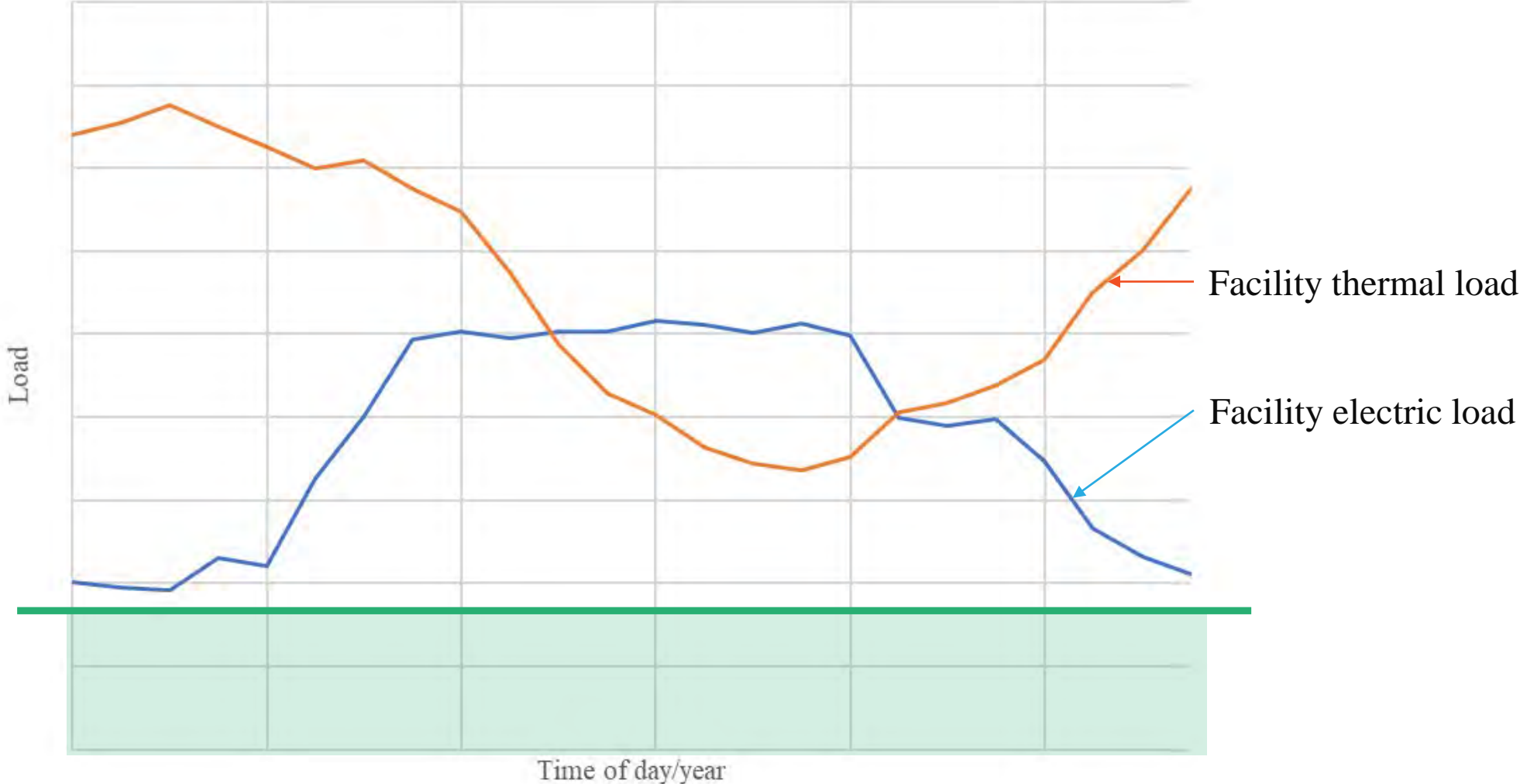
Facility electric and thermal loads



Optimal CHP size

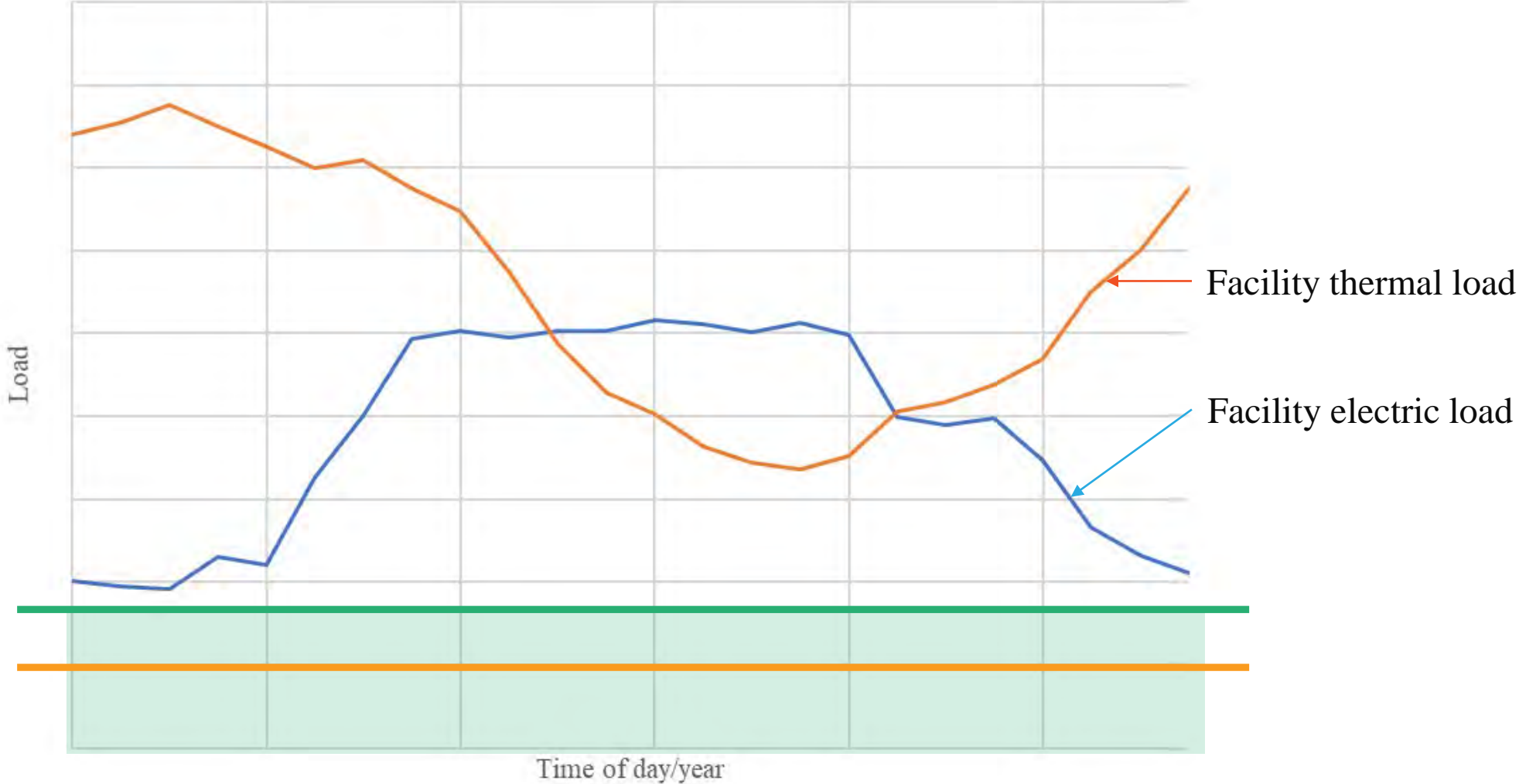
CHP system sizing

Facility electric and thermal loads



CHP system sizing

Facility electric and thermal loads



Optimal CHP size

Resilience load

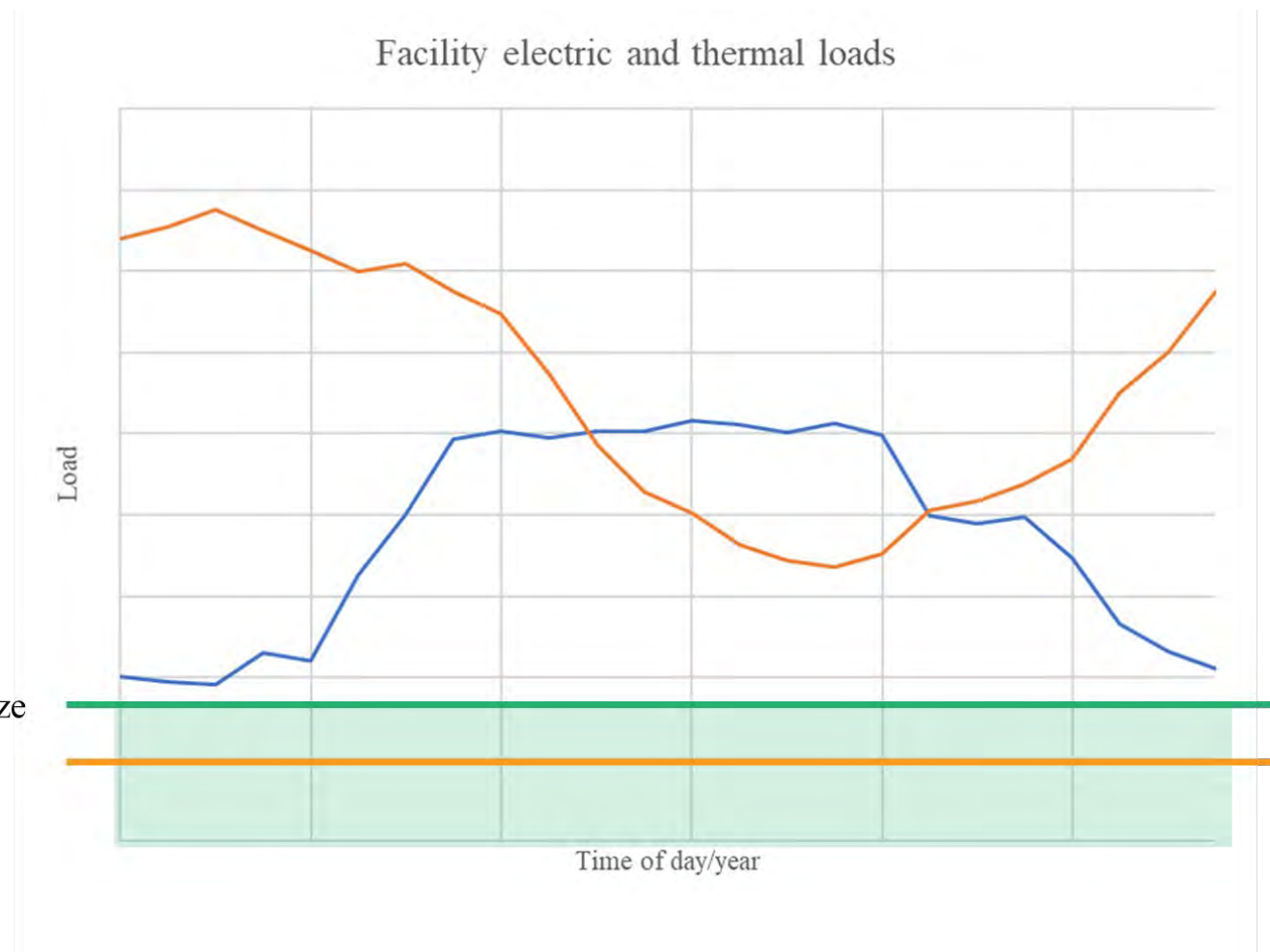
CHP system sizing

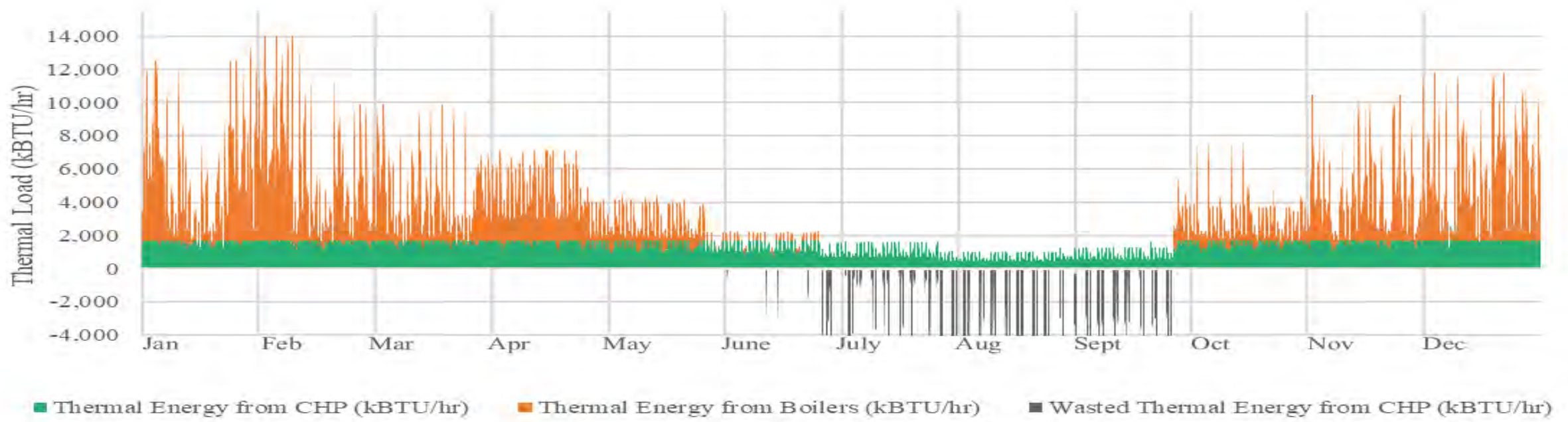
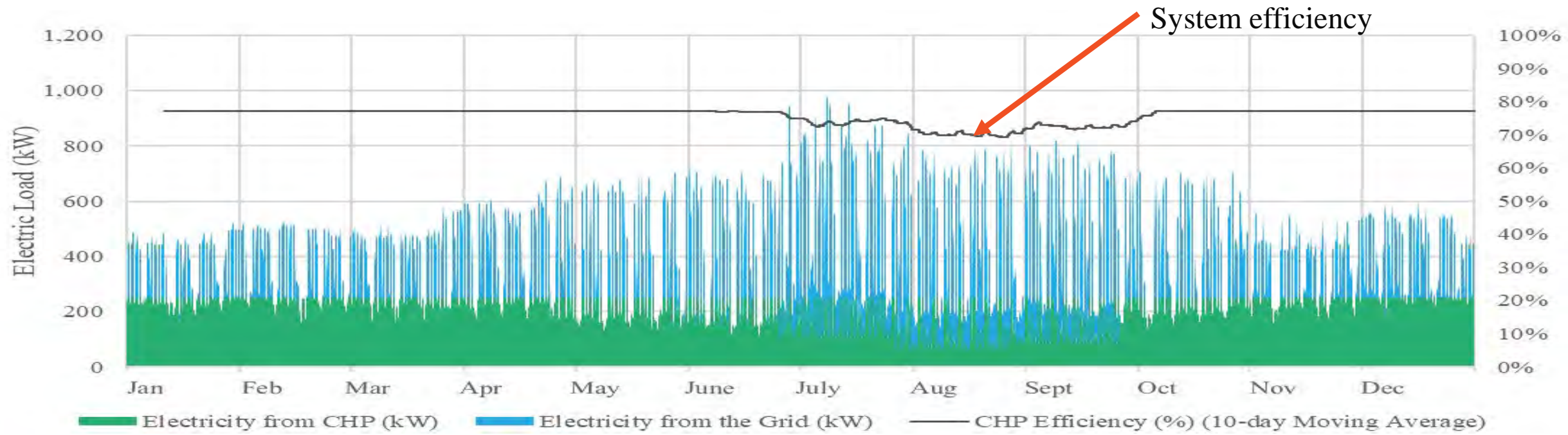
When optimal CHP size is larger than the resilience need

- CHP system operates at maximum efficiency
- All generated thermal and electric energy can be used by the facility
- CHP system has capacity to power resilience loads



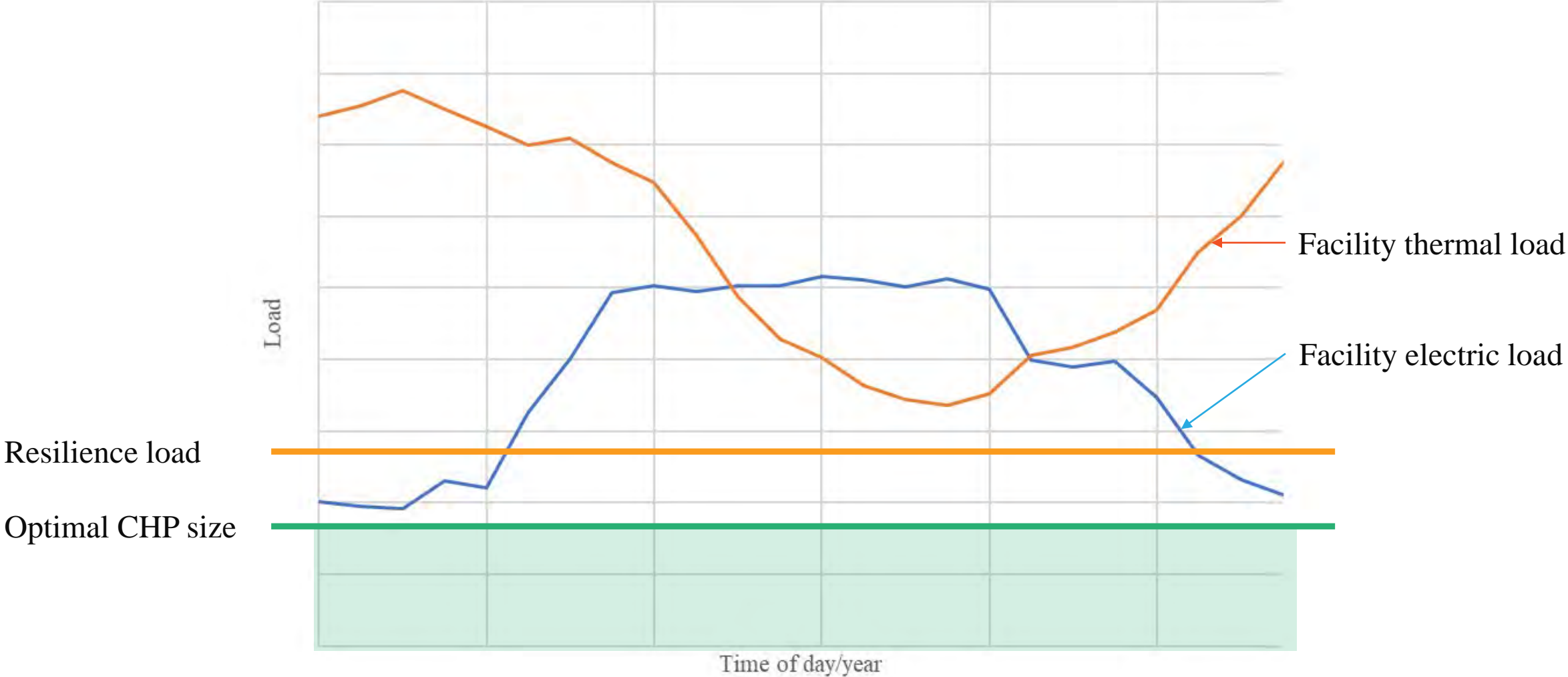
Optimal CHP size
Resilience load





CHP system sizing



Facility electric and thermal loads

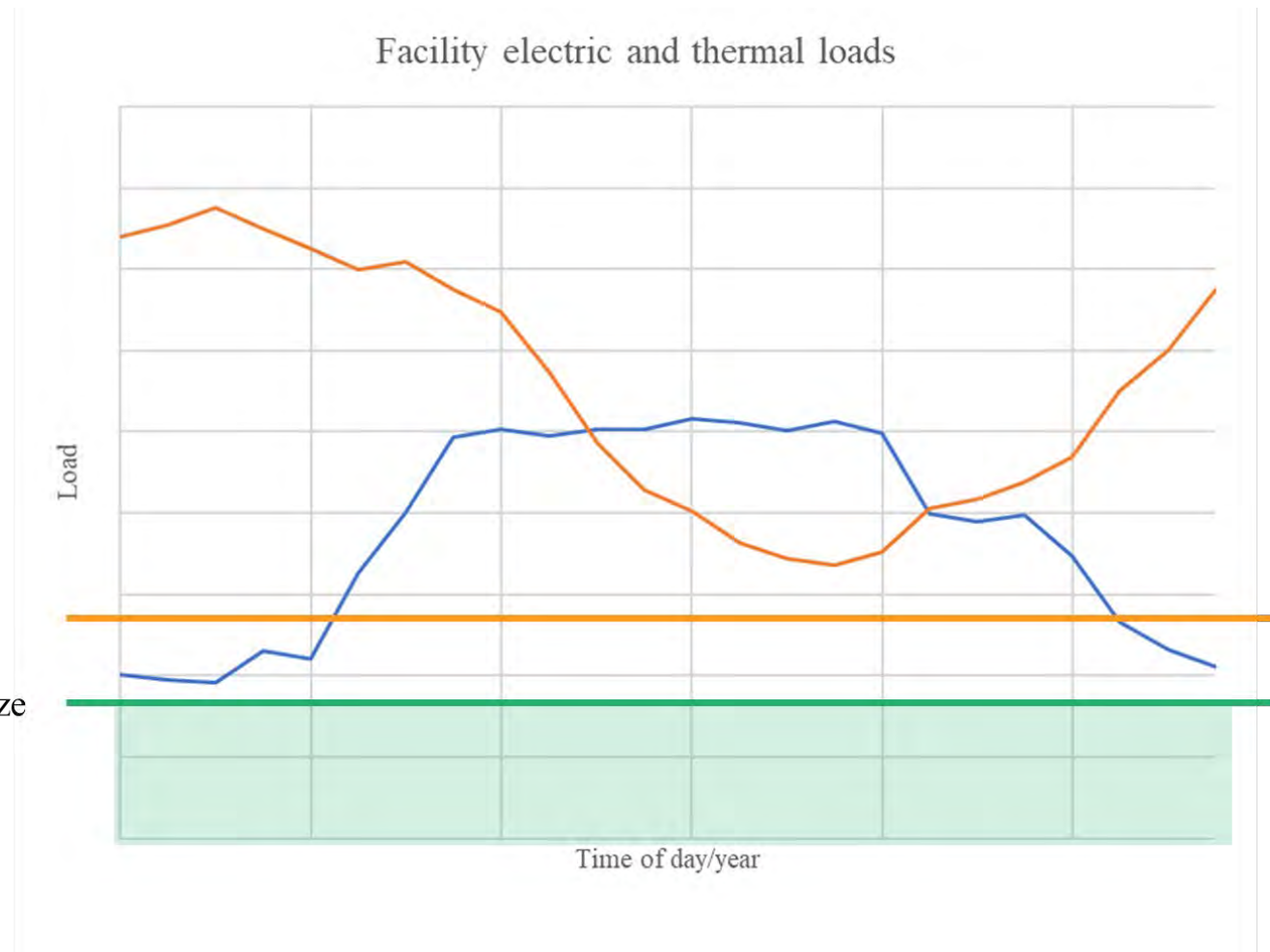


CHP system sizing

When optimal CHP size is smaller than the resilience need

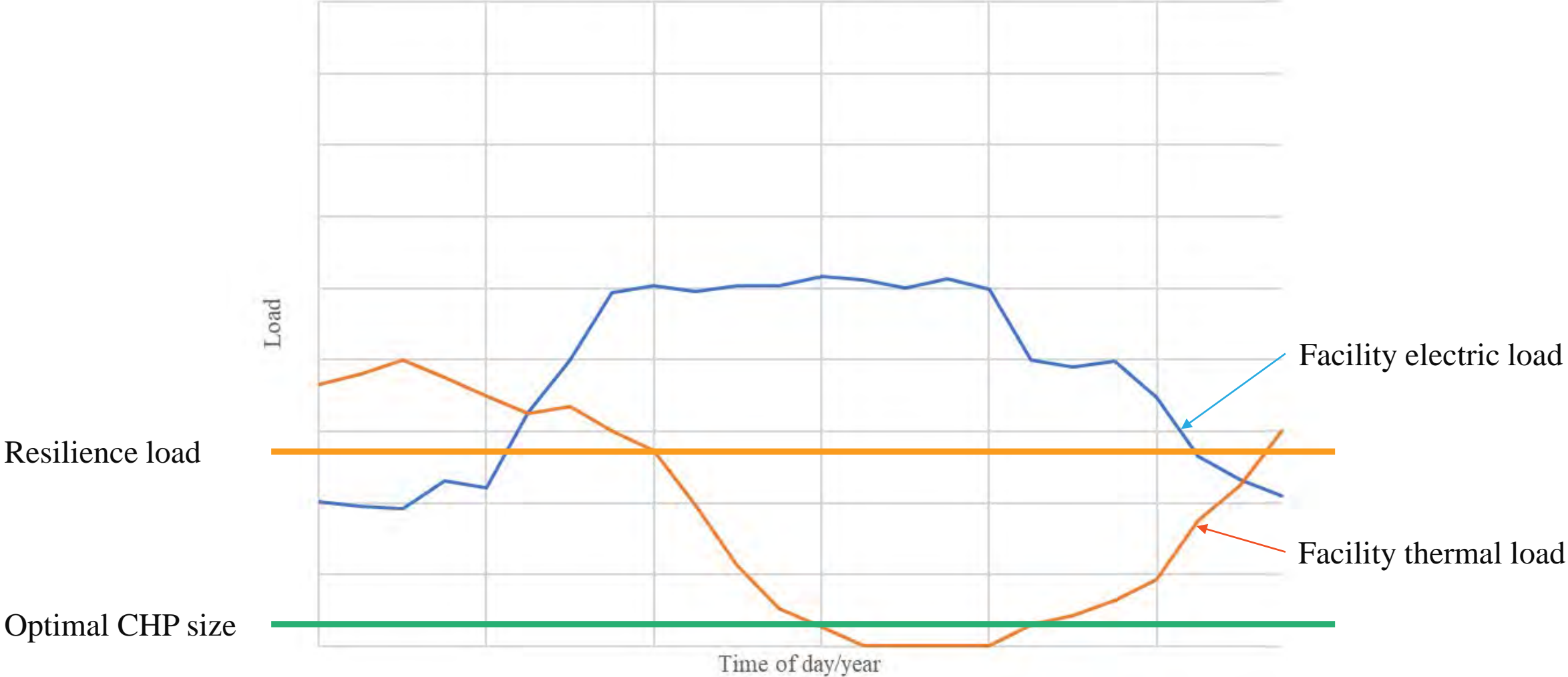
- CHP system operates at reduced efficiency
- Some thermal or electrical energy is wasted
- CHP system has capacity to power resilience loads, however this comes at the expense of efficiency

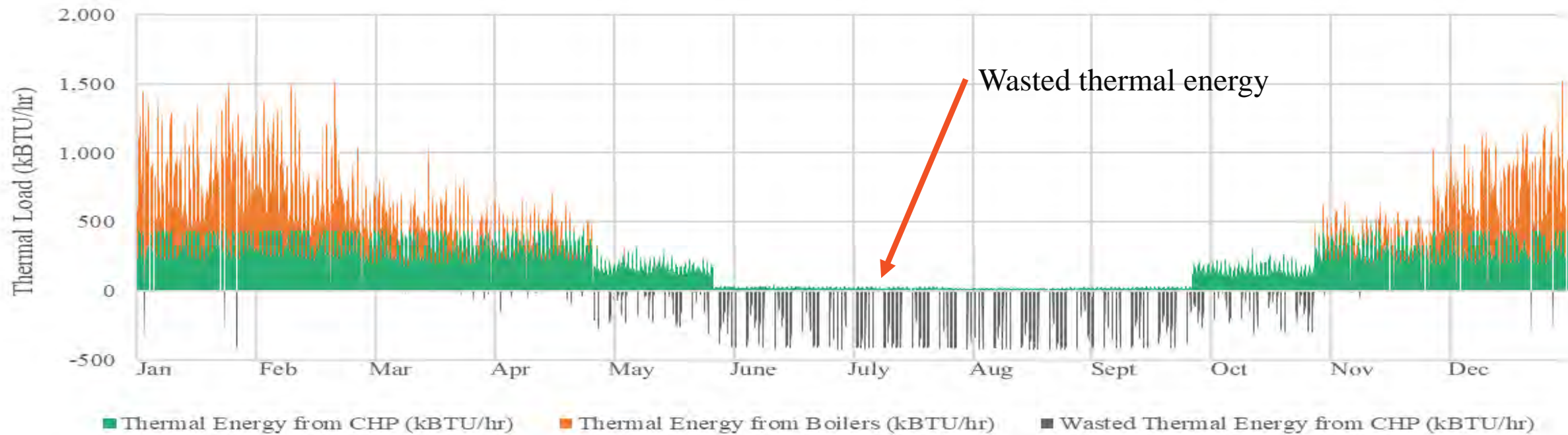
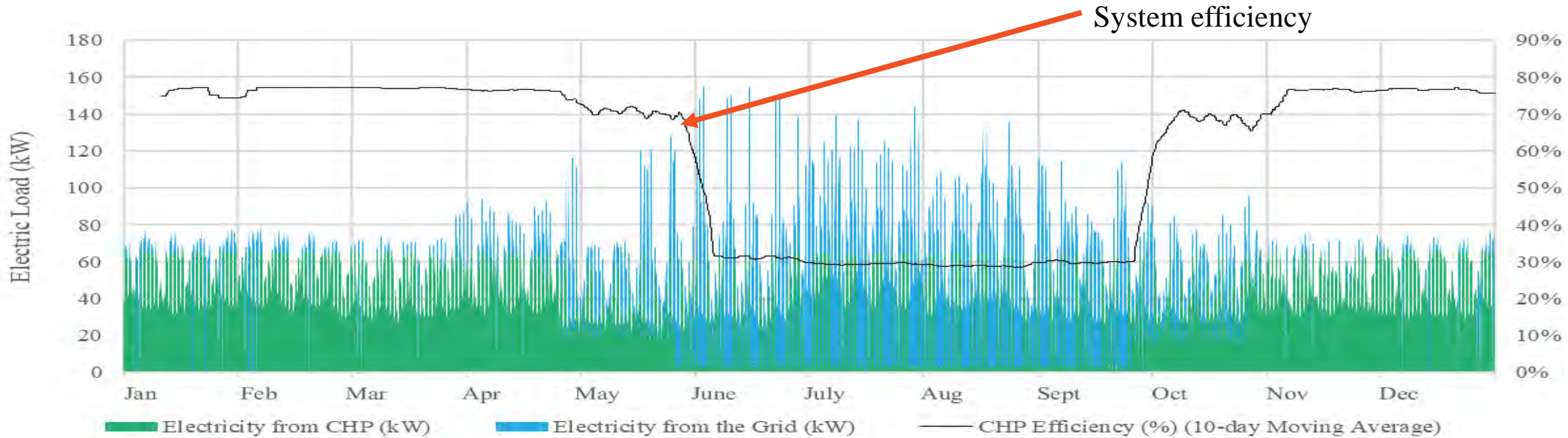
 Resilience load
 Optimal CHP size



CHP system sizing

Facility electric and thermal loads





CHP

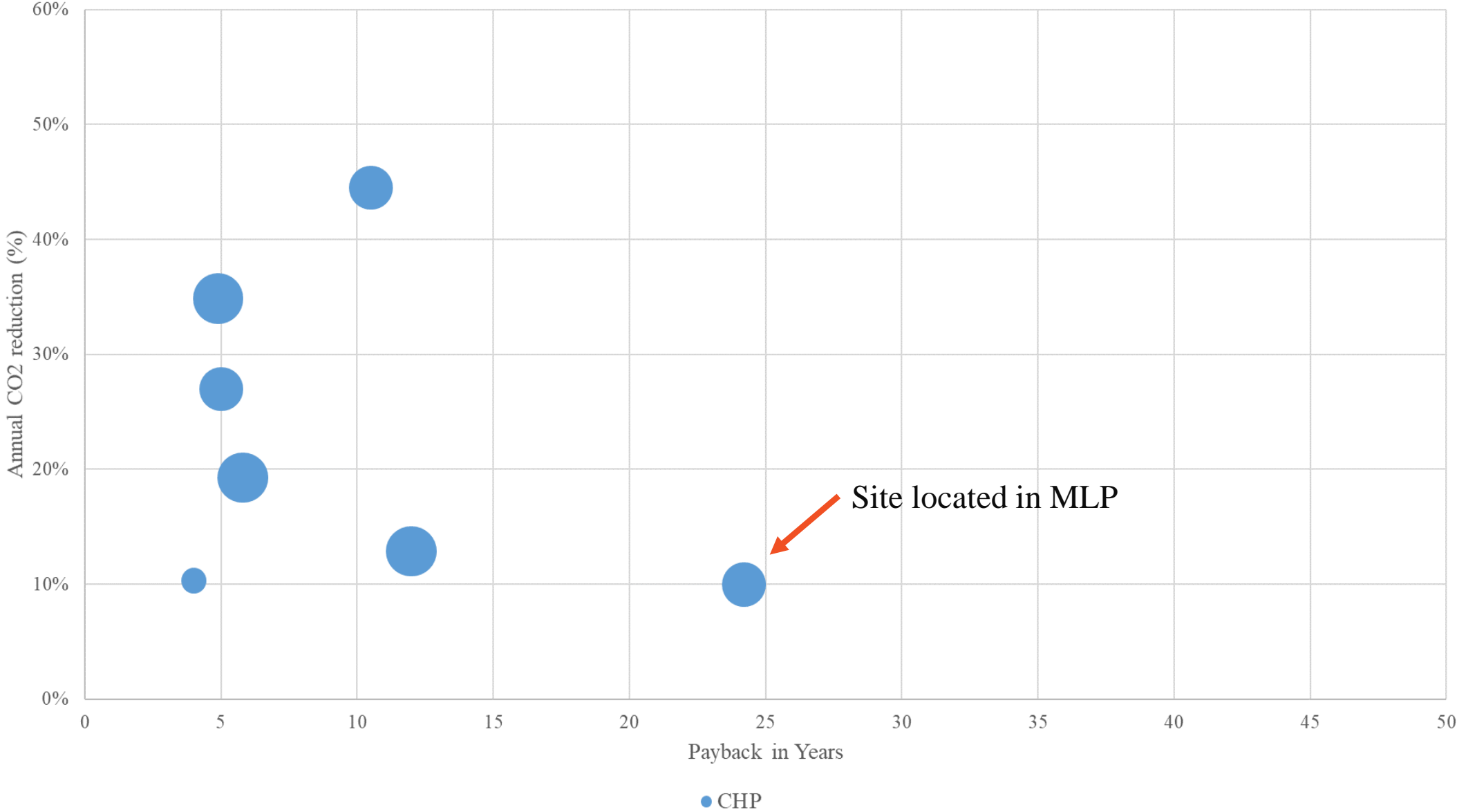
Optimal system operation

- Electrical and thermal loads are closely matched
- Baseloads are consistent year round
- High energy costs which can be offset by onsite energy generation
- Resilience need is less than baseload and CHP system can load follow during utility outage



CHP payback results

System Payback



Solar + Storage
example



Solar + storage basics

Maximize ROI (Business-as-usual):

Size solar to maximize ROI by minimizing export of PV energy

Size storage to reduce any remaining peak demand

Frequent charge/discharge cycles required to maximize revenue from energy storage

Maximize resilience:

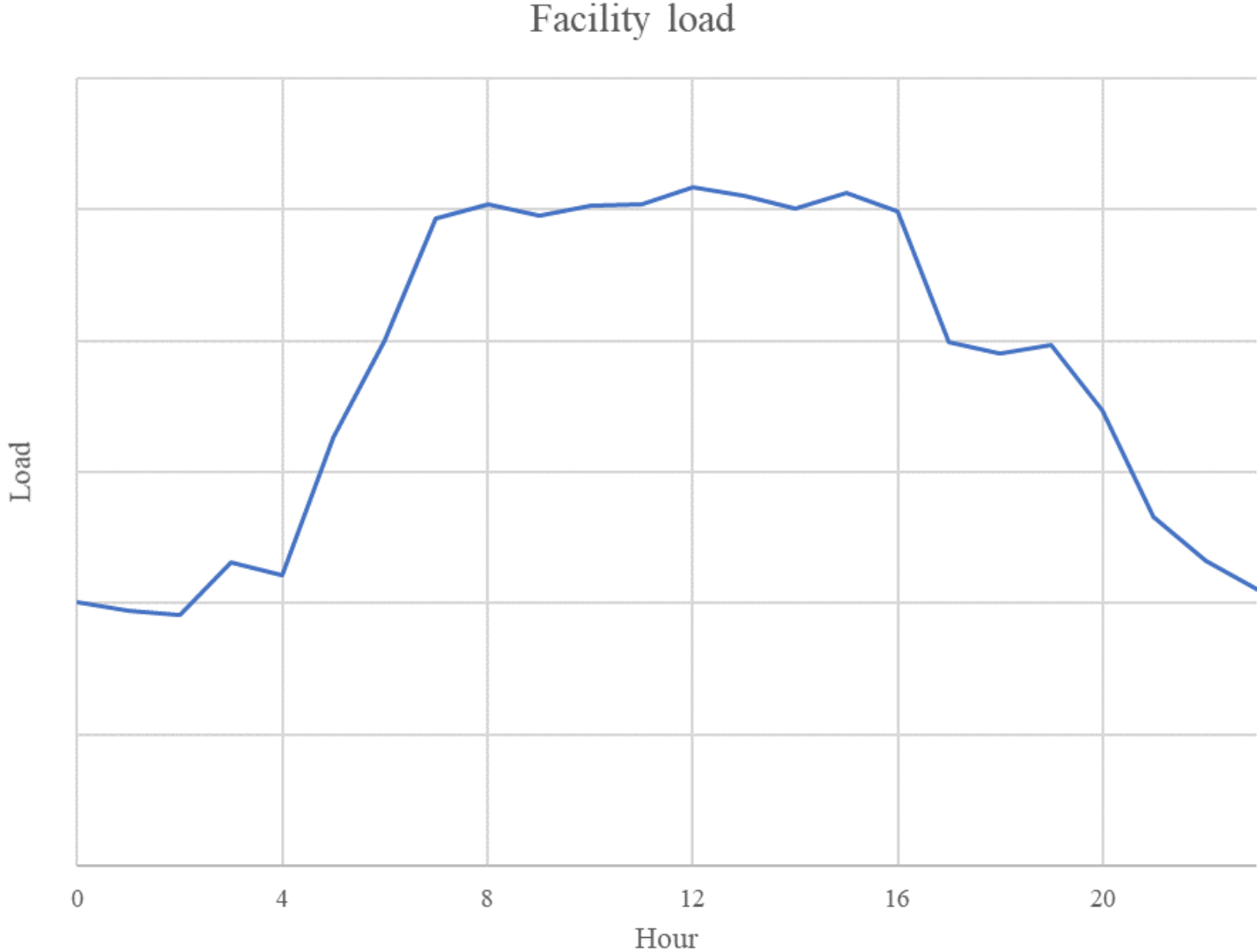
Size solar to produce energy required for 24-hour operation of resilience loads

Size storage to power resilience loads once PV system is no longer generating energy



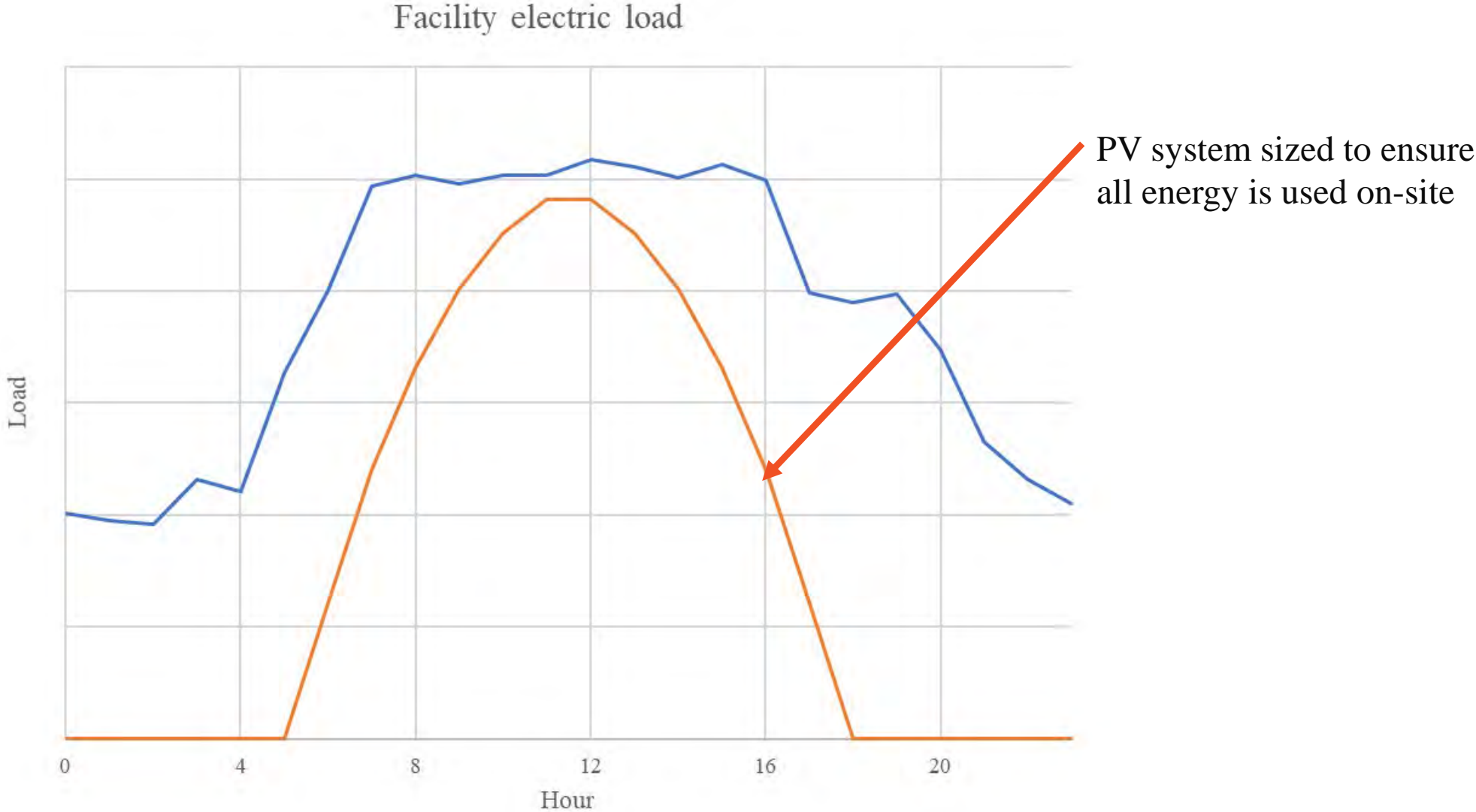
Solar + storage system sizing

Maximize ROI



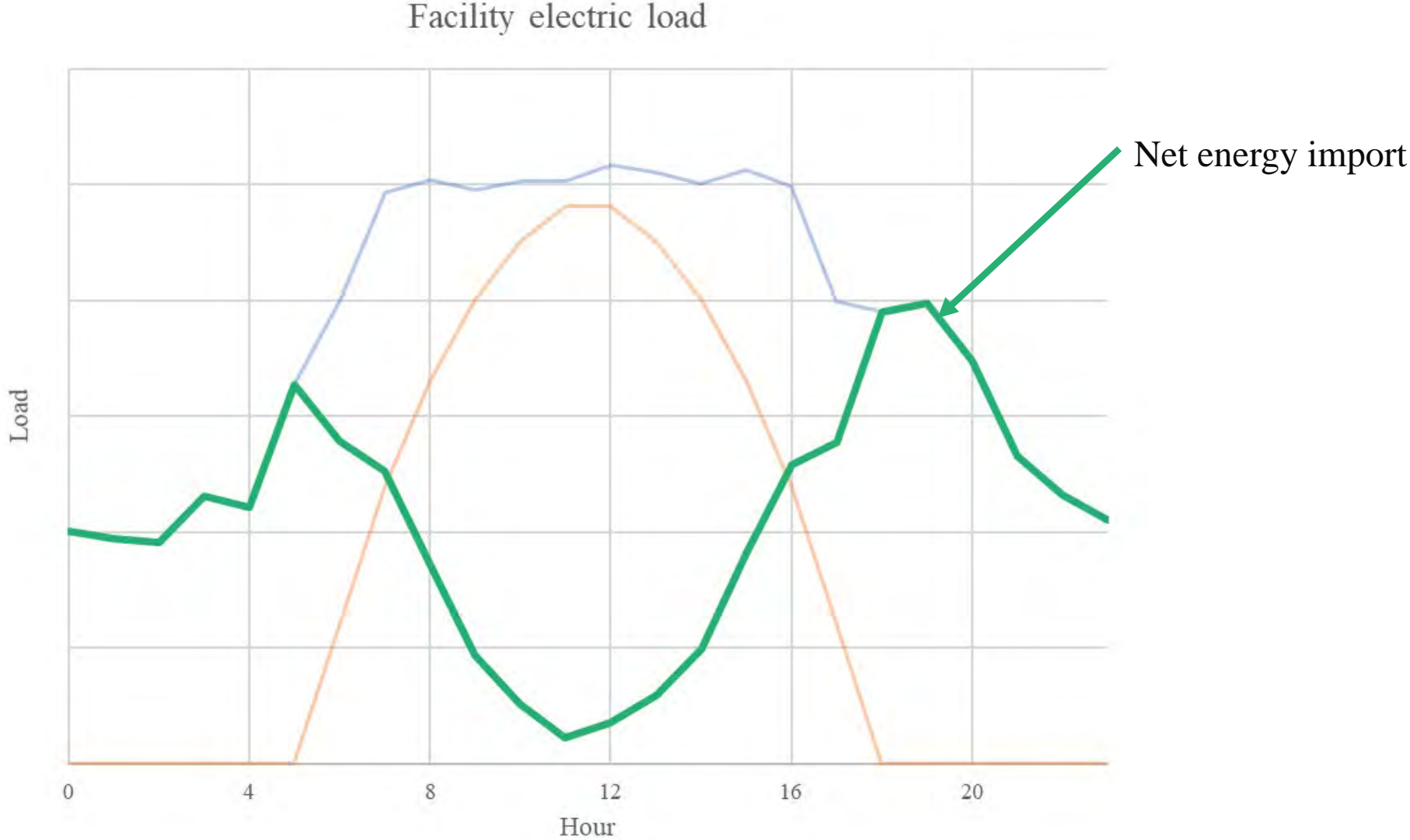
Solar + storage system sizing

Maximize ROI



Solar + storage system sizing

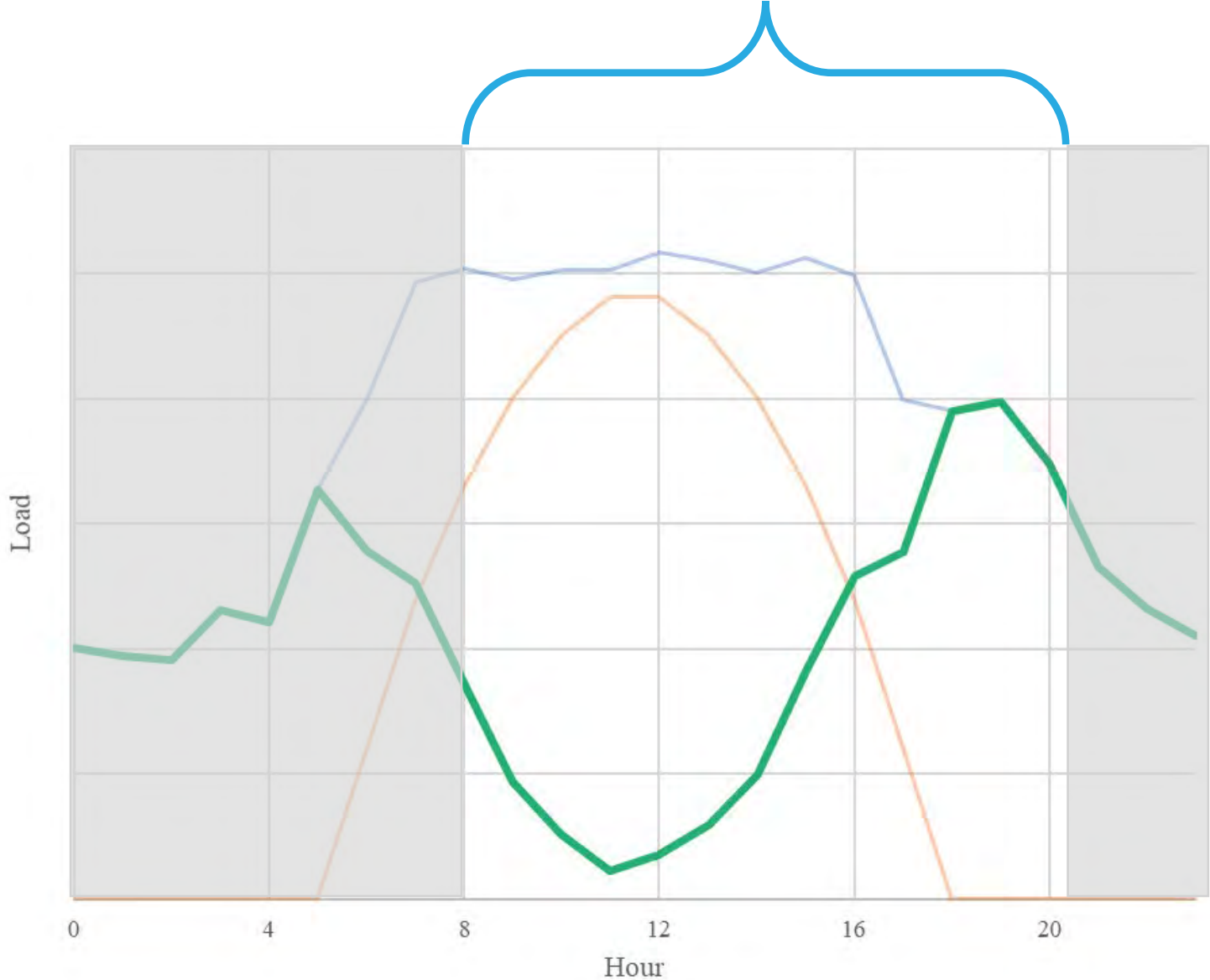
Maximize ROI



Solar + storage system sizing

Maximize ROI

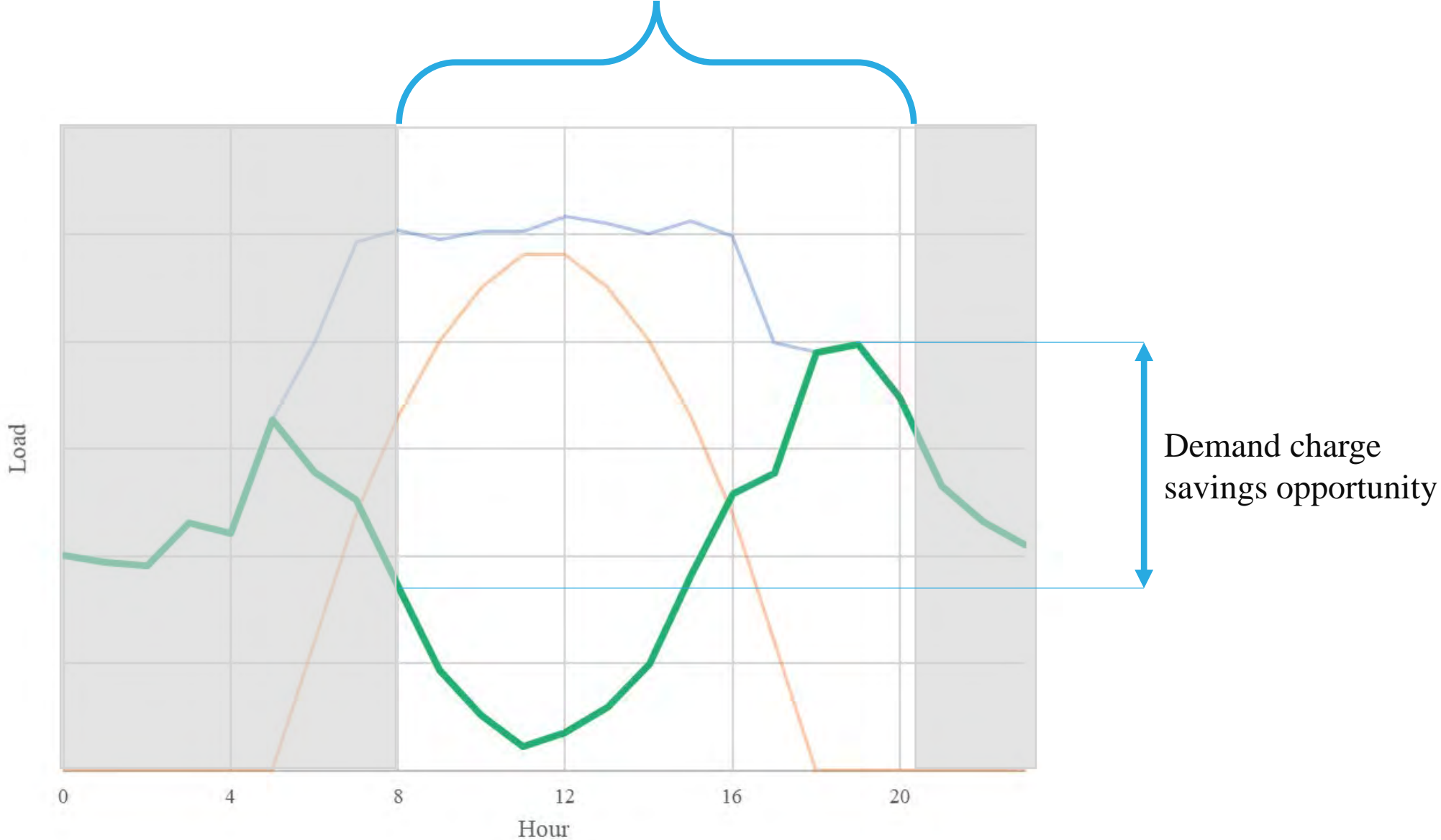
Utility demand
charge window



Solar + storage system sizing

Maximize ROI

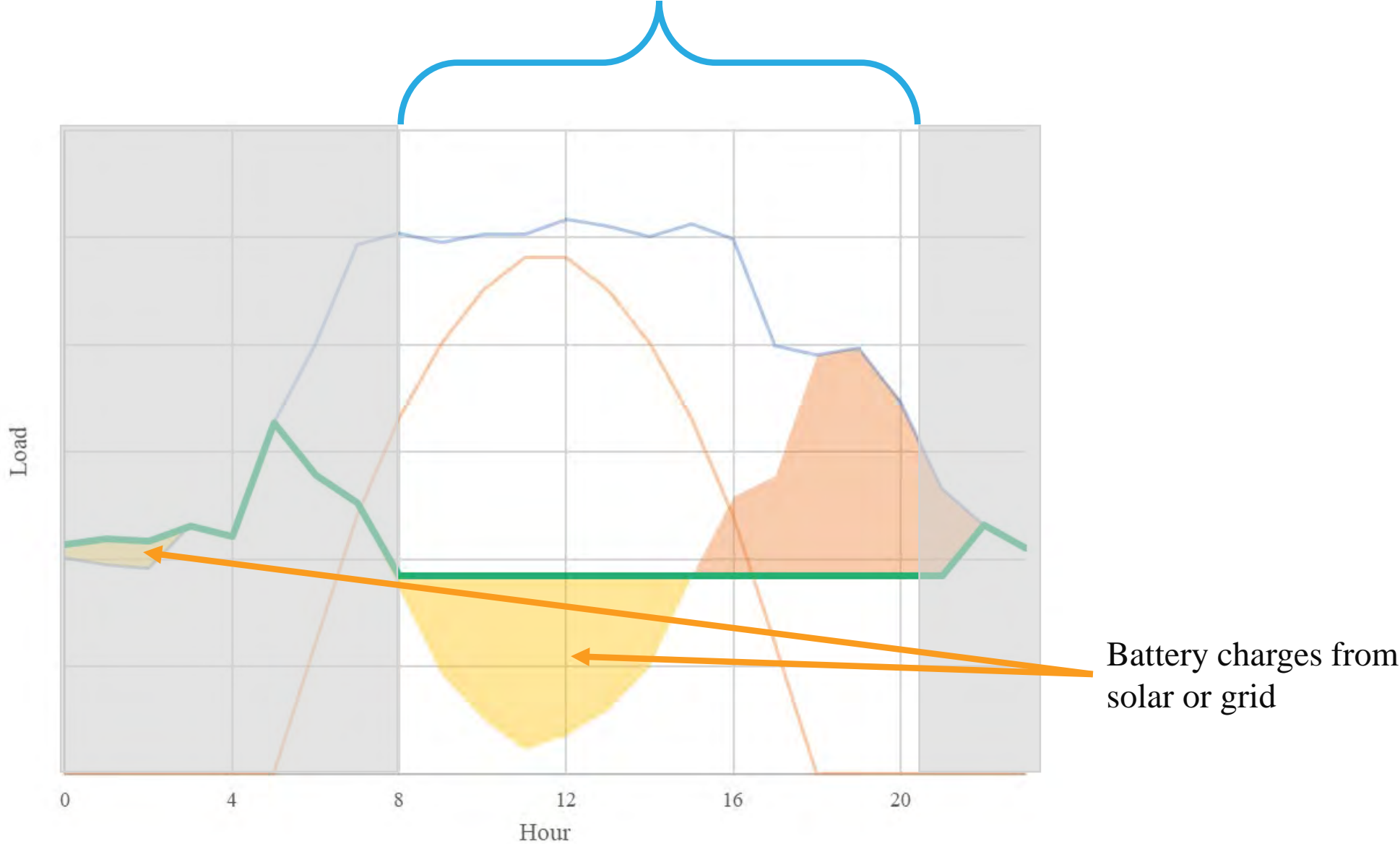
Utility demand
charge window



Solar + storage system sizing

Maximize ROI

Utility demand
charge window

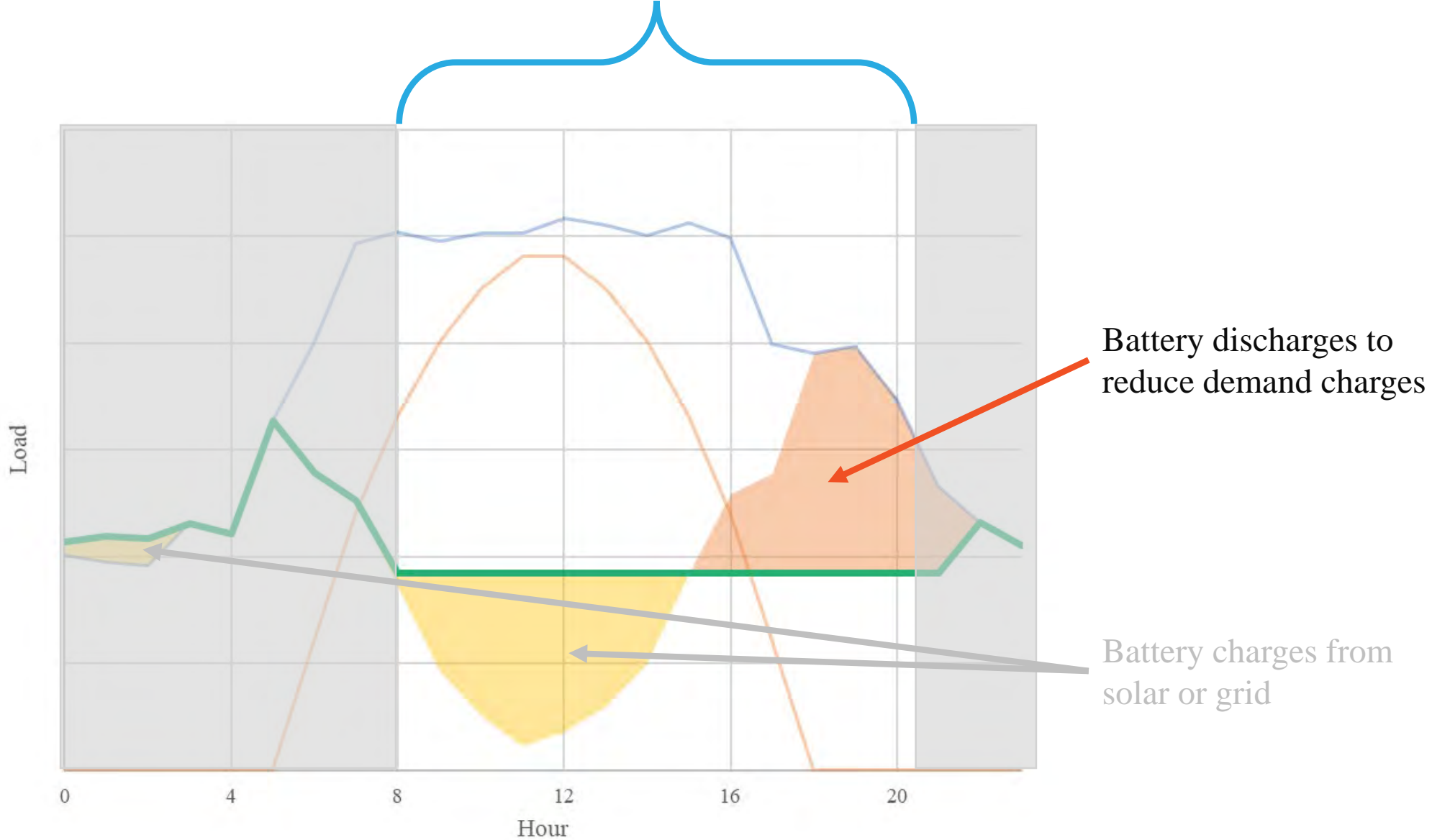


Battery charges from
solar or grid

Solar + storage system sizing

Maximize ROI

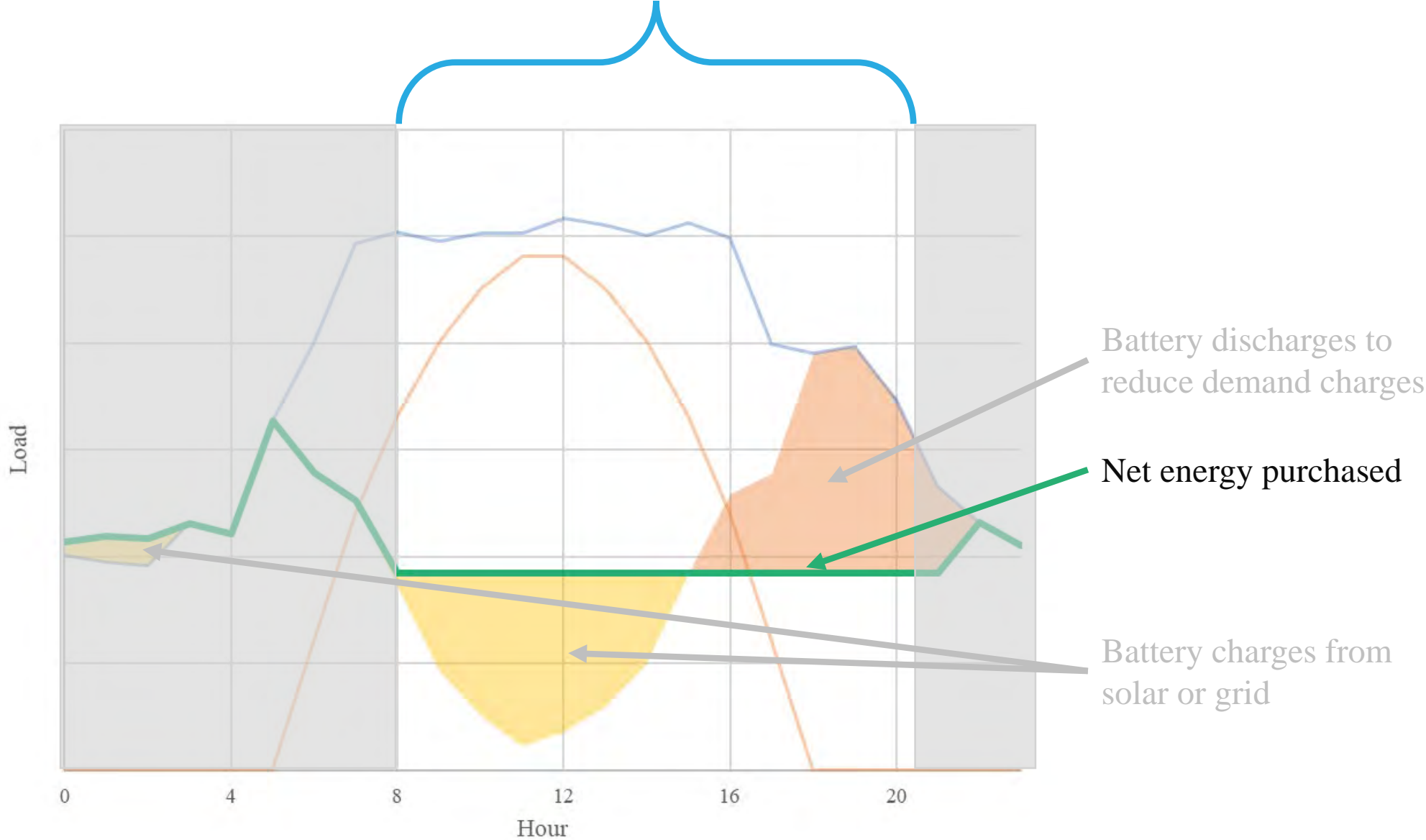
Utility demand
charge window



Solar + storage system sizing

Maximize ROI

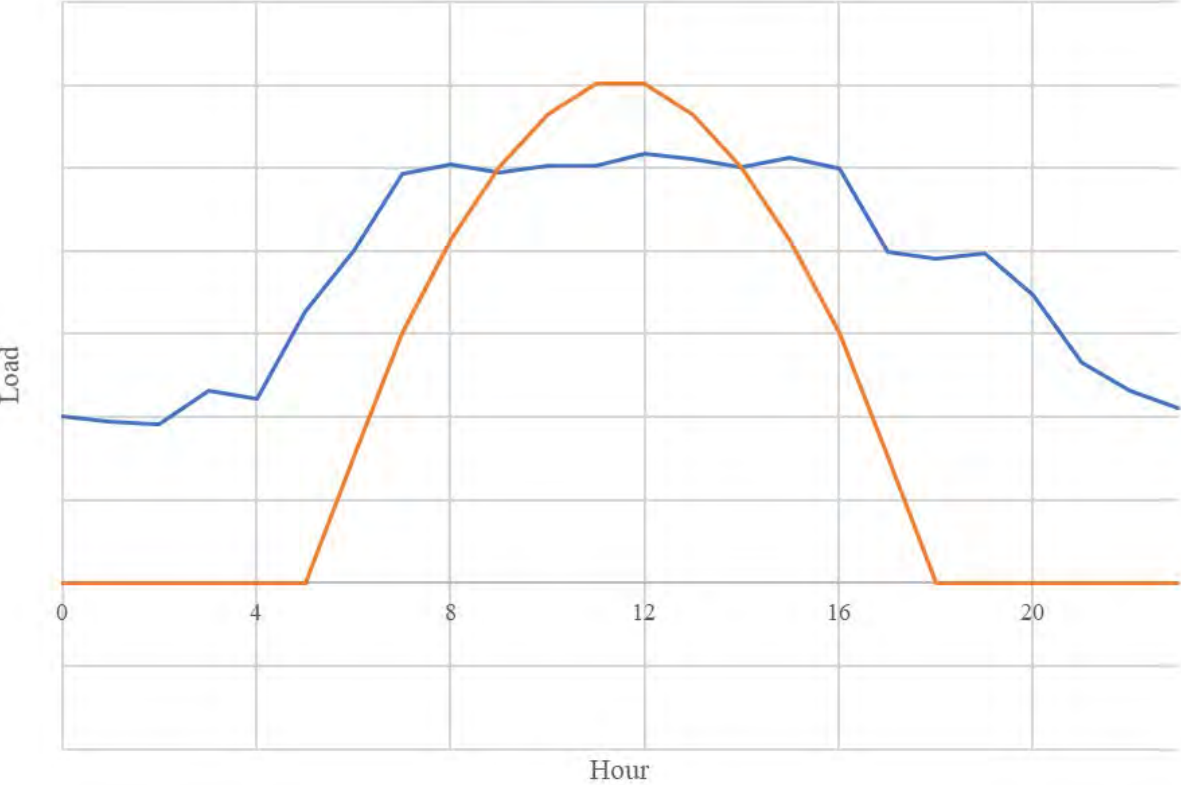
Utility demand
charge window



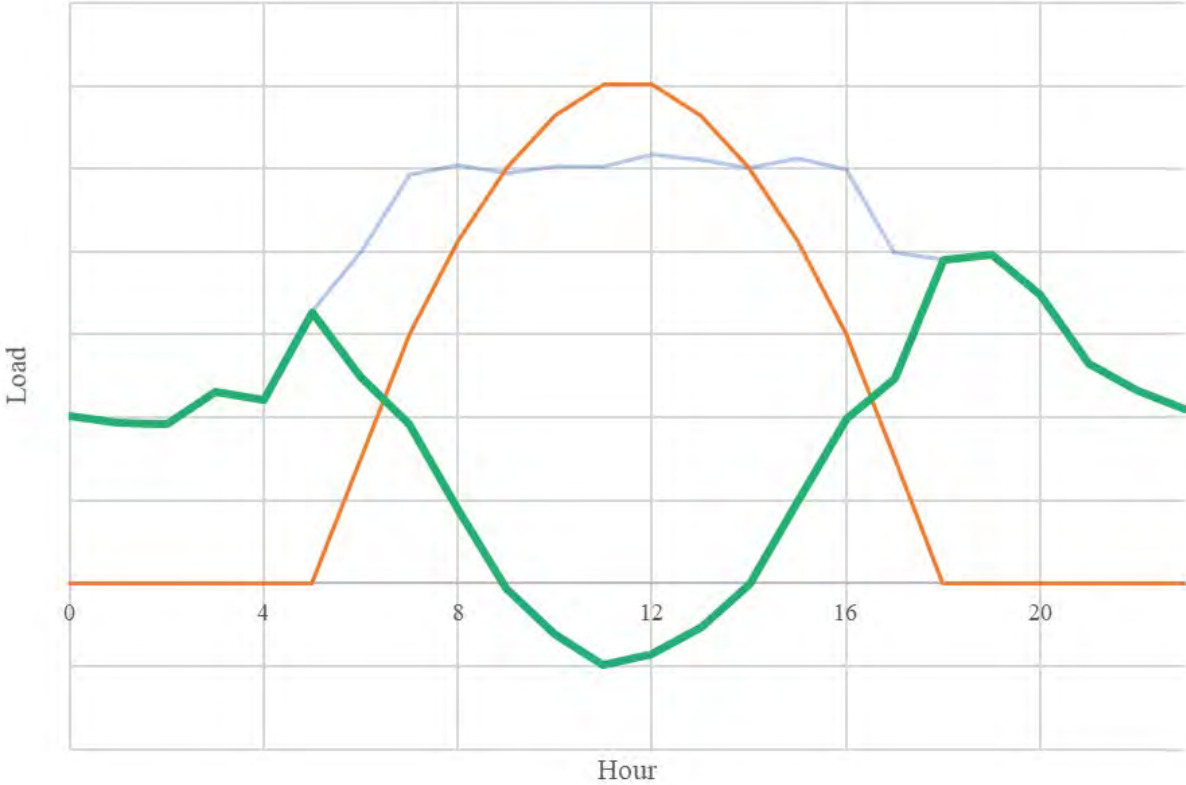
Solar + storage system sizing

Maximize ROI – Batteries allow larger PV system sizes

Facility electric load



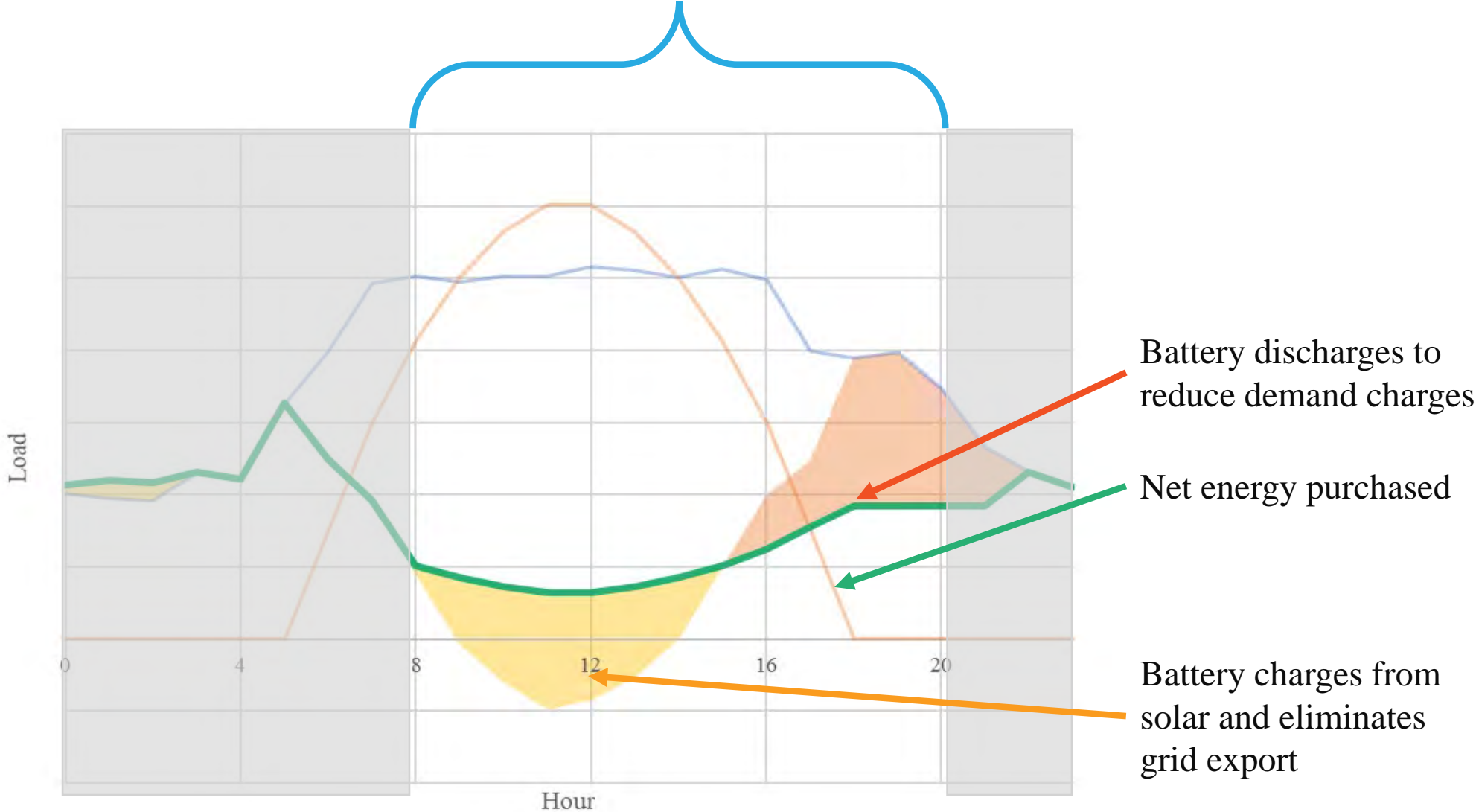
Facility electric load



Solar + storage system sizing

Maximize ROI

Utility demand
charge window



Battery discharges to reduce demand charges

Net energy purchased

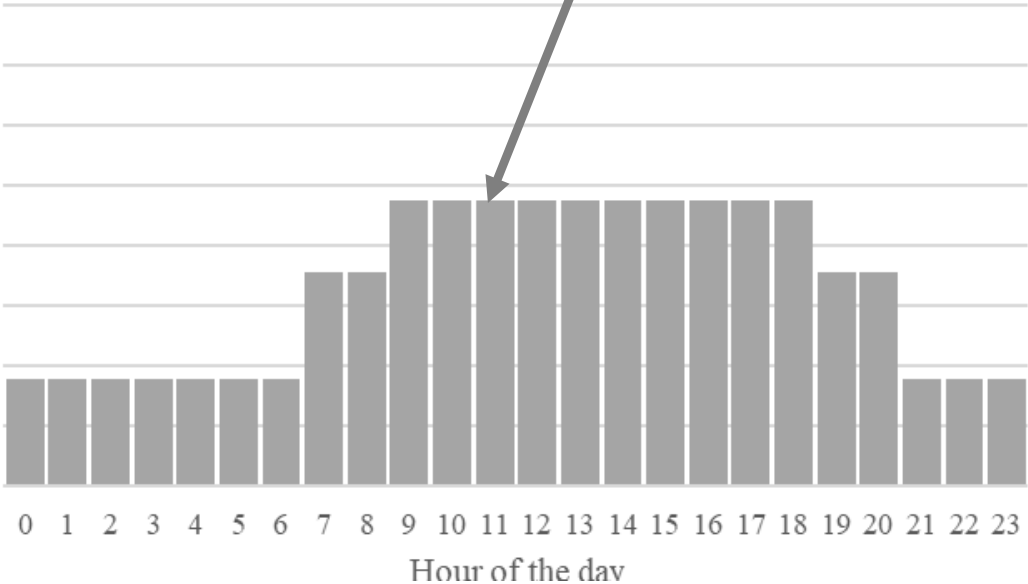
Battery charges from solar and eliminates grid export

Solar + storage system sizing

Resilience scenario - When utility power is not available

Hourly resilience load profile

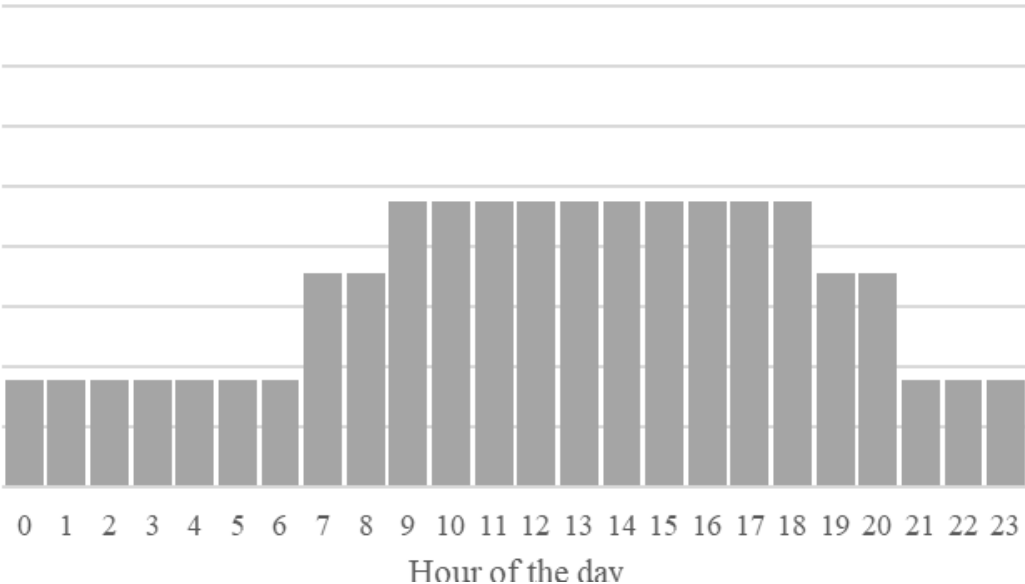
Estimated hourly load
provide for systems to be
backed up



Solar + storage system sizing

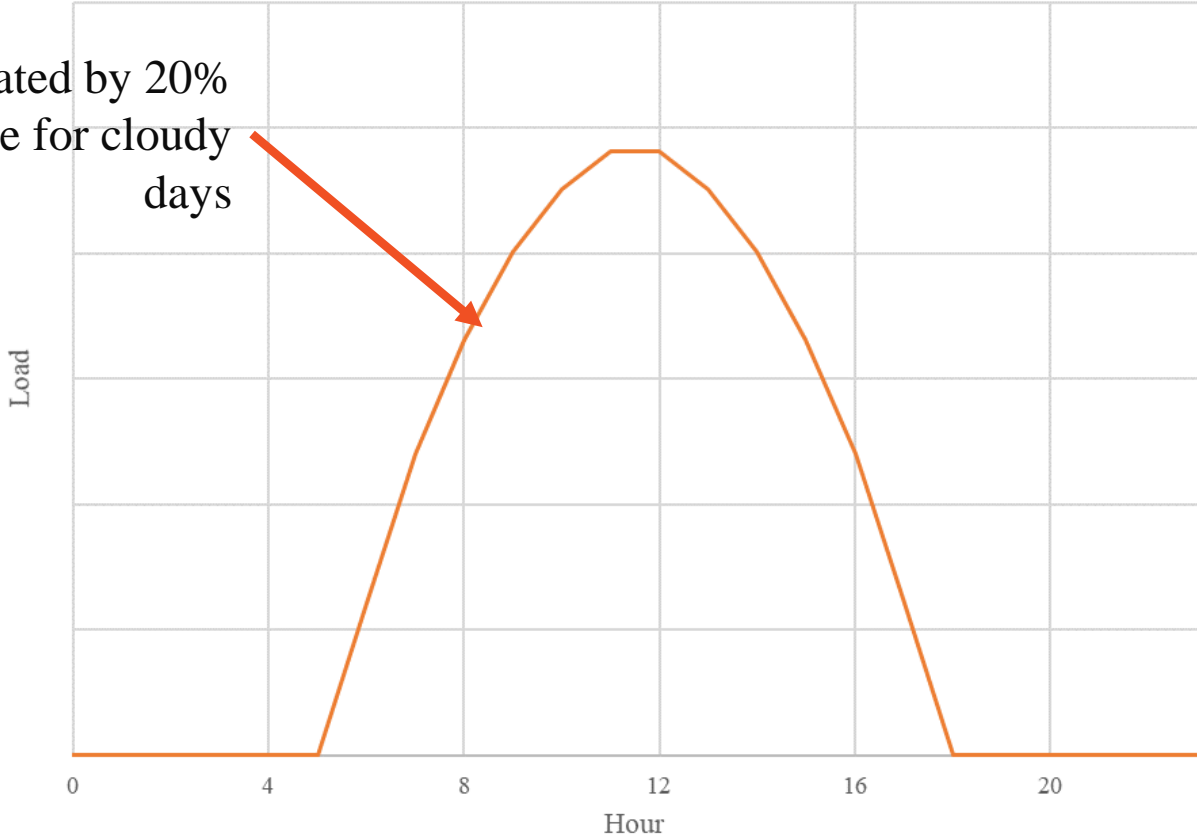
Resilience scenario - When utility power is not available

Hourly resilience load profile



PV output de-rated by 20%
to accommodate for cloudy
days

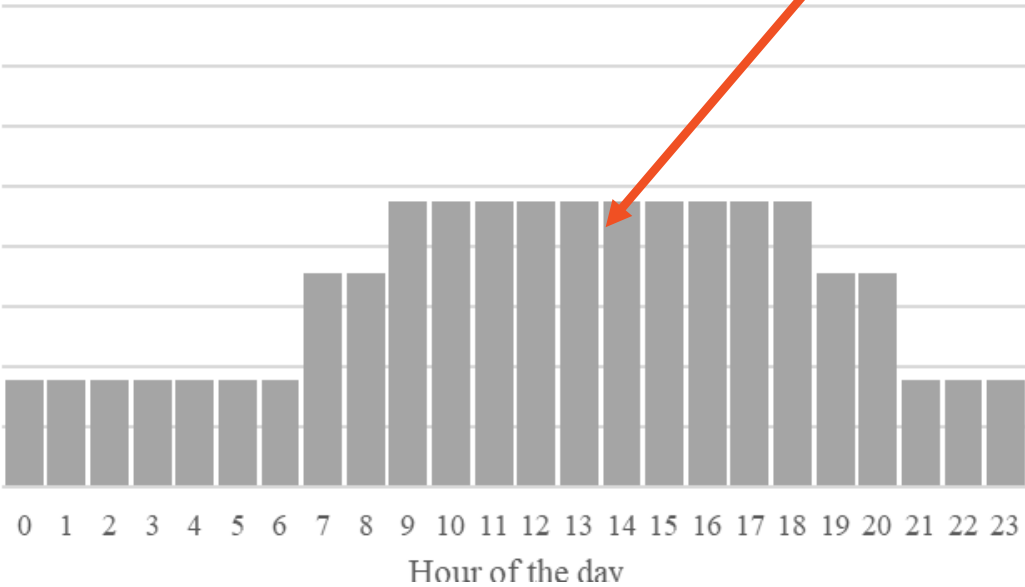
Facility electric load



Solar + storage system sizing

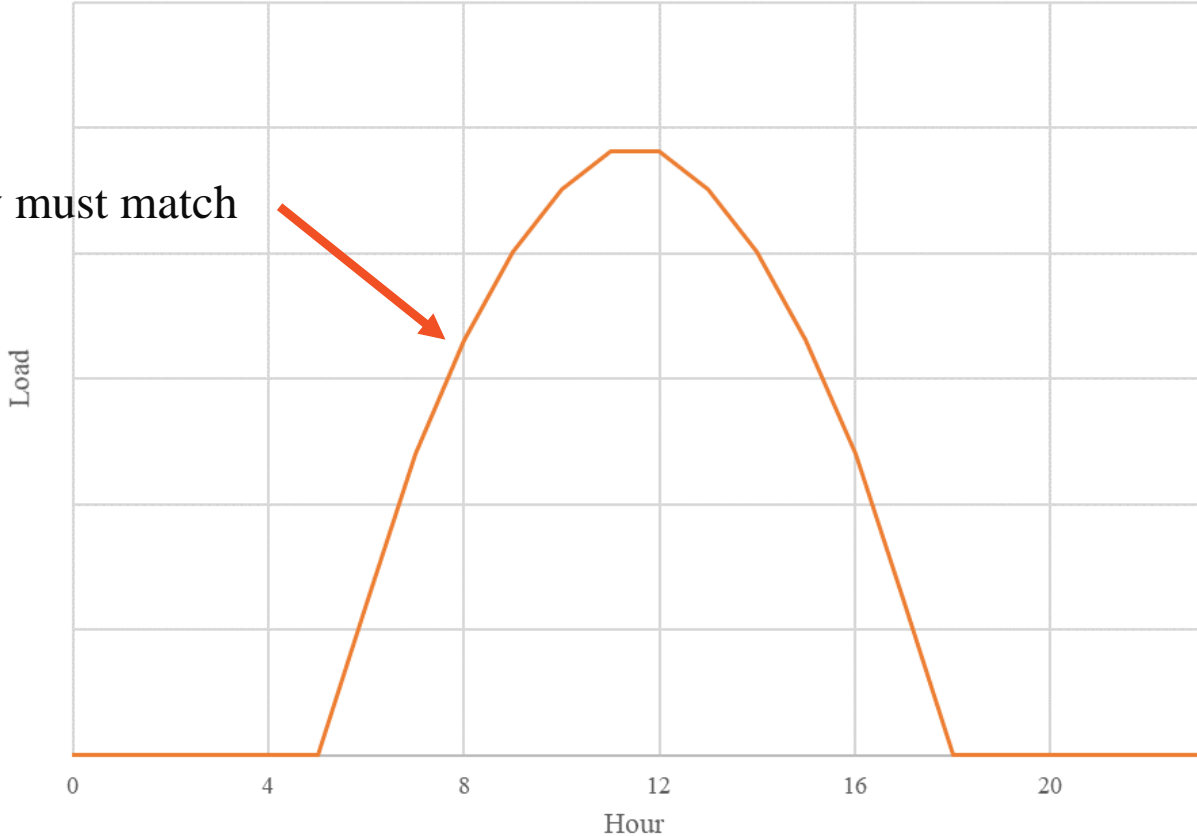
Resilience scenario - When utility power is not available

Hourly resilience load profile



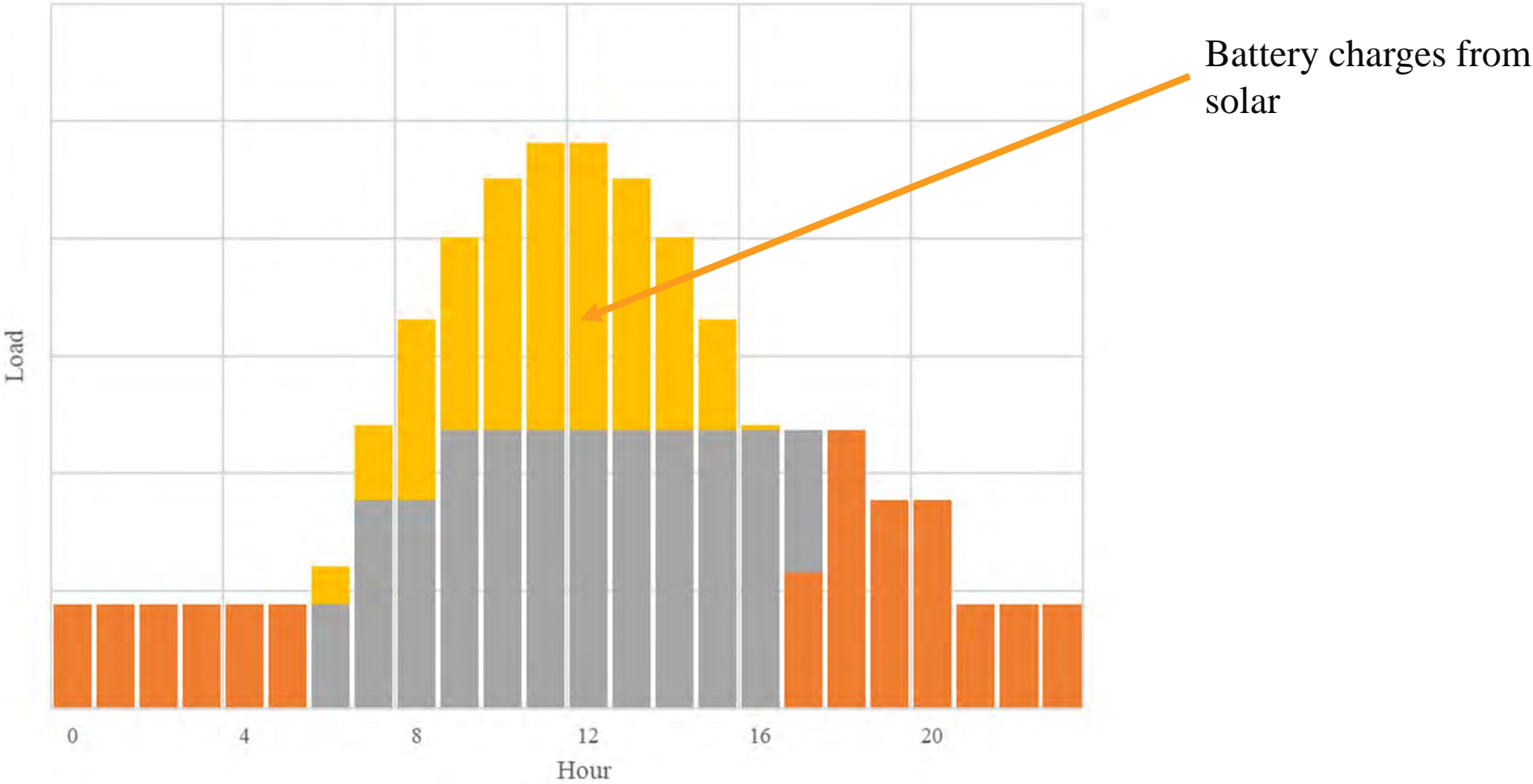
Total energy must match

Facility electric load



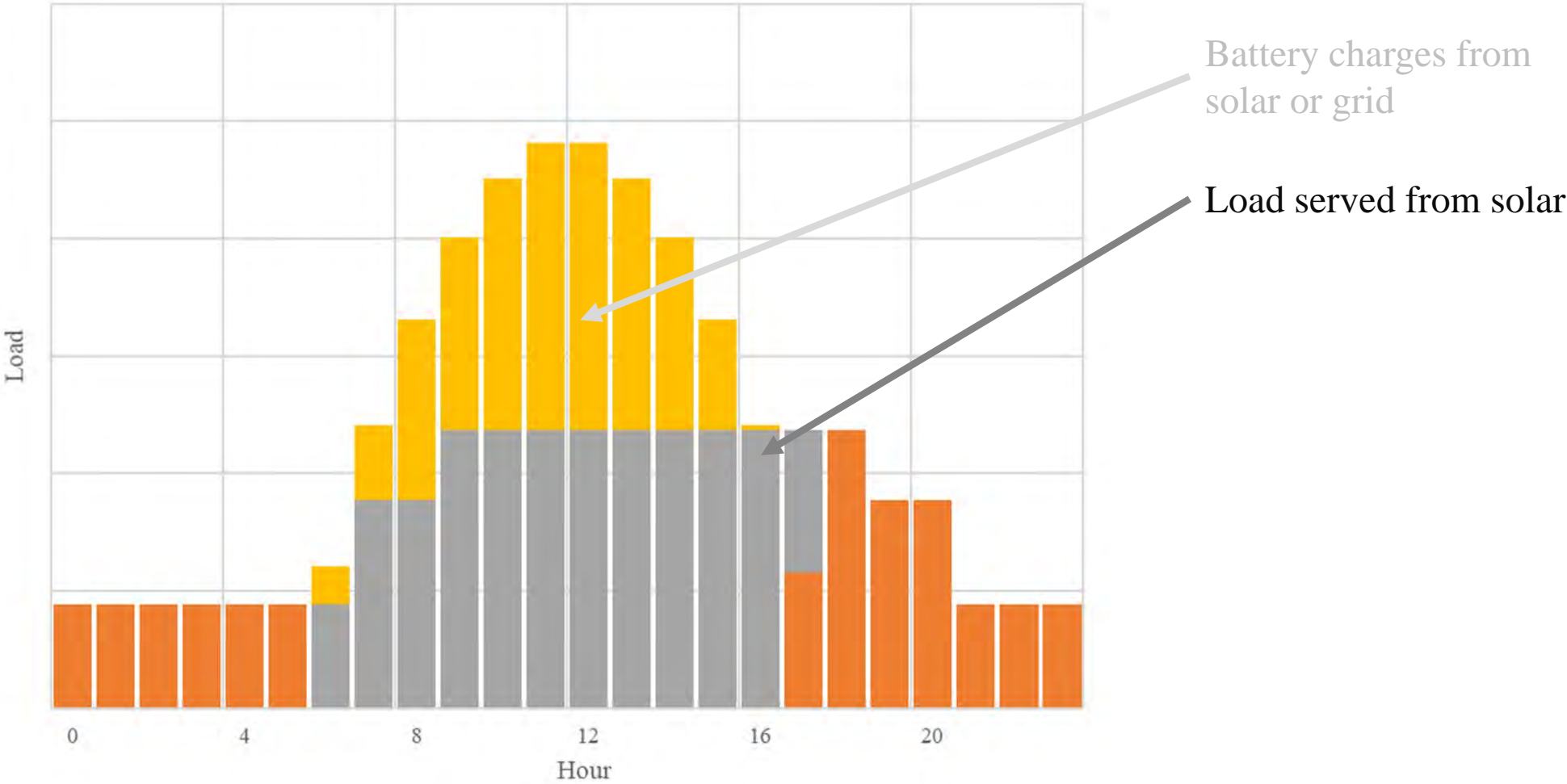
Solar + storage system sizing

Resilience scenario - When utility power is not available



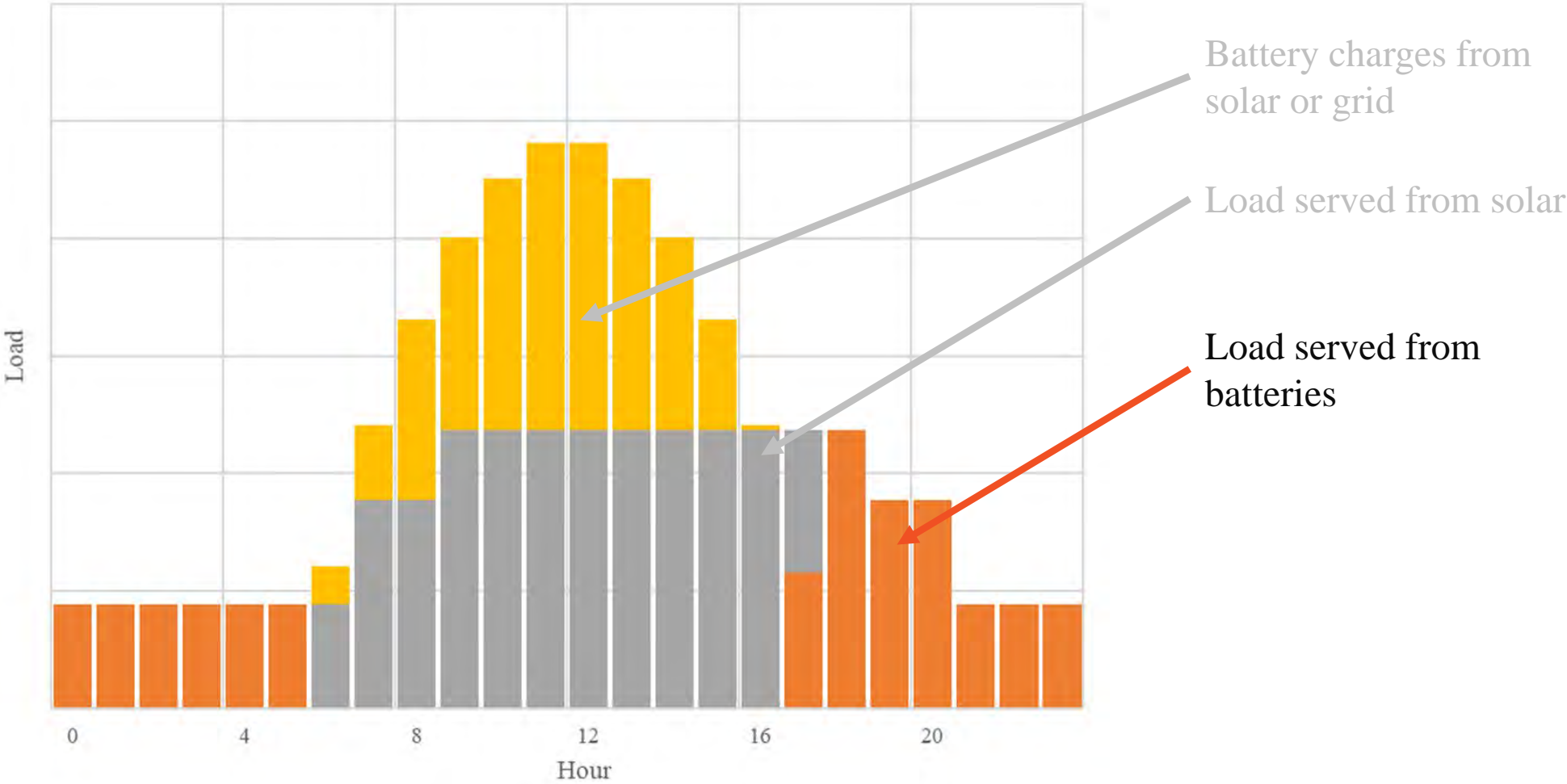
Solar + storage system sizing

Resilience scenario - When utility power is not available



Solar + storage system sizing

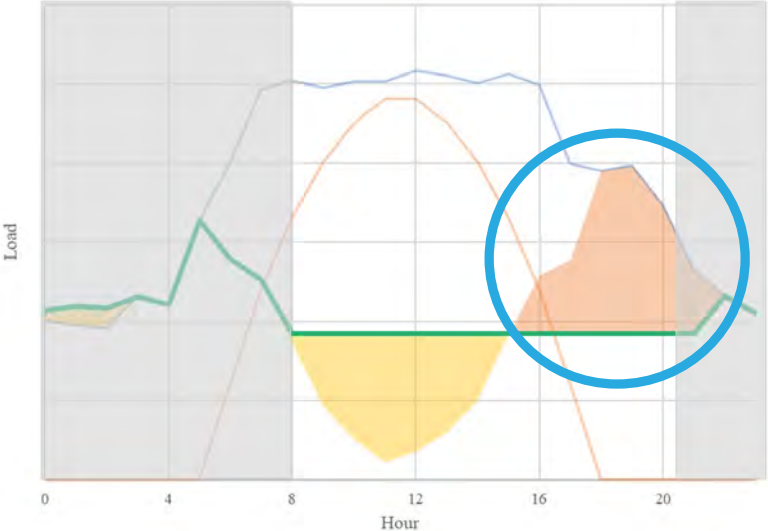
Resilience scenario - When utility power is not available



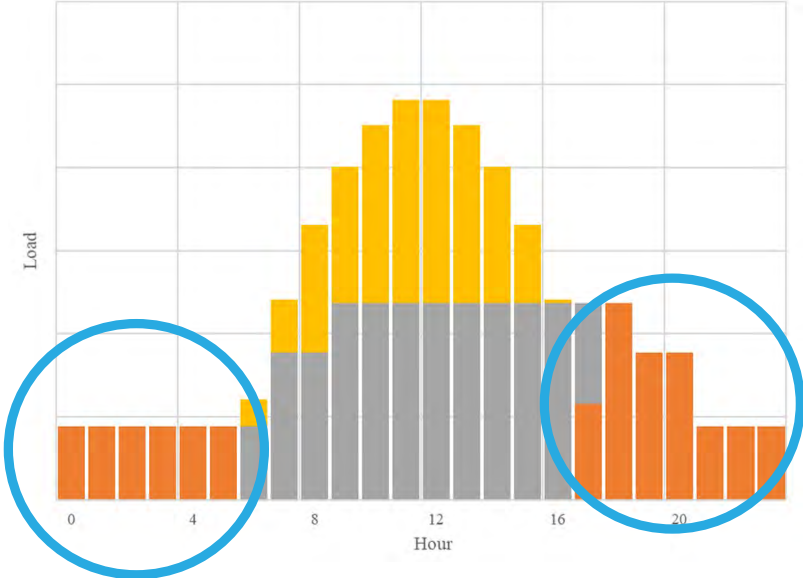
Solar + storage system sizing

Challenge

If energy required for resilience is higher than that required to maximize ROI, system will not fully monetize installed battery capacity



Maximize ROI

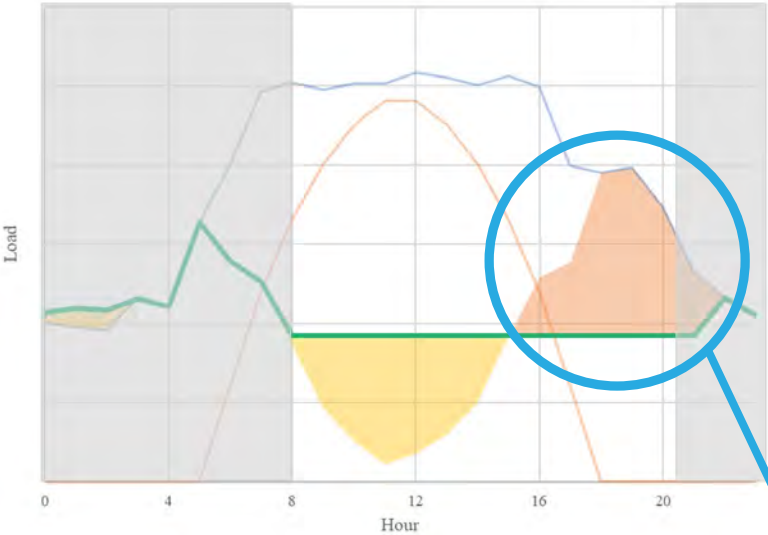


Resilience scenario

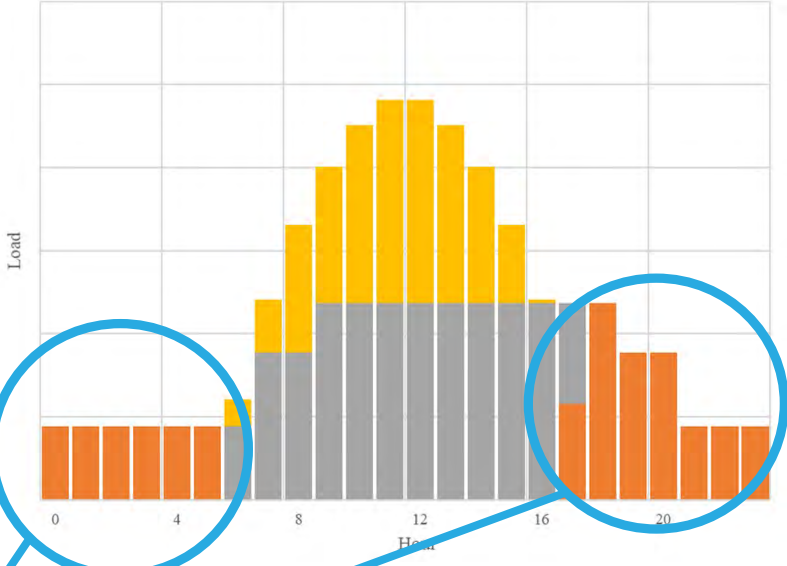
Solar + storage system sizing

Challenge

If energy required for resilience is higher than that required to maximize ROI, system will not fully monetize installed battery capacity



Maximize ROI



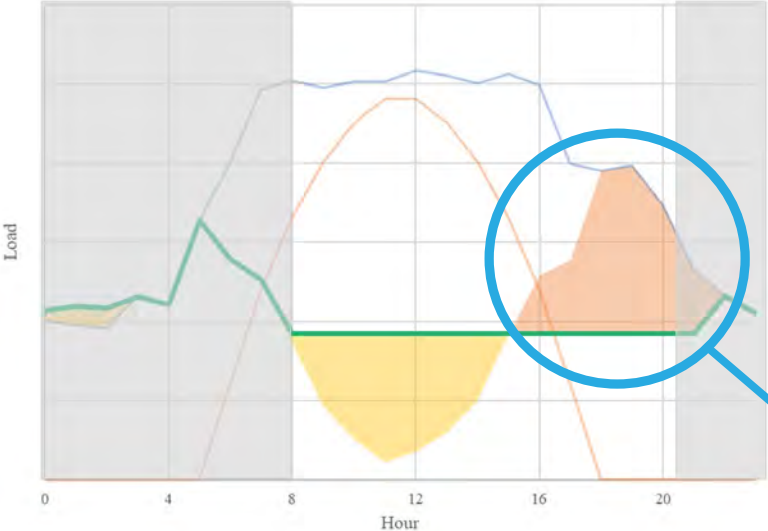
Resilience scenario



Solar + storage system sizing

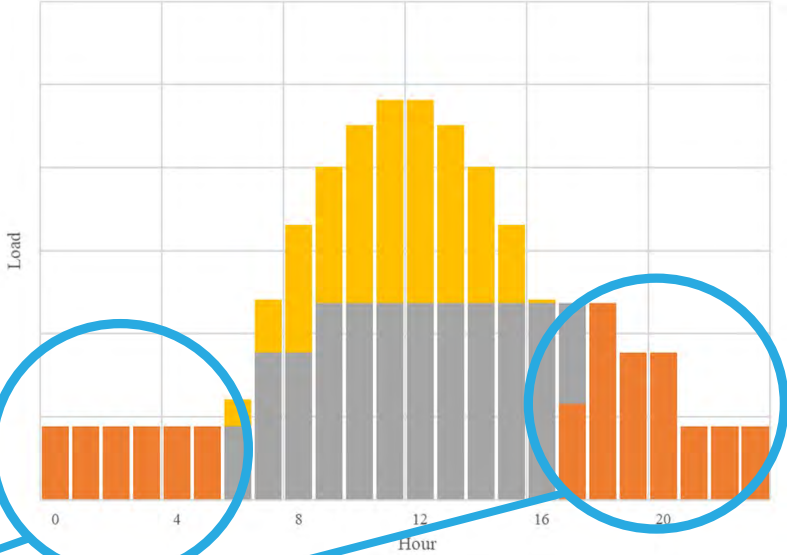
Challenge

If energy required for resilience is higher than that required to maximize ROI, system will not fully monetize installed battery capacity



Maximize ROI

Batteries do not generate revenue



Resilience scenario

Solar + storage

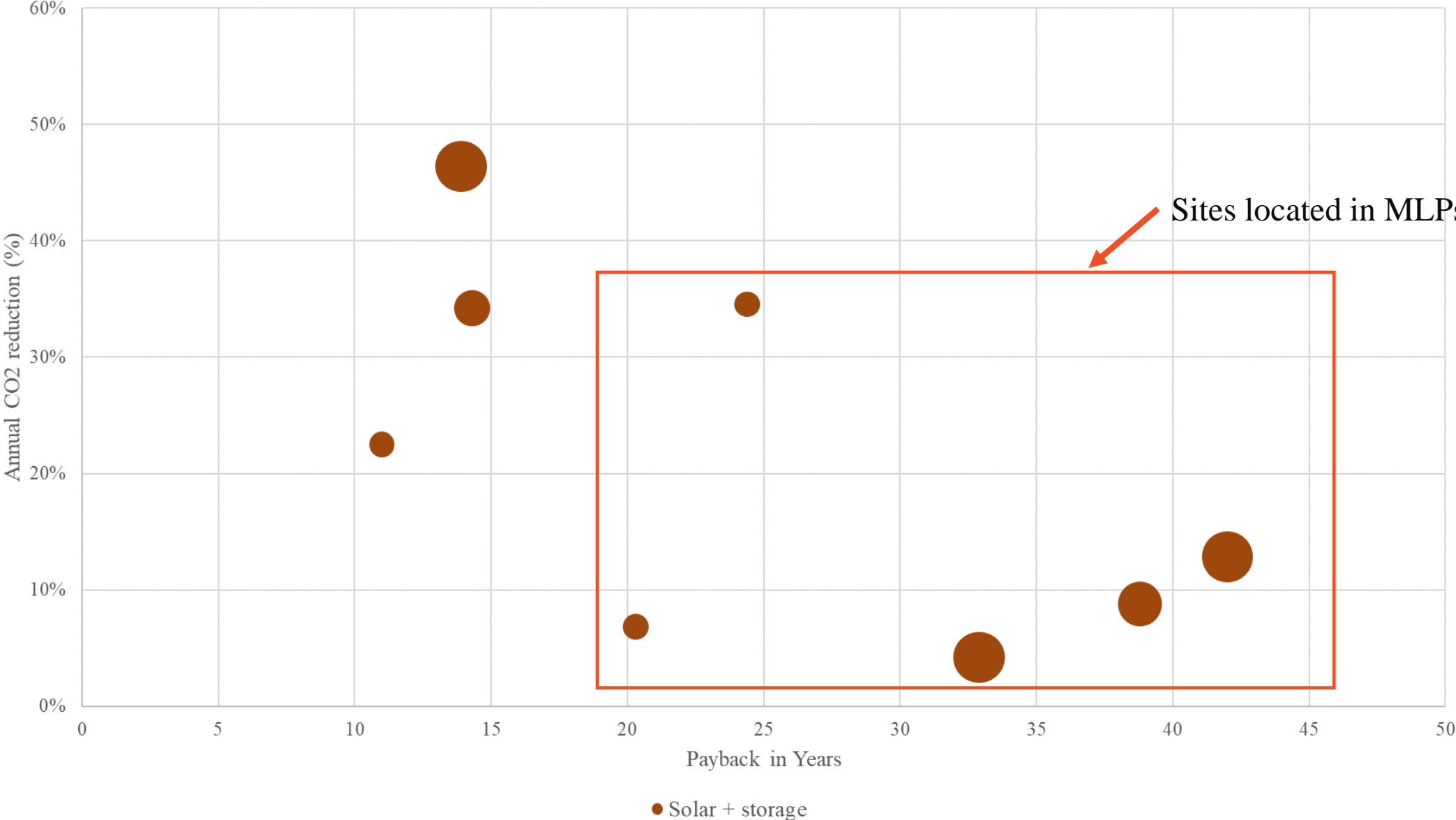
Optimal system operation

- Electrical load is high enough that a cost-effective solar system can be installed
- Resultant peak demand is of short enough duration that a cost-effective energy storage solution can be installed
- High energy costs which can be offset by onsite energy generation
- Resilience need is less than optimal storage system size, or resilience load can be biased towards daylight hours

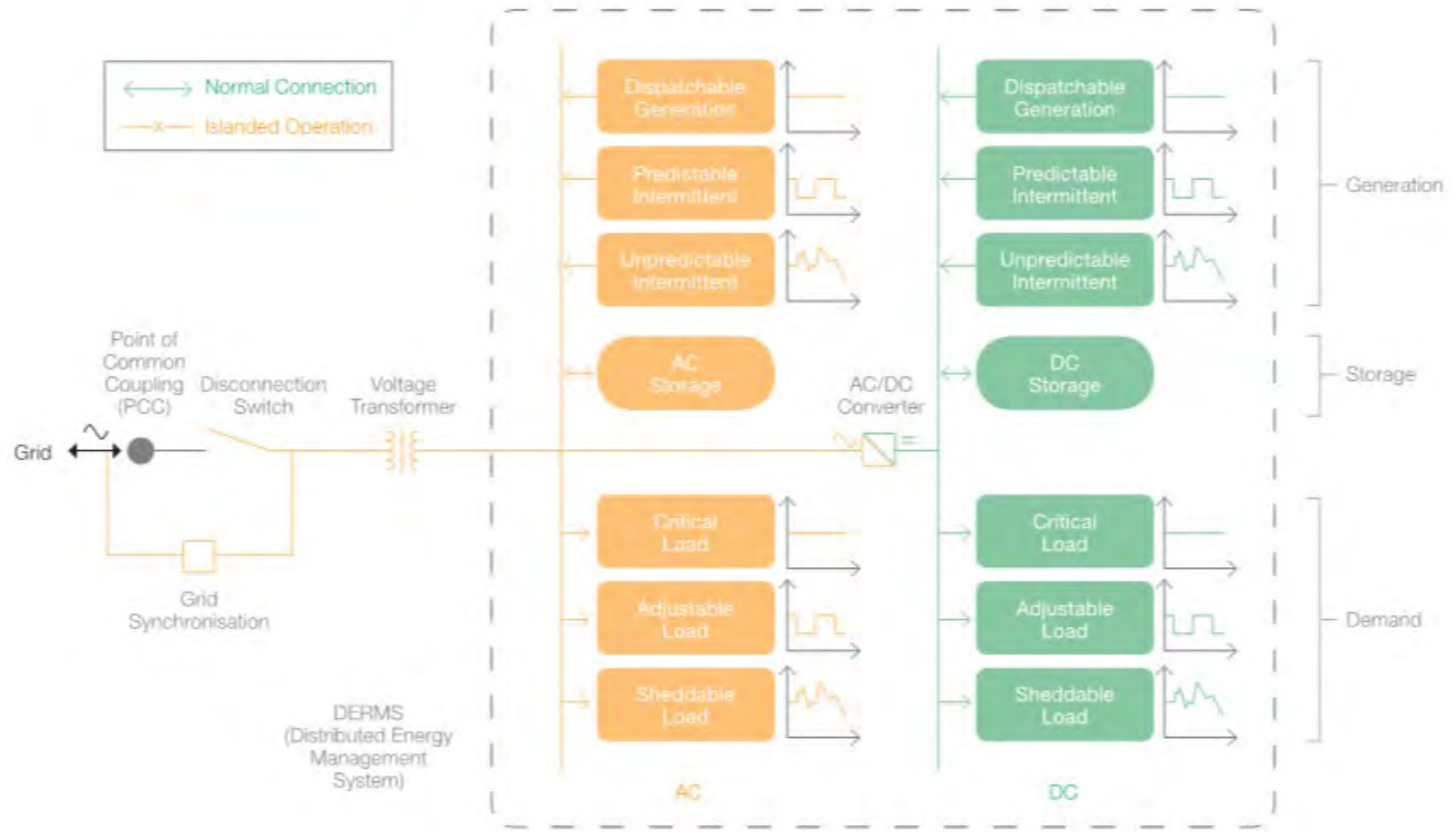


Solar + storage payback results

System Payback



Microgrid example



Microgrids

Basics:

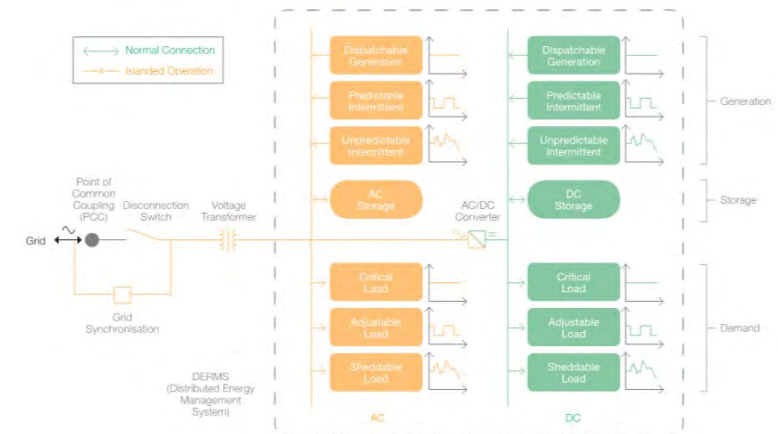
- No common definition of a microgrid
- Typically have several distributed energy resources and can run isolated (islanded) from utility power

Use case:

- Used when combining several distributed generation assets
- Typically deployed on campus projects, however some of the smaller projects with several resources can be considered microgrids

Challenge:

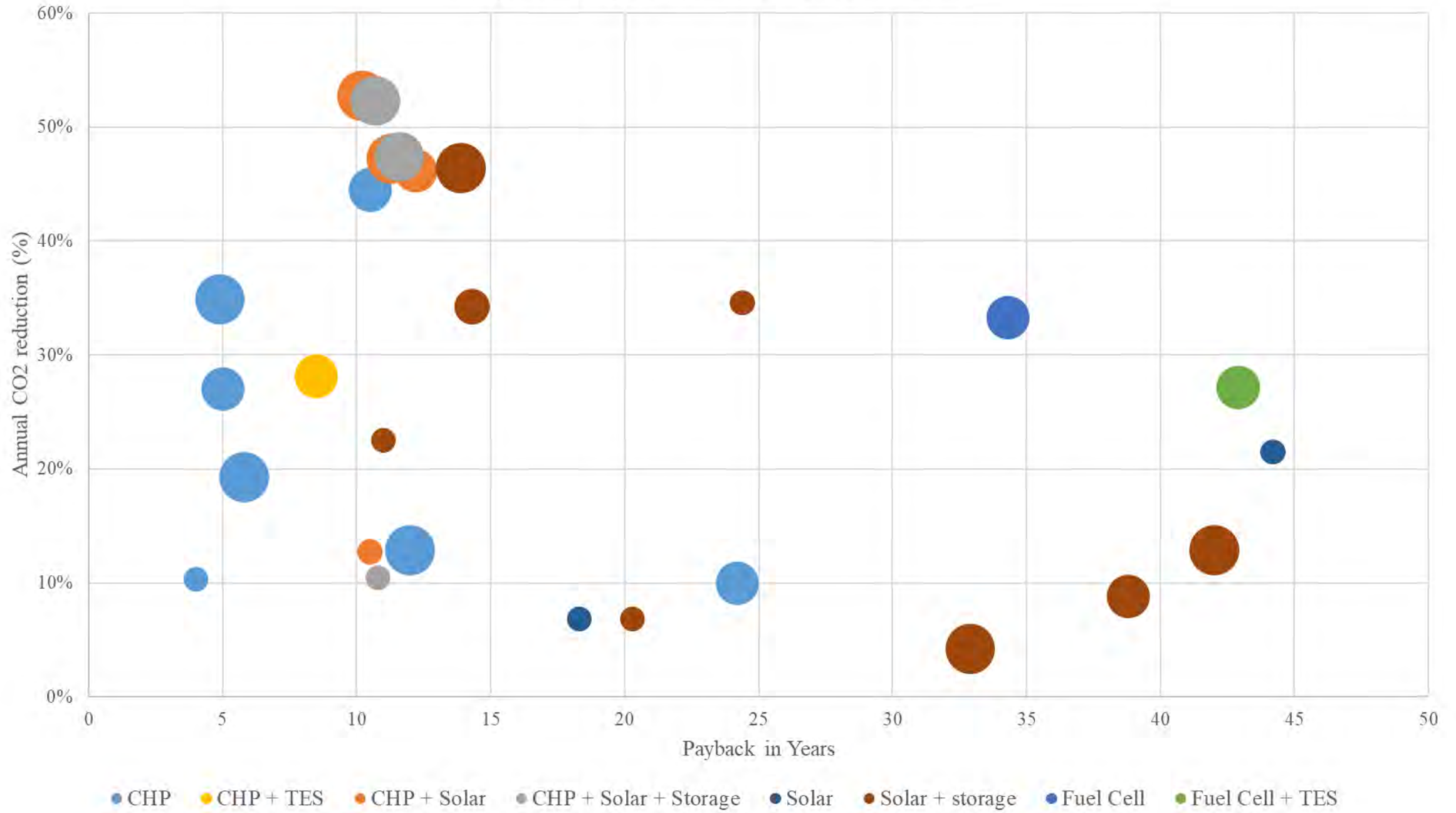
- Does not provide an ROI by itself but can increase resilience and reduce reliance on human operators



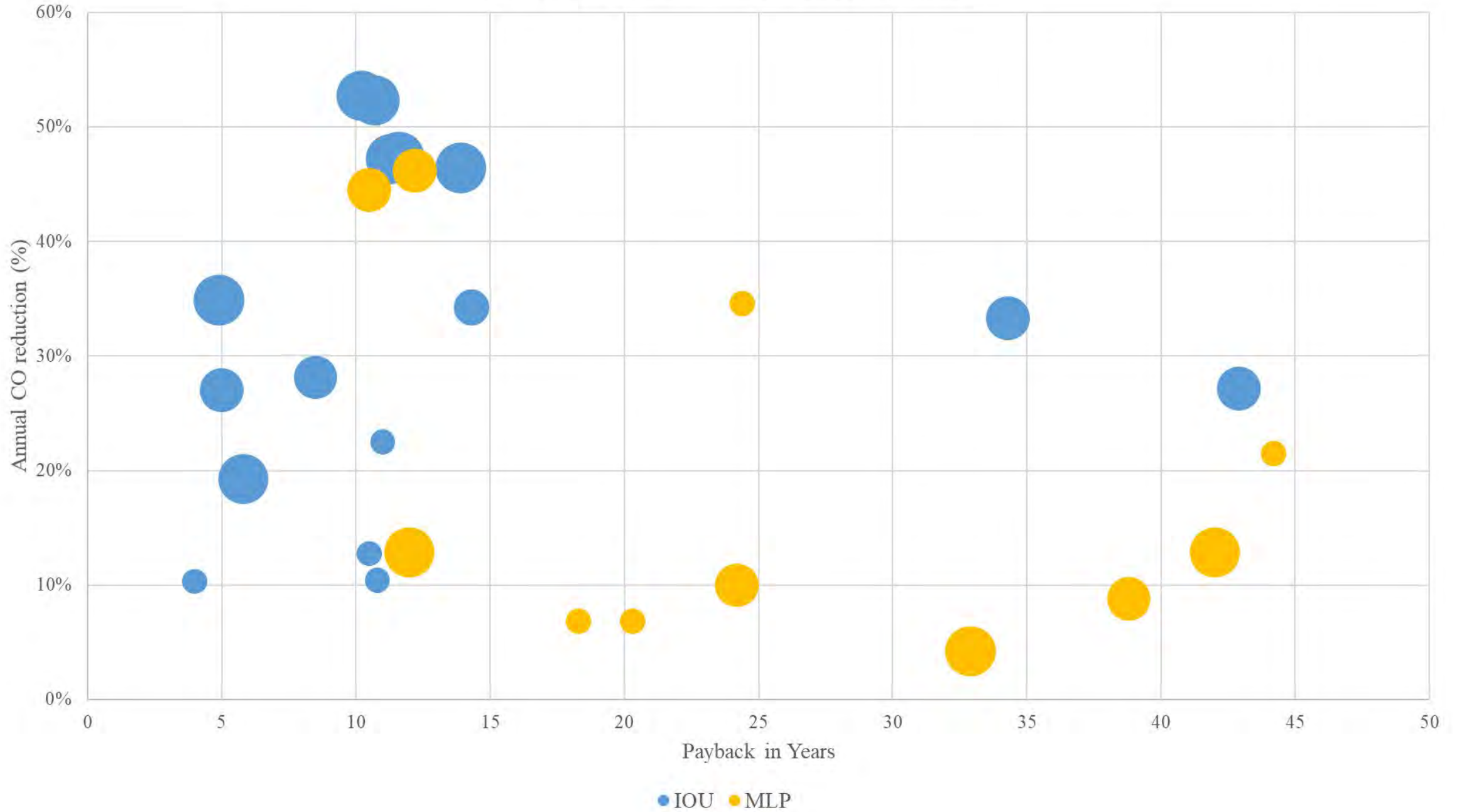
Results



System Payback and GHG reductions



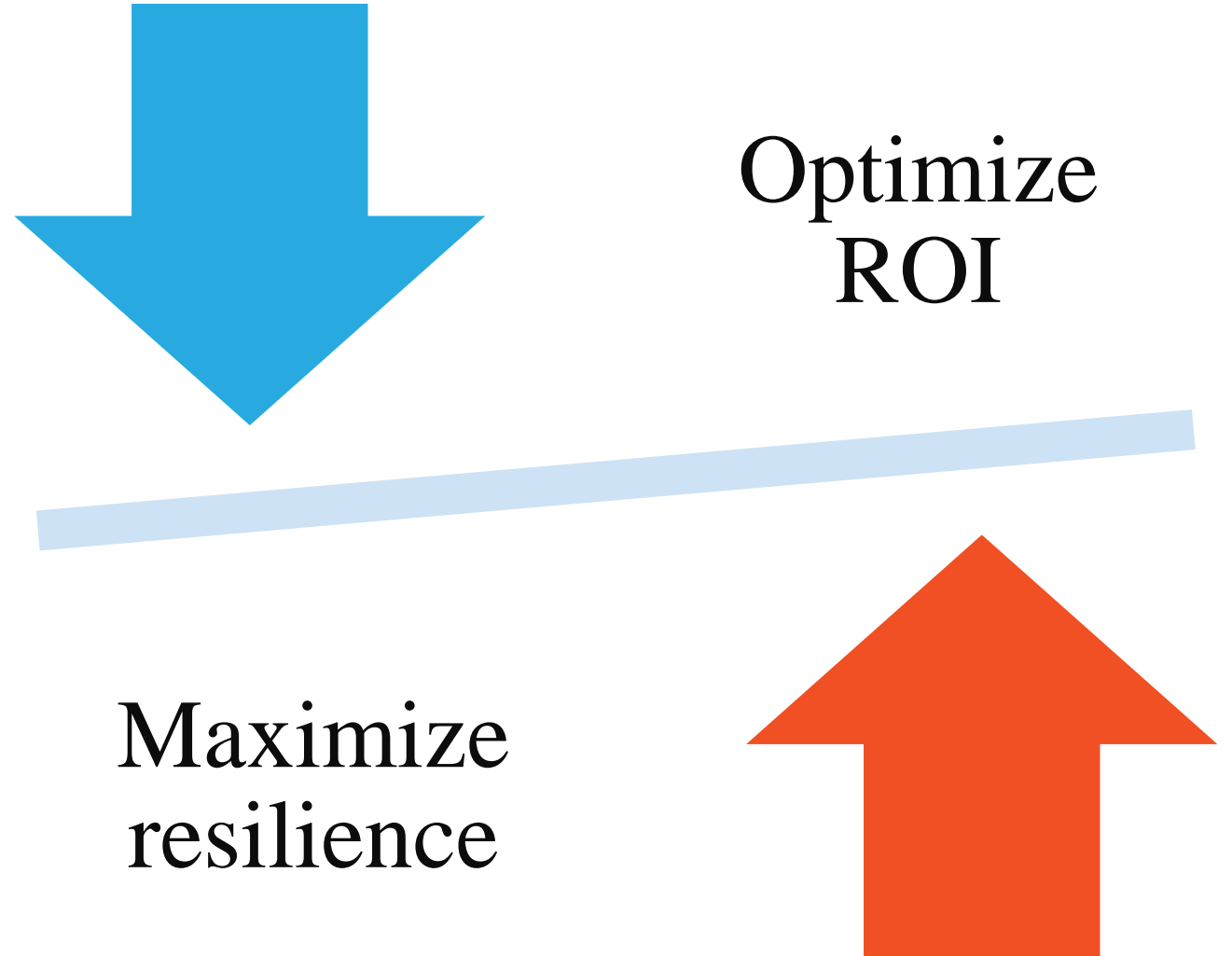
System Payback and GHG reductions



Top-down, bottom-up

Size system to maximize revenue and then determine resilience benefit which can be provided

Need to balance revenue operations with resilience needs



Lessons learned
& keys for
success



Understanding your existing buildings and operations

**Understanding
how overall and
individual energy
systems work is
critical to the
development of
strategies that can
complement
business-as-usual
operations and
enhance resiliency**



Accurate facility data

The better the data, the more accurate and potentially viable the solution



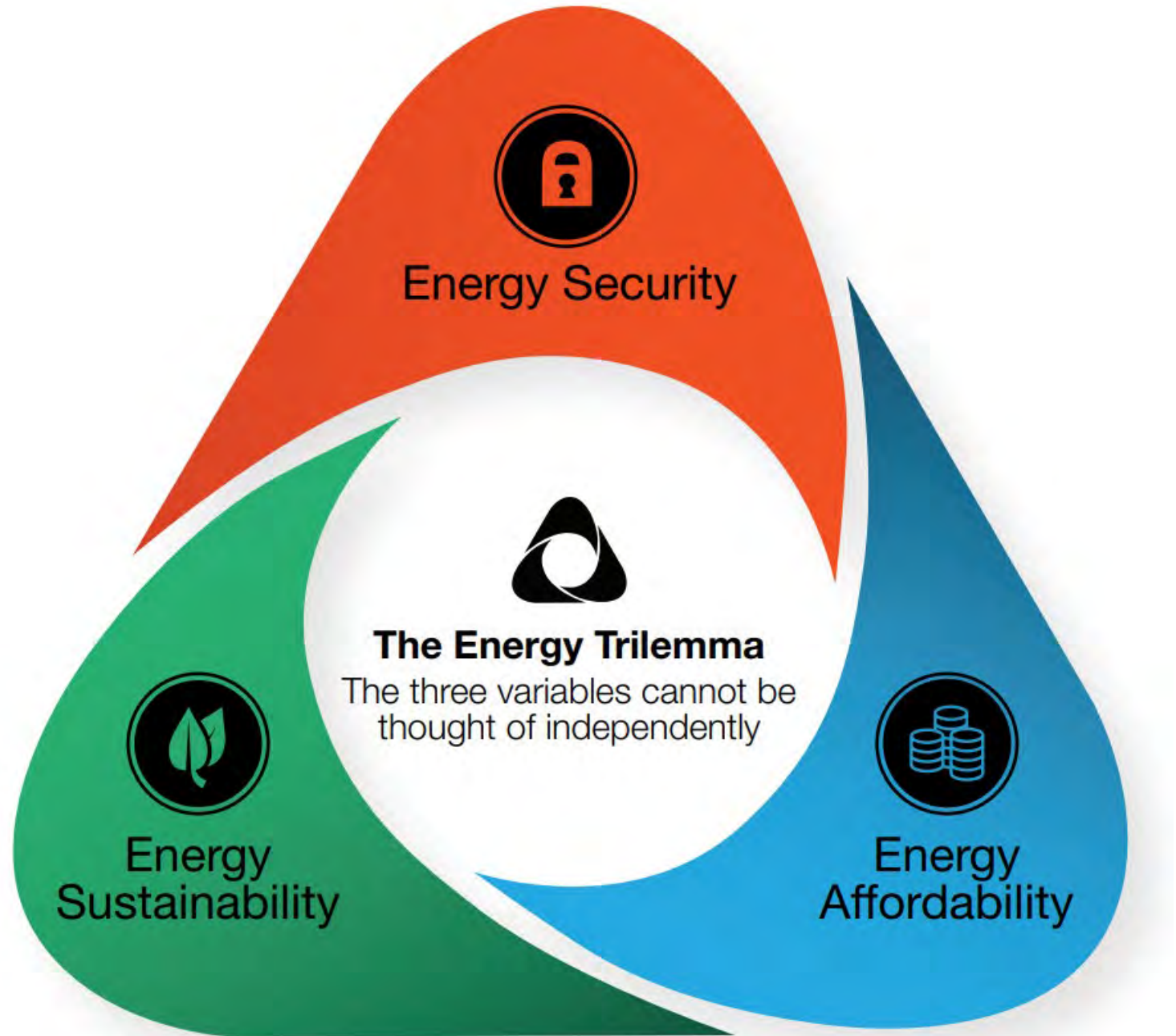
Recognize the pros and cons of a volatile market

Project economics is a moving targets given changing technology costs and changing incentives



Identify
priorities

Successful
strategies will vary
depending on how
you prioritize your
objectives



Be flexible

Some resiliency is better than none

Resiliency can address a range of challenges leading to multiple strategies



Next Steps

