BUILDINGENERGY BOSTON

Anti-Racism In Action

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Northeast Sustainable Energy Association (NESEA) | March 20, 2025

BUILDINGENERGY BOSTON

Continuing Education Units

This session is approved for 1.5 credit hours toward AIA (LU), BOC, and NAHB certification. Those who attend a full day of the conference are additionally eligible for credit toward MA CSL, NARI, PHI, Phius, and RESNET certification.

Northeast Sustainable Energy Association (NESEA) | March 20, 2025

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Learning Objectives

- Instigate and organize peer-led discussions on anti-racism topics
- Develop a group structure for learning conversations
- Create ground rules for participation in anti-oppression conversations and establish group norms
- Navigate being uncomfortable in a supportive setting

Northeast Sustainable Energy Association (NESEA) | March 20, 2025

ARAG DEFINED



Rules of Engagement

- One conversation at a time.
- For those who always speak hold back. For those who hold back - try to step forward
- Guard rails around someone saying something "wrong".
 - Don't interrupt. Let them speak.
 - Assume good intent.
 - Ask curious questions instead of correcting.
- It's always OK to "pass".
- Facilitators reserve the right to redirect, conduct the flow.



NESEA's Vision:

We envision a vibrant and resilient built environment that supports climate justice and equity.



NESEA's Strategic Priority #1

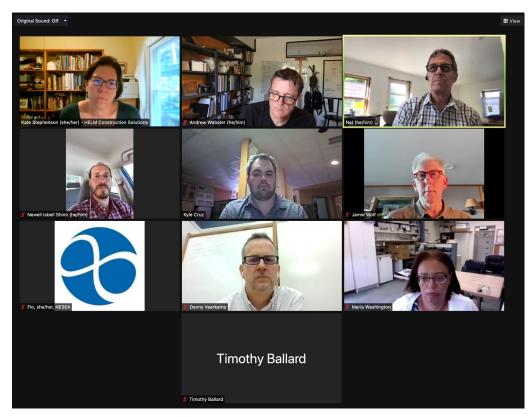
Embrace the work of anti-racism and become more just and equitable. Our ability to fulfill our mission and our continued relevance and vitality as an organization require that we stand against racism and other forms of oppression, and stand for justice and equity. With this strategic priority we commit to actively engage individuals who identify with groups who have historically been marginalized because of their identities and/or abilities; to highlight the linkages between anti-oppression, equity, justice and sustainability in our programming; and to evaluate everything we do through the lens of equity and justice.

GOALS

- Instigate and organize peer-led discussions on anti-racism topics
- Develop a group structure for learning conversations
- Identify resources and tools to allow the group to take informed and supportive action against racism
- Create ground rules for participation in anti-oppression conversations and establish group norms
- Navigate being uncomfortable in a supportive setting
- PRACTICE, PRACTICE, PRACTICE....

- An informal group meets in response to George Floyd's murder & the Black Lives Matter movement
- Worked with NESEA to host a series of *Uprooting White Supremacy Culture* trainings with AORTA for NESEA community members, staff and Board
- NESEA Strategic Plan identifies Anti-Racism as a strategic priority
- BE Boston conference session *Addressing Racism and Subtle Acts of Exclusion in the Workplace*
- BE Boston conference session *Tools for Connection: Practicing Inclusion*

AAAND ACTION!





Online 2021 BE Boston 2024

Active Listening Exercise

Speaker

- Pick one question to answer
- Use it as a jumping off point to share something genuine
- Try to fill the whole time

Listener

- Warm & attentive listening
- No interruptions
- Try to use body language to show attention

Three minutes, then swap!

You don't have to answer the same question.

Adapted from an exercise we learned from Iara Cury at BEB 2024 (www.afeelforjustice.com)

Active Listening Exercise

What's something you always keep in your bag (or car, pocket, etc)? Why?

OR

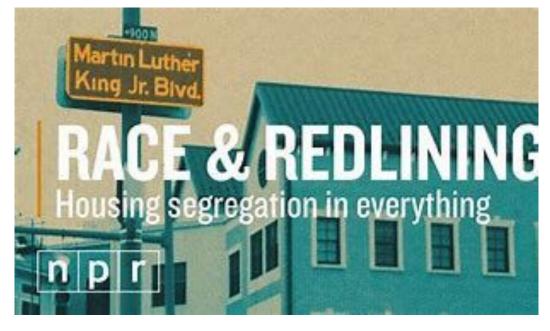
What's a challenge you've had lately and how are you approaching it?

Model ARAG Discussion

Topic: Housing Segregation & Redlining in America

Agenda:

Introduce the video Watch a short video Small Group Discussion Large Group Sharing



https://www.youtube.com/watch?v=O5FBJyqfoLM



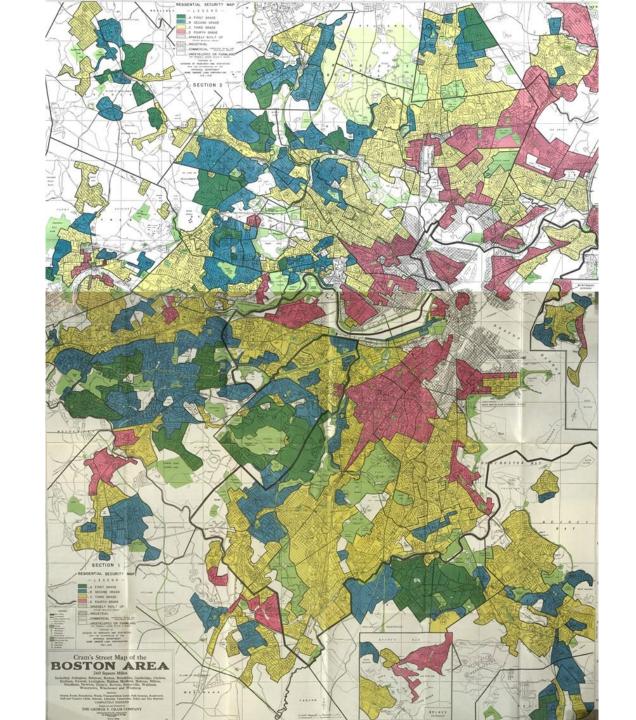
Small Group Discussion

Prompt questions:

- 1. What was your biggest takeaway from the video?
- 2. How have you experienced the effects of redlining in your community? In your workplace/the work you do?
- 3. What did you learn from the video that was new for you? To how many of us is this news?
- 4. How does knowing this affect the work that you do going forward?
- 5. What can you do personally to solve for the damage of redlining?
- 6. What's one thing your company could do in response to this?
- 7. How could you influence these issues in your town/city?
- 8. Now that we understand more about the origins and history of redlining, how is it surviving, what comes next?



Boston Map



Join ARAG!

Join our April meeting to discuss the impacts of the government's dismantling of DEI Programs

Thursday, April 10th at 4pm (on Zoom)

Bring this model back to your company, your neighborhood, or any groups you are a part of

QR to join Google Groups for notifications:



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ANTI-RACISM ARAG @BE 2025

IN ACTION



March 20, 2025

Building Energy Boston

ARAG DEFINED

TIMELINE/HISTORY?

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AAAND ACTION!

[PHOTO (S) OF GROUP ON ZOOM CALL] SHOWING UP...WORKING THROUGH IT

-presenting at NESEA Boston.... (photo from last year?)

Rules of Engagement

Some rules of engagement:

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Active Listening Exercise

Creating Connection

Turn to the person next to you and introduce yourself - 3 minutes to listen to the other person answer one question from the slide - when the listener should ask no questions - then switch!

- What's a challenge you've had lately and how are you approaching it?
- Talk about something you keep in your car always and why?



Model ARAG Discussion

Housing Segregation & Redlining in America

Intro, Short video, Small Group Discussion, Large Group Sharing



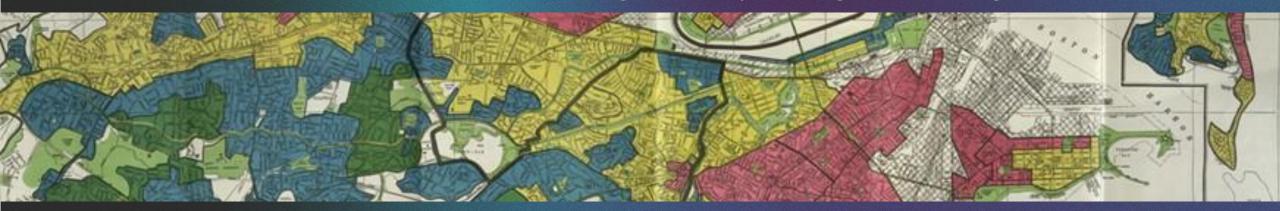




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