

BUILDINGENERGY BOSTON

A Total Carbon Analysis Conversation: Balancing Operational and Embodied Carbon

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Northeast Sustainable Energy Association (NESEA) | March 20, 2025

Let's Talk About

- RESNET Standard 1550
- Analysis Tools
- Operational and Embodied Carbon: Modeled Versus Actual
- Drivers
- Action Items
- Case Studies
- Questions/Answers/Discussion

RESNET/ANSI Standard 1550

The RESNET/International Code Council *Standards Development Committee 1500 — Embodied Carbon* is responsible for proposed **Standard RESNET/ICC 1550 to provide a standardized method to calculate and report the embodied carbon impact of homes.**

RESNET/ANSI Standard 1550

HERS ratings and the HERS carbon index are a very large and growing part of the **residential market**.

Raters also provide services for **PHIUS, Energy Star and DOE Zero Ready Homes** programs.

Creating a standard that enables **HERS raters** to create an embodied carbon assessment using the **same area-based models they already build to do their energy ratings**.

RESNET/ANSI Standard 1550

Massachusetts 100-Home Embodied Carbon Study *(on going)*

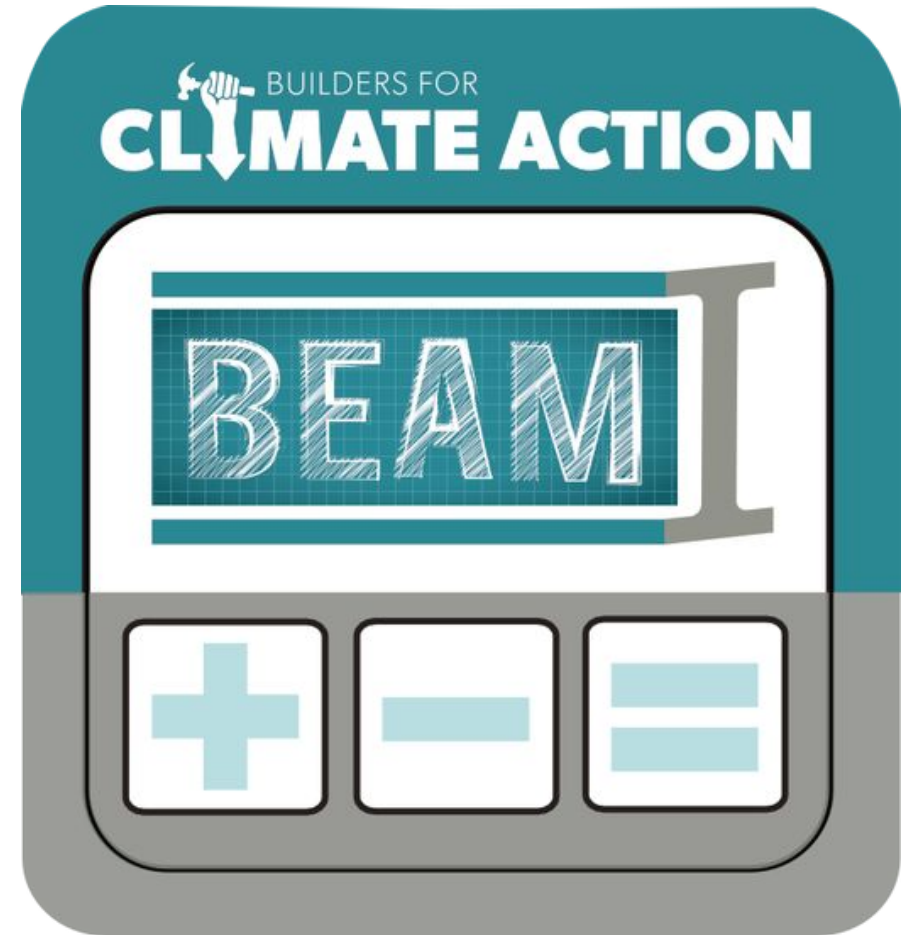
- designed an **beta integration tool** between HERS modeling software and the BEAM tool to quickly report on materials carbon
- tested raters' **workflow and enhanced workforce development** through training
- **Result: establish a baseline** for embodied carbon of homes in Massachusetts

Tools for Analysis

TOOL	Early Design Hotspot	Enclosure Comparison	Individual Material Comparison	LCCA + ESG	Net Zero Carbon	Residential	Retrofit Avoided Carbon	Whole Building LCA
<u>Autocase</u>				x				
<u>BEAM</u>	x	x	x			x		
<u>Building Ease</u>			x					
<u>CARE</u>							x	
<u>COVE</u>	x							
<u>EC3</u>			x					
<u>eTool</u>	x	x	x	x	x	x	x	x
<u>Kaleidoscope</u>		x						
<u>OneClick</u>	x	x	x	x	x	x	x	x
<u>PH Ribbon</u>		x			x			
<u>Tally</u>	x	x	x	x	x	x	x	x
<u>ZGF</u>			x					

Tools for Analysis

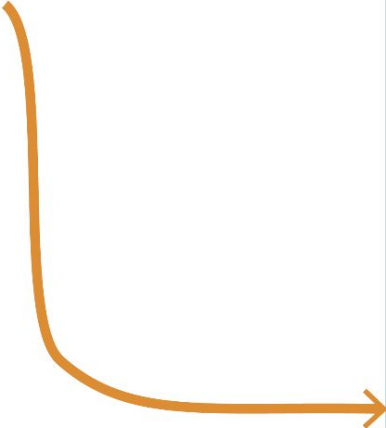
- Direct side-by-side material comparisons
- Assembly comparisons
- Design development
- Whole building models and comparisons
- “Alternative” materials with EPDs or LCA studies



Tools for Analysis

1- INPUT DIMENSIONS

on the **project sheet**.
 ex: 100 m² of exterior walls.



BUILDING EMISSIONS
 ACCOUNTING
 FOR MATERIALS

Input Units: Metric

Input Legend:

Required for saving projects
Used for materials calculations
Non-essential
Read only

Project Information

Project Name	Insulation Comparison	Construction Year	
Designer		Number of Bedrooms	
Engineer		Stories Above Grade	
Builder / Developer		Total Floor Area	m ²
Development Project		Above Grade Conditioned Area	m ²
Address		Below Grade Conditioned Area	m ²
City			
Province / State (Can./US only)			
Country	Canada		
Building Type	Single Detached House		
Construction Type	New Construction		
Project Development Stage	Schematic Design		

Basic Instructions

1. Fill in this sheet according to the Input Legend above.
 Tip: If your plans are PDFs, you might like to use this free tool to help take measurements from them: [PDFTron](#)
2. Specify materials in the section sheets listed along the bottom of the window from "Footings & Slabs" to "Garage." The sequence is not important.
3. Review material selections in the REVIEW sheet.
4. View material carbon results in the RESULTS sheet.

For full instructions and more, see the [BEAM User's Guide](#)

Building Dimension Inputs (Excluding Garage)

DIMENSION NAME	QTY	UNIT	DESCRIPTION	USED TO CALCULATE TAKE-OFFS FOR
CONTINUOUS FOOTINGS VOLUME	0.0	m ³	Length (m) x Height (m) x Width (m) <input type="text"/> x <input type="text"/> x <input type="text"/> Exclude: garage	Continuous (aka "strip") foundation wall footings (exterior and interior)
COLUMN PADS & PIERS VOLUME		m ³	Total volume of discontinuous column footings, pad, piers, etc. Excludes: garage	Discontinuous footing elements aside from continuous footings (ext. and int.)
FOUNDATION WALL AREA	100.0	m ²	Total foundation wall surface area (centerline length x height) Includes: basement, party walls. Excludes: openings, garage foundation	Foundation & basement wall insulation (ext. and int.), interior framing, and wall cladding
FOUNDATION SLAB AREA	100.0	m ²	Total foundation slab surface area Excludes: garage slab	Aggregate base, sub-slab insulation, slab, and basement flooring
EXTERIOR WALL AREA	100.0	m ²	Surface area of exterior walls. Includes: gable ends. Excludes: window & door openings, party walls, garage walls	Framing, insulation, sheathing, exterior cladding, and interior cladding of exterior walls
WINDOW AREA		m ²	Area of window frames (preferable) or rough openings Includes: full clearing area, skylights. Excludes: garage windows	Windows of main building
PARTY WALL AREA		m ²	Wall area that partitions this unit from others Typical for townhouses & apartment units	Party wall framing, insulation, sheathing, and interior cladding
INTERIOR WALL AREA		m ²	One side only (i.e. centerline) of all interior walls. Includes: interior door area. Excludes: exterior, garage partition and party walls	Interior wall framing and cladding (assumes both sides of walls are finished by default)
FRAMED FLOOR AREA		m ²	Above grade flooring area Excludes: basement floor slab, and floor openings	Floor framing, subfloor, floor insulation, finish flooring
FINISHED CEILING AREA		m ²	Total finished ceiling area Includes: basement ceilings. Excludes: garage ceilings	Ceiling cladding
ROOF INSULATION AREA	100.0	m ²	Area associated with roof insulation Typically equal to the ceiling area directly below the roof	Flat or sloped roof insulation
ROOF SURFACE AREA		m ²	Roofing surface area. Calculated with roof pitch Excludes: overhangs	Roof framing, decking, roofing, and insulation parallel to roof surface
TIMBER FRAMING VOLUME		m ³	Total volume of wood in heavy timber posts & beams Separate inputs for steel found in Structural Elements section	Mass timber framing elements

Introduction
PROJECT
Footings & Slabs
Foundation Walls
Structural Elements
Ext. Wall

Tools for Analysis

2- SPECIFY + SELECT

on the **section sheets**,
Specify additional factors -> e.i.

R-VALUE

ex: Compare 100m² of different cavity insulation with R-Value: 20 and select materials by checking the box.

EXTERIOR WALLS						SUBTOTAL (kg CO ₂ e)		BUILDER FOR CLIMATE ACTION	
SECTION COMPLETE? <input type="checkbox"/>						271			
CATEGORY	MATERIAL	QUANTITY	UNITS	%	SELECT	NET EMISSIONS (kg CO ₂ e)	EMISSIONS (kg CO ₂ e)	STORAGE (kg CO ₂ e)	
STRUCTURAL SHEATHING									
GYPSUM PANELS									
	Gypsum panels - glass mat / USG / Securock ExoAir 430 / 1/2"	100.0	m ²	100%	<input type="checkbox"/>	611	611	0	
	Gypsum panels - glass mat / 5/8" Type X / Gypsum Association [Industry Avg N.America]	100.0	m ²	100%	<input type="checkbox"/>	542	542	0	
	Gypsum panels - glass mat / 1/2" / Gypsum Association [Industry Avg N.America]	100.0	m ²	100%	<input type="checkbox"/>	471	471	0	
ORIENTED STRAND BOARD (OSB)									
	OSB sheathing / 5/8" / AWC & CWC [Industry Avg US & CA]	100.0	m ²	100%	<input type="checkbox"/>	385	385	0	
	OSB sheathing / 1/2" / AWC & CWC [Industry Avg US & CA]	100.0	m ²	100%	<input type="checkbox"/>	308	308	0	
PLYWOOD									
	Plywood / 3/4" / AWC & CWC [Industry Avg US & CA]	100.0	m ²	100%	<input type="checkbox"/>	418	418	0	
	Plywood / 5/8" / AWC & CWC [Industry Avg US & CA]	100.0	m ²	100%	<input type="checkbox"/>	349	349	0	
	Plywood / 1/2" / AWC & CWC [Industry Avg US & CA]	100.0	m ²	100%	<input type="checkbox"/>	279	279	0	
WOOD BOARDS									
	Wood / SPF / 3/4" boards / AWC & CWC [Industry Avg US & CA]	100.0	m ²	100%	<input type="checkbox"/>	120	120	0	
CAVITY INSULATION									
HIGH R-VALUE CAVITY INSULATION									
	Aerogel blanket / Aspen Aerogels / R9.6/inch	100.0	m ²	100%	<input type="checkbox"/>	6,499	6,499	0	
SPRAY POLYURETHANE FOAM - HIGH DENSITY									
	Spray polyurethane foam - High Density (HFC gas) / R 6.3/inch / SPFA [Industry Avg US & CA]	100.0	m ²	100%	<input type="checkbox"/>	5,995	5,995	0	
	Spray polyurethane foam - High Density (HFO gas) / R 6.5/inch / SPFA [Industry Avg US & CA]	100.0	m ²	100%	<input type="checkbox"/>	1,744	1,744	0	
SPRAY POLYURETHANE FOAM - CLOSED CELL									
	Spray polyurethane foam - Closed Cell (HFC gas) / R 6.6/inch / SPFA [Industry Avg US & CA]	100.0	m ²	100%	<input type="checkbox"/>	4,635	4,635	0	
	Spray polyurethane foam - Closed Cell (HFO gas) / R 6.6/inch / SPFA [Industry Avg US & CA]	100.0	m ²	100%	<input type="checkbox"/>	1,465	1,465	0	
	Spray polyurethane foam - Closed Cell (HFO gas) / Huntsman / Heatlok Soya HFO & Heatlok HFO / R 6.5/inch	100.0	m ²	100%	<input type="checkbox"/>	882	882	0	
SPRAY POLYURETHANE FOAM - OPEN CELL									
	Spray polyurethane foam - open cell / R 4.1/inch / SPFA [Industry Avg US & CA]	100.0	m ²	100%	<input type="checkbox"/>	500	500	0	
SHEEP WOOL INSULATION									
	Wool / Havelock Wool / Loose fill / R 4.4/inch	100.0	m ²	100%	<input checked="" type="checkbox"/>	271	620	349	
	Wool / Havelock Wool / Batts / R 3.6/inch	100.0	m ²	100%	<input type="checkbox"/>	354	926	573	
MINERAL WOOL BATT INSULATION									
	Mineral wool batt / Owens Corning / Thermafiber UltraBatt / R 4.3/inch	100.0	m ²	100%	<input type="checkbox"/>	1,409	1,409	0	
	Mineral wool batt / Rockwool / ComfortBatt R24 (5.5") / R 4.4/inch	100.0	m ²	100%	<input type="checkbox"/>	600	600	0	
	Mineral wool batt / [BEAM Avg]	100.0	m ²	100%	<input type="checkbox"/>	597	597	0	
	Mineral wool batt / Rockwool / ComfortBatt R15 (3.5") / R 4.3/inch	100.0	m ²	100%	<input type="checkbox"/>	461	461	0	
	Mineral wool batt / Rockwool / Safe'n'Sound, ComfortBatt / R 3.8/inch	100.0	m ²	100%	<input type="checkbox"/>	461	461	0	
	Mineral wool batt / Rockwool / ComfortBatt R14 (3.5") / R 4.0/inch	100.0	m ²	100%	<input type="checkbox"/>	415	415	0	
	Mineral wool batt / Rockwool / ComfortBatt R22 (5.5") / R 4.0/inch	100.0	m ²	100%	<input type="checkbox"/>	415	415	0	
	Mineral wool batt / Rockwool / ComfortBatt R24 SS (6" Steel Studs) / R 4.0/inch	100.0	m ²	100%	<input type="checkbox"/>	415	415	0	

Tools for Analysis

3- REVIEW

materials selection on the review sheet.

Quickly identify selected materials with **highest** and **lowest** carbon footprint

REVIEW PROJECT MATERIALS			11,745	13,519	1,774
SECTION	CATEGORY	MATERIAL	NET EMISSIONS (kg CO ₂ e)	CARBON EMISSIONS (kg CO ₂ e)	CARBON STORAGE (kg CO ₂ e)
Footings & Slabs	CONTINUOUS CONCRETE FOOTINGS	Concrete - 0-25 MPa, 0-14% FA/SL, GU / CRMCA [Industry Avg CA]	1,225	1,225	0
Footings & Slabs	CONCRETE SLABS	Concrete - 0-25 MPa, 0-14% FA/SL, GU / CRMCA [Industry Avg CA]	2,645	2,645	0
Footings & Slabs	REBAR FOR CONTINUOUS FOOTINGS	Rebar / Concrete Reinforcing Steel Institute [Industry Avg N.America] / 10M	60	60	0
Footings & Slabs	REINFORCING MESH FOR SLAB	Welded wire mesh / Serfas / 6' x 6' x 6Kg / Norway	107	107	0
Footings & Slabs	SUB-SLAB INSULATION	EPS foam board / R 4.0/inch avg [BEAM Avg US & CA]	656	656	0
Footings & Slabs	AGGREGATE BASE	Aggregate / US Average [Industry Avg]	106	106	0
Foundation Walls	CONCRETE FOUNDATION WALLS	Concrete - 0-25 MPa, 0-14% FA/SL, GU / CRMCA [Industry Avg CA]	928	928	0
Foundation Walls	REBAR FOR FOUNDATION WALLS	Rebar / Concrete Reinforcing Steel Institute [Industry Avg N.America] / 10M	90	90	0
Foundation Walls	CONTINUOUS INSULATION	XPS foam board / R 5.0/inch [BEAM Avg US & CA]	328	328	0
Exterior Walls	LIGHT WOOD FRAME WALLS	Wood / SPF / 2x8 Lumber / AWC & CWC [Industry Avg US & CA]	256	256	0
Exterior Walls	STRUCTURAL SHEATHING	Plywood / 1/2" / AWC & CWC [Industry Avg US & CA]	279	279	0
Exterior Walls	CAVITY INSULATION	Wood / Havelock Wood / Loose-fill / R 4.4/inch	271	620	349
Exterior Walls	CONTINUOUS INSULATION	Wood fiber board / GUTEX / Multi-Therm / R 3.6/inch, 40, 60, 80, 100, 120, 140, 160, 180, 200 mm	-382	387	769
Exterior Walls	ADDITIONAL MATERIALS	Mineral wool batt / [BEAM Avg]	383	383	0
Exterior Wall Cladding	EXTERIOR WALL CLADDING	Fiber Cement Cladding / James Hardie / HardiePlank / 8 mm	681	734	53
Exterior Wall Cladding	STRAPPING / FURRING	Wood / SPF / 1x2 Lumber / AWC & CWC [Industry Avg US & CA]	11	11	0
Exterior Wall Cladding	INTERIOR CLADDING FOR EXTERIOR WALLS	Drywall 1/2" [BEAM Avg US & CA]	163	163	0
Exterior Wall Cladding	INTERIOR CLADDING FOR EXTERIOR WALLS	Drywall 5/8" Type X / Gypsum Association [Industry Avg US & CA]	98	98	0
Windows	WINDOWS - DOUBLE-GLAZED	Window - double-glazed / Vinyl frame / BICA Study [US & CA]	1,770	1,770	0
Interior Walls	LIGHT WOOD FRAME INTERIOR WALLS	Wood / SPF / 2x4 Lumber / AWC & CWC [Industry Avg US & CA]	16	16	0
Interior Walls	LIGHT WOOD FRAME INTERIOR WALLS	Wood / SPF / 2x4 Lumber / AWC & CWC [Industry Avg US & CA]	83	83	0
Interior Walls	CLADDING FOR INTERIOR WALLS	Drywall 1/2" [BEAM Avg US & CA]	370	370	0
Floors	LIGHT WOOD FLOOR FRAMING	Wood / Joist / TJI 230/360 / 9-1/2" Depth / AWC & CWC [Industry Avg US & CA]	129	129	0
Floors	SUB FLOORING	Plywood / 1/2" / AWC & CWC [Industry Avg US & CA]	75	75	0
Floors	FLOOR CAVITY INSULATION	Fiberglass batt / R 3.6/inch [BEAM Avg]	20	20	0
Ceilings	CEILING FINISHES	Drywall 1/2" [BEAM Avg US & CA]	253	253	0
Roof	WOOD ROOF FRAMING	Wood / SPF / 2x12 Lumber / AWC & CWC [Industry Avg US & CA]	134	134	0
Roof	ROOFING	Metal Panels - Steel / Canadian Sheet Steel Building Institute / 24 gauge [Industry Avg CA]	1,182	1,182	0
Roof	ROOF CAVITY INSULATION	Cellulose / loose fill / R 3.7/inch / CIMA [Industry Avg US & CA]	-414	190	604
Roof	ADDITIONAL MATERIALS	Plywood / 1/2" / AWC & CWC [Industry Avg US & CA]	220	220	0


Tools for Analysis

4- SHARE

materials carbon results from the results sheet.

Represents the carbon footprint for the structure, enclosure and partitions of the whole building.

MATERIAL CARBON PROJECT RESULTS



PROJECT INFORMATION

Project Name	Test House	Construction Year	2022
Design Firm(s)		Number of Bedrooms	2
Engineering Firm(s)		Stories Above Grade	1
Builder / Developer		CONDITIONED AREA	
Development Project		Above Grade	92 m ²
Street Address		Below Grade	0 m ²
City		Total	92 m ²
Province / State		GROSS AREA	
Country	Canada	Excluding Garage	92 m ²
Building Type	Single Detached House	Garage	0 m ²
Construction Type	New Construction	Total	92 m ²
Project Stage	Construction Complete		

MATERIAL CARBON EMISSIONS BY SECTION

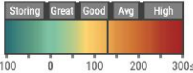
Footings & Slabs	4,799 kg CO ₂ e	
Foundation Walls	1,346 kg CO ₂ e	
Structural Elements	0 kg CO ₂ e	
Exterior Walls	807 kg CO ₂ e	
Party Walls	0 kg CO ₂ e	
Exterior Wall Cladding	954 kg CO ₂ e	
Windows	1,770 kg CO ₂ e	
Interior Walls	469 kg CO ₂ e	
Floors	224 kg CO ₂ e	
Ceilings	253 kg CO ₂ e	
Roof	1,122 kg CO ₂ e	
Garage	0 kg CO ₂ e	
NET TOTAL	11,745 kg CO₂e	MCE (kg CO ₂ e) 0 5,000

MATERIAL CARBON RESULTS

MCE	MCI (Conditioned)
Net Project Emissions	11,745 kg CO ₂ e
	128 kg CO ₂ e/m ²

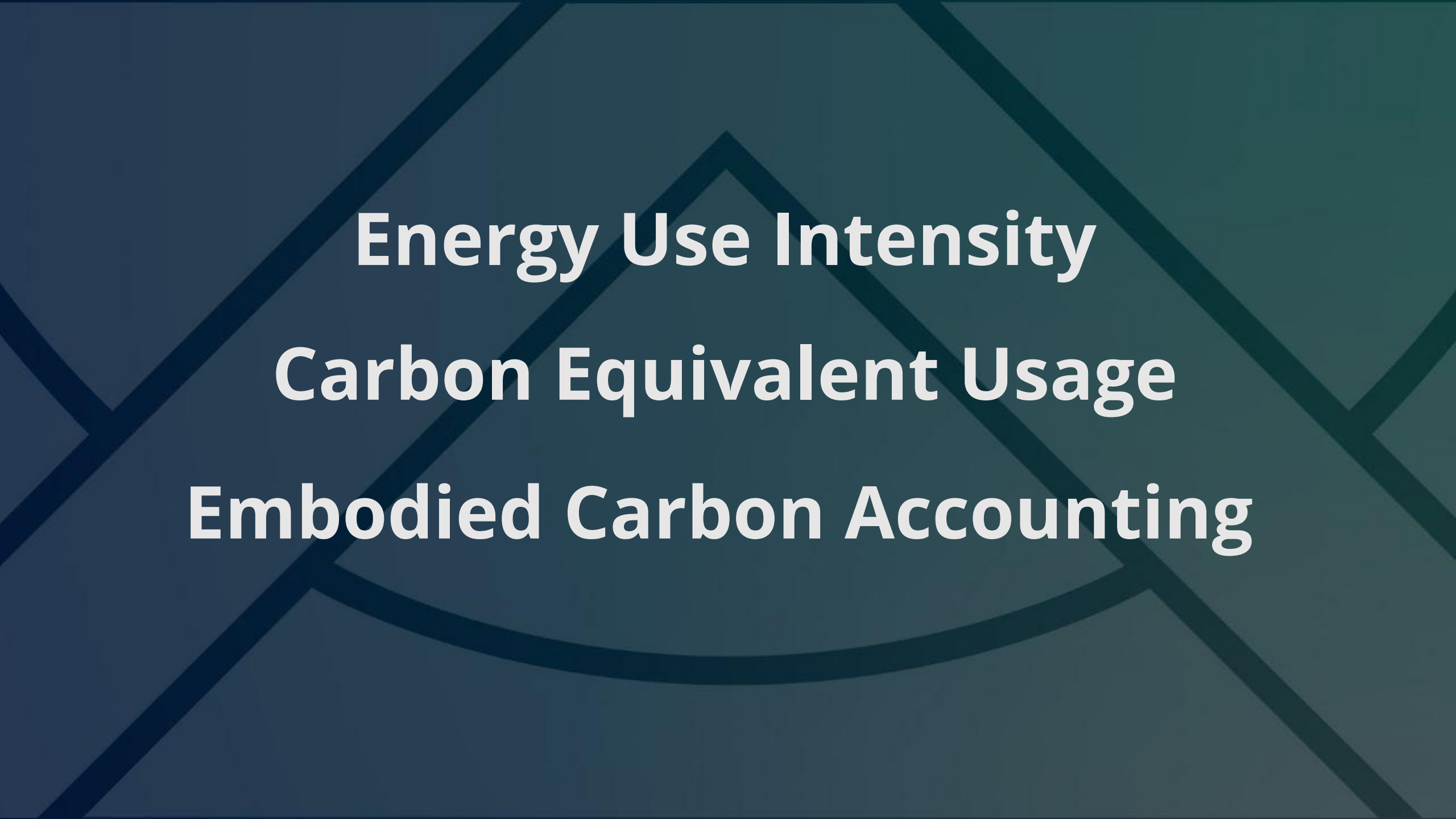
MCI by Area Type							
	Metric	Imperial					
Total Area	127.7	26.1					
Conditioned Area	127.7	26.1					

MCE: Material Carbon Emissions (net total)
 MCI: Material Carbon Intensity (MCE per unit area)



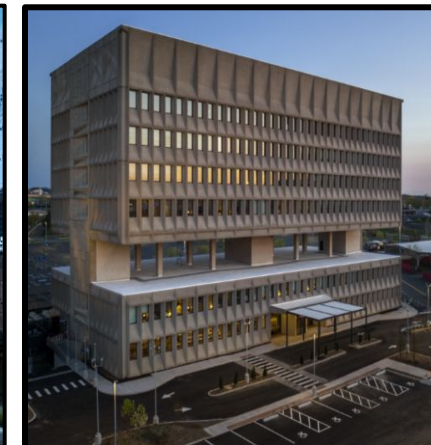
C-Neg BPM BAM MCM HCM
 BCA Reporting Conventions

Windows ▾
Int. Walls ▾
Floors ▾
Ceilings ▾
Roof ▾
Garage ▾
REVIEW ▾
RESULTS ▾



Energy Use Intensity
Carbon Equivalent Usage
Embodied Carbon Accounting

Energy: Modeled vs. Actual Emissions



	211 W 29th		511 E 86th		Columbus Commons		Cornell Tech		Hotel Marcel	
	Site Energy Consumption kBtu/sf.yr									
	Predicted	Actual	Predicted	Actual	Predicted	Actual	Predicted	Actual	Predicted	Actual
Heating	0.42	3.75	0.81	1.36	0.6	1.1	1.06	5.2	5.55	7.2
Cooling	0.79	1.09	1.18	1.39	0.4	4.1	0.92	1.9	1.34	3.8
Domestic Hot Water	4.53	9.4	5.81	10.04	4.4	9.1	5.88	7.8	2.69	8.4
Lighting and Plug Loads	8.48	16.63	7.21	20.02	9.7	8.9	9.81	16.94	20.49	42.9
Total EUI	14.2	30.69	15.0	33.1	15.1	23.2	17.7	31.8	30.1	62.3

Energy: Actual Emissions After a Year of Cx



Columbus Commons	
5 Stories over Amenity/Retail, 80 units, 110,600 GSF	
ASHP, NG Central DHW, ERV	
HERS Range	37 - 43
Carbon Index	48 - 53
Modeled Total Building EUI	15.0
Actual Total Building EUI*	18.0
* July 2023 - June 2024	

Hotel Marcel	
Renovated 165 Room Hotel, 111,000 GSF	
VRF, HPWH, ERV	
Modeled EUI	30.1
First Year, Actual EUI	62.3
Second Year, Actual EUI*	42.0
*After Final Cx, and HP Dryers replaced Electric Dryers	

Canaan Parish	
4 story MF, 40 units, 61,500 GSF	
ASHP, NG Tankless, Exhaust Only	
HERS Range	49 - 60
Carbon Index	70 - 89
Modeled EUI	35.0
Actual Total Building EUI*	45.0
* July 2023 - June 2024	

Hotel Marcel: Modeled vs. Actual Emissions



Hotel Marcel: Modeled vs. Actual Emissions



Operational Carbon Emissions



Columbus Commons	
5 Stories over Amenity/Retail, 80 units, 110,600 GSF	
Operational Carbon Emissions (kg CO ₂ e · yr)	148,948
Operational Carbon Emissions (kg CO ₂ e/sf · yr)	1.35

Actual kBtu/sf·yr 18



Canaan Parish	
4 story MF, 40 units, 61,500 GSF	
Operational Carbon Emissions (kg CO ₂ e · yr)	207,984
Operational Carbon Emissions (kg CO ₂ e/sf · yr)	3.38

Actual kBtu/sf·yr 45

Embodied Carbon Emissions vs EUI



Canaan Parish	
4 story MF, 40 units, 61,500 GSF	
Operational Carbon Emissions (kg CO ₂ e ·yr)	207,984
Operational Carbon Emissions (kg CO ₂ e/sf ·yr)	3.38

Footings & Slabs	97,535 kg CO ₂ e
Foundation Walls	24,004 kg CO ₂ e
Structural Elements	29,112 kg CO ₂ e
Exterior Walls	50,984 kg CO ₂ e
Party Walls	19,625 kg CO ₂ e
Exterior Wall Cladding	45,234 kg CO ₂ e
Windows	55,620 kg CO ₂ e
Interior Walls	36,908 kg CO ₂ e
Floors	65,009 kg CO ₂ e
Ceilings	18,212 kg CO ₂ e
Roof	64,584 kg CO ₂ e
Garage	0
NET TOTAL	644,717 kg CO₂e

Embodied Carbon Emissions
(kg CO₂e/sf) = **10.48**

Embodied Carbon Emissions vs Average

RMI Low-rise Residential Study

Average home ~184 kg CO₂e/m²

- New low-rise residential homes (SF, duplexes, townhomes, and apartments buildings <3 stories)
- ~5 occupants
- Based on 921 homes in US, Canada and Europe
- Includes structure, enclosure and partitions

Canaan Parish

Canaan Parish ~113 kg CO₂e/m²

- 40 units, 4 stories
- ~130 occupants
- Includes structure, enclosure and partitions
- Excludes parking garage structure



<https://rmi.org/insight/hidden-climate-impact-of-residential-construction/>

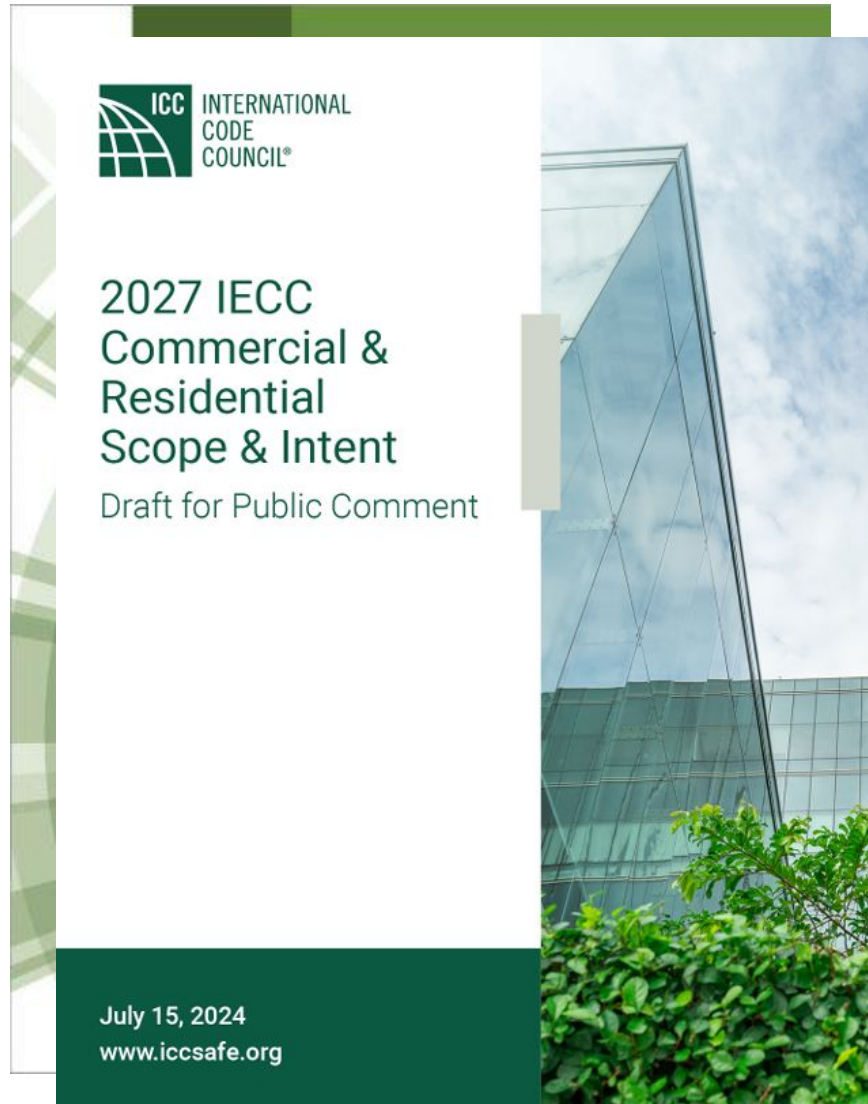


Drivers

Code



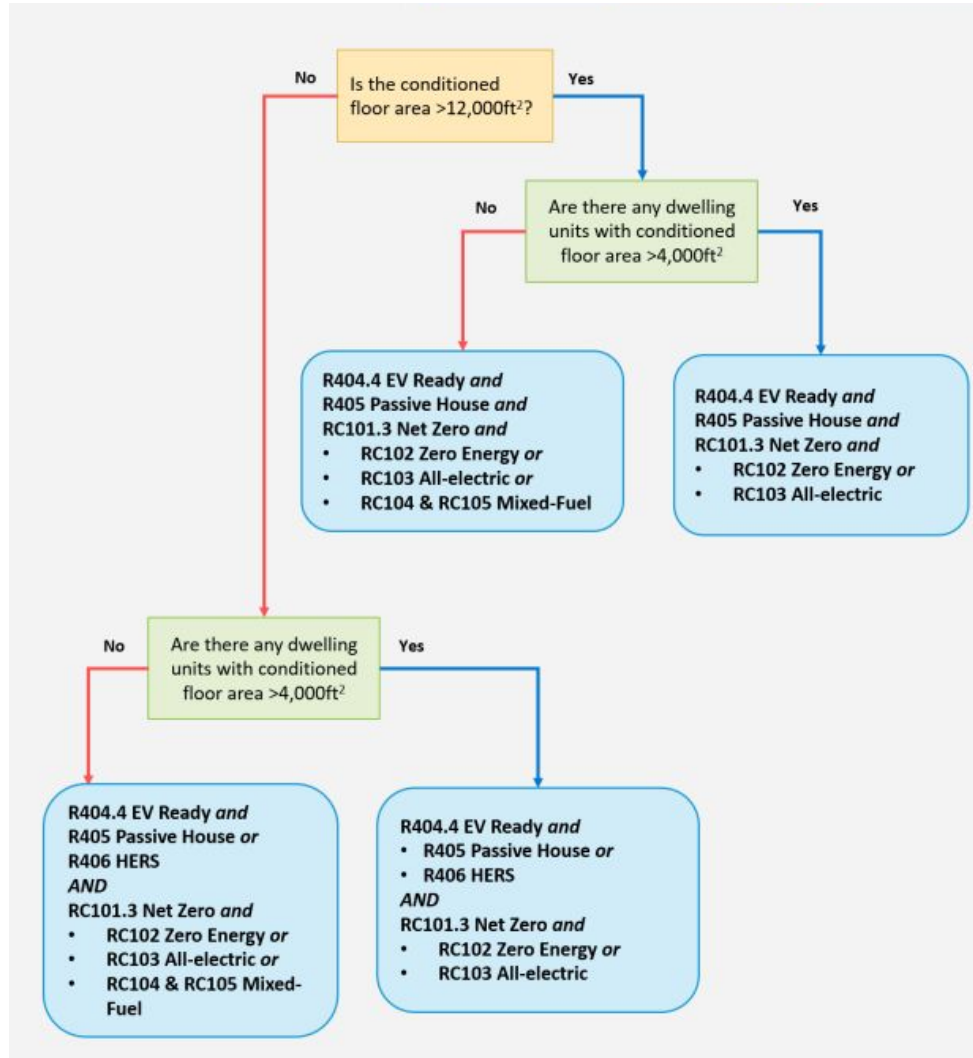
Code



2024 IECC - What Happened?

<https://bit.ly/4hldWPZ>

Massachusetts Stretch Code



2023 TECHNICAL GUIDANCE

MASSACHUSETTS STRETCH ENERGY CODES



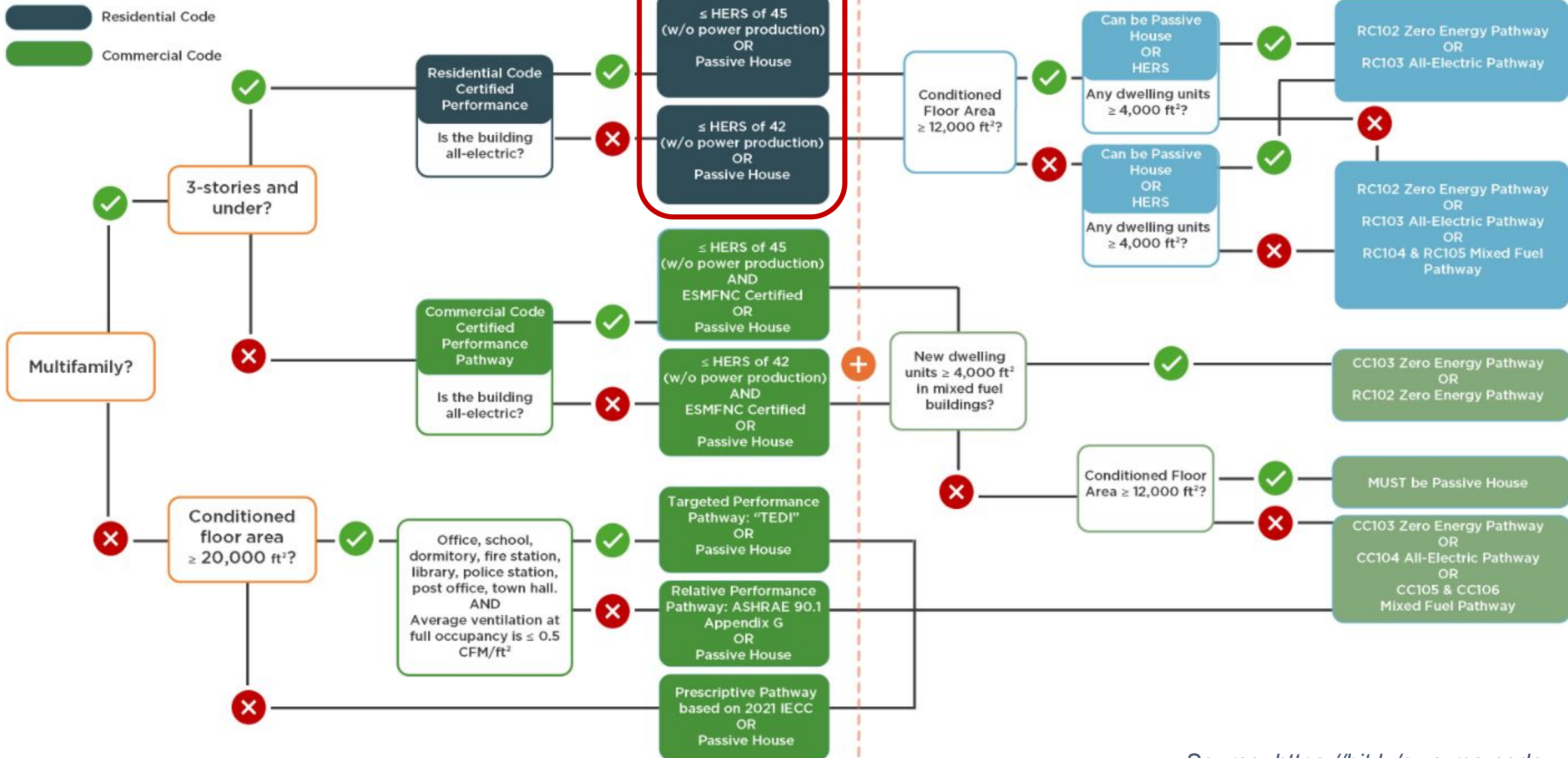
A reference and instructional guide for **Massachusetts Energy Stretch and Specialized Codes**

Stretch Code Compliance Pathways

After July 1st, 2024 by Permit Date

Specialized Opt-In Stretch Code Compliance Pathways

After July 1st, 2024 by Permit Date



Source: <https://bit.ly/swa-ma-code>

Mass Stretch Embodied Carbon Credit

Clean Energy Application	HERS Target	HERS Target with R406.5.2 EC Credit
Mixed Fuel Building	42	45
All-Electric Building	45	48

Add Subsection R406.5.2, Embodied Carbon Credit

1. Insulation: new single dwelling units that demonstrate a calculated insulation GWP intensity (kg CO₂e/m²) less than 0 . . . based on table default values, or product specific EPDs or calculations in the approved tools: EC3 and BEAM, may be used . . .

OR

2. Low GWP Concrete Mix Credit: new single dwelling units that demonstrate a calculated concrete mix GWP \leq 100% of the 2022 NRMCA Northeast Benchmark average . . .

DOER regulations went into effect in February 14, 2025

Mass Save Proposed Incentives

On 2/28/25...

We further see merit in the Program Administrators continuing to coordinate their energy efficiency programs with other building decarbonization programs initiated by the Commonwealth, such as the embodied carbon intergovernmental coordinating council, and we remain open to the future possibility of stacking energy efficiency funds with other funds focused on embodied carbon measures. However, for the reasons discussed above, we find that consideration of an Embodied Carbon measure in the context of the Three-Year Plans is premature.

Embodied Carbon Education in Massachusetts



EMBODIED CARBON REDUCTION CHALLENGE

THE CHALLENGE: REDUCE UPFRONT CARBON OF BUILDINGS

ENTRIES DUE APRIL 3, 2024 | 5:00 PM

~\$400,000 in cash prizes awarded to 11 lead applicants

BERDO and BEUDO

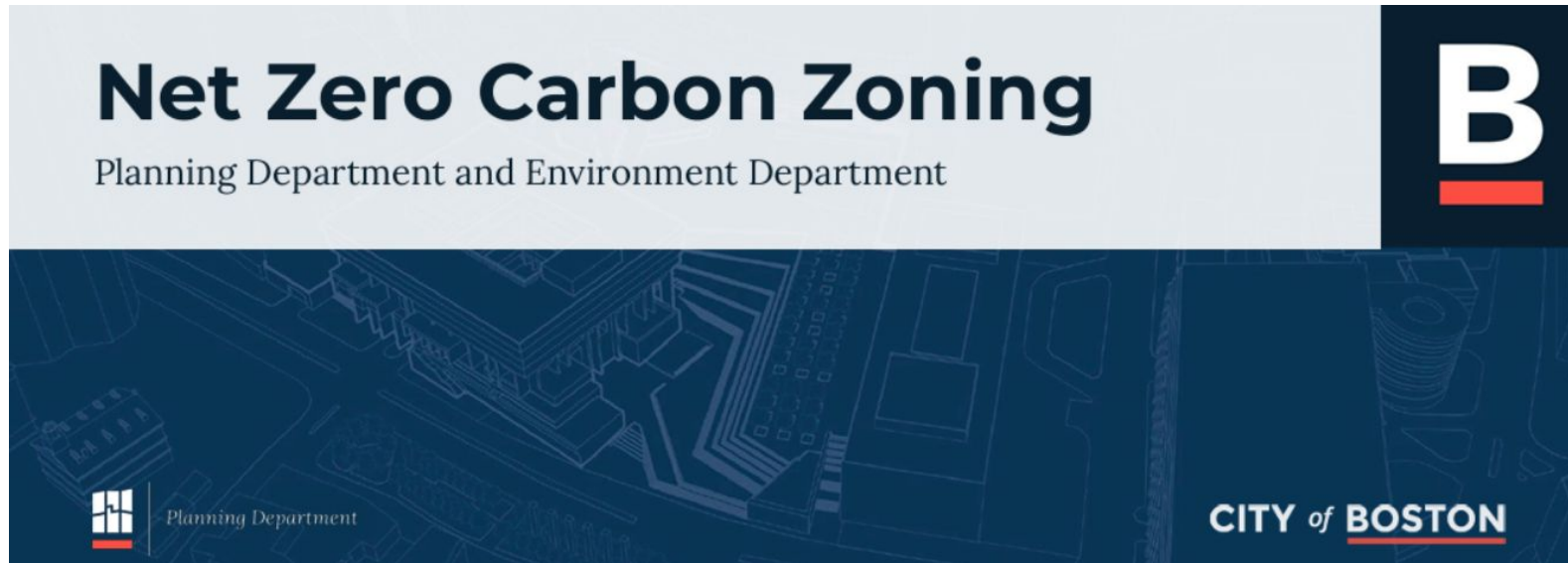
Boston's Building Emissions Reduction and Disclosure Ordinance (**BERDO**) - requirements for large existing buildings to reduce their greenhouse gas

The Building Energy Use Disclosure Ordinance (**BEUDO**) – enacted by the Cambridge City Council

Estimated average ranges for compliance (2025-2050)

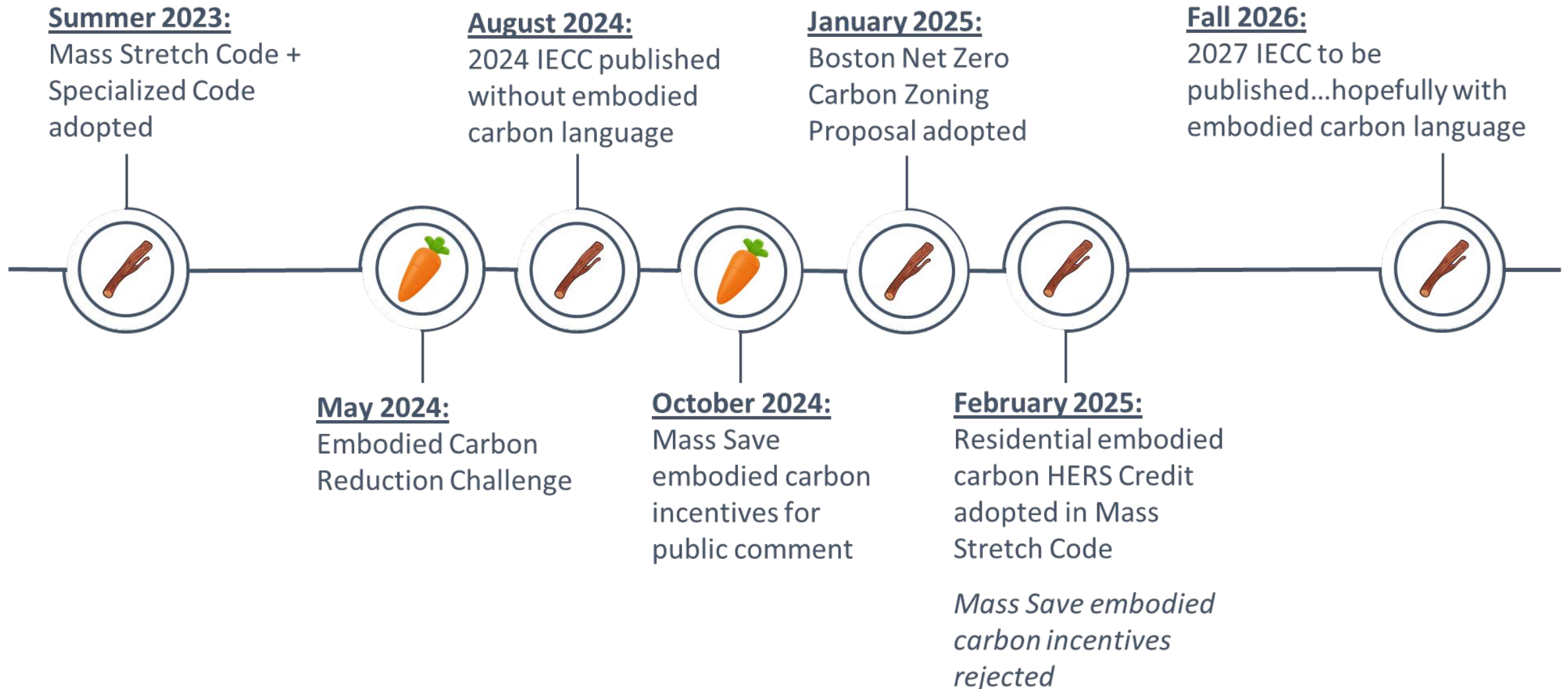


Boston Net Zero Carbon Zoning Proposal



- Passed in January of this year
- Starting July 1, 2025, new project filings will be required to be **Net Zero Ready** through BERDO at **day of opening**
- Requires **reporting on embodied carbon**
- Applies to new buildings with 15+ units or 20,000+ SF and additions of 50,000+ SF

Embodied Carbon Carrots and Sticks Timeline





Action

Action Items

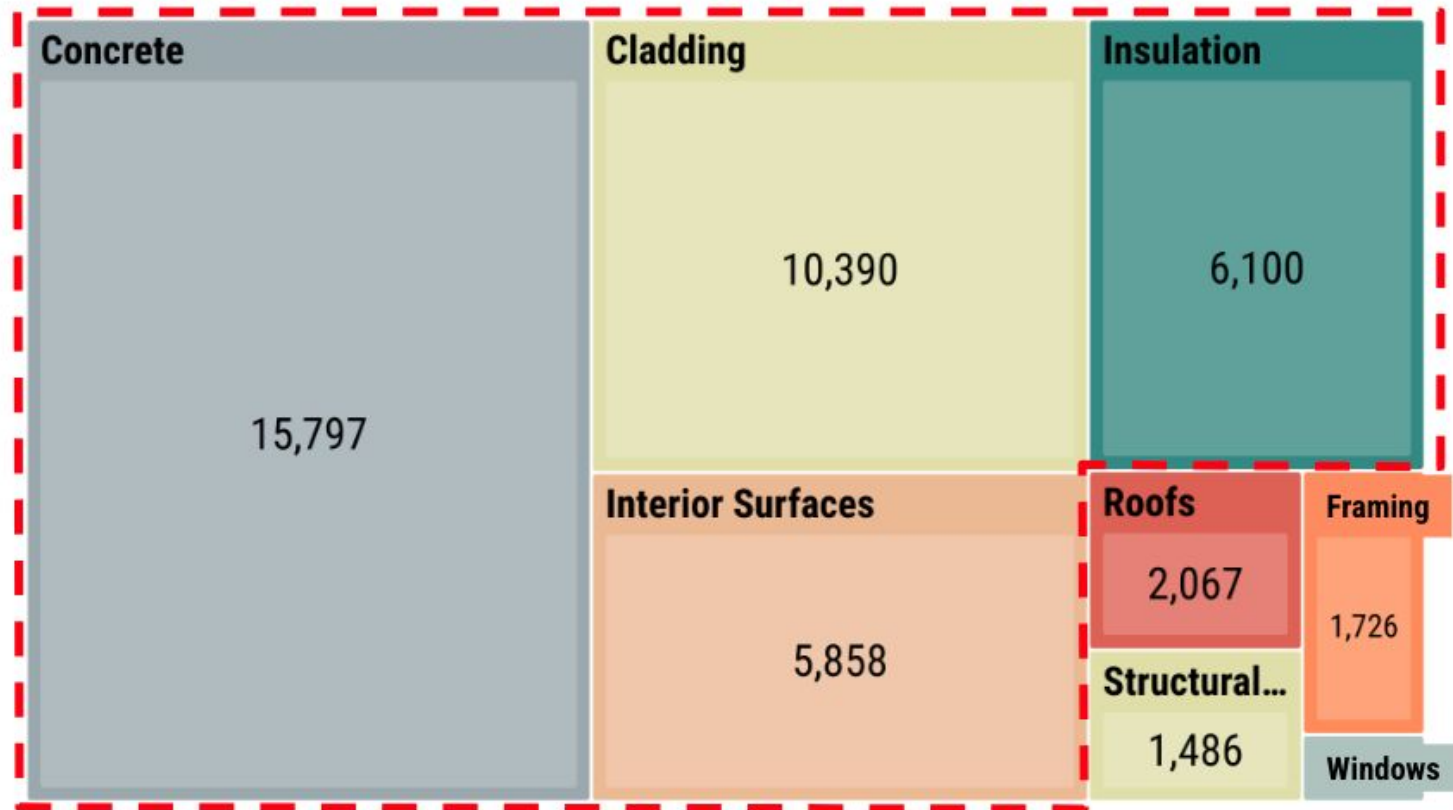
- 1. Retrofit / Reuse material**
- 2. Design to minimize:**
the size of your building, the concrete use and loads, the need of finishes
- 3. Choose lower emission / carbon storing material** (insulation)
- 4. Consider circular design :**
reusability, recyclability, design for disassembly and durability
- 5. Sourcing : sustainable, regenerative and/or local materials**

Action Items

Net Zero As-Built - MCE Results per material

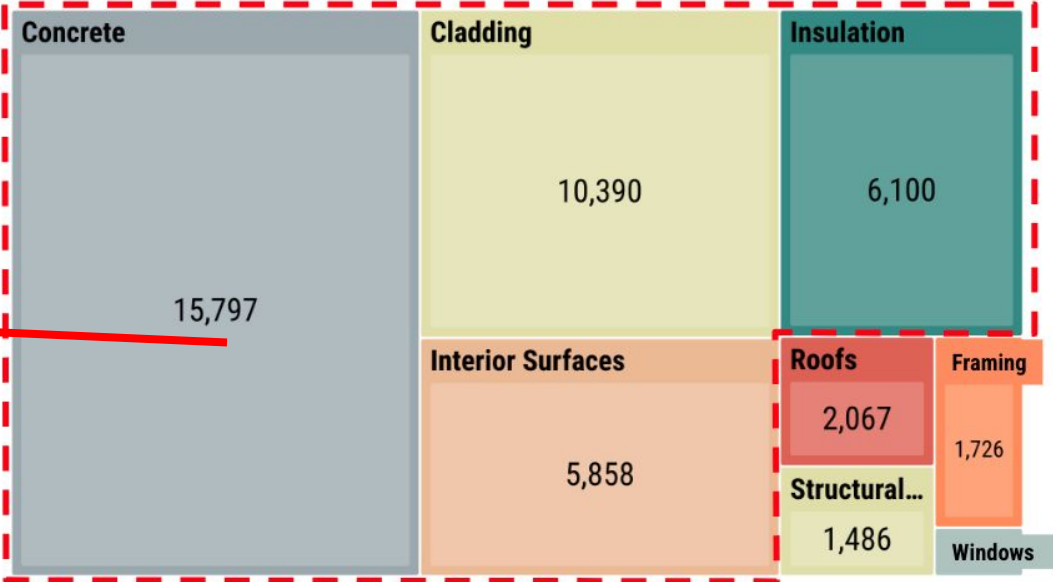
83% MCE from 4 material categories :

- Concrete
- Cladding
- Insulation
- Interior Surfaces



Net Zero As-Built - Total : 45,998 kg CO2e

Action Items



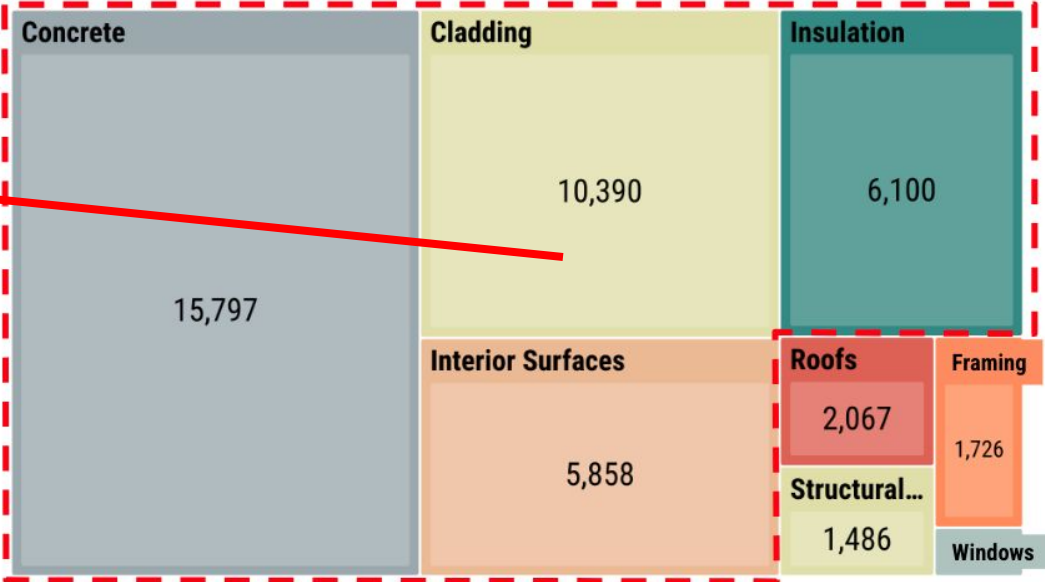
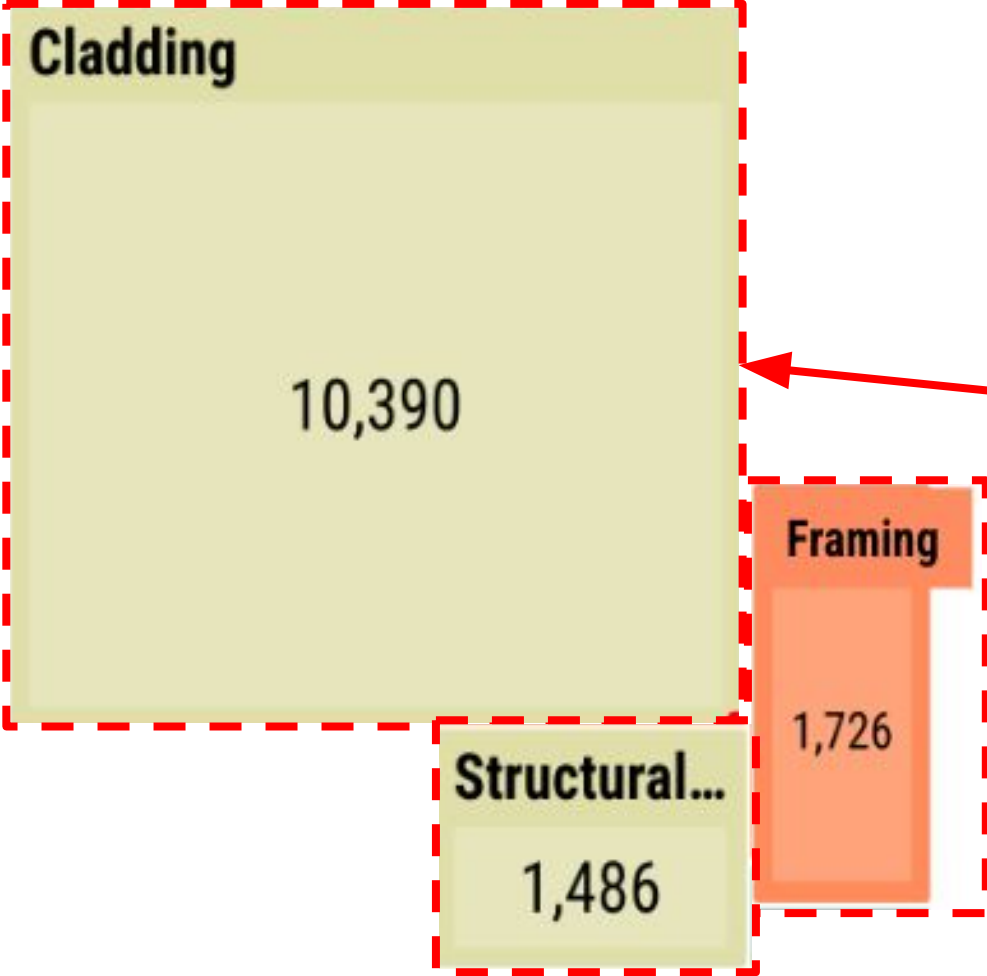
Net Zero As-Built - Total : 45,998 kg CO2e

Concrete

- Reduce massing
- Optimize required strength
- Optimize formulations: *SCMs, PLC/Type 1L (Limestone), Gap-Graded Aggregate*
- Engage SE, CM, Ready Mix to secure lowest % GWP reduction at best cost
- Emerging tech: Pozzotive, Biochar, Natural SCMs/LC3, CarbonCure/Solidia
- Novel tech: Sublime Systems, Prometheus Materials, Blue Planet



Action Items



Net Zero As-Built - Total : 45,998 kg CO2e

Framing and Cladding

- **Reduce Massing**
- **Optimize Required Strength** (framing) /
Optimize durability with rainscreens, species selection, etc. (cladding)
- Wood Studs vs Steel Studs / Wood vs Fiber Cement
- Do The Math and Know The Source:
Mass Timber GWP Can Vary, Impacts Beyond GWP



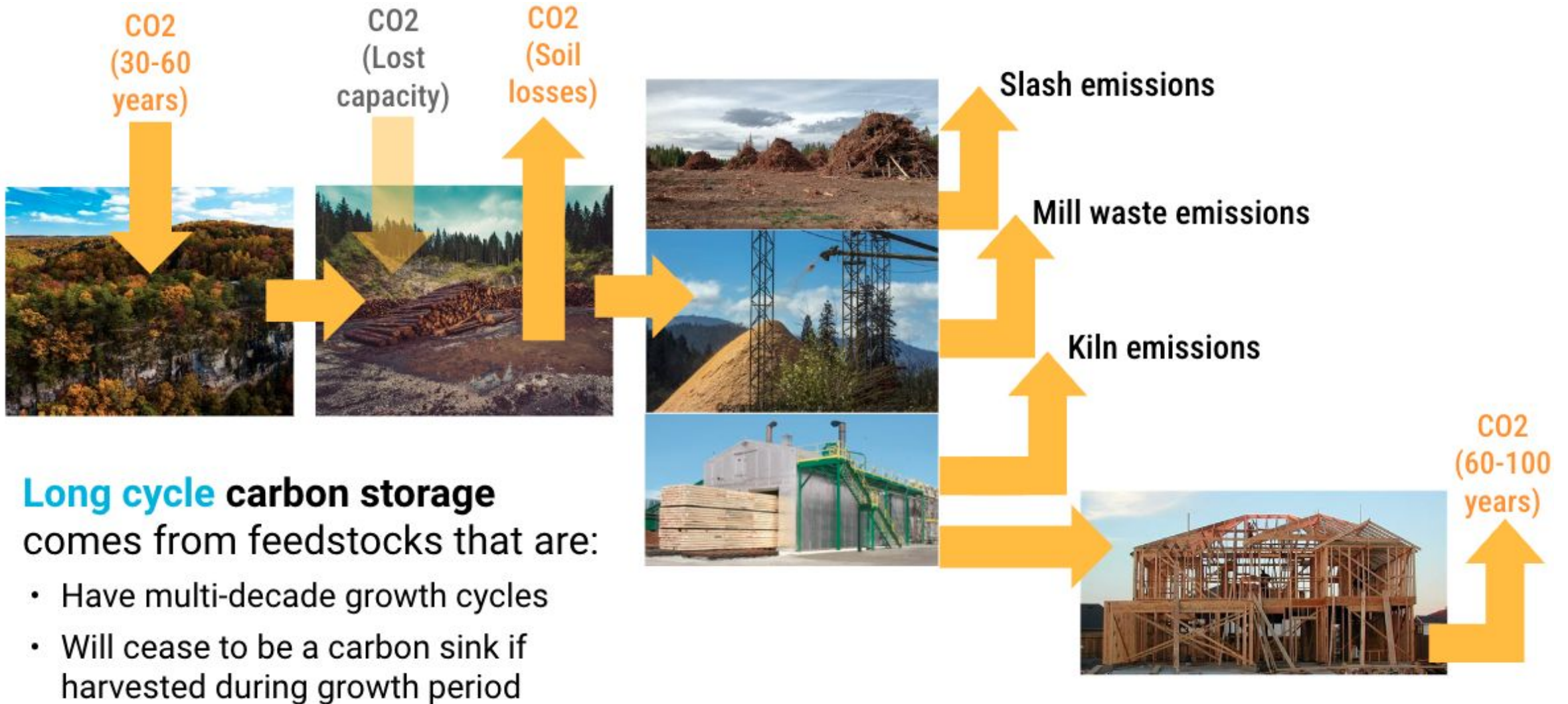
Framing

CATEGORY	MATERIAL	QUANTITY	UNITS	%	SELECT	NET EMISSIONS kg CO ₂ e	GROSS EMISSIONS kg CO ₂ e	STORAGE Short Cycle kg CO ₂ 🖐️	STORAGE Long Cycle kg CO ₂ 🖐️	SELECT Long Cycle
LIGHT STEEL FRAME WALLS		FRAMING SPACING	16		in					
LIGHT STEEL FRAMING – 16 GAUGE (2X6)										
	Steel studs - Load bearing / Steel Framing Industry Assn / 600-S-137-54, 16 gauge [Industry Avg, US & CA]	200.0	ft ²	100%	<input type="checkbox"/>	449	449	0	0	
	Steel studs - Load bearing / Scafco / 600-S-137-54, 16 gauge	200.0	ft ²	100%	<input type="checkbox"/>	605	605	0	0	
	Steel studs - Load bearing / MarinoWARE / Structural stud and track / 600-S-137-54, 16 gauge	200.0	ft ²	100%	<input type="checkbox"/>	456	456	0	0	
	Steel studs - Load bearing / ClarkDietrich / 600-S-137-54, 16 gauge	200.0	ft ²	100%	<input type="checkbox"/>	438	438	0	0	
LIGHT STEEL FRAMING – 20 GAUGE (2X4)										
	Steel studs - Non-loadbearing / Steel Framing Industry Assn / 362-S-137-54 20EQ gauge [Industry Avg, US+Can]	200.0	ft ²	100%	<input type="checkbox"/>	108	108	0	0	
	Steel studs - Non-loadbearing / Scafco / 362VS125-18, 20EQ gauge	200.0	ft ²	100%	<input type="checkbox"/>	146	146	0	0	
	Steel studs - Non-loadbearing / MarinoWARE / Viper Stud Viper 20 / 20EQ gauge	200.0	ft ²	100%	<input type="checkbox"/>	110	110	0	0	
	Steel studs - Non-loadbearing / ClarkDietrich / 362-S-125-18, 20EQ gauge	200.0	ft ²	100%	<input type="checkbox"/>	106	106	0	0	
LIGHT WOOD FRAME WALLS		FRAMING SPACING	16.0		in					
FRAMING LUMBER – SPRUCE-PINE-FIR										
	Wood / SPF / 2x8 Lumber / AWC & CWC [Industry Avg US & CA]	200.0	ft ²	100%	<input type="checkbox"/>	54	54	0	650	<input type="checkbox"/>
	Wood / SPF / 2x8 Lumber / Surfaced Dry Softwood Lumber Produced in British Columbia	200.0	ft ²	100%	<input type="checkbox"/>	39	39	0	605	<input type="checkbox"/>
	Wood / SPF / 2x6 Lumber / AWC & CWC [Industry Avg US & CA]	200.0	ft ²	100%	<input type="checkbox"/>	41	41	0	493	<input type="checkbox"/>
	Wood / SPF / 2x6 Lumber / Surfaced Dry Softwood Lumber Produced in British Columbia	200.0	ft ²	100%	<input type="checkbox"/>	30	30	0	459	<input type="checkbox"/>
	Wood / SPF / 2x4 Lumber / AWC & CWC [Industry Avg US & CA]	200.0	ft ²	100%	<input type="checkbox"/>	26	26	0	314	<input type="checkbox"/>

Cladding

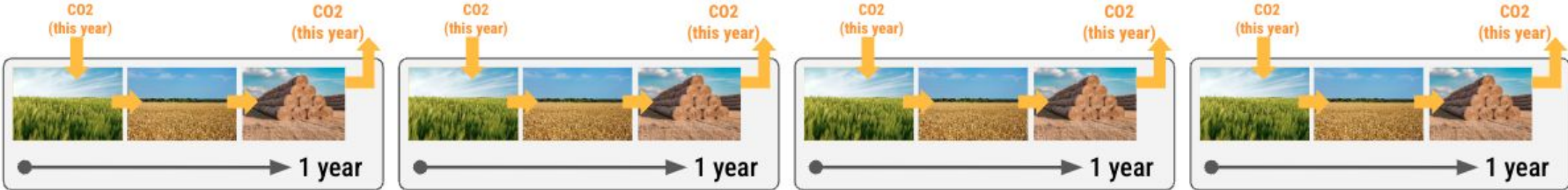
CATEGORY	MATERIAL	QUANTITY	UNITS	%	SELECT	NET EMISSIONS kg CO ₂ e	GROSS EMISSIONS kg CO ₂ e	STORAGE Short Cycle kg CO ₂ 🖐️	STORAGE Long Cycle kg CO ₂ 🖐️	SELECT Long Cycle
FIBER CEMENT SIDING										
	Fiber Cement siding [BEAM Avg]	187.8	m²	100%	<input type="checkbox"/>	1,248	1,555	307	0	
	Fiber Cement siding / Equitone / Pictura, Natura Pro, sheets / 8 mm [EU]	187.8	m ²	100%	<input type="checkbox"/>	2,626	3,062	436	0	
	Fiber Cement siding / Equitone / Linea Lunara sheets / 10 mm [EU]	187.8	m ²	100%	<input type="checkbox"/>	1,209	1,465	256	0	
	Fiber Cement siding / JamesHardie / Hardie Plank HZ5, Hardie Panel HZ5, Hardie Architectural Panel HZ5 / 8 mm	187.8	m ²	100%	<input type="checkbox"/>	1,107	1,433	326	0	
	Fiber Cement siding / JamesHardie / Hardie Plank HZ10, Hardie Panel HZ10, Hardie Architectural Panel HZ10 / 8 mm	187.8	m ²	100%	<input type="checkbox"/>	957	1,285	328	0	
	Fiber Cement siding / JamesHardie / Hardie Shingle HZ5 / 6.3 mm	187.8	m ²	100%	<input type="checkbox"/>	859	1,123	264	0	
	Fiber Cement siding / JamesHardie / Hardie Shingle HZ10 / 6.3 mm	187.8	m ²	100%	<input type="checkbox"/>	730	960	230	0	
NATURAL WOOD SIDING										
	Cedar Siding / Western Red Cedar Lumber Assn / 1x6 Boards [Industry Avg CA]	187.8	m²	100%	<input type="checkbox"/>	324	324	0	1,235	<input type="checkbox"/>
	Wood / SPF / 3/4" boards / AWC & CWC [Industry Avg US & CA]	187.8	m²	100%	<input type="checkbox"/>	226	226	0	2,718	<input type="checkbox"/>
	Wood cladding / BurntWood / ReUse with linseed oil treatment / 18 mm [EU]	187.8	m ²	100%	<input type="checkbox"/>	635	1,095	460	5,628	<input type="checkbox"/>
	Wood cladding / BurntWood / ReUse without surface treatment / 18 mm [EU]	187.8	m ²	100%	<input type="checkbox"/>	449	449	0	5,628	<input type="checkbox"/>
NATURAL WOOD SIDING										
	Cedar Siding / Western Red Cedar Lumber Assn / 1x6 Boards [Industry Avg CA]	187.8	m²	100%	<input type="checkbox"/>	-911	324	0	1,235	<input checked="" type="checkbox"/>
	Wood / SPF / 3/4" boards / AWC & CWC [Industry Avg US & CA]	187.8	m²	100%	<input type="checkbox"/>	-2,492	226	0	2,718	<input checked="" type="checkbox"/>
	Wood cladding / BurntWood / ReUse with linseed oil treatment / 18 mm [EU]	187.8	m ²	100%	<input type="checkbox"/>	-4,994	1,095	460	5,628	<input checked="" type="checkbox"/>
	Wood cladding / BurntWood / ReUse without surface treatment / 18 mm [EU]	187.8	m ²	100%	<input type="checkbox"/>	-5,180	449	0	5,628	<input checked="" type="checkbox"/>

Wood Carbon Storage

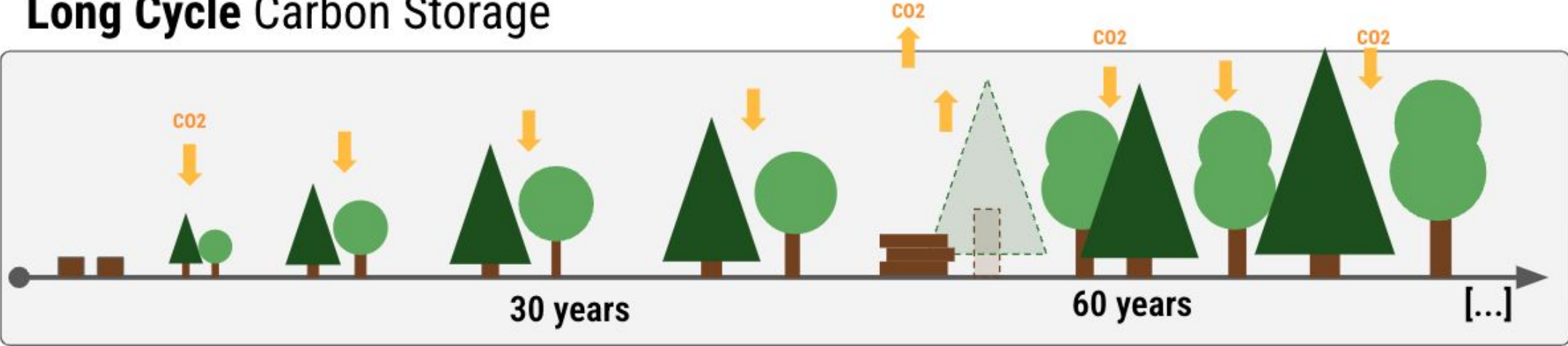


Wood Carbon Storage

Short Cycle Carbon Storage



Long Cycle Carbon Storage



Wood Carbon Storage

BEAM v1.1 enables selective carbon storage for timber

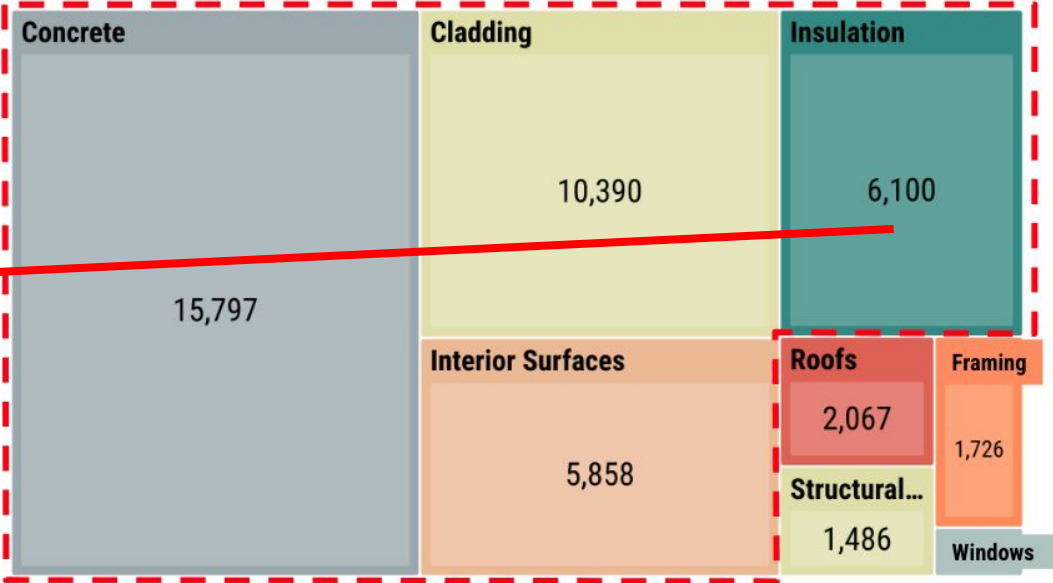
PROJECT NAME: Sample Project DOE Prototype
 SCENARIO: Baseline
 BEAM VERSION: V1.1

SECTION COMPLETE?

0	0	0	0
NET EMISSIONS kg CO ₂ e	GROSS EMISSIONS kg CO ₂ e	STORAGE Short Cycle kg CO ₂ 🖐️	STORAGE Long Cycle kg CO ₂ 🖐️

CATEGORY	MATERIAL	QUANTITY	UNITS	%	SELECT	NET EMISSIONS kg CO ₂ e	GROSS EMISSIONS kg CO ₂ e	STORAGE Short Cycle kg CO ₂ 🖐️	STORAGE Long Cycle kg CO ₂ 🖐️	SELECT Long Cycle
LIGHT WOOD FRAME WALLS		FRAMING SPACING	16.0	in						
FRAMING LUMBER – SPRUCE-PINE-FIR										
	Wood / SPF / 2x8 Lumber / AWC & CWC [Industry Avg US & CA]	100.0	ft ²	100%	<input type="checkbox"/>	-298	27	0	325	<input checked="" type="checkbox"/>
	Wood / SPF / 2x8 Lumber / Surfaced Dry Softwood Lumber Produced in British Columbia	100.0	ft ²	100%	<input type="checkbox"/>	20	20	0	302	<input type="checkbox"/>
	Wood / SPF / 2x6 Lumber / AWC & CWC [Industry Avg US & CA]	100.0	ft ²	100%	<input type="checkbox"/>	20	20	0	246	<input type="checkbox"/>
	Wood / SPF / 2x6 Lumber / Surfaced Dry Softwood Lumber Produced in British Columbia	100.0	ft ²	100%	<input type="checkbox"/>	15	15	0	229	<input type="checkbox"/>

Action Items



Net Zero As-Built - Total : 45,998 kg CO2e

Insulation

- **Find the Optimal Thermal Value**
(don't over-insulate)
- **Choose Plant Based Products**
- **Avoid Plastic Based Products**
- **Pay attention to the Chemicals** (Binders, Fire Retarders, VOC's)



Insulation

Higher GWP



XPS



Closed Cell Spray Foam

Wood Fiber

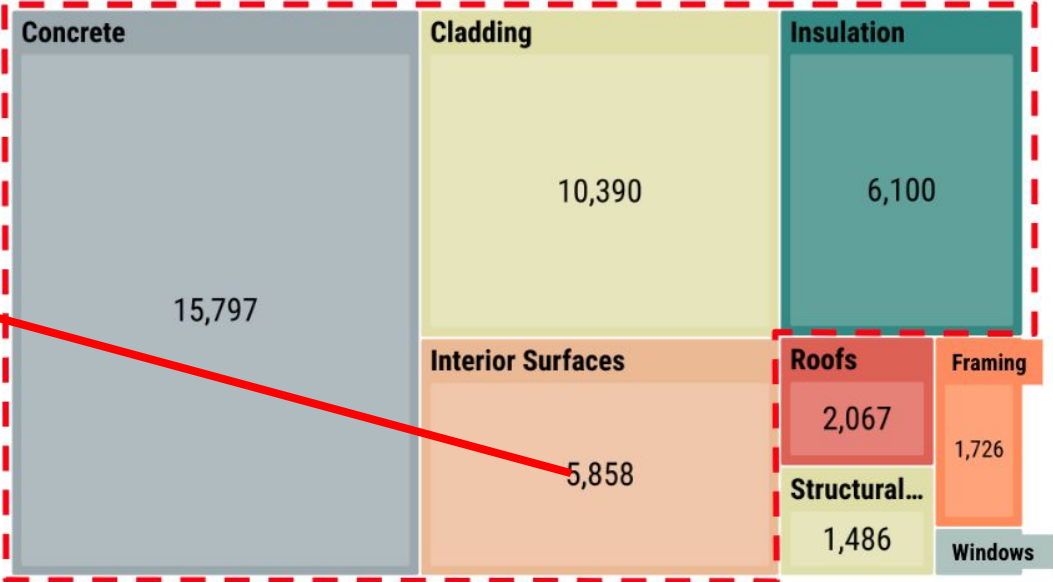
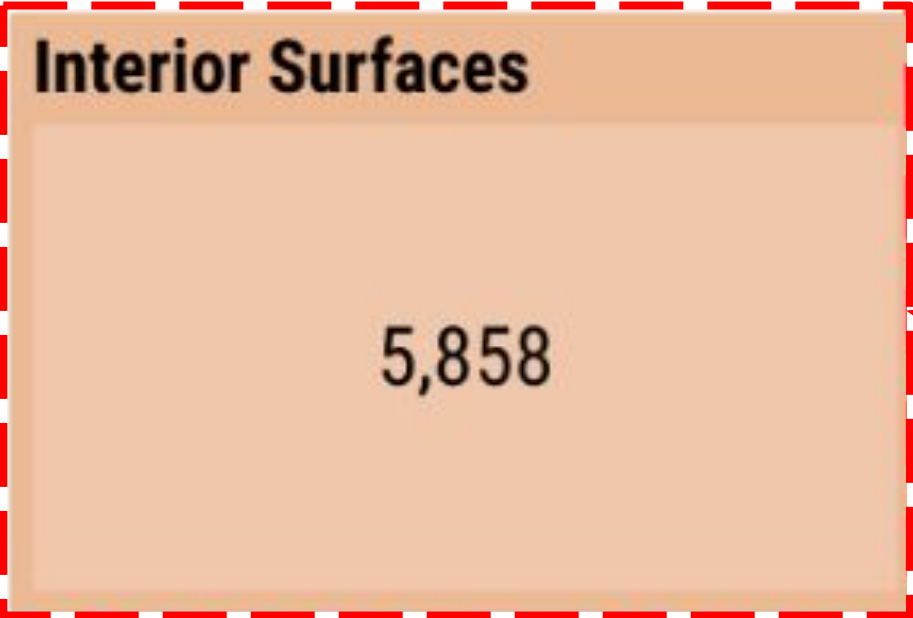


Cellulose



Lower or Negative GWP

Action Items



Net Zero As-Built - Total : 45,998 kg CO2e

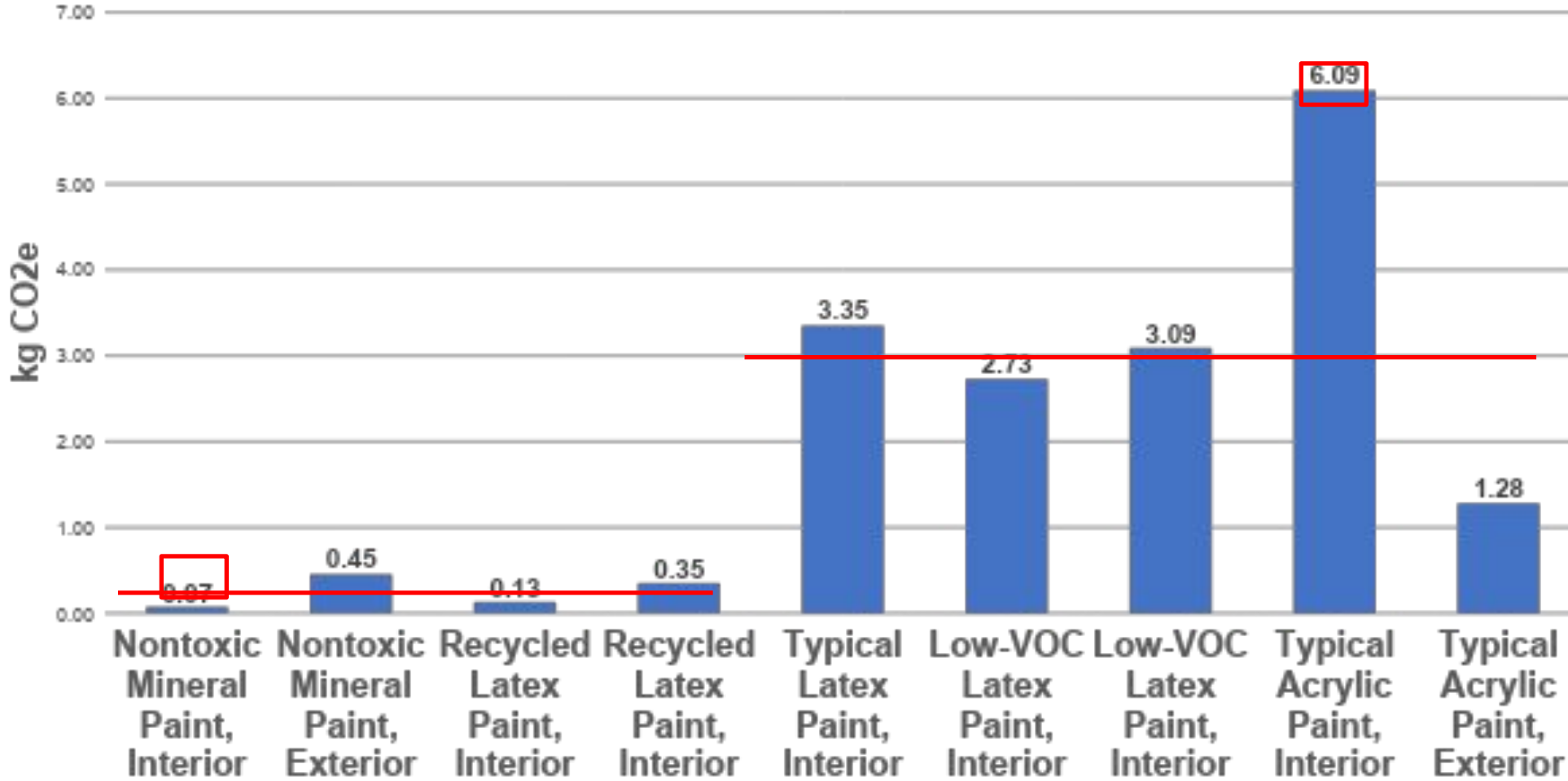
Drywall

- **Specify Lightweight Gypsum Board**
~ 550 kg/m³ instead of 800 kg/m³
- Specify the Correct & Smallest Thickness
- Reduce Waste



Paint

Paint GWP, kg CO2e per 1 m2



87X Total Range

10X Median Range

5% MCE – Year 1

25% MCE – Lifetime

Paint

Forbes

Paint Is The Largest Source Of Microplastics In The Ocean, Study Finds

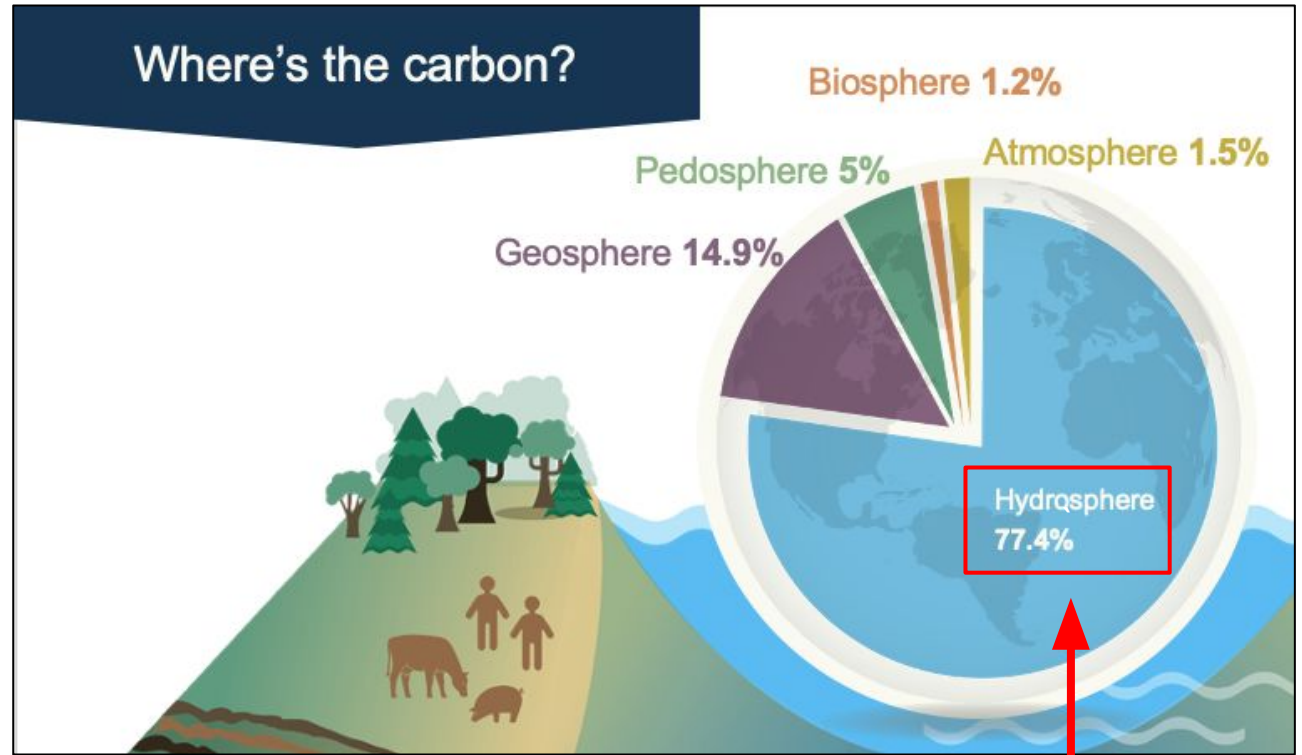
Jamie Hailstone Contributor @
I write about air quality and the environment. [Follow](#)

Feb 9, 2022, 03:41am EST



TOPSHOT - A wave carrying plastic waste and other rubbish washes up on a beach in Koh Samui in the ... [+] AFP VIA GETTY IMAGES

Particles of paint account for more than half (58%) of all the microplastics that end up in the world's oceans and waterways every year, according to a new study.



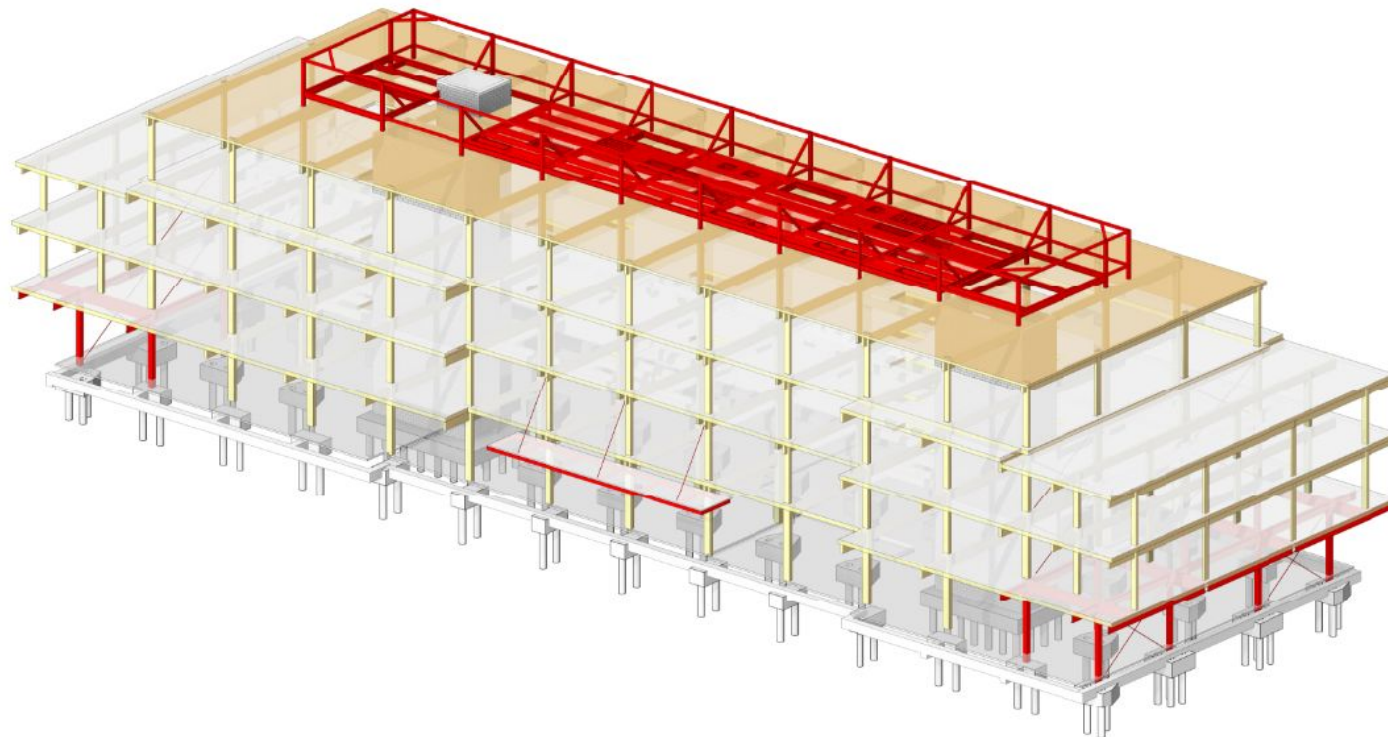


Case Studies

EC Reduction Challenge: Northland Newton B7



EMBODIED CARBON REDUCTION CHALLENGE



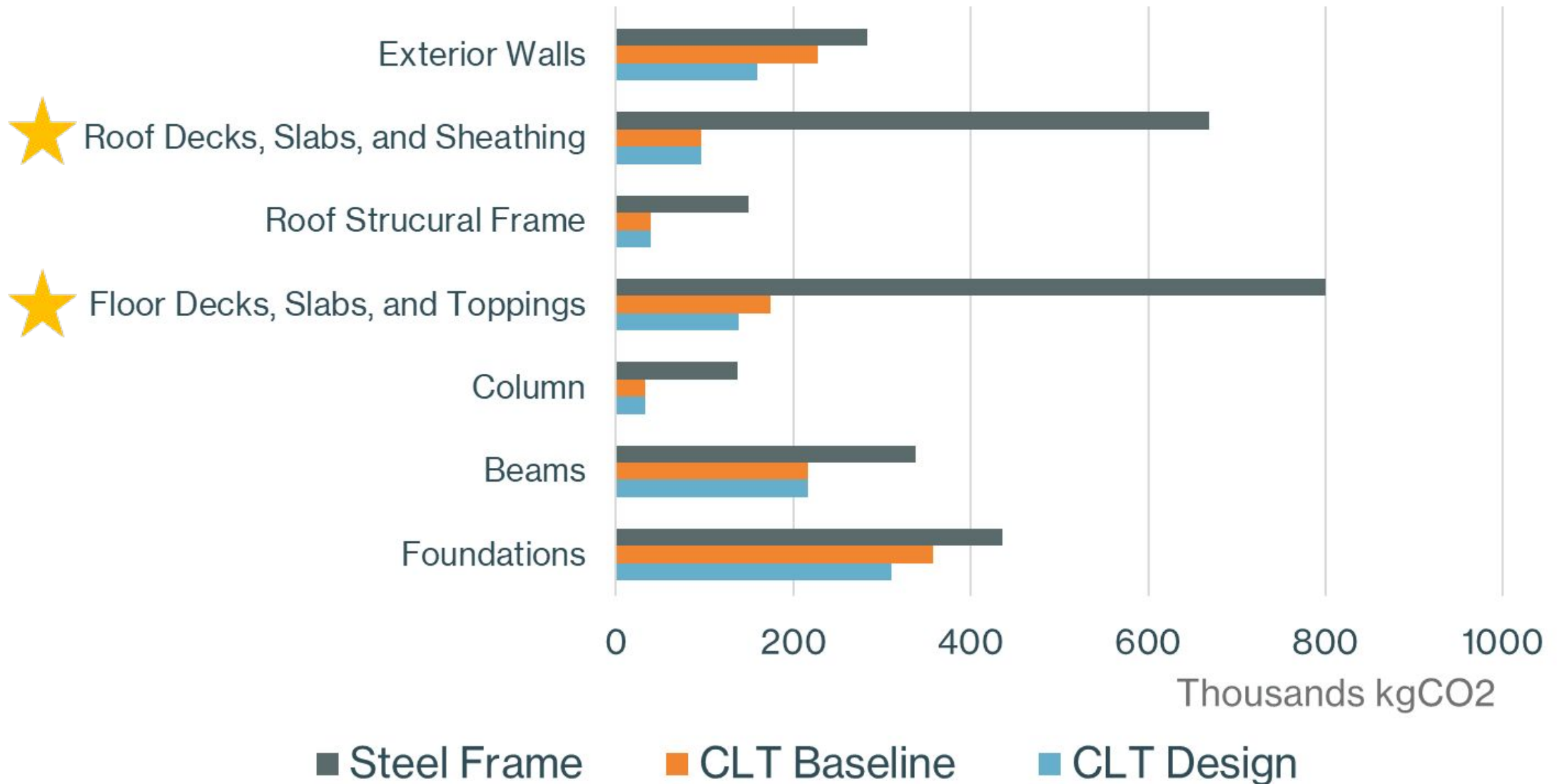
Red = Steel



Yellow = Wood

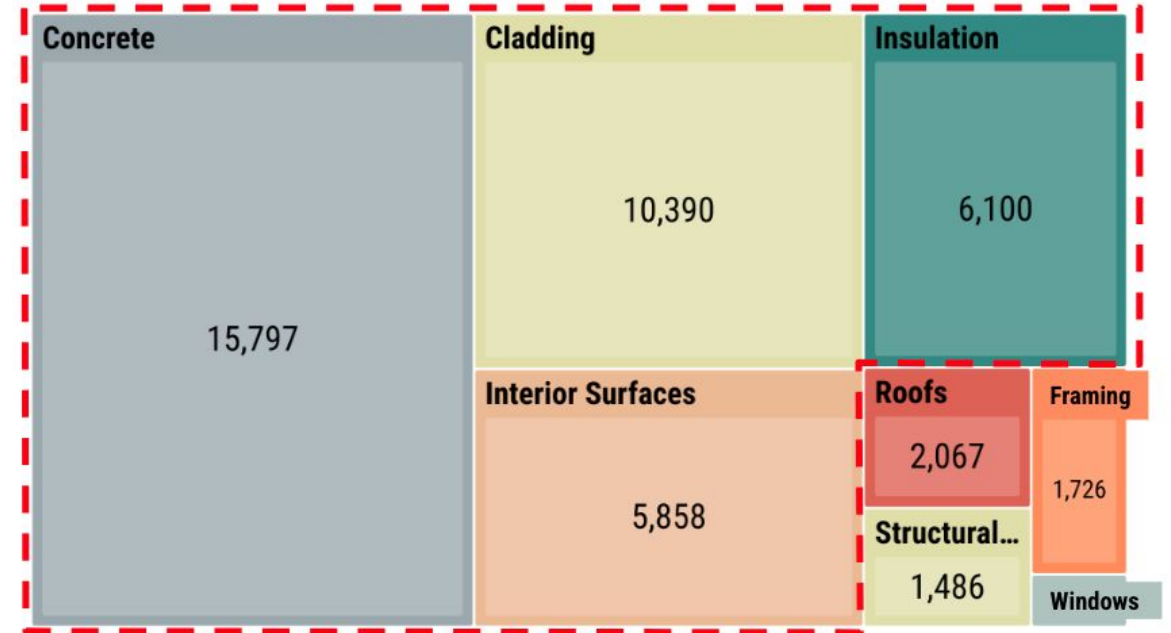
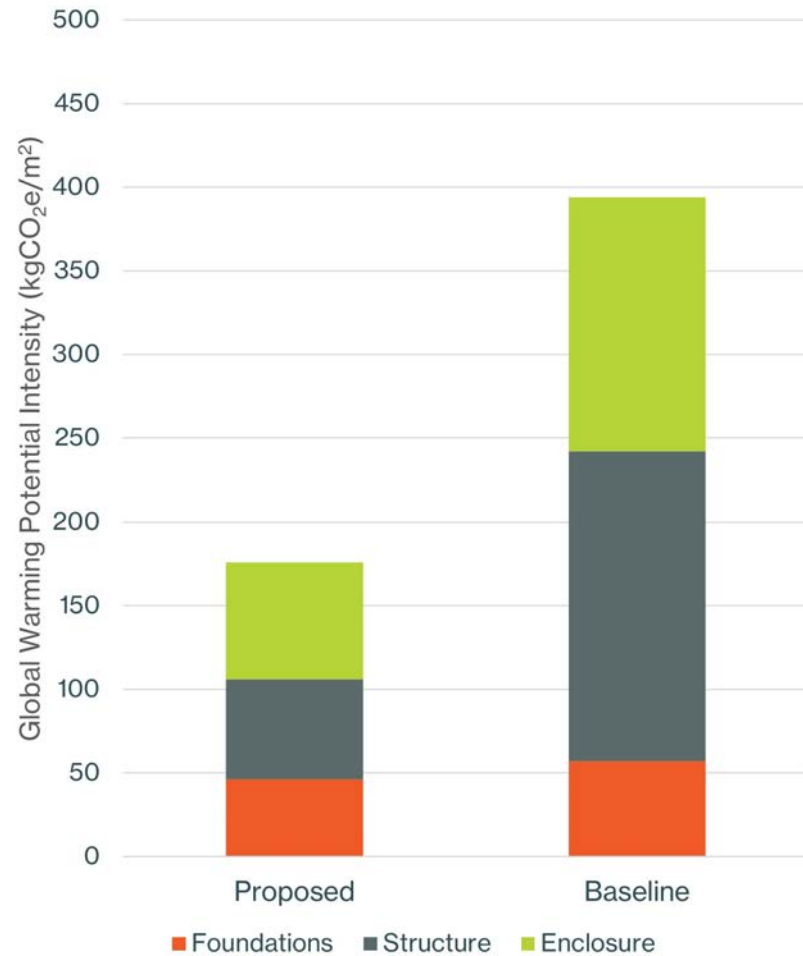


EC Reduction Challenge: Northland Newton B7

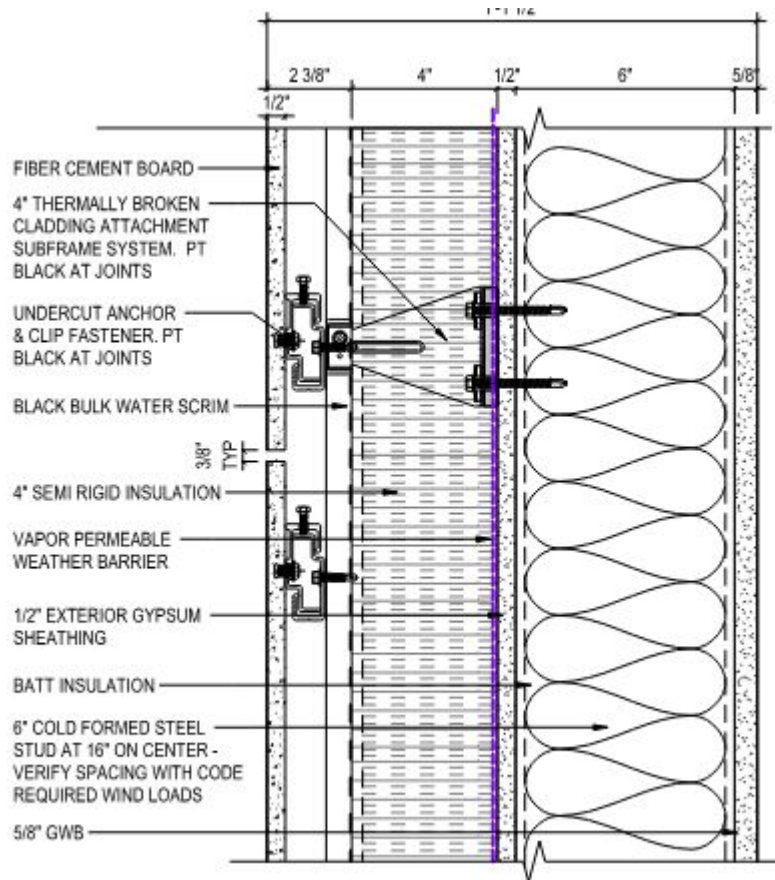


EC Reduction Challenge: Northland Newton B7

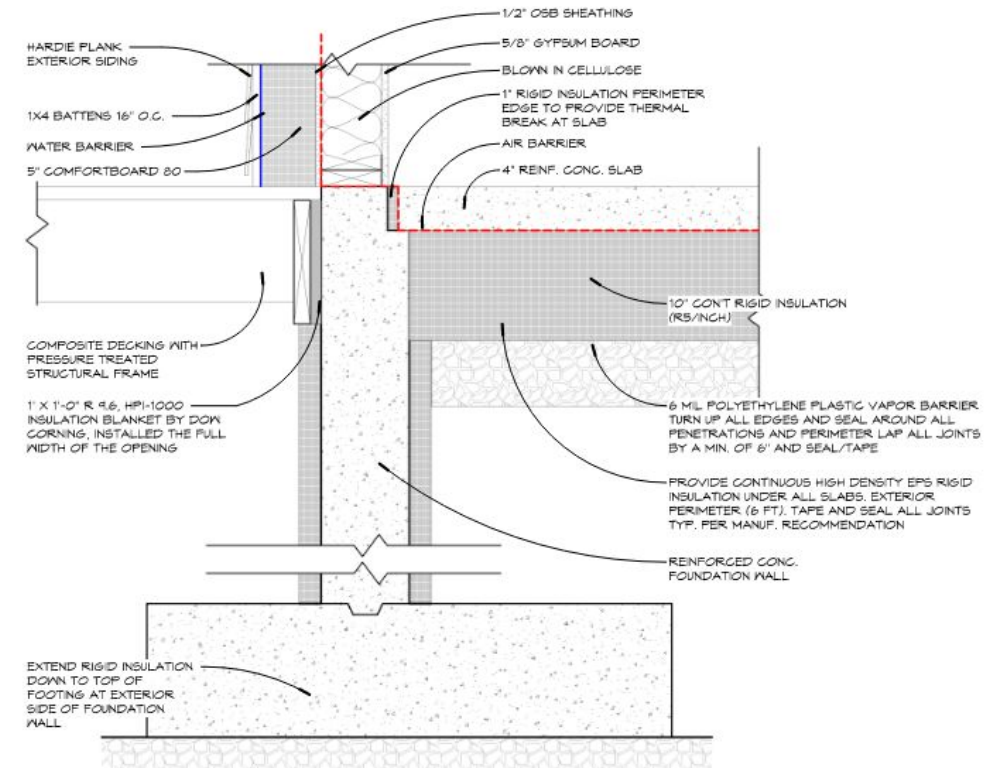
Embodied Carbon Comparison



EC Reduction Challenge: Northland Newton B7



Eagleville Green



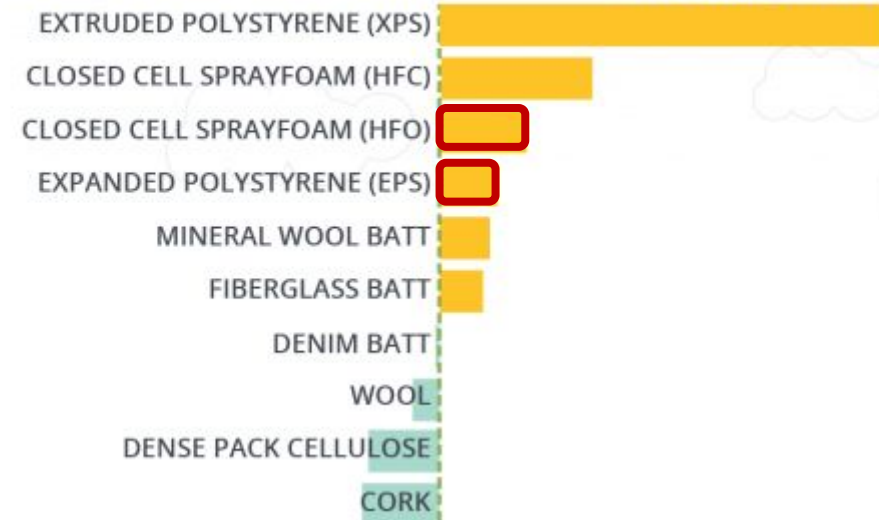
Eagleville Green



CARBON IMPACTS OF INSULATION

kgCO₂ represents R-20 at 234 m²

6,735 kgCO₂ emitted

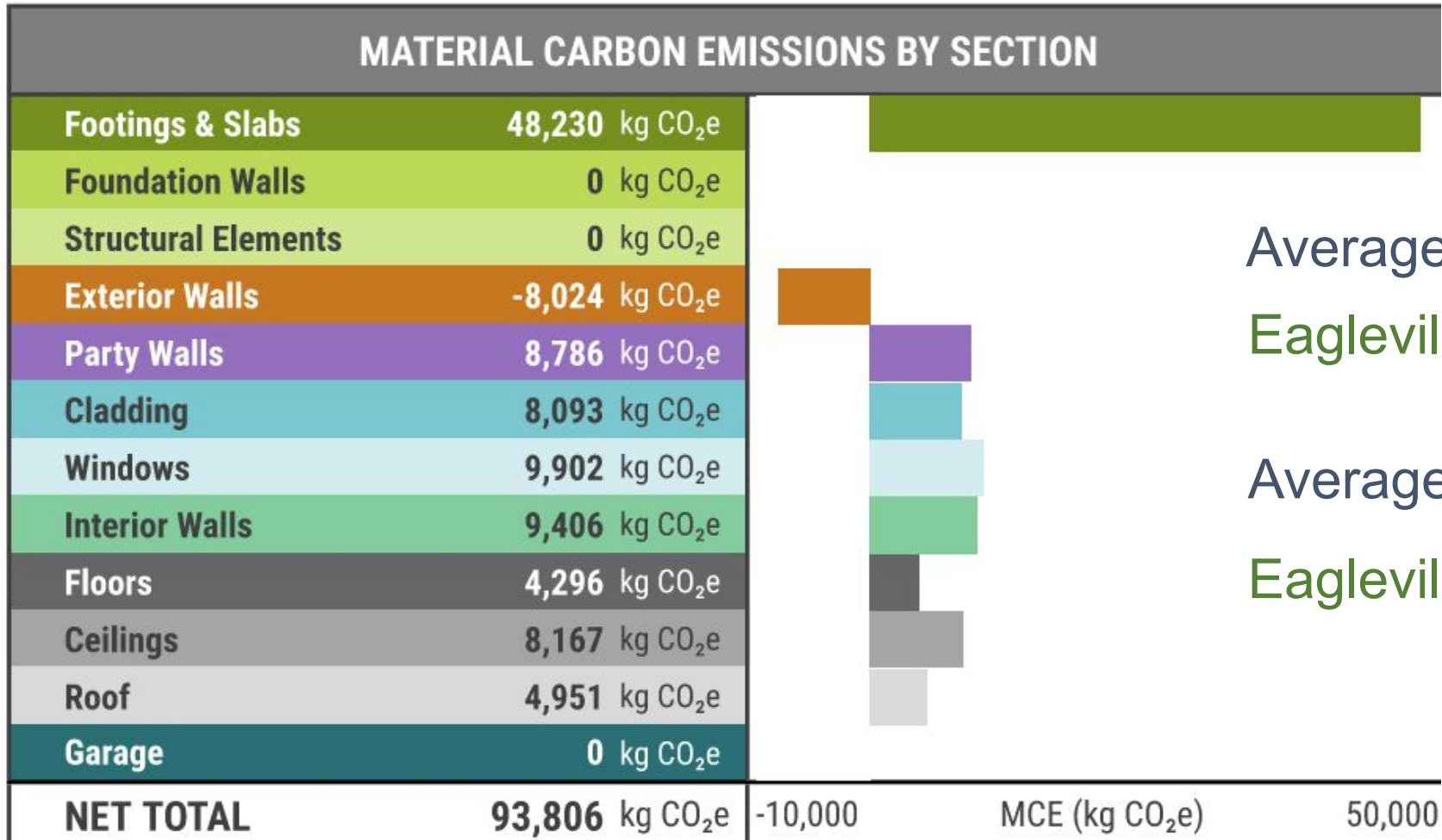


Eagleville Green



Manufacturer	Product	R-value per inch	Global Warming Potential* (A1-A3) per 1m2
TimberHP	TimberBoard	3.6	- 10.3 kg CO2e
Gutex	Thermowall	5.7	- 1.2 kg CO2e
Rockwool	Comfortboard 80	4.2	4.937 kg CO2e
Knauf Insulation	Earthwool® Insulation Board	4.3	6.075 kg CO2e
Johns Manville	JM Cladstone 80	4.2	8.02 kg CO2 e
Owens Corning	Thermafiber® Fire & Sound Guard® Plus	3.5- 4.2	1.33 kg CO2e (Wabash plant) 8.78 kg CO2e (Joplin plant)

Eagleville Green



Average home is ~184 kg CO₂e/m²
 Eagleville Green ~169 kg CO₂e/m²

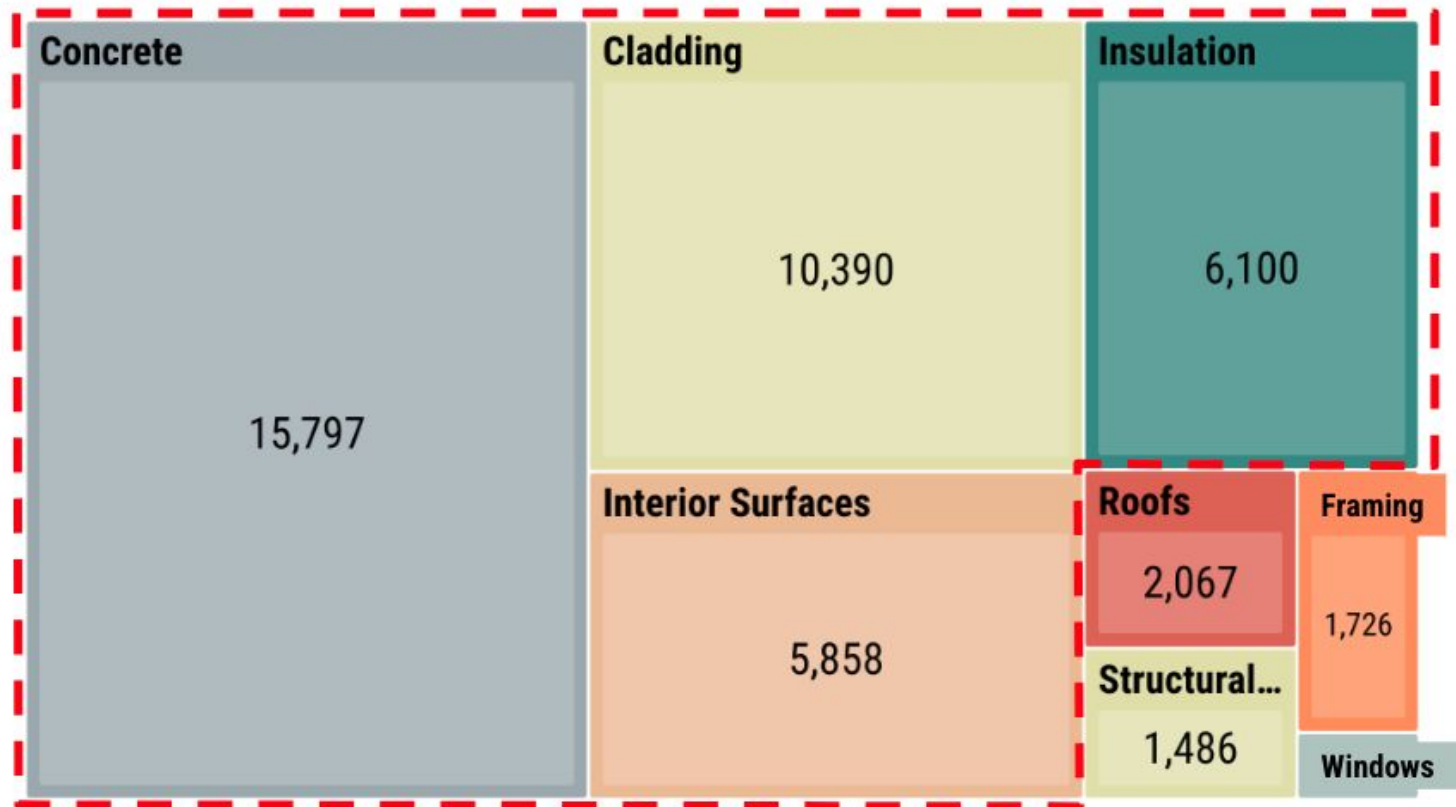
Average home is 4 beds (5 ppl)
 Eagleville is 8 beds (14 ppl)

Sample Case Study “Wrap Up” Slide

Net Zero As-Built - MCE Results per material

83% MCE from 4 material categories :

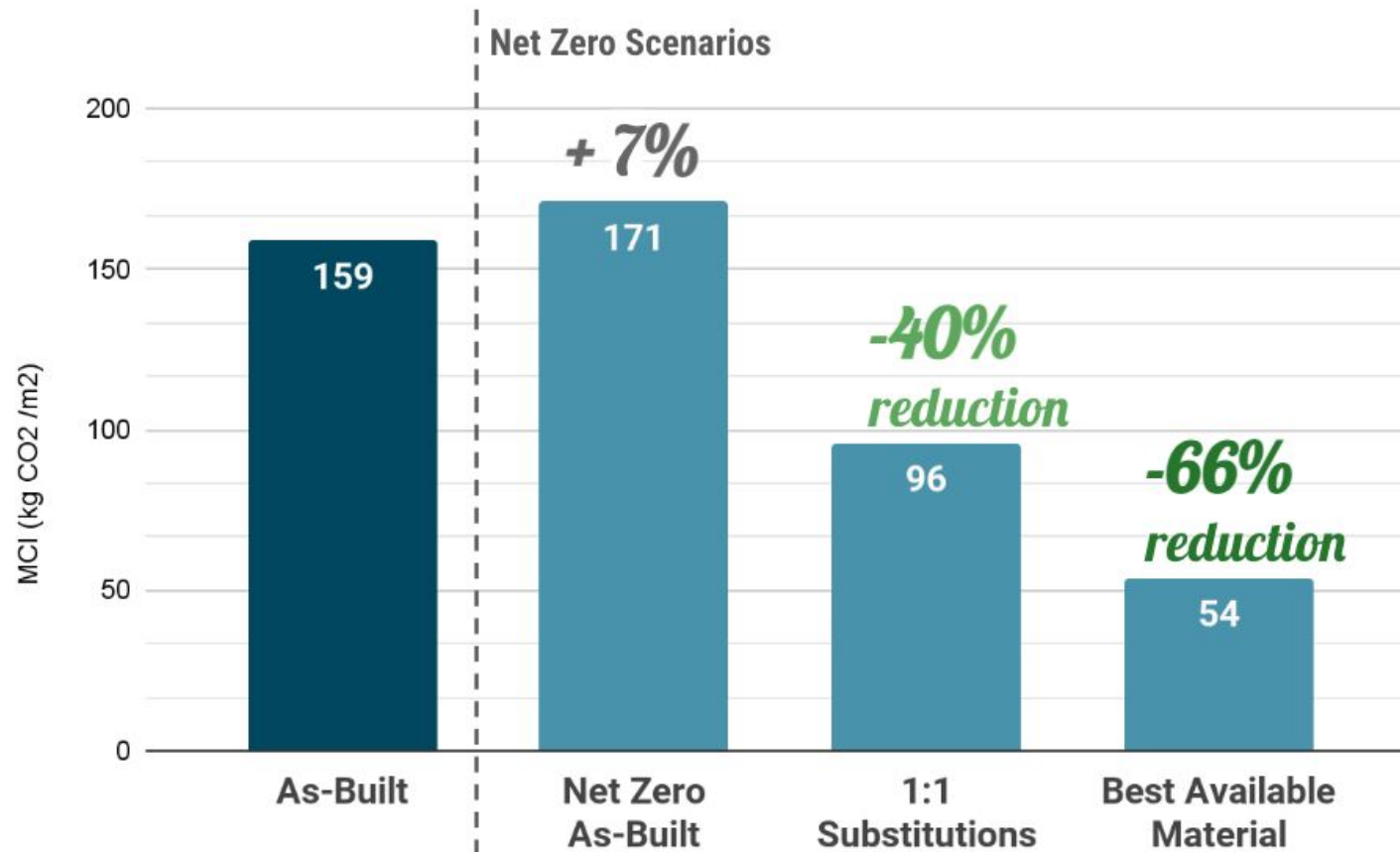
- Concrete
- Cladding
- Insulation
- Interior Surfaces



Net Zero As-Built - Total : 45,998 kg CO2e

Sample Case Study “Wrap Up” Slide

Material Carbon Intensities of Different Scenarios



Sample Case Study “Wrap Up” Slide

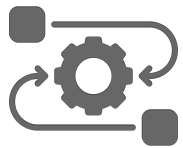
MCE per Material



Key Takeaways



We can reduce BOTH operational & embodied emissions! It's not an either/or decision.



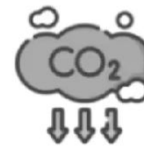
Stay ahead! **New standards, policies and incentives** are in development to support EC reduction efforts.



Leverage existing tools - integrate EC assessment seamlessly into existing workflows.



Act early! Use life cycle analysis from the start to **shape low-carbon design decisions.**



Reduction opportunities vary by building typology—tailor strategies accordingly.



Focus on high-impact materials—a small proportion of building materials drive the biggest results.

Resources

TOOL	Early Design Hotspot	Enclosure Comparison	Individual Material Comparison	LCCA + ESG	Net Zero Carbon	Residential	Retrofit Avoided Carbon	Whole Building LCA
<u>Autocase</u>				x				
<u>BEAM</u>	x	x	x			x		
<u>Building Ease</u>			x					
<u>CARE</u>							x	
<u>COVE</u>	x							
<u>EC3</u>			x					
<u>eTool</u>	x	x	x	x	x	x	x	x
<u>Kaleidoscope</u>		x						
<u>OneClick</u>	x	x	x	x	x	x	x	x
<u>PH Ribbon</u>		x			x			
<u>Tally</u>	x	x	x	x	x	x	x	x
<u>ZGF</u>			x					

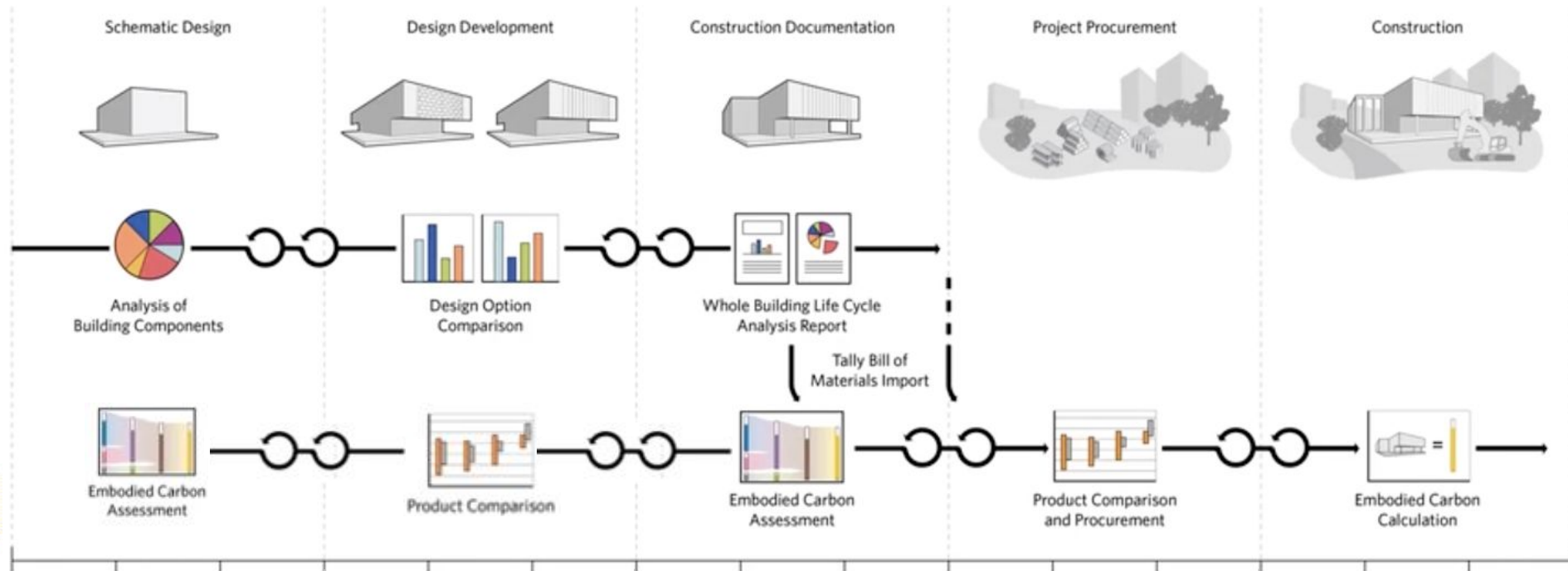
Sample Workflow Slide



Athena Impact Estimator for Buildings



One Click LCA



Retrofit or Build?
Massing / Program
Materials Palette

Assemblies &
Materials

Product
Specification

Product
Selection

Product Submittals &
Verification

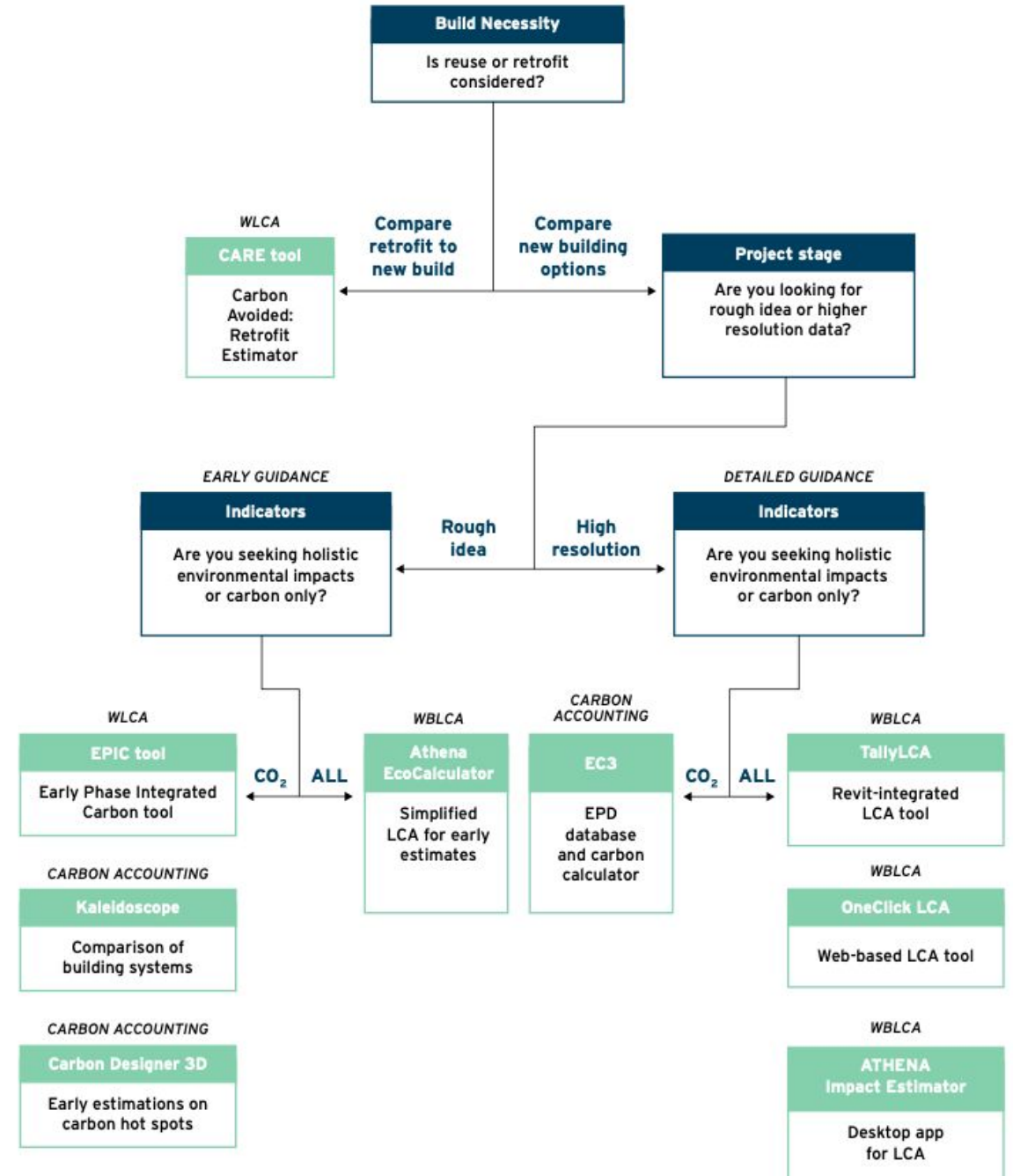
epic.



Kaleidoscope

Sample Workflow Slide

Decision tree for embodied carbon analysis



Source: Tracy Huynh, Chris Magwood, Victor Olgyay, Laurie Kerr, and Wes Sullens, Driving Action on Embodied Carbon in Buildings, RMI and U.S. Green Building Council (USGBC), 2023, <https://rmi.org/insight/drivingaction-on-embodied-carbon-in-buildings/> and <https://www.usgbc.org/resources/driving-actionembodied-carbon-buildings>.