BUILDINGENERGY NYC

Resilient, Cost-Effective, and Carbon Neutral: The Future of New York's Multifamily Buildings

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Resilient, Cost-Effective, and Carbon Neutral: The Future of New York's Multifamily Buildings

Gwen McLaughlin, Project Manager September 15, 2022 Building Energy NYC



The Buildings of Excellence (BOE) Design Competition was initiated by NYSERDA in 2019 to recognize and reward the design, construction, and operation of carbon-neutral multifamily buildings that are healthier, more comfortable, and more resilient.



Design Quality & Co-benefits Takeaways

Occupant Demographics

Many design teams aimed to support specific disadvantaged communities, such as formerly housing challenged, lowincome seniors, and people with chronic illnesses.

Adaptive Reuse

Teams noted the importance of including a Passive House consultant and a properly trained general contractor in the early design phases.

Site Context

Most Round 1 projects are located within walking distance of public transportation and/or provide access to community amenities and resources.

4 Occupant Health, Comfort, and Productivity

All projects were designed to deliver a higher indoor environmental quality of living.

5 Resiliency

Round 1 resiliency features include maintaining stable internal temperatures, planning for electrical power outages, providing continuous access to clean water, and more.

Occupant Demographics

31 of the 42 Round 1 and 2 projects provide LMI housing

- Reducing the risk of air quality related health problems for residents and community
- Providing services, such as health clinics, day care, and job training
- Offering community facility space



Occupant Health, Comfort & Productivity

All Round 1 projects were designed to deliver a higher indoor environmental quality of living.

- Eliminate risks of onsite emissions
- Filtered ventilation
- Thermal comfort
- Quieter spaces, better acoustics
- Daylighting and visual comfort
- Promoting active lifestyles
- Addressing mental health



Indoor Air Quality

Tighter envelopes require careful ventilation design, resulting in enhanced indoor air quality.

Benefits:

- Support occupants with pre-existing conditions (e.g., asthma)
- Protect occupants from outside pollution
- Reduced airborne illness transmission
- Reduced risk of mold/ mildew formation

Strategies:

- IAQ monitoring
- Energy recovery ventilation
- Advanced filtration (e.g., MERV13)
- Compartmentalization
- Low-VOC finishes
- Reduced contaminants (e.g., lead, radon mitigation)
- Limited combustion

Rendering of 425 Grand Concourse



Resiliency

Round 1 and Round 2 projects incorporate many different aspects of resiliency, with a general focus on:

- Stable internal temperatures in extreme weather
- Planning for electrical power outages through tight envelopes, onsite back up power and storage
- Providing continuous access to potable water
- Storm water management
- Siting critical systems above the 500-year flood plain
- Urban heat island reduction
- Food security (community gardens)

Planning & Design Approach Takeaways

Goals and Motivations

The most frequently stated goals were to create a building that enhances the lives of residents and provide more affordable housing

Integrated Teams

Integrated and experienced project teams are critical to the success of highperformance design and construction

3 Design Feasibility

Passive House design is possible in urban areas and high-rise construction, and is a feasible practice for the LMI rental market

4 Replicability

Project teams with a focus on replicability note the importance of creating models for future developments to create a pathway for others to follow

Replicability Strategies



All Round 2 projects are aiming for allelectric design. Other strategies:

- Integrated, experienced teams
- Shortening learning curves
- Simple, replicable design
- Design tradeoffs
- Cost-effective systems
- Quality installation and commissioning

Design Energy & Carbon Emissions Takeaways

1 Understanding Tradeoffs

Design and performance of envelopes, HVAC, and PV systems are all interdependent

Z Energy Modeling

Early design modeling allows integrated teams to iteratively design to find the best balance of performance and cost effectiveness

D Passive Design

Passive design strategies can capture solar energy in the winter and shade in the summer to lessen the use of mechanical or electrical devices

4 Embodied Carbon

Projects can use design strategies to reduce embodied carbon or minimize construction and material waste

Passive Design

All projects focused on a high-performance envelope, which is central to Passive House design:

- Willingness to design innovative wall assemblies.
- Focus on very tight construction, low U-factors, avoiding thermal bridging, and moisture concerns (both during and after construction).
- Simple roof and foundation designs, with familiar designs that are easy to quote and install.
- Balance labor and material costs, ease of installation, and durability.
- Common solutions: Prefabricated elements, double or triple pane lowe windows, exterior shading for passive solar design

Embodied Carbon

Most Round 1 and all Round 2 projects implemented embodied carbon reduction strategies, including:

- Adaptive reuse
- Material selection
 - Locally sources materials
 - Concrete mixes
 - FSI certified wood
 - Envelope assemblies (e.g., foam removal)
- Reduced GWP refrigerants
- Labeling systems (e.g., Red List and Environmental Product Declarations)
- Embodied carbon calculators

Thank you!

Contact:

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BOE Case Studies:

https://www.nyserda.ny.gov/All-Programs/Multifamily-Buildings-of-Excellence/Winners/Resources

Rendering of St. Marks Passive House, Provided by Cycle Architecture + Planning



THE RISE – CONTEXT



VITAL BROOKLYN INITIATIVE - SITE J

NY State's comprehensive community development strategy to address social, economic, and health disparities in Central Brooklyn

8 Integrated Areas of Investment

- Affordable Housing
- Open Space & Recreation
- Healthy Food
- Economic Development & Job Creation
- Education & Youth Development
- Community-based Healthcare
- Violence Prevention
- Resiliency







Xenolith Partners LLC Community Preservation Corporation Community Solutions/ Brownsville Partnership

Women's Prison Association Osborne Association Community Capacity Development Brownsville Think Tank Matters Spin City Brownsville Plus Project EATS

Magnusson Architecture and Planning Bruno Frustaci General Contracting Bright Power

THE RISE - PROJECT OVERVIEW

- 76,000+ SF new mixed-use building
- 72 units of affordable housing
 - 65% supportive for formerly incarcerated individuals & families
 - 35% affordable for households earning 30%-60% AMI
- 13,000+ SF community facility space
 - On-site Supportive Services
 - Women's Prison Association & The Osborne Association
 - Local organizations:

Education, job readiness, employment training, violence reduction, health/wellness, fitness, arts, gardening

- Community Capacity Development
- Brownsville Think Tank Matters
- Spin City Brownsville Plus
- 7,000+ SF green space rooftop farm/garden
 - Project Eats
- 3,000 SF One Brooklyn Health System (office)
- Design Principles: Sustainability, Trauma Informed Design, Design for Health & Wellness, Active Design, Universal Design



PRINCIPLES OF THE NEW NORMAL

5 CORE PRINCIPLES OF HEALTHY, EFFICIENT, DURABLE, AND SUSTAINABLE BUILDINGS:



Healthy Materials

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healthier for residents.

There are good choices and bad ones for materials. Everything from paint and caulk . to flooring and counter tops can impact the health of residents and ecosystems.



2

Heat escapes through exterior.

Conditioned air passes through exterior and water/moisture infiltrates causing damage (durability issues) and mold growth (health issues).

Without Fresh Air Supply

Stale/used air pulled from corridors, other apartments and through exterior walls. "Air change" not achieved. Unhealthy levels of CO2 and poor humidity control.

Gas combustion produces a variety of pollutants which can lead to and worsen

Materials can leach or off-gas endocrine and hormone disrupting chemicals. They can damage lungs, hearts, nervous and immunesystems and increase embodied carbon.

CURRENT CODE



NON-AIRTIGHT ENCLOSURE + EXHAUST ONLY VENITLATION =

"FRESH AIR" FROM LEAKY WALLS!

IMAGE SOURCE: BUILDING SCIENCE CORP

AIRTIGHTNESS + BALANCED VENTILATION



SOURCE: PHIUS

SOURCE: BEEX BETTER VENTILATION PLAYBOOK

THERMAL ENVELOPE

Triple Pane Windows

- U 0.10 (COG)
- SHGC 0.32
- Window/Wall Ratio:
 - 24% at Residential
 - 35% with Community Facility

Thermal insulation

- Above Grade Wall R20 (U=0.05)
- Roof R50 (U=0.02)
- Foundation Wall R16 (U=0.06)
- Below grade slab no insulation

Thermal bridges

- Thermal pads
- Aerated concrete block
- Stand off clips

Air sealing

• 0.033 cfm/sf enclosure



TERRACE DETAIL





HVAC/REFRIGERANT MANAGEMENT

HORIZONTAL DISTRIBUTION (ex. heat recovery)



VERTICAL DISTRIBUTION



19,500 LF (5,749,000 kgCO2e)

MATERIALS/EMBODIED CARBON

Locally produced as much as possible

• Aggregate for concrete

Recycled content as much as possible

- Gypsum Recycled content info
- Structural Steel avg 25% Recycled Content

Construction waste management

• Min. 75% diversion rate

Alternate Materials

- Stone wool and in lieu of typical XPS insulation
- Reduce the cement in concrete, CMU and precast plank: Increase curing time, Alternate SCMs (Slag)

Material Transparency

• Calling for EPD in specs



INDOOR ENVIRONMENTAL QUALITY

Ventilation

• ERV – balanced filtered fresh air

Contaminant control

- No interior combustion
- Smoke free building
- Walk off mats at entrances
- Apartment Compartmentation

Healthy Materials

- No/Low VOC
- Floorscore or Green Guard finishes
- Calling for HPD in specs
- Solid surface
- Simplified material palette



INTERIOR





RESIDENTIAL ENTRY LOBBY

COMMUNITY ROOM AT TERRACE

PERFORMANCE

RISE

SOURCE ENERGY USE INTENSITY (EUI)

(w/o renewables)

Goals for Building As Proposed:

21.26 kBtu/sf/yr 1.80 kgCO2/sf SITE EUI: 17.25 kBtu/sf

Avg NYC Multifamily Bldg: Code Building (2020): PHIUS Primary Energy: PHI Primary Energy: LL97- 2024 limit: LL97- 2030 limit: 112 kBtu/sf/yr 90 kBtu/sf/yr Approx 34 kBtu/sf/yr Approx 23.3 kBtu/sf/yr 6.75 kgCO2/sf 4.07 kgCO2/sf

PHI



Certification Goal:



ENGINE 16 223 EAST 25TH STREET MANHATTAN, NY

Passive Firehouse Retrofit

BAXT INGUI Architects PC



TEAM

MICHAEL INGUI, AMY FAILLA, JOEY CHEMELLO, ASHLEY **GRIFFITH**, Baxt Ingui Architects R SUTTON & CO., General Contractor KEVIN BRENNAN, Brennan & Brennan Air Sealing ROBERT DIVILIO, RJD ENGINEERING, Mechanical ED MAY AND JOHN MITCHELL, BLDTYP, Passive House Consultants

COMPLETED PASSIVE PROJECTS



BROOKLYN HEIGHTS, BROOKLYN NYC



CARROLL GARDENS, BROOKLYN NYC



CARROLL GARDENS, BROOKLYN NYC



BROOKLYN HEIGHTS, BROOKLYN NYC



BROOKLYN HEIGHTS, BROOKLYN NYC



BROOKLYN HEIGHTS, BROOKLYN NYC



BROOKLYN HEIGHTS, BROOKLYN NYC



BROOKLYN HEIGHTS, BROOKLYN NYC





UPPER WEST SIDE, MANHATTAN NYC



UPPER WEST SIDE, MANHATTAN NYC



COBBLE HILL, BROOKLYN NYC



CARROLL GARDENS, BROOKLYN NYC

ENGINE 16 | 223 E. 25TH

A SYSTEMATIC APPROACH TO COST-EFFECTIVE CARBON **NEUTRAL BUILDINGS**

BAXT INGUI'S SYSTEMATIC APPROACH INCLUDES THESE CRITICAL STEPS:

- 1. Educating the client on passive house in an effective way.
- 2. Involving the passive house consultant before or during schematic design.
- 3.Start the certification process with your certification body early and harness their feedback as early as possible.

- 5. Hold weekly meetings.
- - the community.





4.Select and involve a contractor as early as possible, and get them and their team certified/trained.

6. Use the blower door as a tool.

7. Openly share knowledge & receive feedback with

COLLABORATIVE PROCESS + EDUCATIONAL EVENTS







NYSERDA BUILDINGS OF EXCELLENCE



- 1.NYSERDA Buildings of Excellence has given us a platform to increase our efforts to share information on our Passive House process.
- 2. The program was right for our clients because it provided the support they needed to complete their project and achieve their goal of spreading Passive House.





IMAGES FROM THE CONSTRUCTION SITE VISIT OF ENGINE 16 AT THE 2021 NAPHN CONFERENCE ON JUNE 12TH, 2021.

ENGINE 16



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SITE PLAN + CONTEXT





NOTES

1. PLOT PLAN (PROPOSED) 2. SITE PLAN/ CONTEXT 3.PHOTO: SIDE ELEVATION

LEGEND



SUBWAY STOP

BUS STOP

RESTAURANT/BAR/EN-TERTAINMENT (WITHIN HIGHLIGHTED AREA)

PARK

PUBLIC FACILITIES + IN-STITUTIONS (INCLUDING NYU, BARUCH COLLEGE, SVA)

FRONT FACADE ELEVATIONS

- Decommissioned firehouse building, converted into a church in 1974.
- Ground floor was used for religious facilities while upper floors fell into disrepair.
- New owners purchased in 2018.
- Adaptive reuse project as a 4-family residence with a community facility on the ground floor.





BAXT

Architects PC

REAR FACADE ELEVATIONS




HISTORIC + RESTORED ELEMENTS





EXISTING CONDITIONS: FAÇADE DETAILS







EXISTING CONDITIONS: ADAPT + REUSE





- 1. EXISTING 2ND-3RD FLOOR STAIRCASE
- 2. WINDOWS AND DOORS TO BE REUSED
- 3. EXISTING WOOD FLOORING, PRIOR TO SANDING

PROGRESS PHOTOS: UNCOVERING + RESTORING







- FIRE COAT HOOKS
 FLOORS AFTER SANDING

EXISTING + PROGRESS PHOTOS: TIN CEILINGS













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PASSIVE DETAIL: FIRST FLOOR GARAGE







SKETCHES: ORIGINAL ENTRY STAIR







PROGRESS PHOTOS: ORIGINAL ENTRY STAIR











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WINDOW DETAILS



2.











- 1. WINDOW INSTALL DETAIL:
- 2. WINDOW INSTALL DETAIL: PLAN + SECTION
- 3. WINDOW JAMB (FIXED) THERMAL ANALYSIS
- 4. WINDOW JAMB (OPERABLE) THERMAL ANALYSIS
- 5. WINDOW HEAD THERMAL ANALYSIS
- 6. WINDOW SILL THERMAL ANALYSIS
- 7. PHOTO: WINDOW WELLS PREPPED FOR INSTALL

UNIT 4 TRIPLEX



FEATURES

- 3829 SF TRIPLEX
- 4 BEDROOM, 4 FULL BATHROOMS, 2 POWDER ROOMS
- MASTER SUITE W/ WALK-IN CLOSET
- BONUS OFFICE OR GUEST ROOM
- LAUNDRY ROOM
- 2 PRIVATE ROOF DECKS
- INTERIOR STAIR TO ROOF WITH PRIVATE BULKHEAD CREATES MULTILEVEL SPACE
- INDIVIDUAL ROOM TEMP CONTROL
- TALL CEILINGS AND ABUNDANT NATURAL LIGHT
- DISHWASHERRECLAIMED WOOD FLOORS

NOTES

- AXON
 SECTION
- 3. THIRD FLOOR PLAN
- 4. FOURTH FLOOR PLAN
- 5. FIFTH FLOOR PLAN
- 6. SIXTH FLOOR PLAN AND ROOF

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PUBLIC + PRIVATE EXTERIOR SPACES







WALL + ROOF DETAILS





WALL AND ROOF DETAILS



THERMAL BRIDGE ANALYSIS COURTESY OF ED MAY AT BLDGTYP, LLC



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UNIT 3 DUPLEX





NOTES

- 3. THIRD FLOOR PLAN
- 4. FOURTH FLOOR PLAN
- 5. RENDERING: STAIR AND

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RETROFIT AIR SEALING DETAILS





CELLAR + 1ST FLOOR PLANS: COMMUNITY SPACE





2.



- 1. CELLAR PLAN
- 2. FIRST FLOOR PLAN
- 3. CELLAR COMMUNITY
- CENTER AREA = 1113 SF 4. FIRST FLOOR COMMUNITY CENTER AREA = 1400 SF



PROGRESS PHOTOS: CELLAR











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ALL-ELECTRIC MECHANICAL UNITS + AMENITIES



ALL-ELECTRIC MECHANICALS, ALLOWING ENGINE 16 TO BE FREE OF FOSSIL FUEL USAGE.



SITE UPDATE: WINDOW DELIVERY



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SITE UPDATE: MECHANICAL CHASE WALL AND INTELLO BARRIER





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THANK YOU!





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