

# **BUILDINGENERGY NYC**

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## **Tales from the Trenches: Passive House Ventilation Commissioning Best Practices**

**Luis Aragon and Michael Schmidt,  
Steven Winter Associates, Inc.**

Curated by Lea Keating (Parity) and Sara Bayer (MAP)

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**Northeast Sustainable Energy Association (NESEA)**

**October 12, 2023**

# Learning Objectives

1. Analyze **common passive house ventilation** system designs, layouts, and components pertaining to the performance and field installations
2. Demonstrate through examples **common problem areas related** to the implementation and operation of **high-performance ventilation** systems
3. Recommend ways to design for best ventilation performance based upon **lessons learned**
4. Describe the **Passive House certification criteria** and the actual performance necessary for ventilation systems to be within compliance



# Overview of Presentation

1

Passive House Basics and Context

2

Cx Process & Relevance in PH Buildings

3

TAB, Shop Dwg, System leakage

4

ERV/HRV Controls & Interlocks

5

Operations & Maintenance

# Passive House Basics & Relevance

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# Passive House In the News

Local Law 97

Future

REAL ESTATE COMMERCIAL REAL ESTATE

## NYC buildings prepare to drastically reduce emissions to avoid penalties

By Emily Nonko

Published Jan. 16, 2020, 3:31 p.m. ET

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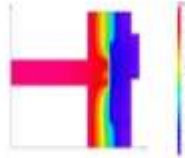
A \$13.4 million retrofit has helped the iconic Empire State Building cut its energy use by 40 percent.

Getty Images

Future

# ELEMENTS OF A LARGE MULTIFAMILY PASSIVE HOUSE BUILDING

CONTINUOUS INSULATION & THERMAL BRIDGE-FREE CONSTRUCTION



ENERGY RECOVERY VENTILATION



FRESH AIR

EXHAUST AIR



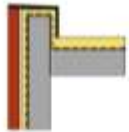
HIGH PERFORMANCE WINDOWS & DOORS



DOMESTIC HOT WATER



AIRTIGHT ENVELOPE



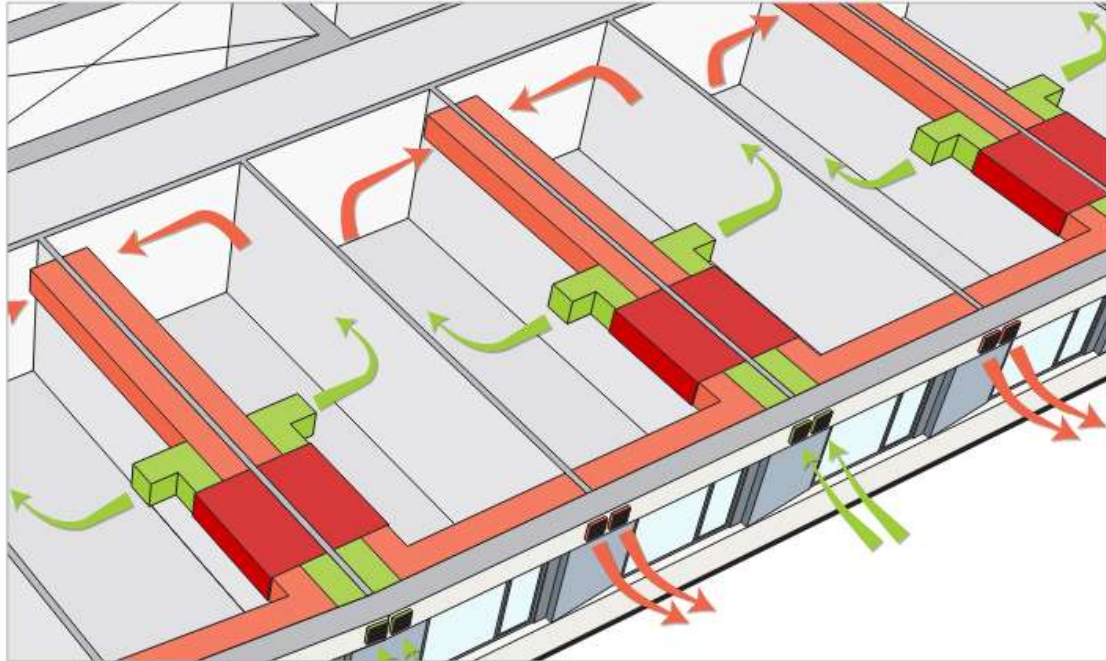
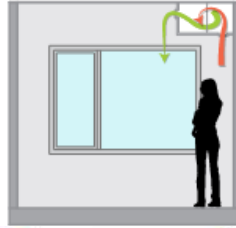
EFFICIENT LIGHTS & APPLIANCES



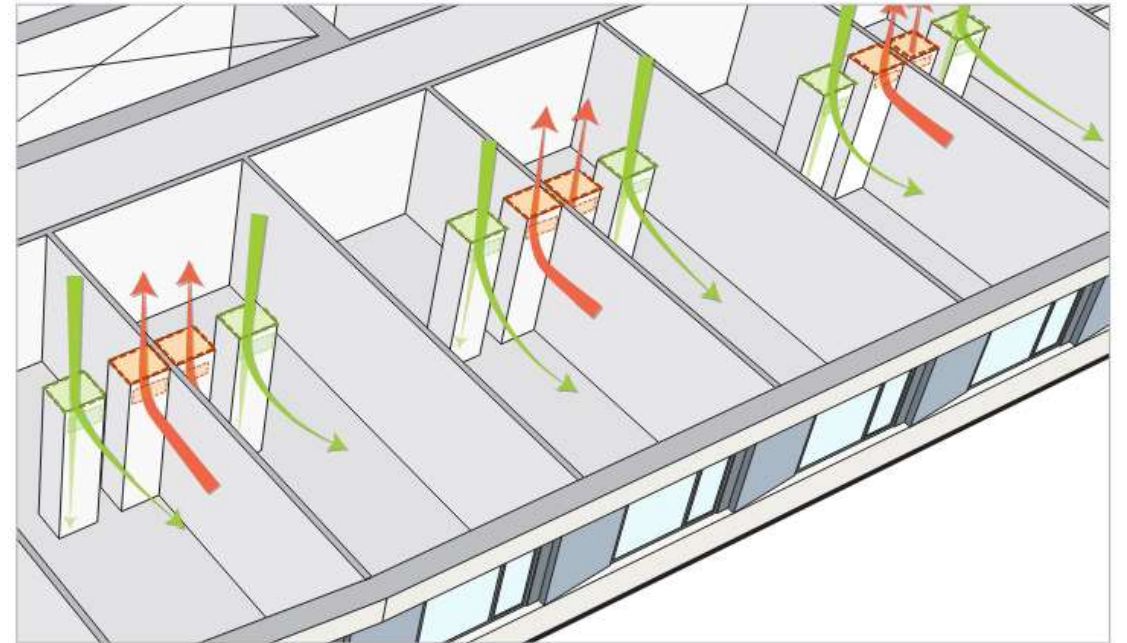
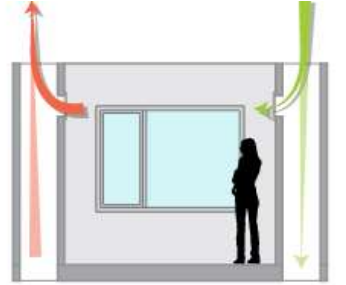
# Ventilation: Unitized vs. Central vs. Semi-Central

- Exhaust Air
- Fresh Air
- ERV

Unitized



Central



Credit: Handel Architects

# Introduction – Ventilation Recommendations and Requirements

## Energy Efficiency:

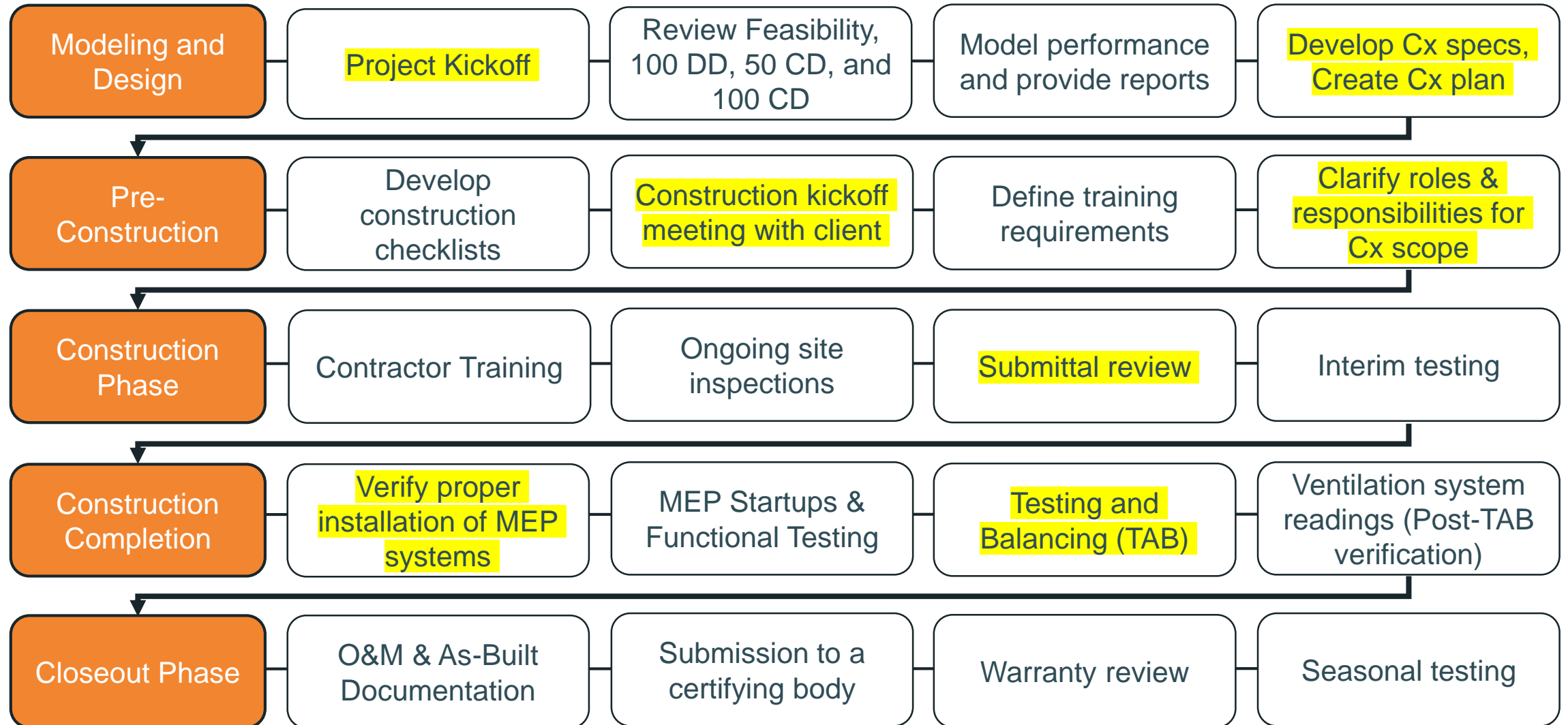
- Recommend ERV/HRV **fan motors consume 0.76 W/cfm** or less at the highest power setting
  - **Verify ERV/HRV wattage at final**

## Balancing Requirements:

- Supply and exhaust flows are **within 10% of each other (at the unit)**
- A targeted air change rate between 0.30 and 0.50 air changes per hour (ACH)
- Minimum **flow rates must be met** in apartments
- Supply and exhaust flows are **+/- 15% or 15 CFM of design values** (in apartments)
- **Third-party** (certified air balancing professional e.g. NEBB, AABC)
- Required pre-meeting with TAB contractor to discuss expectations



# Project Flow

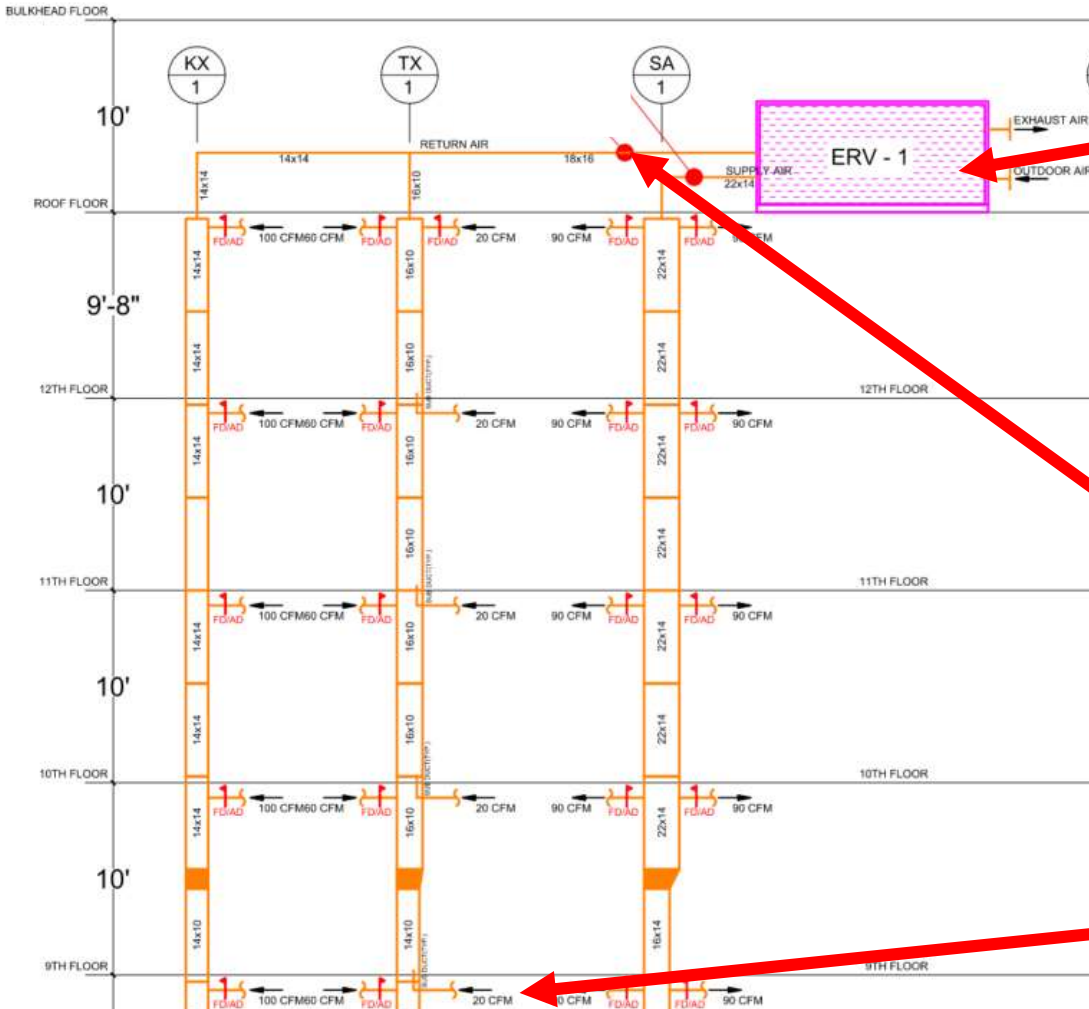
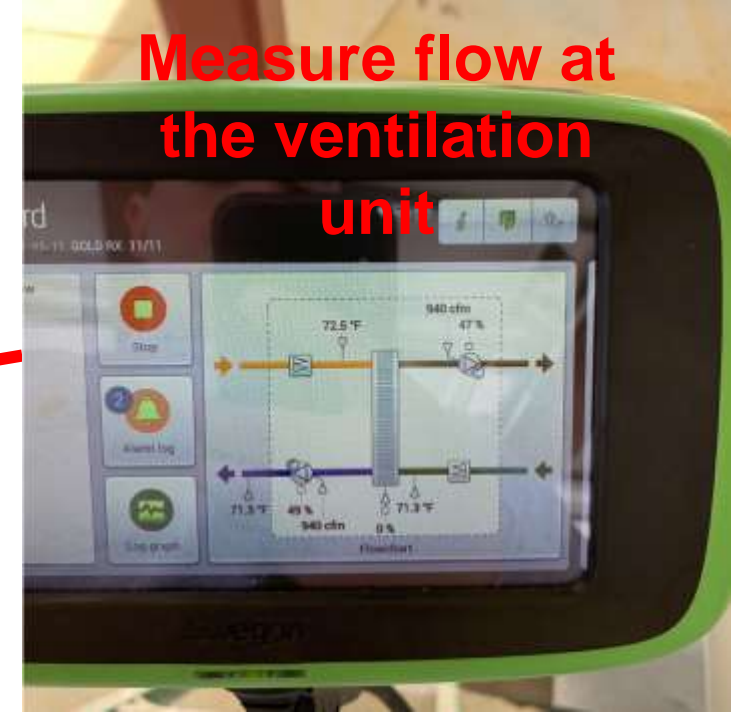


# TAB, Shop Drawings and System Leakage

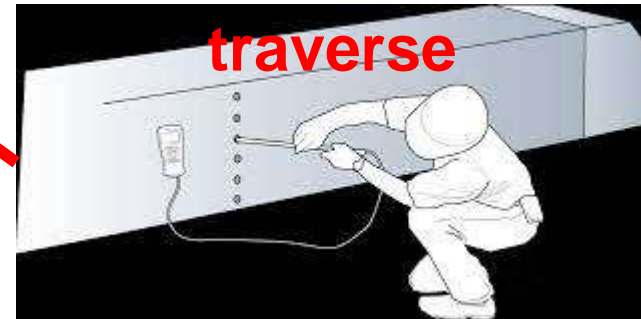
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# Testing and Balancing - Process

Measure flow at the ventilation unit



Pitot tube traverse



Measure and adjust flow rates in apartments



# Testing and Balancing – Comparing Flow Hoods

## Key Findings of LBNL Report - 47382

“Extensive laboratory tests and several field tests show...errors are typically in the 20% to 30% range. *In particular, they are inadequate for use in estimating duct leakage, air handler flow, and individual register flows for room load and comfort.*”

“The laboratory results for the reference active flow hood show an RMS error of only 2%.”



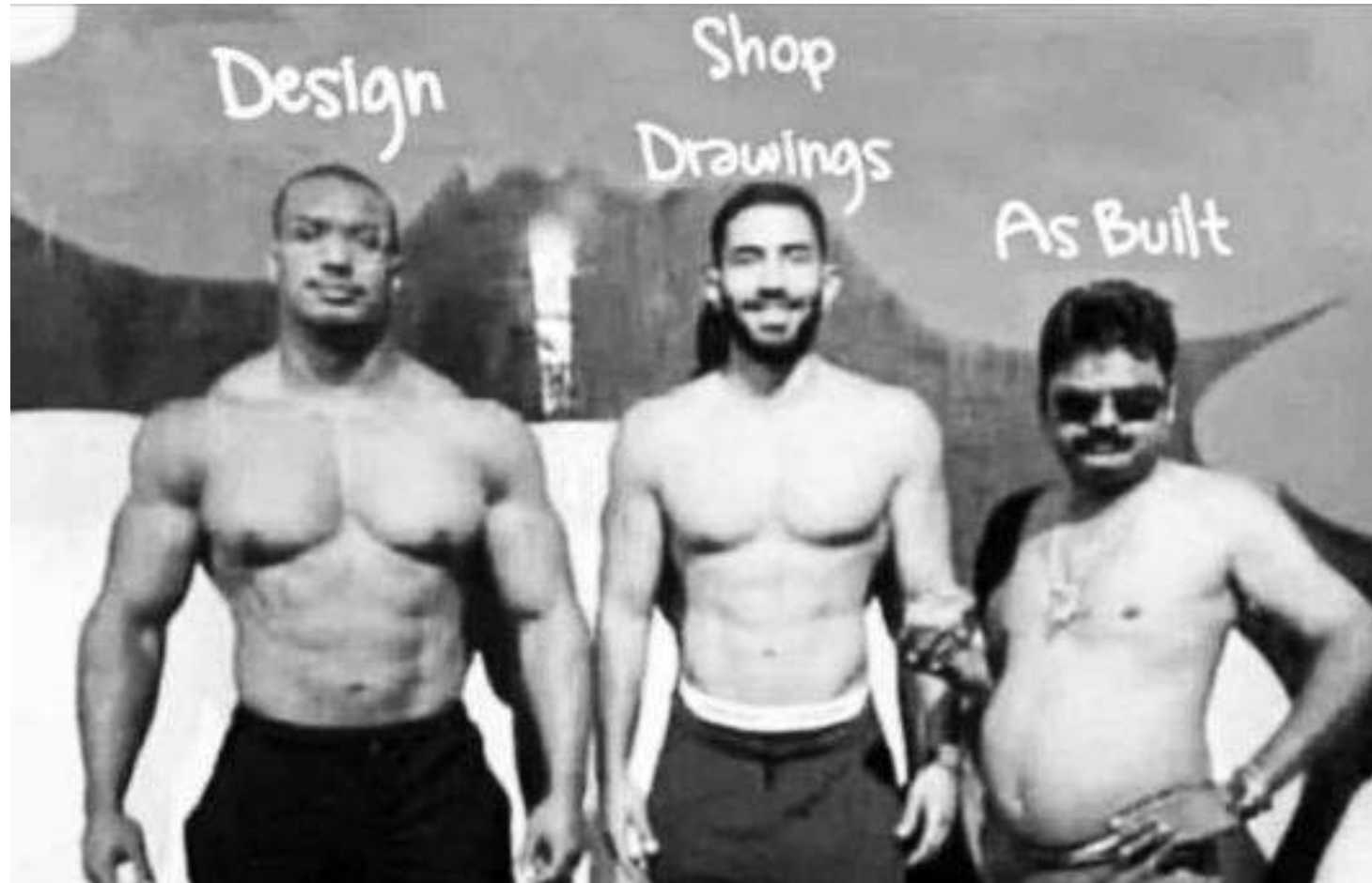
# Testing and Balancing - Reporting

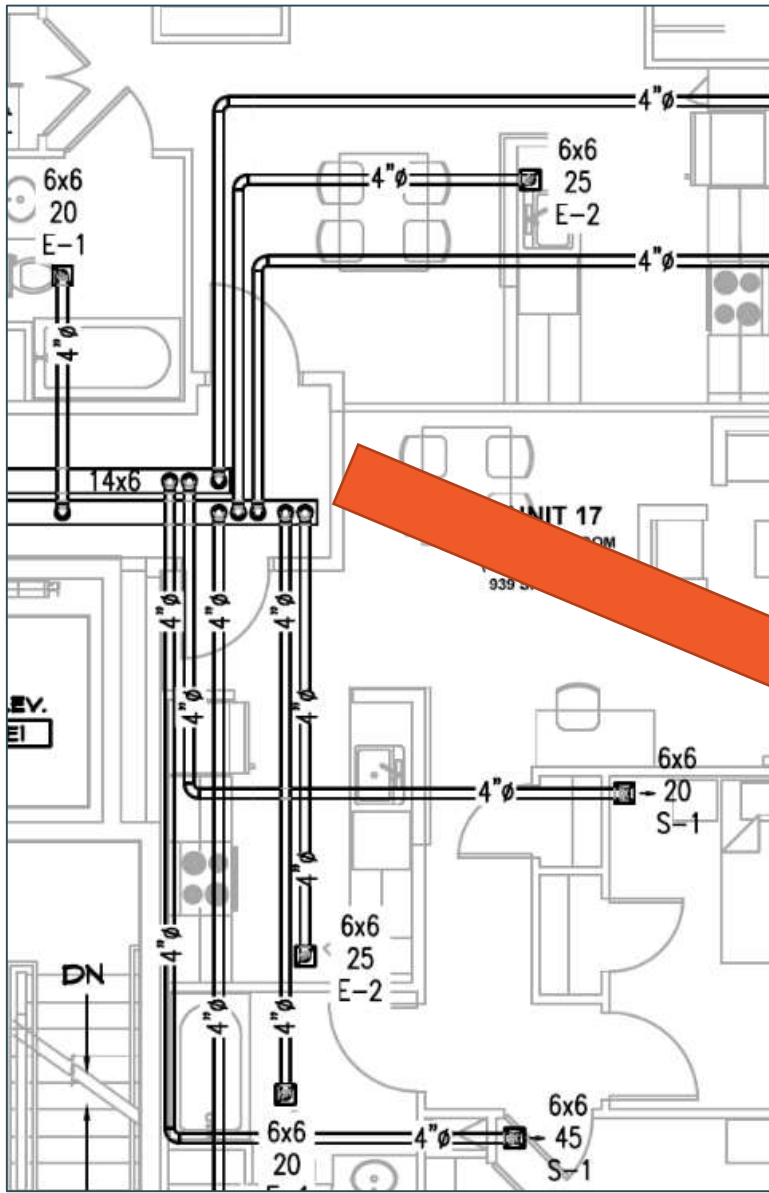
Manufacturer: [REDACTED]  
 Model: [REDACTED]  
 Location: Apt 6C Closet

Drawing	Area Served	Supply/ Return	Grille		CFM	
			Type	Size	Design	Actual
27	Apt 6C	ERV Supply	SWR	6x4	15	15
28	Apt 6C	ERV Supply	SWR	6x4	15	15
30	Apt 6C	ERV Supply	SWR	6x4	15	15
32	Apt 6C	KX	SWG	6x6	25	25
33	Apt 6C	TX	CG	6x6	20	20



# Let's talk about shops...

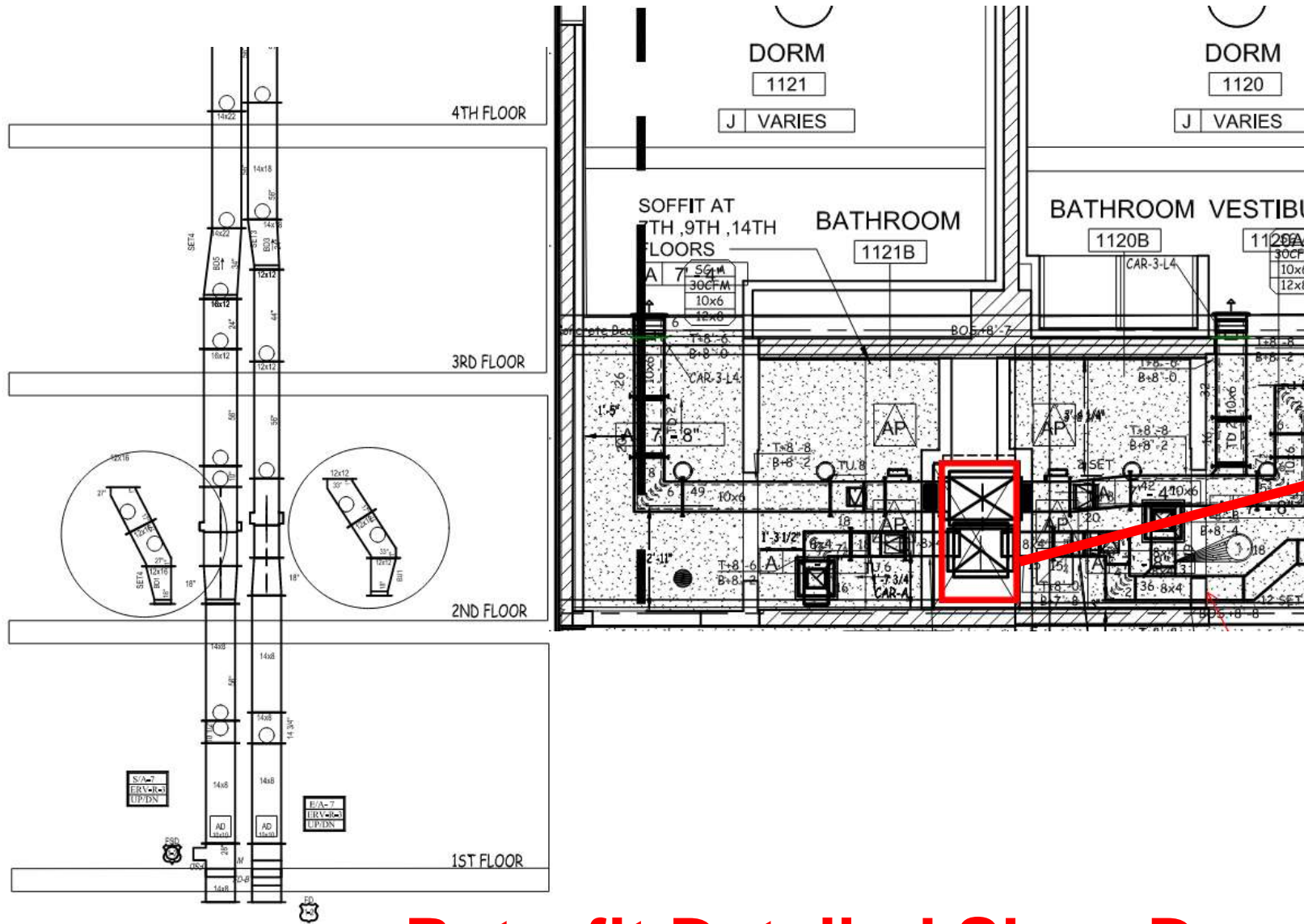




**Design**



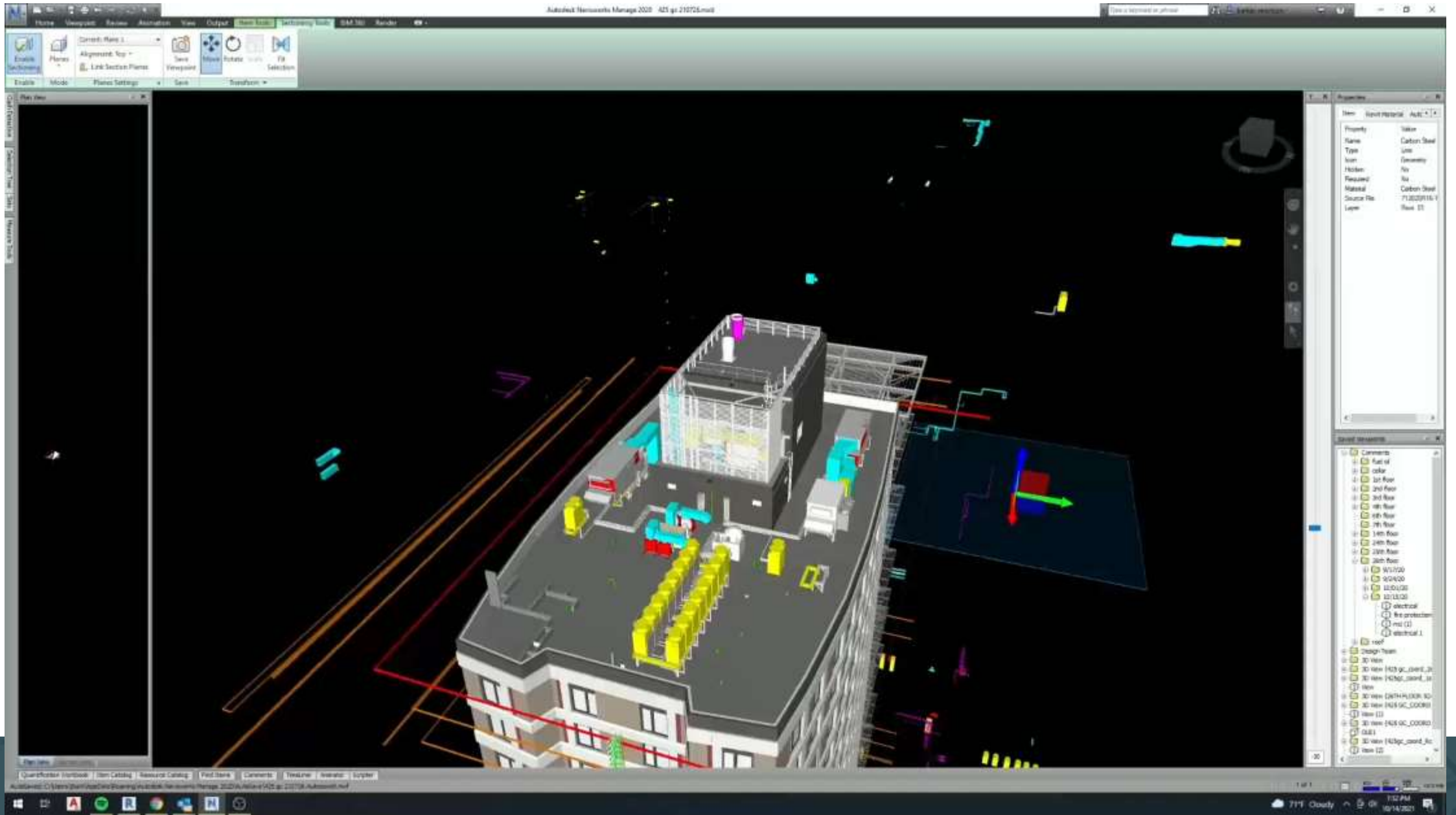
**As-Built**



# Retrofit Detailed Shop Drawings



# Coordination Between Trades

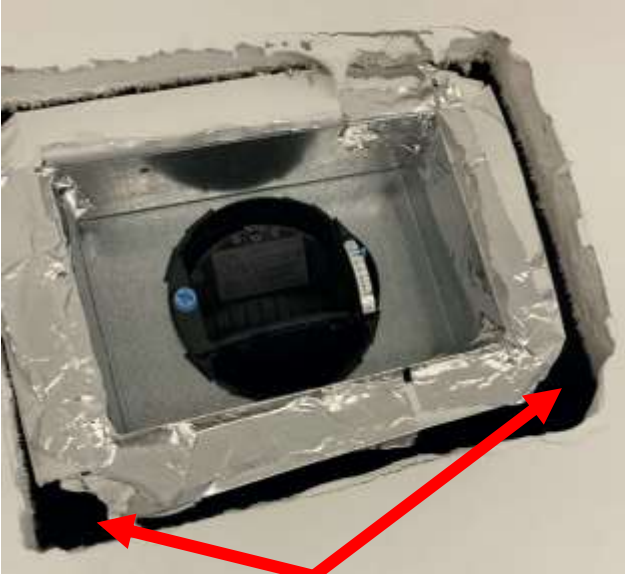


# System Leakage Examples

### Duct Leakage



### Accessory Leakage



### Equipment Leakage



# Duct Sealing using Aerosolized Sealant

- Seals ducts from the inside
- Pressurized aerosolized particles are forced through the duct systems and build up at leak locations.
- Can seal leaks up to ½” size

**Before**



**After**



# Aerosolized Sealant – Volumetric VS SMACNA Duct leakage Standard

Recommended 3%  
Fractional Leakage Method

	ERV-Unit 1	
	Supply	Exhaust
Design Flow Rate (CFM):	450	450
3% Volumetric Leakage %	3%	3%
(SMACNA CL 8) % Leakage of design flow	32%	19%
(SMACNA CL 2) % Leakage of design flow	8%	5%

**9% Leakage reduction  
from early Cx  
engagement**

# Is SMACNA Duct Leakage Class Outdated?

## HVAC AIR DUCT LEAKAGE TEST MANUAL

COPYRIGHT © SMACNA 2012  
All Rights Reserved  
by

**SHEET METAL AND AIR CONDITIONING CONTRACTORS'  
NATIONAL ASSOCIATION, INC.**

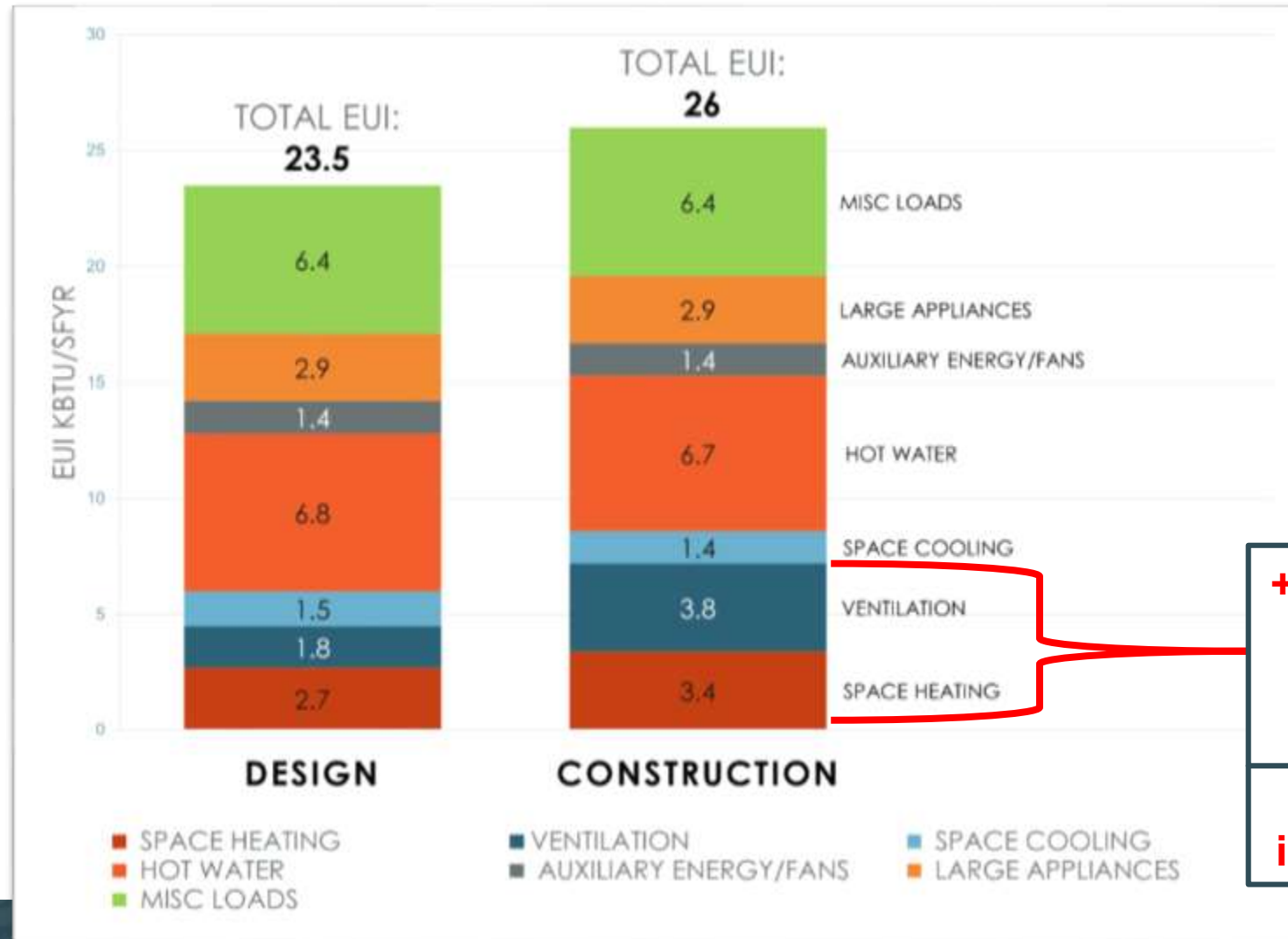
4201 Lafayette Center Drive  
Chantilly, VA 20151-1219

Printed in the U.S.A.

FIRST EDITION – 1985  
SECOND EDITION – 2012

38-year-old Standard  
Specification

# Leakage Impacts on PHIUS WUFI Energy Model

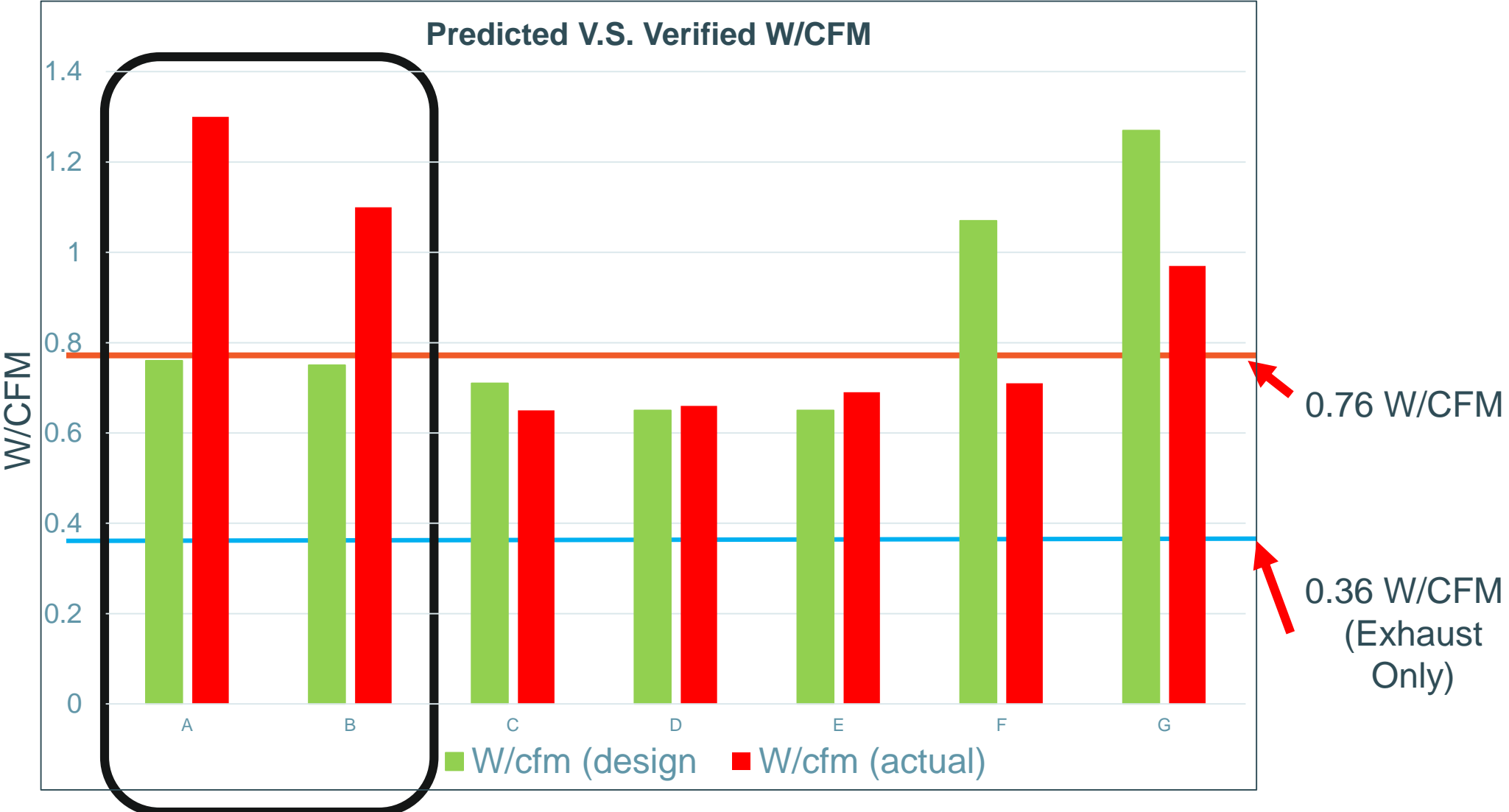


**+ 2.5 Site EUI Due to high duct leakage and fan power**

**+ ~\$ 3,500 / year increased energy**

# Comparing Predicted V.S. Verified Fan Energy

Can you spot projects with high duct leakage?



# Conclusion

- Traditional and **typical specifications for duct leakage are not adequate** for high-performance buildings
- Communicate **design AND construction expectations** through specifications **reinforced with on-site training**
- Emphasize the need for coordination between trades, **require shop drawings**, and ensure they match as-built conditions
- **Communicate project nuances** and PH requirements early and often
- **Engage CxA early** in the design phase and ASAP after start-ups

**Trust but Verify**



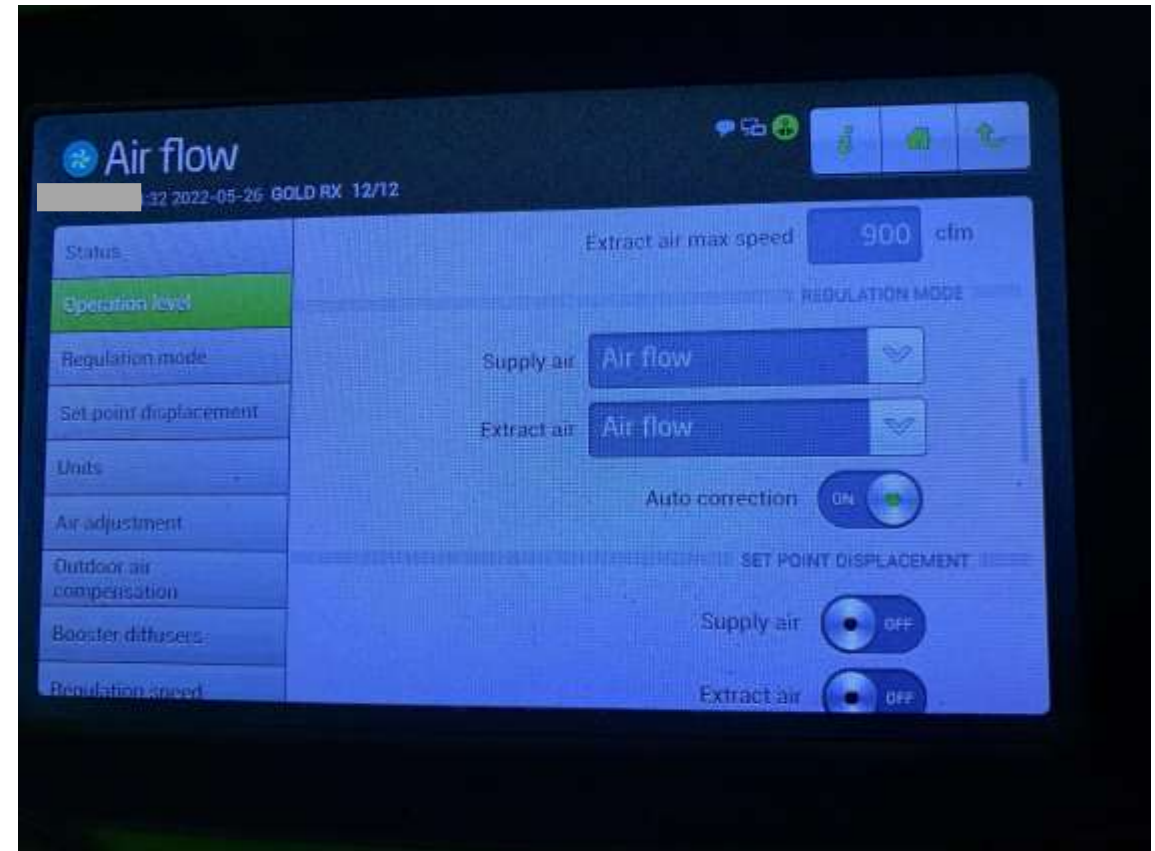
# Controls and Sequences of Operations

K.I.S.S.

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# ERV Sequences & Controls

- Constant Flow vs Variable Flow
- Key Setpoints:
  - Airflow
  - Static pressure
  - Supply Air Temperature
  - RH% (Dew Point Temp)
- Other Setpoints:
  - CO2 concentration
  - Schedules



# Variable Air Volume – Keep It Super Simple

**Minimum  
Damper  
closes**



**Maximum  
Damper  
opens**

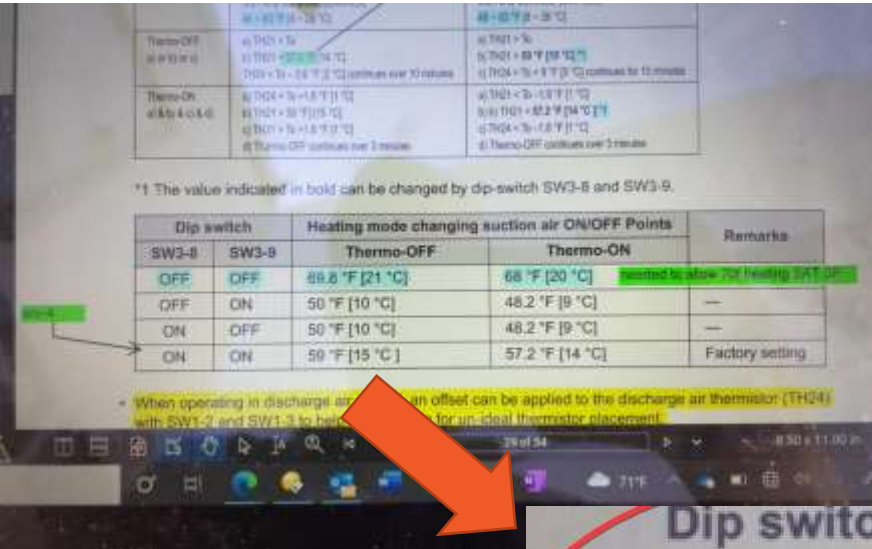


# Example – Complicated controls?

The image shows the word "KISS" in a highly stylized, metallic font. The letters are rendered in a 3D effect with a silver-to-white gradient and a thick white outline. The font is slanted and has sharp, angular edges, characteristic of the rock band's branding. The text is centered on a solid black rectangular background.

# Example – ERV & Heat Pump Interlocks (Bldg X & Mfr X)

- Who is responsible for setting these up?



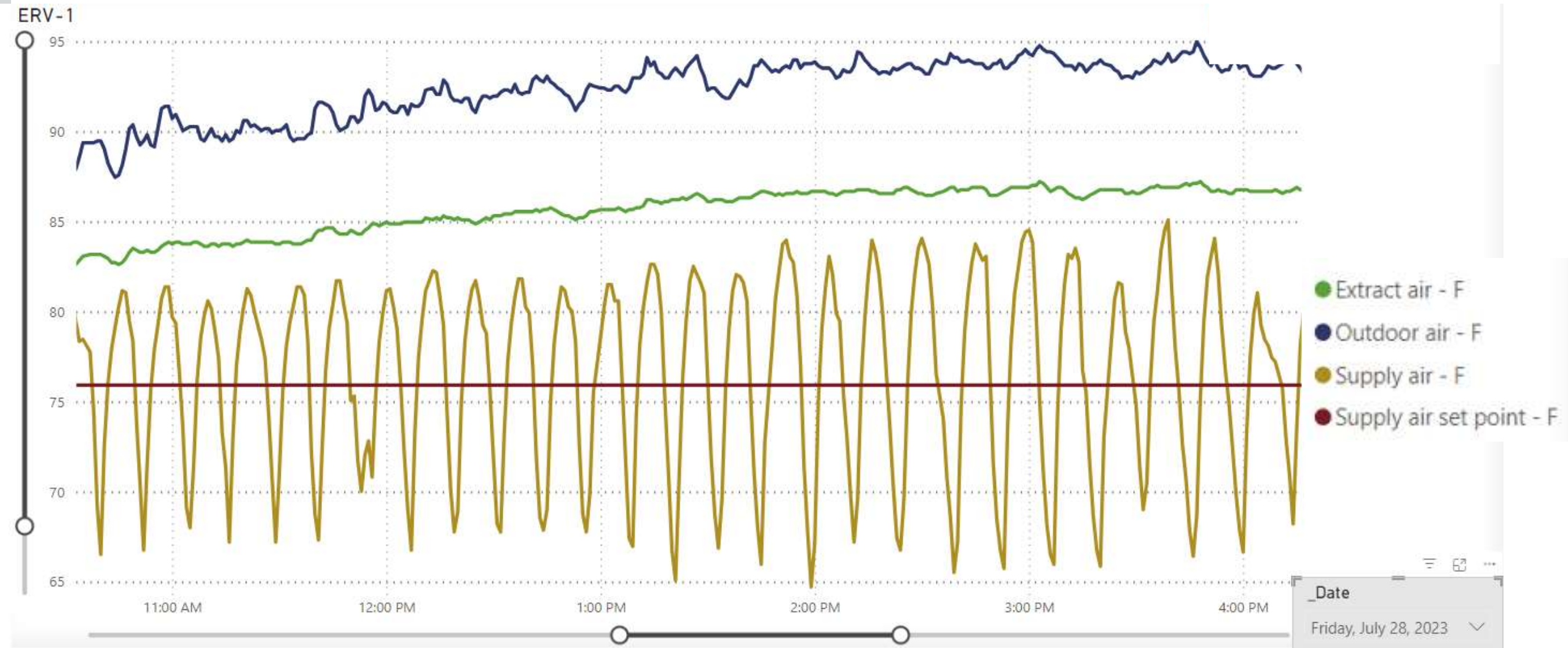
Dip switch		Heating mode changing suction air ON/OFF Points		Remarks
SW3-8	SW3-9	Thermo-OFF	Thermo-ON	
OFF	OFF		68 °F [20 °C]	needed to allow 70f heating SAT SP
OFF	ON		48.2 °F [9 °C]	—
ON	OFF		48.2 °F [9 °C]	—
ON	ON		57.2 °F [14 °C]	Factory setting

# ERV Controls – Heat Pump Interlocks (Bldg Y & Mfr Y)

- DIP Switches in OFF position (from Factory) – 6+ months after startup

SW name	No	Item	Setting		Note
SW1	1	ODU Type	ON	Single Comm.	Using Single Split outdoor unit
			OFF	Comm.	Using outdoor unit
	2	Control Type	ON	Communication	Controlled by DDC Modbus or remote controllers & central controllers
			OFF	Contact signal	Controlled by DDC through Contact signal Central controller can only monitor status)
	3	DO Type	ON	Fan Speed	DO1 : High, DO2 : Middle, DO3 : Low (DO changes according to fan speed setting value)
			OFF	Status	DO1 : ON/OFF, DO2 : Defrost, DO3 : Alarm
	4	Fan Speed (available when SW1-3 'ON')	ON	Fixed	The fan will always be running as set fan speed except defrost. (During defrost, the fan speed will change as low fan speed.)
			OFF	Change	The fan speed will be changed according to TH on/off For more detail please check 'Digital Output – Fan Speed'

# ERV Controls – Heat Pump Interlocks (Bldg Y & Mfr Y)

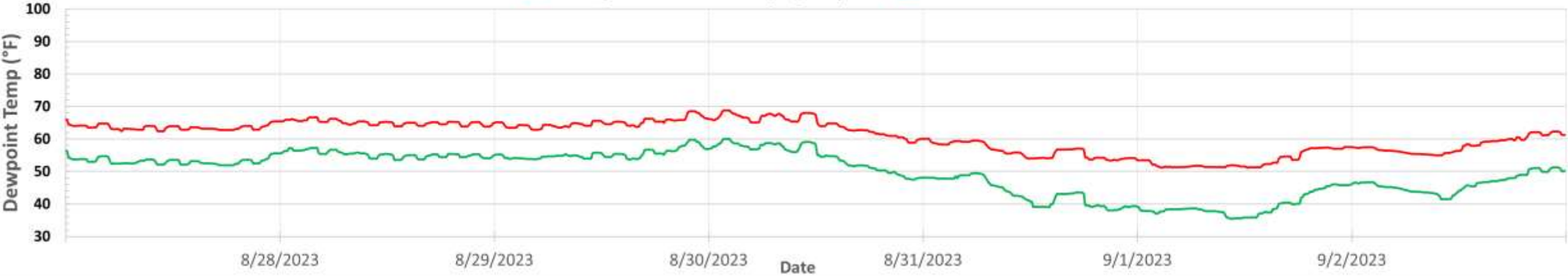


# What's the effect of all this?

ERV: Dew Point Temperature Setpoint vs. Supply Air Dewpoint Temperature

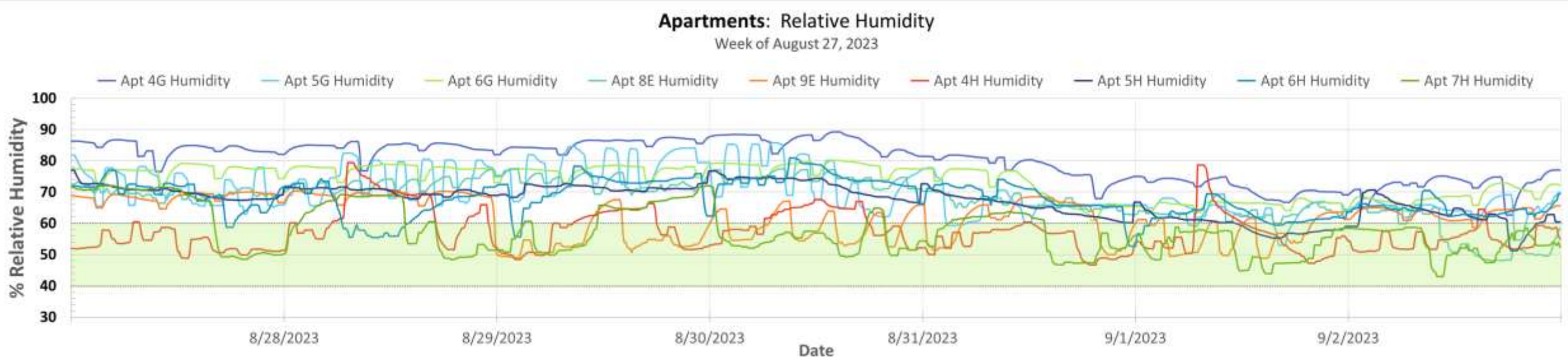
Week of August 27, 2023

— ERV Regulator: Dehumidifying Setpoint — ERV: SA Dew Point





# What about in the apartments?



# How could we avoid these issues?

- Clear & **realistic** sequences of operation
  - Early Design Reviews.
- Don't reinvent the wheel
  - ERV & VRF **separate**
- **Clearly defined roles**
  - Installer + Supplier + Manufacturer + CxA
- Clear expectations
  - The job is done when...
    - 3 or more days for **tuning (over multiple seasons)** with building staff
  - Warranty periods

# Operations & Maintenance

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# O&M and Ongoing Cx

- Proper training
  - Training requirements come from the spec
- Ongoing Cx
  - Test plans templates



Live-in Building Superintendent

# Conclusion

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# Key takeaways

- Developers/Property Managers – Commissioning is an **ongoing process** and it takes **more than 1 day** of functional testing
- Designers – Include **clear sequences** and performance requirements for installers to complete the job.
- Construction Managers / Contractors – interlocked ERVs with Heat Pumps need a lot of tuning. **Diligence and Patience** are key
- Manufacturers and Reps – Continue developing and **improving documentation** for your systems.
- Push for **clear and realistic sequences** of operation
- If interlocking multiple manufacturers, it's **Not ONE and DONE**
- Consider **operations and operators** during the design phase

# Bridging the Gap

## Design - Construction - Operation



Design

Construction

Operation...

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# Questions?



**Luis Aragon:** [laragon@swinter.com](mailto:laragon@swinter.com)

**Michael Schmidt:** [mschmidt@swinter.com](mailto:mschmidt@swinter.com)