BUILDINGENERGY BOSTON

At the Finish Line: How Two Affordable Passive Projects Crossed the Hardest Hurdles

Michelle Apigian (ICON Architecture) Thomas Chase (New Ecology) Maciej Konieczny (New Ecology) Chris Becker (Callahan Construction Managers)

Curated by Beverly Craig (MassCEC)

Northeast Sustainable Energy Association (NESEA) February 28, 2022



2017 Passive House Design Challenge



- Up to \$4,000 per unit incentive
- 8 Affordable Projects: 540 Units
- 5 Occupied; 3 Under Construction

Incremental Cost of Achieving Passive House Standard: 2.4% average

Does not include final change orders for Kenzi and Mattapan Station; incentives not included





What are the biggest incremental costs?

- Much better ventilation
- Windows and Doors
- Efforts to reduce thermal bridging
- Higher level of construction verification

Heating and Cooling Equipment Cost Decrease:

 6 out of 8 projects have significantly lower size and cost for heating and cooling equipment

• Window premium is coming way down. In some cases, cost neutral



LESSONS

 Architects with more PH training and experience had lower cost; better outcomes

 Decide early if you are seeking PH certification- if whole team on board coming out of charrette, more will go more easily

There is a large learning curve on first PH project – expect it

 Give yourself plenty of room in PH model for things to go wrong

All 7 of 8 projects likely to get PH certification successfully, MassSave fallback incentives still reward trying and above code outcome

 More complex roofline= more expensive

Performance: Distillery, Boston 2020

PH Uses 63% less energy per sq. ft. than median new multifamily in Boston



Data from Boston Energy Disclosure 2020 sorted for new construction multifamily built since 2010; Cross checked for LEED certification; properties with suspected lack of full building energy report are removed.

Performance: Philadelphia 2019 Affordable

PH uses 57% less energy per sq. ft. than Median Code Built

90



Data from Philadelphia Energy Disclosure 2019 cross checked for LIHTC multifamily; Credit to Green Building United, Katie Bartolotta

PH Performance 2019: Gilford Village Knowles III, NH

PH uses 49% less energy per sq. ft. than Gilford Village Knowles II LEED built 2008 (same building, different standard)



Graphic representation of study by Resilient Building Group (2020 Report of average 3 year energy usage data ending in 2019)



Savings through energy efficiency

Passive House Multifamily Incentives

- 100% of feasibility study cost up to \$5,000
- 75% of PH modeling cost up to \$20,000
- \$3,000 per unit for PH certification

Current Enrollment Stats

- 116 buildings enrolled for PH incentives
- Represents 6,500+ units
- 70 buildings have completed PH feasibility studies

Passive House Education
▶PH Lunch & Learns/Workshops: 59
▶Total Attendees: 2,497
▶PHIUS/PHI Accreditation Reimbursements: 107

See phmass.org video library
 See Passive House Accelerator videos for sessions like:
 "10 Easy Ways to Ruin Your Blower Door Score (& Remedies)





FREE TRAINING FOR MA EMPLOYERS <100

- Passive House Design Consultant
- Passive House Builder/Tradesperson
- LEED Green Associate Exam Prep
- Green Professional Training (GPRO)

- Intro to WELL
- Intro to Designing Net Zero Buildings
- Building Science Fundamentals



https://builtenvironmentplus.org/workforcetraining-grants/



Building Inherent Value:

Executing a Passive House

Presented by: Michelle Apigian AIA, LEED AP, AICP, CPHC



PASSIVE HOUSE IN ACTION

Distillery North Finch Cambridge Harbor Village The Lighthouses Hawkins Salem Heights Simon C. Fireman 555 Merrimack Rindge Commons Riverdale Cape View Way 108 Center Leefort Terrace Ingalls Court Holyoke



PERFORMANCE– Building Inherent Value



PASSIVE HOUSE: Building Inherent Value



INTENTION TEAMWORK INTEGRATED BUILDING SCIENCE COMMUNICATION CRAFT CONFIRMATION

INTENTION

2015: MA Amendment to the IBC 2015

Accepted as Alternative Compliance path

2018: Mass CEC Passive House Design Incentives

Targeting Affordable Housing Developers

2019: Mass Save Incentives

Targets all Multifamily Developers Builds Market-Rate attention

2020: DHCD QAP

Incents Passive House above other green building standards Catalyzes Affordable commitment to Passive House

2022: Draft Net Zero Stretch Code

Considers Passive House as a Compliance Path

Ongoing....Community Advocacy - Municipal Policy – Future Codes?

TEAMWORK

Owner Architect Mechanical Engineer Structural Engineer Energy Modeler/CPHC Rater/Verifier Envelope Consultant Commissioning Agent General Contractor Trades

INTEGRATED BUILDING SCIENCE

Design to Drive Down Loads

Air Tightness	 Continuity: Eliminate In/Ex-filtration Detail openings: windows/doors/penetrations Sequence Transitions 	
Thermal Control	Optimize Insulation Thermal bridging Solar heat gain 	
Mechanical Systems	 Balanced & Decoupled Right Sized Low-Maintenance 	

INTEGRATED BUILDING SCIENCE

Analyze Intersections













COMMINICATION DESIGN INTENT

GRAPHIC SPECIFICATIONS ON SITE

ARTICULATE THE PRESSURIZED BOUNDARY

COMPARTMENTALIZATION LEGEND



CONTINUOUS XTERIOR INSULATION FIBERGLASS INSULATION MINERAL WOOL

COMPARTMENTALIZATION NOTES

- 1. PROVIDE SEALANT BETWEEN GWB AND TOP/SILL PLATES AS WELL AS BETWEEN STUD FRAMING AND GWB AT OPENINGS (DOORS, WINDOWS, HVAC UNITS, ETC.). SEAL PERIMETER OF ELECTRICAL/TELE-DATA BOXES (OUTLETS, LIGHTS, SWITCHES, ETC.) IN WALLS AND CEILINGS. ELECTRICAL BOXES ARE TO BE 'AIR SEALED' BOXES AND SEALING OF BOX PENETRATIONS SHALL BE AS SPECIFIED.
- 2. AT DEMISING WALLS (UNIT-TO-UNIT, UNIT-TO-CORRIDOR, AND UNIT-TO-COMMON AREA), PROVIDE INTERIOR AIR BARRIER (AIRSEALING). PROVIDE SEALANT AS SPECIFIED BETWEEN SILL PLATE/TOP PLATE AND GWB. TYPICAL



HILTI FIRESTOP SYSTEMS ----

С SERVICE CHASE

- SHEATHING PLYWOOD AT 3A CONSTRUCTION. D DENSGLASS AT 1A CONSTRUCTION
- E-1 AIRTIGHT DOORS
- E-2 AIRTIGHT FIRE RATED DOORS
- PIECE IN SHEATHING/GWB FOR F **PROPER CONTINUITY & SEQUENCING**

NUMBERS NOTATED INDICATE CONSTRUCTION SEQUENCE





ARTICULATE TRANSITIONS (including sequence)

COLOR THE PUR

11516





COMMUNICATION – Speaking the same Language

Groom	Job Number: Project Hanse: Superintendent: Construction Project Manage Subicontinactor	3 Week Look Ahead Schedule 18-005001 206 Main Street Gloacester Keith Maresetlichä Entening S, B er X will shede sal? wide							1	Date: Start Dat End Date Project I	11	=	4/13/2020 4/03/020 5/3/2020 Dave Groum Matt Robbins
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LOBBY SEQUENCE

9. AIR BARRIER ON CMU



INVEST IN CRAFT ON SITE COMMUNICATION

SCHEDULE SEQUENCE TRADES

- Carpenters
- Insulators
- Plumbers
- HVAC Installers
- Electricians

Craft – Envelope Airtightness Continuity



Caio's Team rocking the Air Barrier

Craft: Pipe/Penetration Airtightness



First Try – Not Approved



Ian Russell - Plumber



Second Try – Approved

CRAFT-HVAC





CRAFT– Electrician



Not Approved

Approved

Wigluv www.siga.ch SIGA-Wigluv www.

SIGA-Wiglun



Not Approved



Approved

CONFIRMATION: TESTING/VERIFICATION

REGULAR INSPECTIONS INFRARED BLOWER DOOR TESTING & TROUBLESHOOTING COMMISSIONING

TESTING/VERIFICATION

Windows Airtightness Duct Leakage Thermal Bridging/Gaps



.6 ACH ₅₀	2611	CFM ₅₀						
DUCLOS METHOD RECOMENDATIONS								
Stage #1 Test (envelope no windows & Doors)	652.75	CFM ₅₀						
Stage #2 Test (windows & doors)	1552.75	CFM ₅₀						
Stage #3 Test (MEP penetrations)	2219.35	CFM ₅₀						





CONFIRMATION: TROUBLE SPOTS

BLOWER DOOR TESTING Adiabatic Transitions Compartmentalization








TEAMWORK

Owner Architect Mechanical Engineer Structural Engineer Energy Modeler/CPHC Rater/Verifier Envelope Consultant Commissioning Agent General Contractor Trades Michelle Apigian AIA, LEED AP, AICP, CPHC Associate Principle, Practice + Sustainability Leader mapigian@iconarch.com 627-939-0721



LESSONS LEARNED

Whole Building Air Tightness: Harbor Village



WBBD Test Protocol

- Testing Standard
 ASTM E779
- Testing Preparation

Appendix F - ANSI/RESNET/ICC 380-2016: Procedure to Prepare the Building for Testing Phius Variance – Barometric/spring-loaded dampers to be sealed in the direction of the test for which they will be force-failed open. Fresh air intake dampers sealed during depressurization, exhaust dampers to be sealed during pressurization.

Results Reporting

Report both pressurization and depressurization testing, final result is average of the two.

Pass-fail air infiltration target test.

WUFI model test (can exceed pass-fail threshold, provided energy model results to not exceed threshold metrics).

• Best Practices for Mid-Point and Final Testing

Test plan with: site information, testing and site staff contacts, building control plan, test type and targets, equipment list, building preparation protocol, temporary air sealing checklist, and schedule.

Allowable Effective Leakage Area





WBBD Results – Midpoint to Final

Date	CFM50 (depress.)	CFM50 (press.)	CFM50 (avg.)	ACH50
2/26/21	5,486	-	-	1.44
5/14/21	4,233	-	-	1.11
6/4/21	3,288	-	-	0.86
7/8/21	2,850	-	-	0.75
7/26/21	1,953	2,190	2,072	0.54

What Worked



2/26/2021 – Midpoint 1





5/14/2021 – Midpoint 2





7/8/2021 – Midpoint 4



7/26/2021 - Final





Other Approaches to Try





Squirrelwood Across the Finish Line – PH Lessons





CONSTRUCTION MANAGERS



Squirrelwood - Speakers and Team

Callahan training



Maciej Konieczny CPHC/B, CEM, LEED AP BD+C, Homes Senior Project Manager <u>konieczny@newecology.org</u> 617-557-1700 x7024

> NEW COLOGY Community-Based Sustainable Development



Chris Becker CPHB Project Manager cbecker@Callahan-inc.com 508-443-2381



CONSTRUCTION MANAGERS

Owner:	Just-A-Start Corporation Cambridge, MA
General Contractor	Callahan Construction Managers Bridgewater, MA
Architect:	Davis Square Architects Somerville, MA
Civil:	Devellis Zrein, Inc. Foxborough, MA
Structural:	Dan Bonardi Consulting Engineers Arlington, MA
MEP:	BLW Engineers, Inc. Littleton, MA
Sustainability:	New Ecology, Inc. Boston, MA
BECx	Building Enclosure Associates Boston, MA

SQW – Objectives

Agenda:

- Project Summary
 - PHIUS targets
 - Envelope, Systems
- Process Review
 - Design and pre-construction services
 - Start of construction/training
 - Mock-up
 - Collaboration
- Construction
 - Challenges and Solutions Examples
- Q+A



SQW – Project Summary

- Owner/Developer: Just-A-Start
- 14 affordable family units
- PHIUS+ 2015
- iCFA: 13,400 ft²
- Opening Fall 2021



	Target	Modeled
Heating Demand; kBtu/ft ² yr	5.3	3.11
Cooling Demand; kBtu/ft ² yr	2.9	1.59
Heating Load; Btu/hr	4.4	3.21
Cooling Load; Btu/hr	4.2	2.49
Source Energy; kWh/yr	6,200	5,541
Air Tightness	0.05 cfm/ft² (971 cfm)	653 cfm (0.27 ACH50)

3rd tightest MF building in US, excluding THs

SQW – Envelope

- Double studded wall
 - 2x6 structure; 1" space; 2x4 interior wall
 - Staggered studs, 24" O.C. as allowed
 - 3" CCSF inc. studs + 7" Cellulose
 - Siga AWB



- Triple Pane; clips
- Insulated Headers
- Siga Wigluv flashing







SQW – Envelope

Roof:

- 2" min Polyiso above roof deck
- 20" Truss depth with 4" of CCSF
- 16" cellulose

Foundation/Slab

- 5" EPS sub-slab insulation
- 15 mil Steggo Wrap VB taped to Siga WRB
- 2x2" EPS foundation



SQW – Systems

Ventilation:

- Ventacity VS1000;
- 82% Eff; 0.61 W/CFM
- 850 CFM

DHW:

- Instantaneous Electric
- Stiebel Eltron

Heating/Cooling

- Mitsubishi SUZ-KA HPs



SQW – Process

Design and pre-construction services

- Commit to PH early
- Include GC at DD or earlier
- Schedule multiple integrated design meetings
- Submit project to PHIUS at ~50% DD for Round 1 review
 - Experienced energy modeler is critical
- CPHC to participate in VE
- Use color in drawings



SQW – Process - Training

Start of construction/training

- Reach out to GC before kick off
- Include PHIUS verifier, BECx
- Foremen of each trade required
- Involve subs in motivation behind the PH goal
 - People like to understand what and why?
- Focus meeting on working through details
- Collaborate NOT just a lecture

Collaboration

- Between design and construction teams
- Between GC and sub contractors
- GC and Subs are very knowledgeable even if this is their first PH
- Listen to constructability suggestions



Passive House Orientation Construction Squirrelwood – Building L

February 14, 2019



SQW – Process – Mock-Up

Dedicated Mock-Up

- Most important stage of construction Assume multiple visits from CPHC and BECx
- Bring window and AWB manufacturer on site
- Identify critical details and transitions:
 - Foundation/slab/wall
 - Wall: AWB/insulation, inside/outside corners
 - Window flashing/install
 - Wall/Roof transition
 - MEP Penetrations
 - Doors –Leave up until building reaches the same level of completion
- COLLABORATE



SQW – Process – Mock-Up



Require proper tools

Document each step

+

-1-1



Involve all related subs



Pay attention to details and adjust as needed



Track the details



Finalize and confirm approach



Leave up until installed in situ

Detail created after design – PREPRUFE membrane and mat slab required due to high water table.



VB to AWB Continuity



SQW – Challenges and Solutions Awkward transition for AWB







Vapor Barrier @ M - Slab on Grade at Wood

Vapor Barrier @ L - Slab on Grade at Wood



QUESTION

During our Passive House meeting on 12/4/19, we reviewed the TIM Bearing pad on detail G9/A530. There is a space above the bearing pad that is not marked. Please advise what this material is. Also, the vapor barrier was discussed and the TIM bearing pad's penetration through the vapor barrier in (4) locations. After review with New Ecology and Bridgeline we agreed the best way to maintain the vapor barrier in these locations is going to be by caulking the TIM bearing pad making it part of the vapor barrier. Please confirm this is acceptable in these (4) locations.







QUESTION

During our Passive House meeting on 12/4/19, we reviewed the vapor barrier in detail A1/A540. Per our discussions, the way the vapor barrier is currently drawn would not be constructible. Reviewing with New Ecology, Bridgeline, and Max Sontz roofing, we propose to add plywood to the bottom of the soffit (green), and have the vapor barrier (red) run on the outside of the soffit as show in the attached. The trim on the exterior would need to be larger to account for the depth of the plywood and create the same profile as the original design. Please confirm this approach is acceptable.



•••







QUESTION

•••

Thermal Insulating Pads





Polyethylene Suspens work – insulation show – find correct photo Find insulated pipe ha







20201118_104559_photo

Nov 18, 2020 10:46 AM

Steve Bartley

#55 General

Status Open

Type Issue

Description

Patch and seal around on Over cut electrical boxes

Photos



20201118_104610_photo Steve Bartley Nov 18, 2020 10:46 AM



Last Updated Nov 18, 2020 2:07 PM

Sheet 4 Punchlist Third Floor



#213 General

Status Open

Type Issue

Description Seal all penetrations

Photos



20201119_114002_photo Steve Bartley Nov 19, 2020 11:40 AM

Created Nov 19, 2020 1:51 PM sbartley@callahan-inc.com

Last Updated Nov 19, 2020 1:51 PM

1407 15

GC Quality Control – Punchlist by trade

Sheet 2 Punchlist First Floor



QUESTION

...

#210 Plumbing

Status Open

Type Issue

Description Seal all plumbing penetrations below Created Nov 19, 2020 1:50 PM sbartley@callahan-inc.com

Last Updated Nov 19, 2020 1:51 PM 2 Punchlist First Floor

Sheet



#182 Duct Work

Status

Open

Туре

Issue

Description

Seal all ductwork

Created Nov 19, 2020 1:45 PM sbartley@callahan-inc.com

> Last Updated Nov 19, 2020 1:45 PM

Sheet 2 Punchlist First Floor



Photos



20201119_113740_photo Steve Bartley Nov 19, 2020 11:37 AM



20201119_113716_photo Steve Bartley Nov 19, 2020 11:37 AM



20201119_110314_photo Steve Bartley Nov 19, 2020 11:03 AM



20201119_110246_photo Steve Bartley Nov 19, 2020 11:03 AM



Ventilation testing ... and failure.



AeroSeal –

- Saves time and hassle
- Include on every project



https://makeitright.ca/holmes-advice/home-renovation/aeroseal-the-new-way-to-duct-sealing/

EROBEAL CASE ID: 3068 YETEM DESCRIPTION: Centra Rooflep ERV EAL DESCRIPTION: Basing Main, 1st, 2nd and Basement Exhaust ARDWARE: Gen2 ECHNICIAN: R Gomes
Aeroseal Sealing Progress:
607 28 19 965 100 20
200-
0 5 10 15 20 25

SmartSeal 4.3.2.8 (3068-303-477-596)

Even with open corner framing, insulation had to be fixed in some locations - Continuous QC







THANK YOU.



Maciej Konieczny CPHC/B, CEM, LEED AP BD+C, Homes Senior Project Manager <u>konieczny@newecology.org</u> 617-557-1700 x7024



Community-Based Sustainable Development



Chris Becker CPHB Project Manager cbecker@Callahan-inc.com 508-443-2381



CONSTRUCTION MANAGERS

Take Aways

- Make it a conversation, not a lecture.
- Learn from others.
- There is a big learning curve on the first one: expect it!
- Test and inspect early and often, especially on the first one.
- Invest in Craft every trade is ready to execute, if empowered & given the tools