

BUILDINGENERGY BOSTON

Addressing Thermal Bridges that Arise During Construction

Laura Bashaw, Nouha Javed, and Cynthia Staats,
Building Enclosure Science

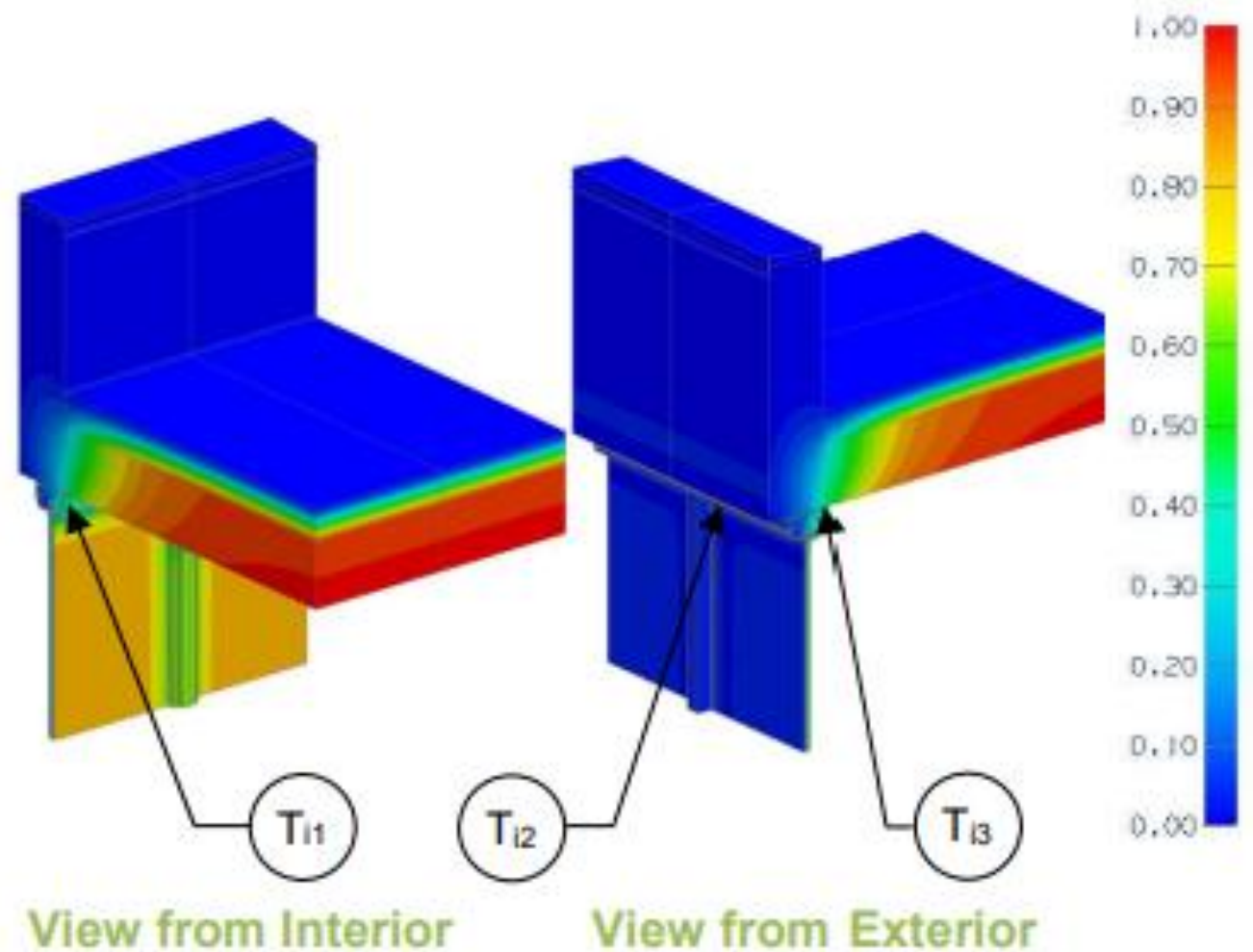
Curated by Frank Stone and Geetha Kanthasamy

Northeast Sustainable Energy Association (NESEA) | March 21, 2025

Addressing Thermal Bridges that Arise During Construction

March 21, 2025

BES



Source: BC Hydro

Learning Objectives

- Identify thermal bridges in the building enclosure that arise during construction.
- Analyze solutions to mitigate thermal bridging challenges during the construction phase.
- Identify strategies to proactively communicate with stakeholders regarding design and construction coordination related to thermal bridging.
- Define how to execute complex geometry in accordance with models and details in the context of new energy codes and best practices for sequencing work in the field.

Agenda

- Review of thermal bridges.
- Code requirements for thermal bridging.
- Reasons thermal bridges may arise during construction.
- **Examples:** Multiple projects in the Greater Boston area
- Structural Thermal Breaks.
- **Case study:** Lab/office building in Boston suburbs.
- Conclusion.

Laura Bashaw, P.E.

Building Enclosure - Consultant IV

- 16 years experience enclosure consulting.
- Works with architects, owners, and property managers.
- Cornell BS in Civil Engineering.
- Loves cooking and baking and home improvement projects.



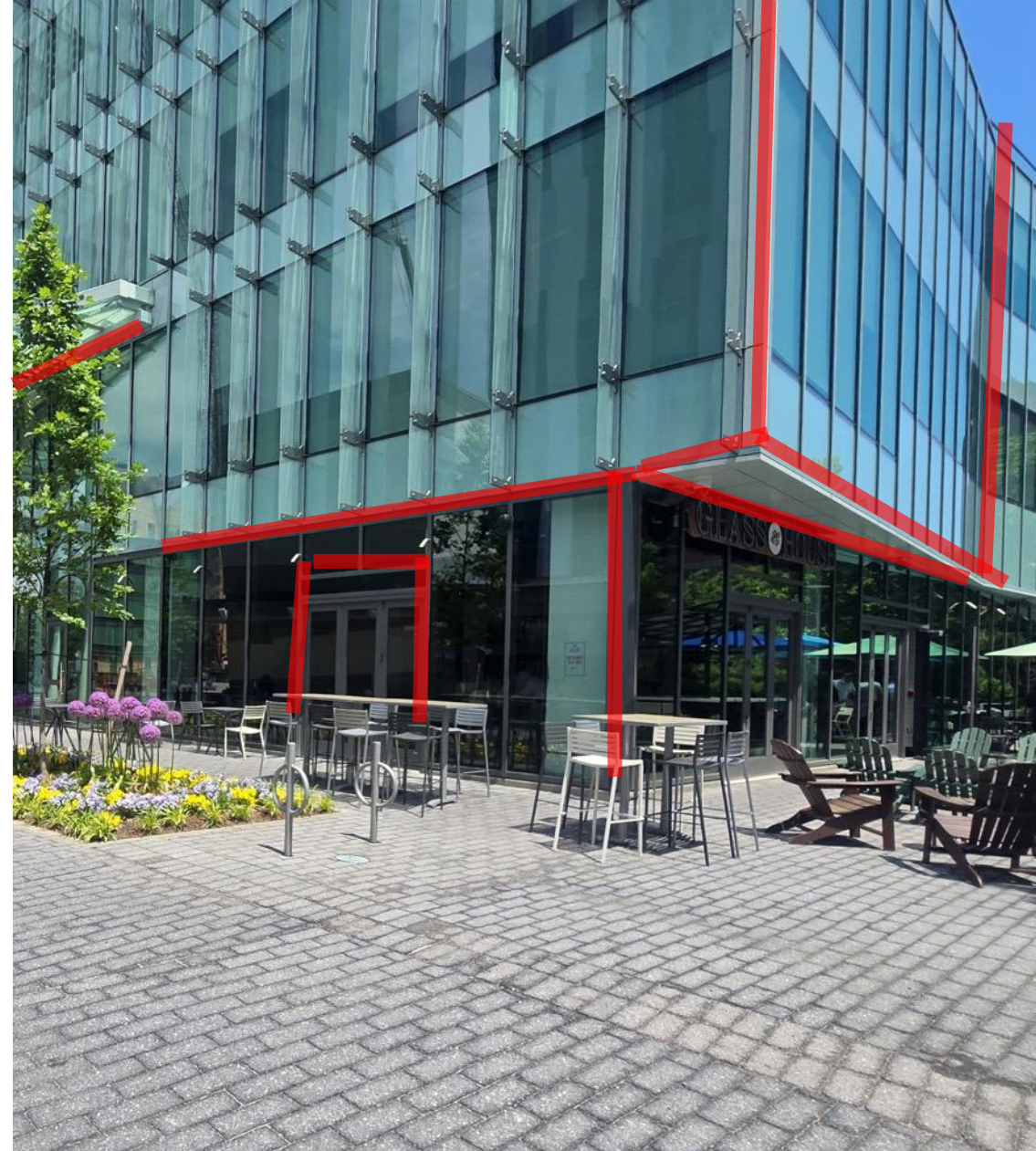
What is a Thermal Bridge?

- Weak spot in a thermal envelope system that allows heat to pass more easily.
- Can include thinner insulation or total lack of insulation.



Linear Thermal Bridge

- Slab Extensions (e.g., balconies)
- Relieving angles
- Changes in envelope systems
- Corners
- Interior wall intersections
- Roof to wall intersections (e.g., parapets)
- Translons to grade
- Changes in plane
- Typically, derated with a PSI (Ψ) value



Point Thermal Bridge

- Discrete locations
- Beam penetrations
- Plumbing penetrations
- Typically, derated with CHI (X) factors



Code Requirements for Thermal Bridges

- Envelope backstop with de-rating

$$U_T = \frac{\Sigma(\Psi \cdot L) + \Sigma(\chi)}{A_{Total}} + U_o$$

Where:

U_T = total effective assembly thermal transmittance (Btu/hr·ft²·°F or W/m²K)

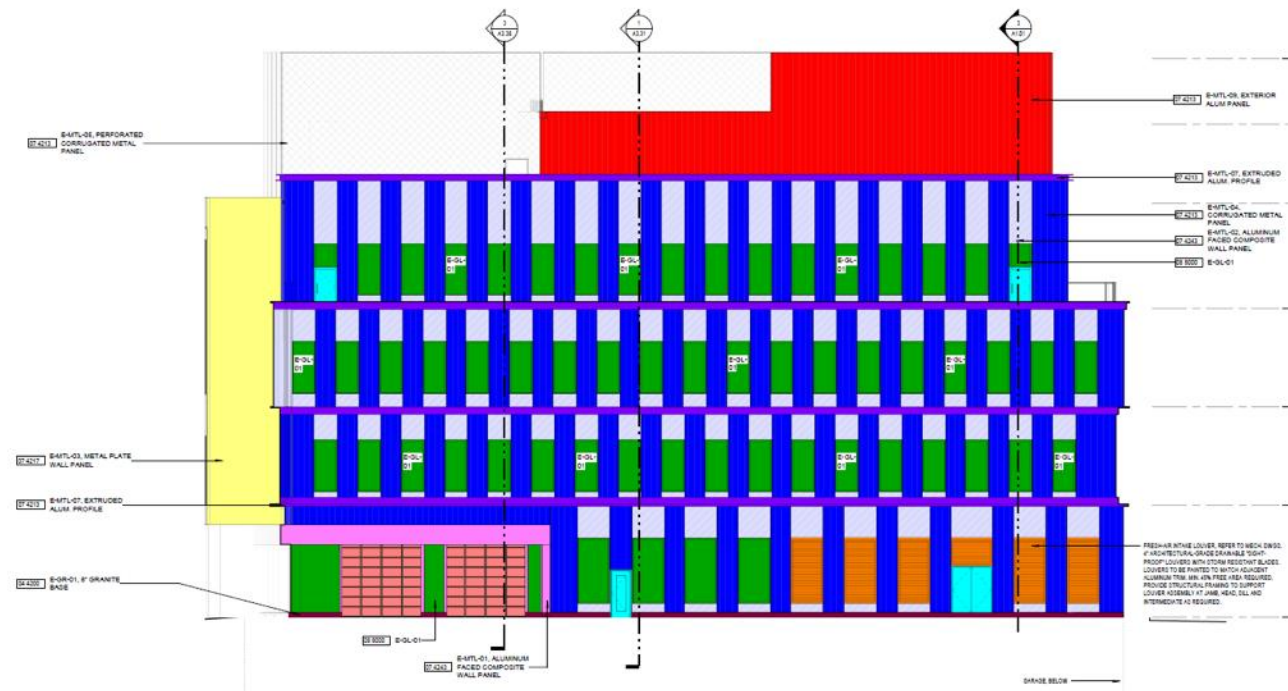
U_o = clear field thermal transmittance (Btu/hr-ft²·°F or W/m²K)

A_{total} = the total opaque wall area (ft² or m²)

Ψ = heat flow from linear thermal bridge (Btu/hr·ft °F or W/mK)

L = length of linear thermal bridge, i.e. slab width (ft or m)

χ = heat flow from point thermal bridge (Btu/hr·°F or W/K)



Consequences of Thermal Bridges

CONDENSATION



INCREASED ENERGY USAGE



Source: iStock

Cynthia L. Staats, P.E., LEED AP

Associate Principal

- Building Enclosure Consultant for 17 years.
- Works with architects, owners, property managers, construction managers, and contractors.
- Pennsylvania State University, Architectural Engineering, B.A.E./M.A.E.
- Interests: Homesteading, nature-related activities.



Reasons Thermal Bridges Arise During Construction

VALUE ENGINEERING

CONSTRUCTION SEQUENCING

CONSTRUCTABILITY

COMPETING PRIORITIES



Reasons Thermal Bridges Arise During Construction

VALUE ENGINEERING

CONSTRUCTION SEQUENCING

CONSTRUCTABILITY

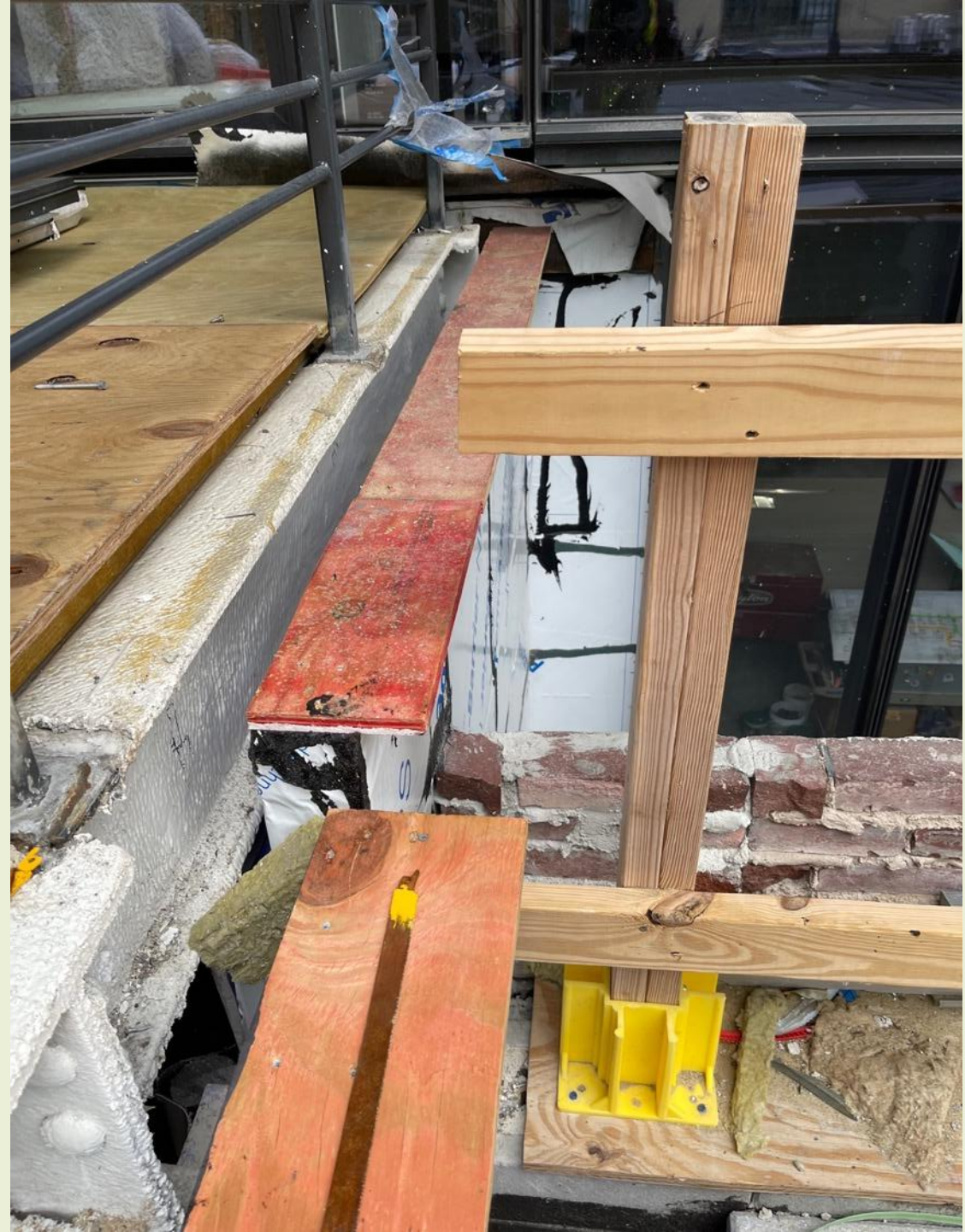
COMPETING PRIORITIES

ASSUMPTIONS IN DRAWINGS DO NOT MATCH REALITY

EXISTING CONSTRUCTION

SYSTEM LIMITATIONS

LIMITED TIME FOR THE DETAILS

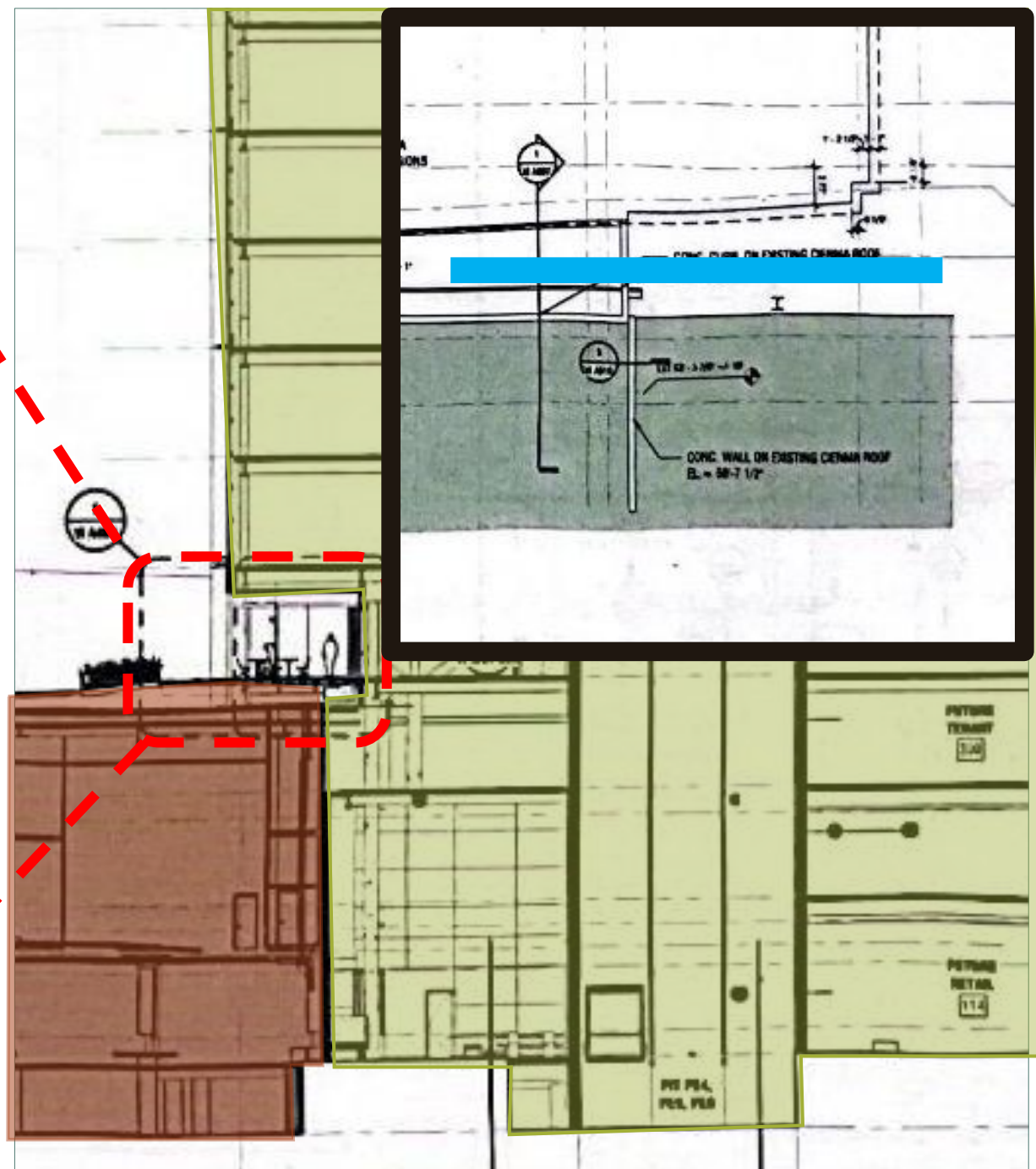
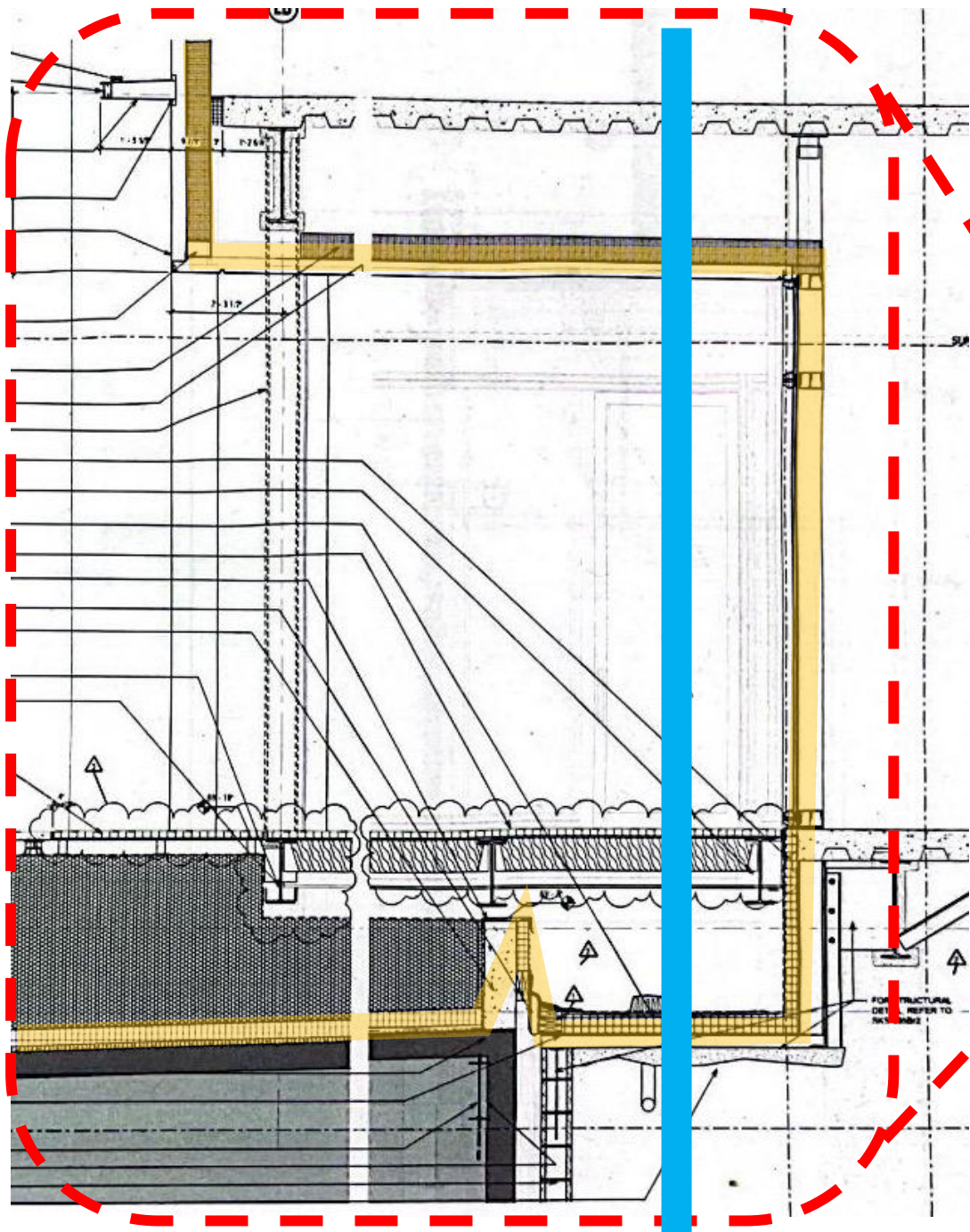


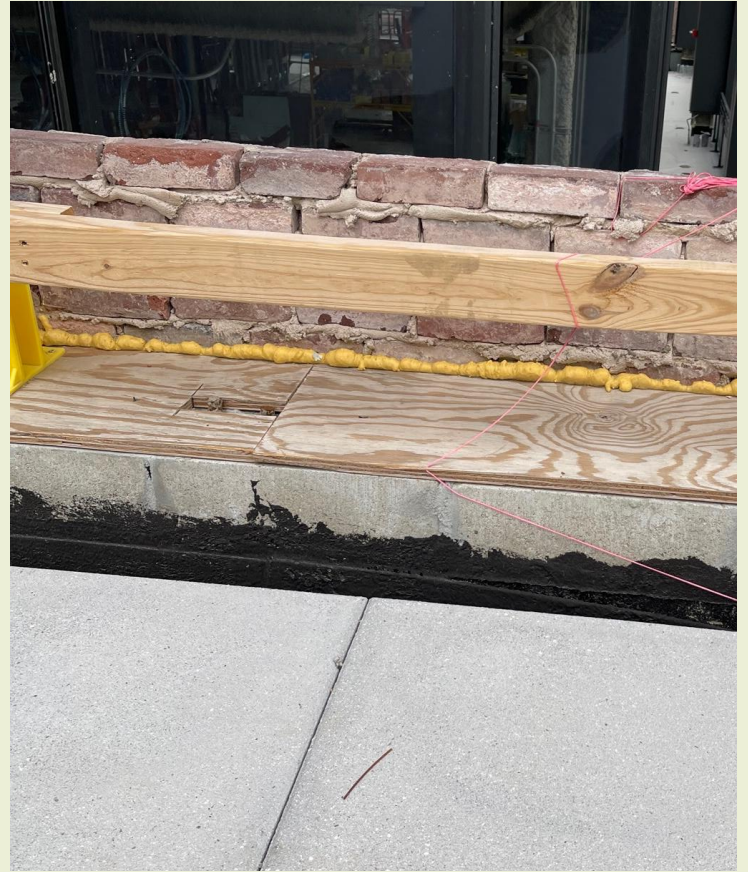


This architectural floor plan illustrates a construction project involving both new construction and an existing building. The plan is overlaid with a grid system, with vertical labels (LA, LB, LC, LD, LE) and horizontal labels (LA2, LA4, LA6, LB2, LB4, LB6, LC2, LC4, LC6, LD2, LD4, LD6, LE2, LE4, LE6). The new construction area is highlighted in green and contains detailed room layouts, including a 'TREATMENT PLANT', 'PUMP ROOM', 'ELECTRICAL ROOM', 'MECHANICAL ROOM', 'STORAGE ROOM', 'OFFICE', 'LABORATORY', 'RESTROOM', 'SHOWERS', 'LOCKER ROOM', 'CHANGE ROOM', 'ENTRY', 'CORRIDOR', and 'ELEVATOR'. The existing building is shown in brown and includes structural details like 'P6 STRUCTURAL SLAB = 62.77' and 'T.O. DECK = 62.77'. A red arrow points to a specific location on the new construction, and a dashed circle highlights a connection point between the new and existing structures. Various notes and dimensions are scattered throughout the plan, providing technical specifications for the construction.

New Construction

Existing Building





Reasons Thermal Bridges Arise During Construction

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ASSUMPTIONS IN DRAWINGS DO NOT MATCH REALITY

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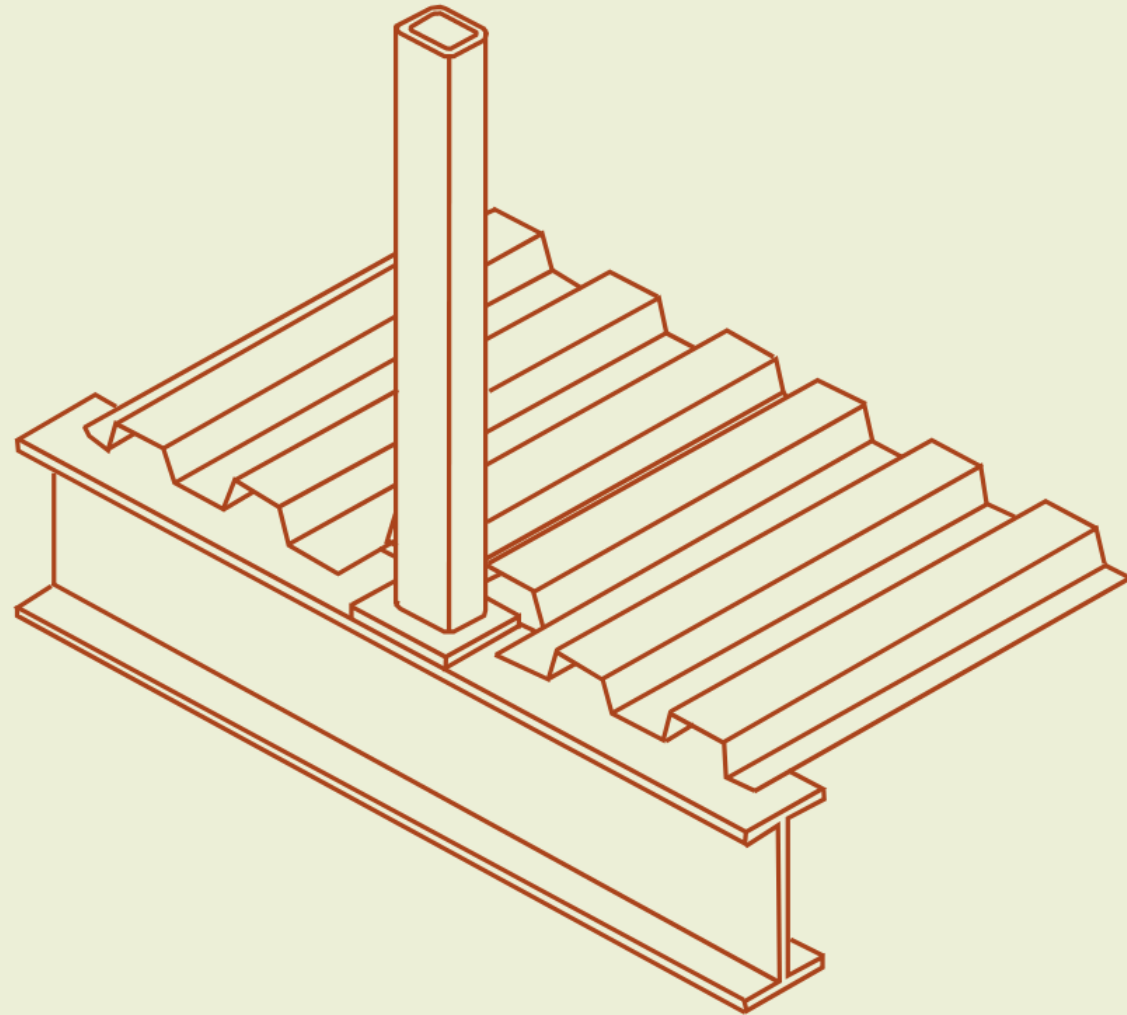
SYSTEM LIMITATIONS

NO TIME FOR THE DETAILS

CONSTRUCTION TOLERANCES

LATE DESIGN CHANGES

TENANT OR BUYER SPECIAL REQUESTS



Easily Remedied Thermal Bridges

HOLLOW METAL DOORS IN PENTHOUSES

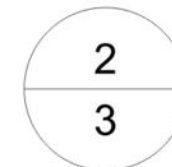
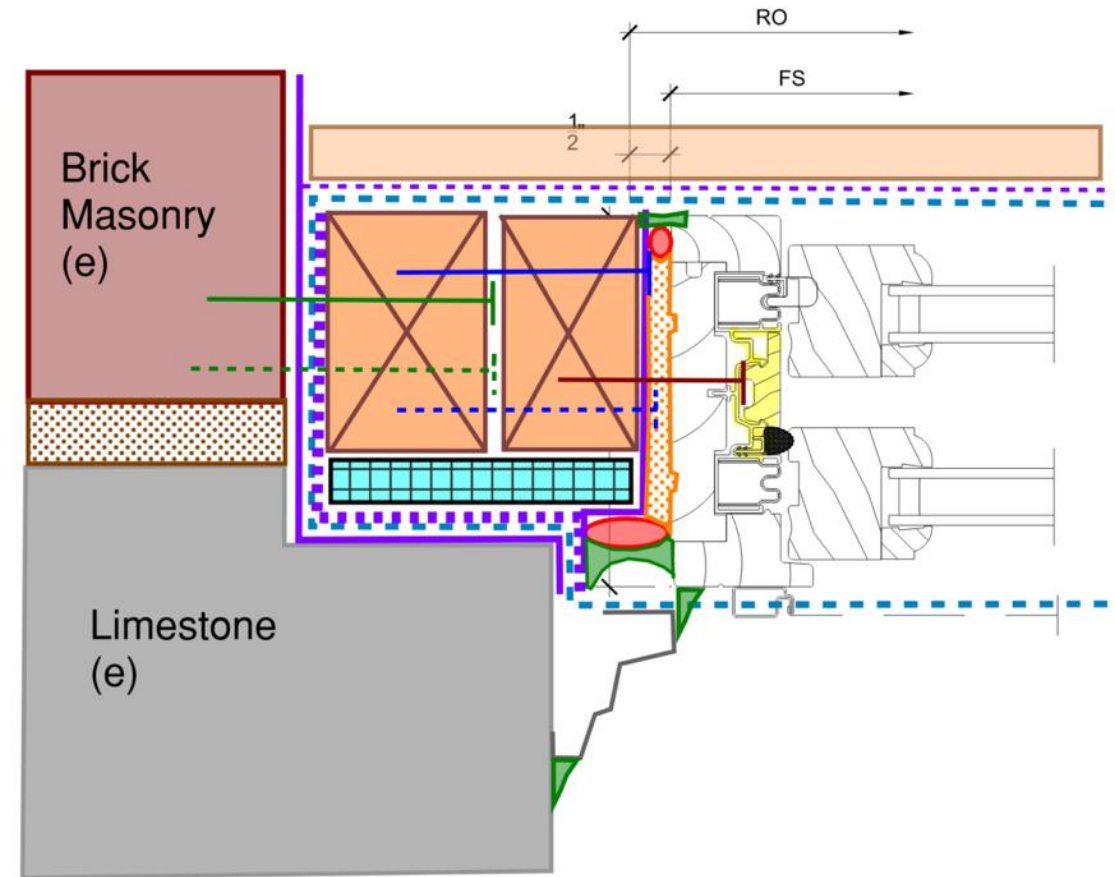
- Solution: Swap out for terrace-style doors
 - Egress option – Thermally broken door



Easily Remedied Thermal Bridges

WINDOWS & DOOR ROUGH OPENINGS

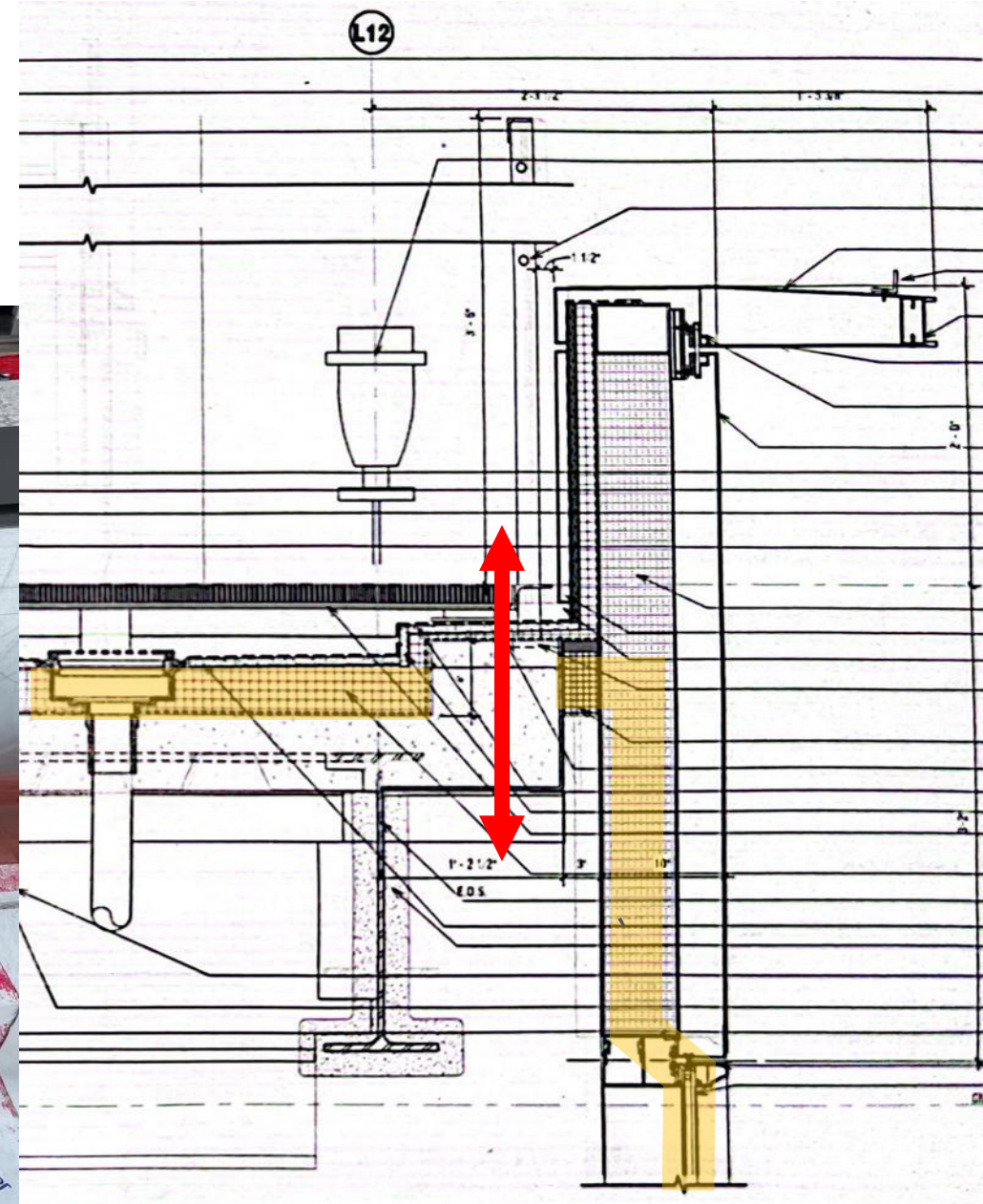
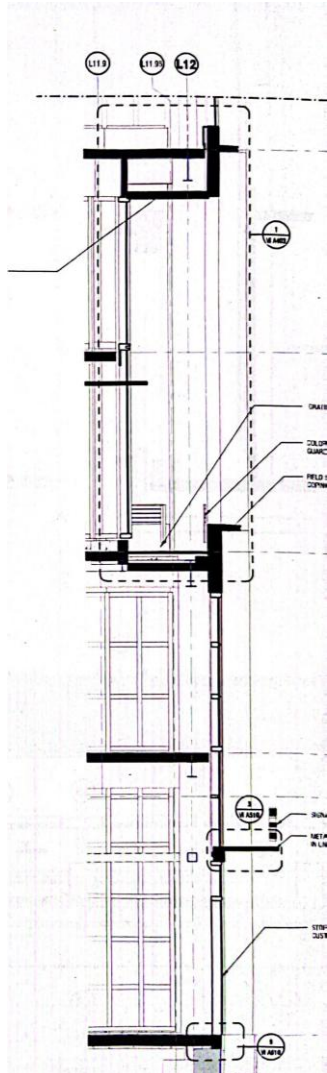
- Solution: Provide space for insulation on cold side of blocking.



Jamb

Easily Remedied Thermal Bridges

CURTAIN WALLS THAT EXTEND INTO PARAPETS



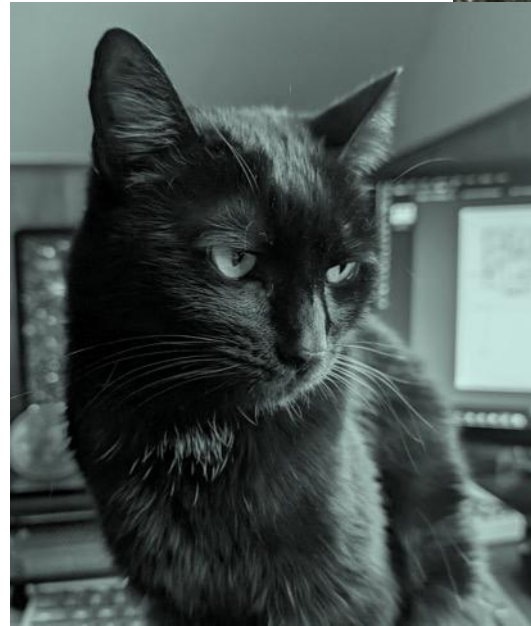
Beware of solving one concern and inadvertently creating another challenge.



Nouha Javed, P.E.

Structural Engineer – Consultant III

- 9 years of structural repair of existing buildings and building enclosures.
- University of Waterloo (B.Sc) and University of Toronto (M.Eng).
- Loves video games, reading, and hanging out with her design partner, Billi!



Overview

- What are structural thermal bridges?
- Mitigation in structural steel and reinforced concrete.
- Thermal Break Pads (TBPs).
- Communication strategies with project team.

Structural Thermal Bridges

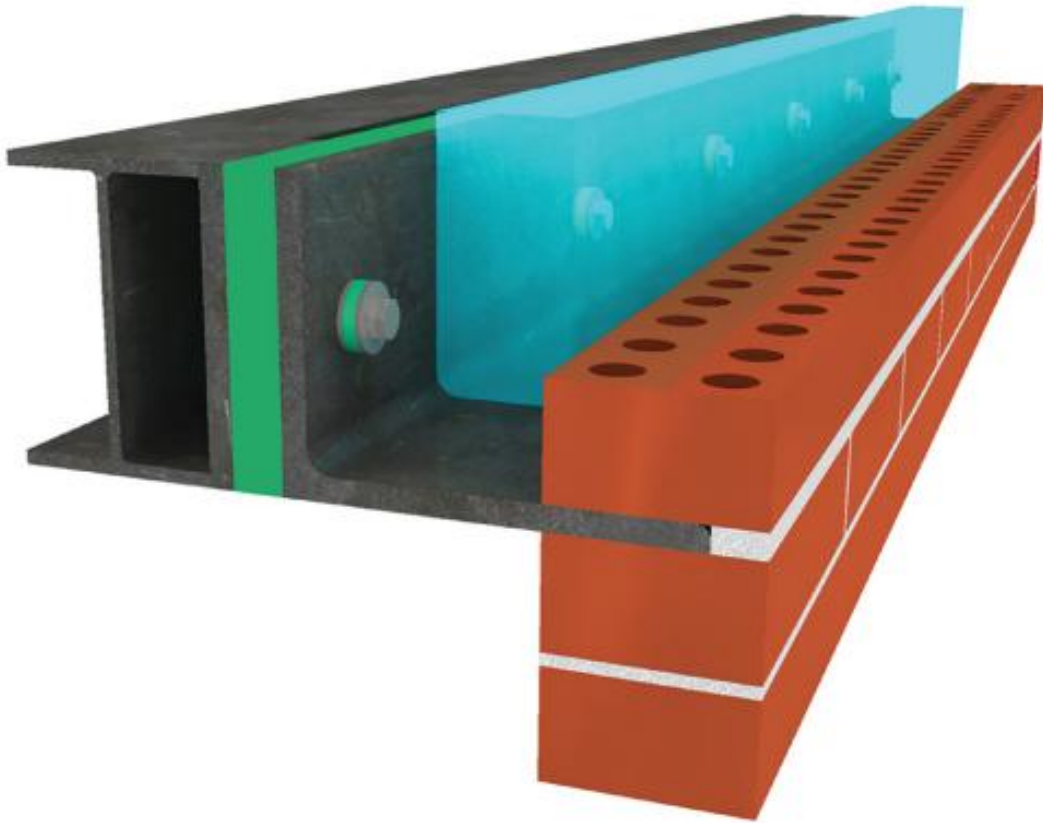
- Balcony/canopy supports (point bridges)
- Steel lintel (linear bridges)
- Dunnage roof supports/fall protection systems
- External staircases



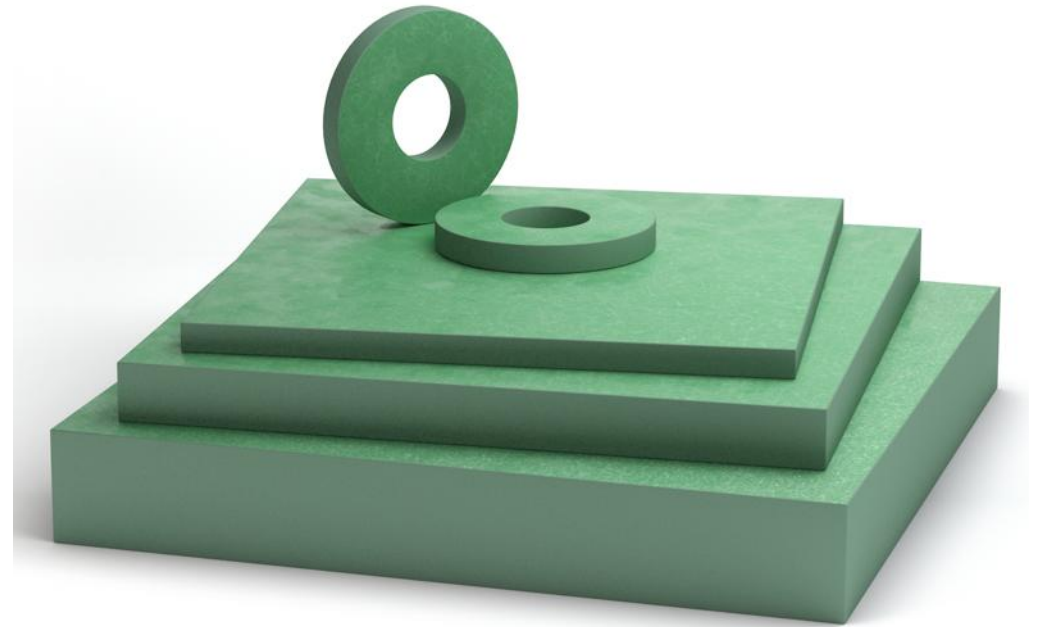
Source: Fabreeka

Mitigating Structural Thermal Bridges

STRUCTURAL STEEL



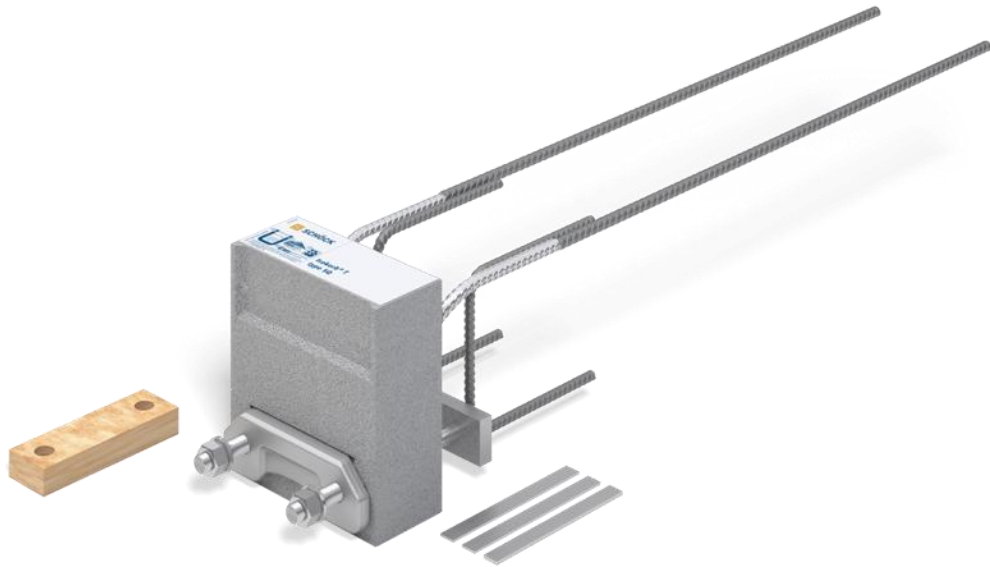
Source: Fabreeka



Source: Fabreeka

Mitigating Structural Thermal Bridges

REINFORCED CONCRETE

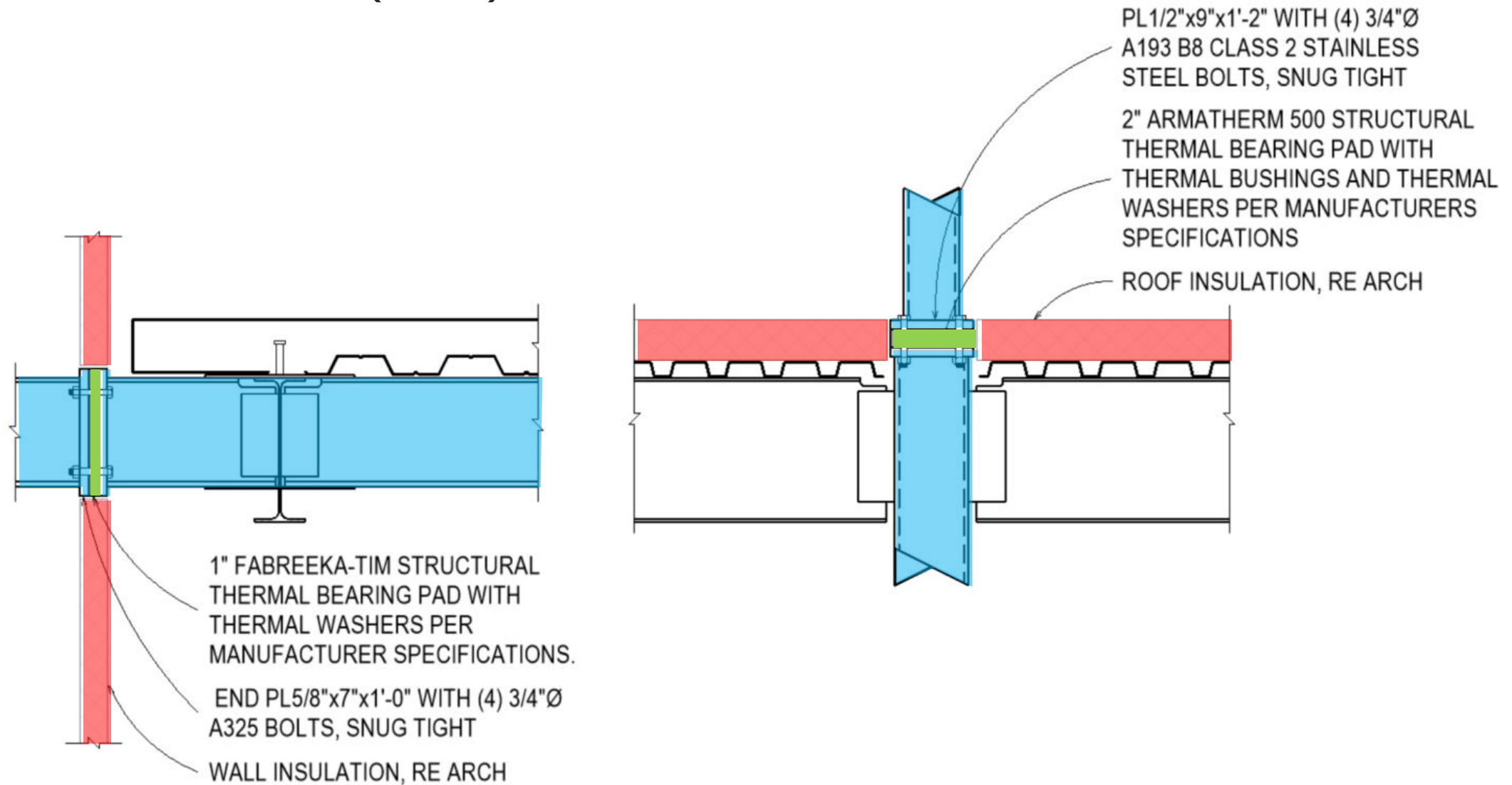


Source: Schöck USA, Inc.



Source: Beodom.com

Thermal Break Pads (TBPs)



Source: "Thermal Breaks In Structural Steel" by SEAC/RMSCA Steel Liaison Committee

Strategies with Other Design Partners

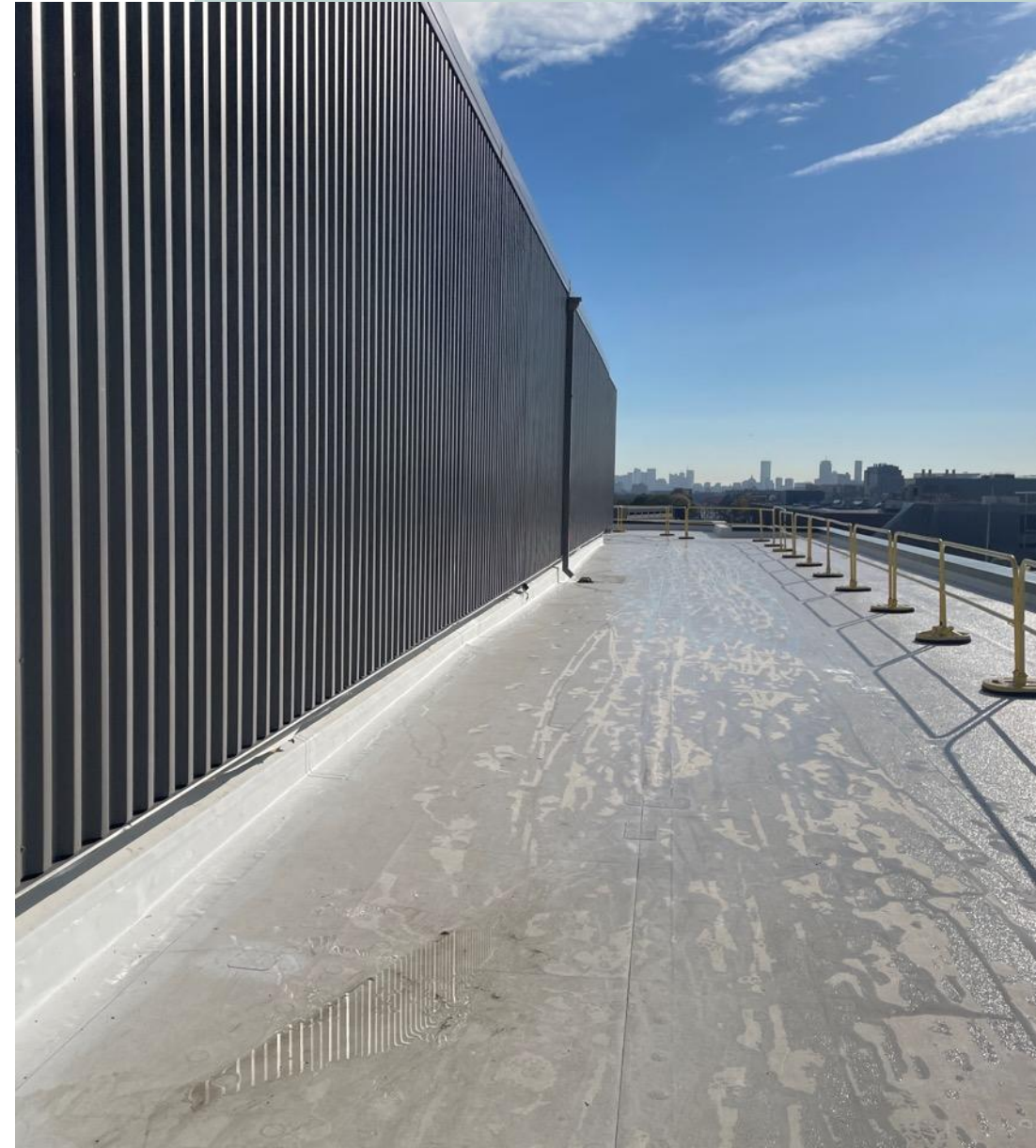
- Architects/Enclosure Consultants
 - Design phases may not be concurrent
 - Material and thickness of TBP impacts structural connection design
- Manufacturers
 - Design of products is evolving
- General Contractors/Fabricators
 - In-field modifications can be difficult



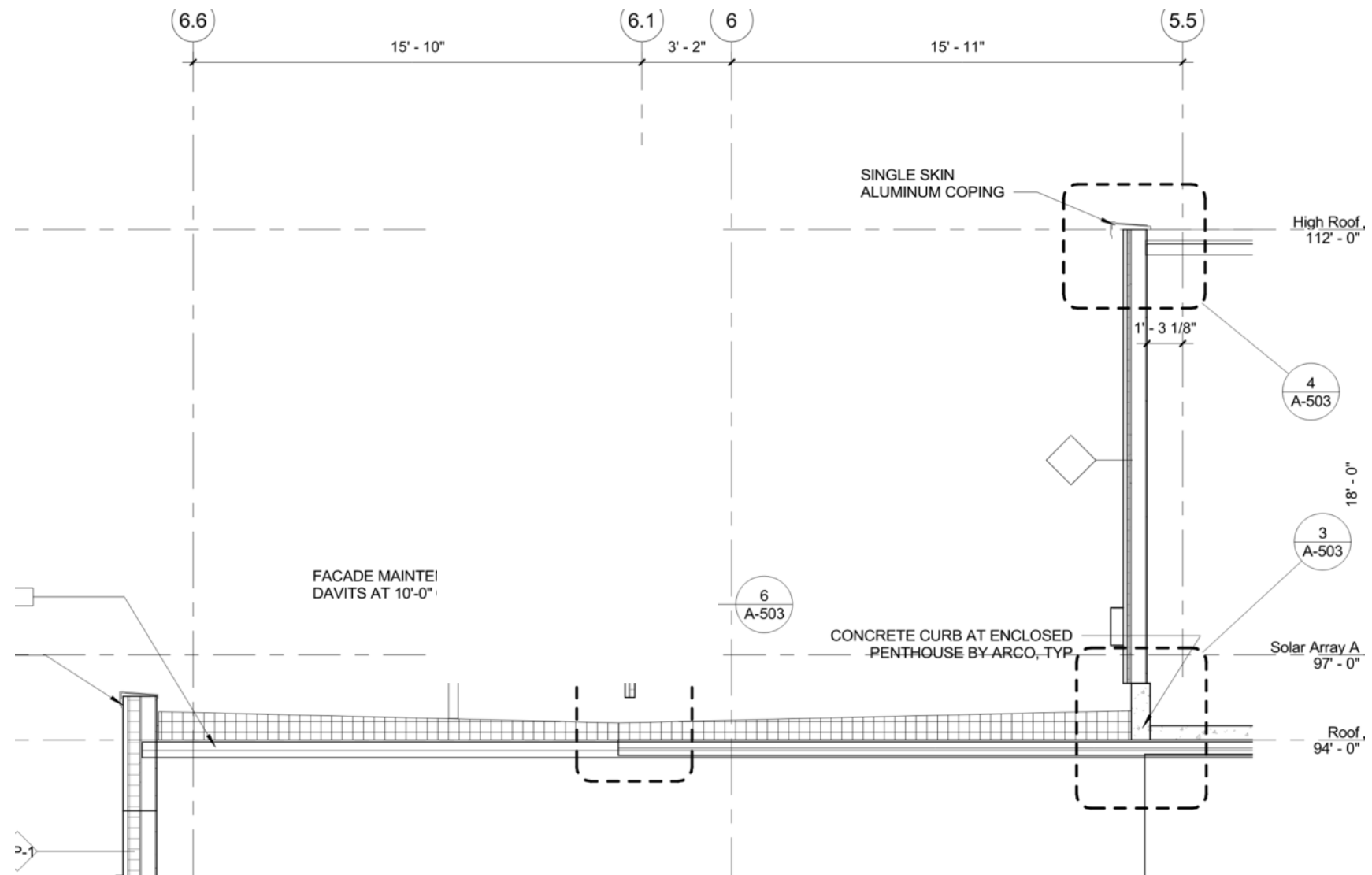
Source: “Structural Thermal Break” by Jake Miller, published on Green Building Advisor

Case Study – Roof to PH Wall

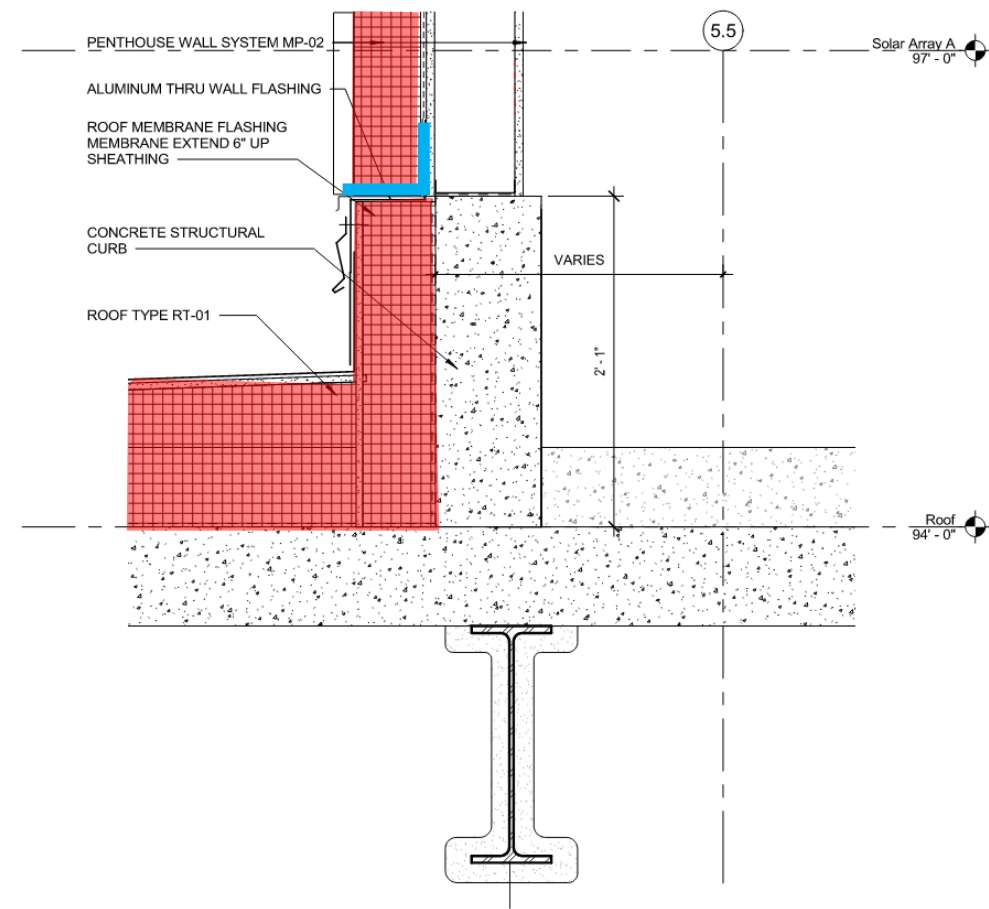
- Roof installed after penthouse walls
- Required installing under existing materials
- Warranty requirements for wall termination



Case Study – Overview

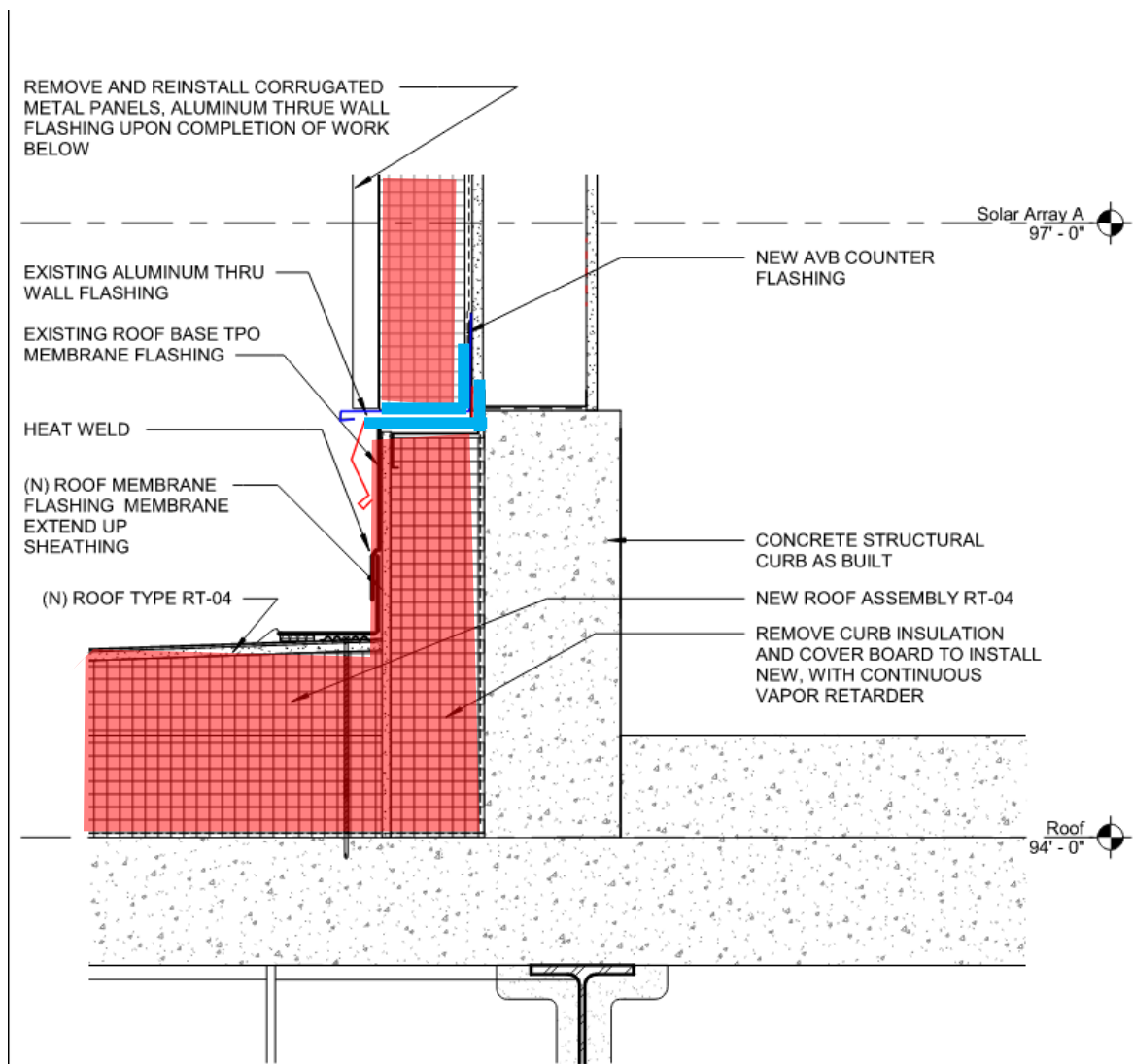


Case Study – Roof to PH Wall - Original



3 Section Detail Penthouse wall/floor
1 1/2" = 1'-0"

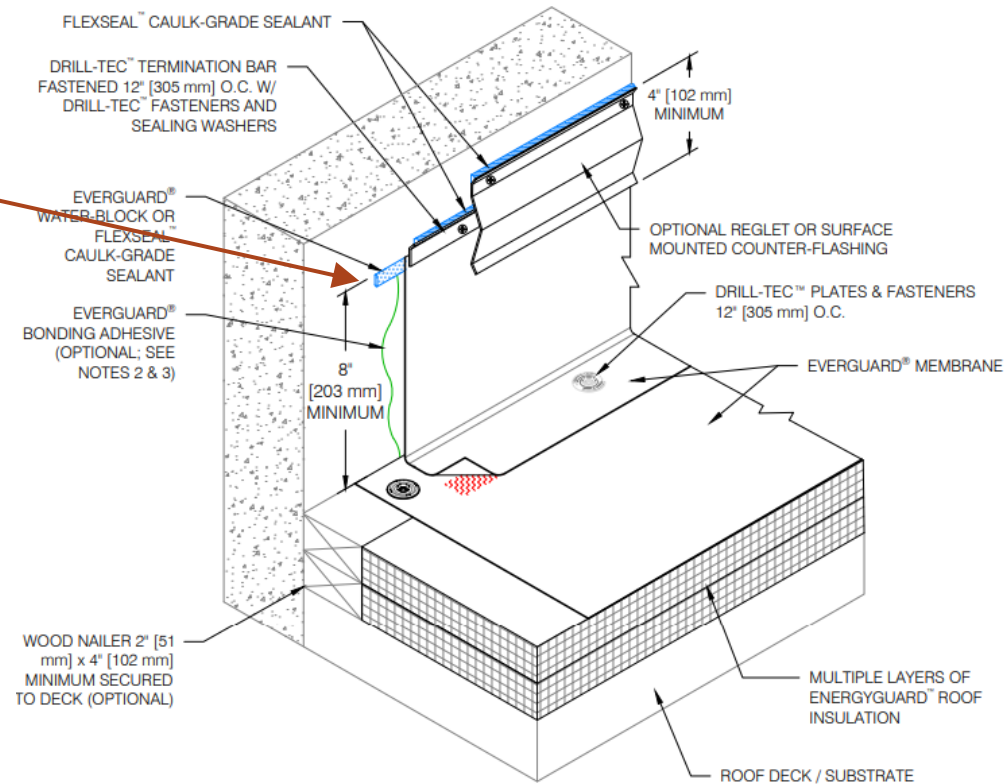
Case Study – Roof to PH Wall – Re-Order



7A Penthouse Curb Detail at Areas with Discontinuous Roofing Membrane/WRB Transition
1 1/2" = 1'-0"

Case Study – Manufacturer's Requirements

Manufacture requires
direct attachment to
back-up wall



NOTES:

1. EXISTING REGLET IS ACCEPTABLE IF METAL IS IN GOOD CONDITION.
2. IF EVERGUARD® SA MEMBRANE IS USED, BONDING ADHESIVE IS NOT NEEDED AND WALL MUST BE PRIMED.
3. IF EVERGUARD® SMOOTH BACK MEMBRANE IS USED FOR WALL FLASHING, ADHESIVE IS REQUIRED FOR HEIGHTS 30' - 66' [762 mm - 1.68 m].
4. EXPOSED WALLS/CURBS MUST BE WATERPROOFED AND MAINTAINED ABOVE THE BASE FLASHING IN ORDER FOR ANY SURFACE-MOUNTED TERMINATION TO BE EFFECTIVE.

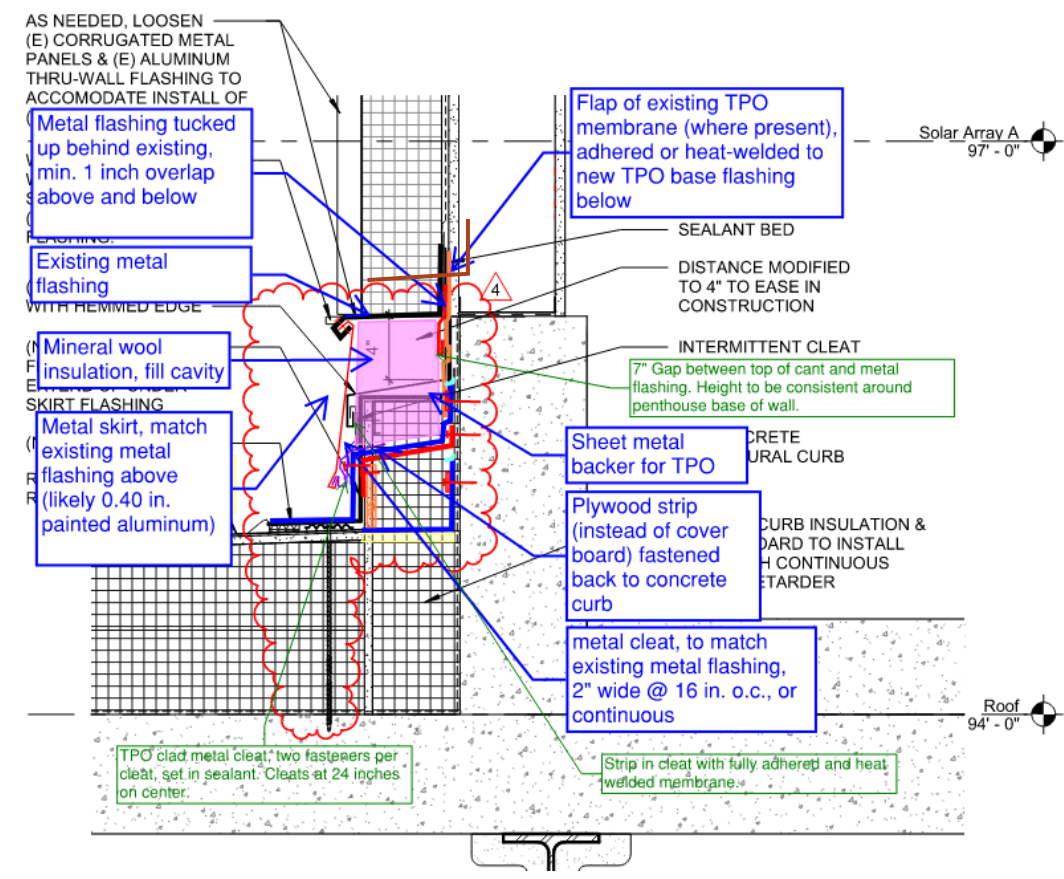
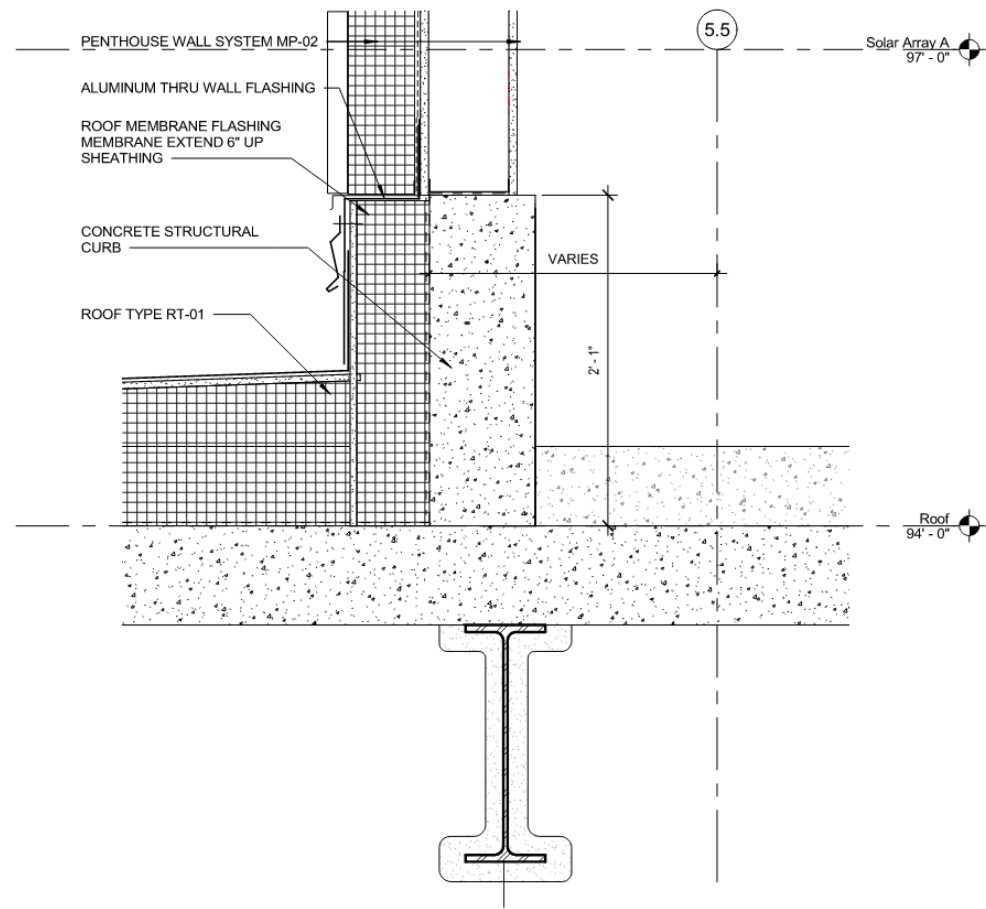
Case Study – Contractor Proposal



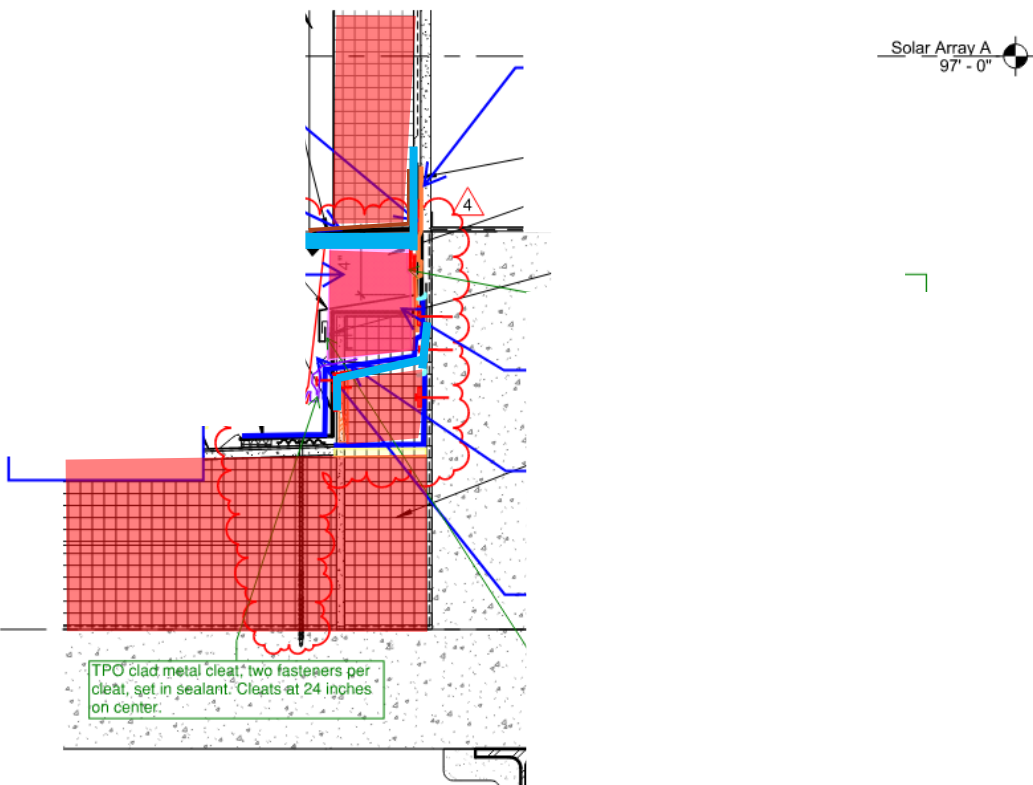
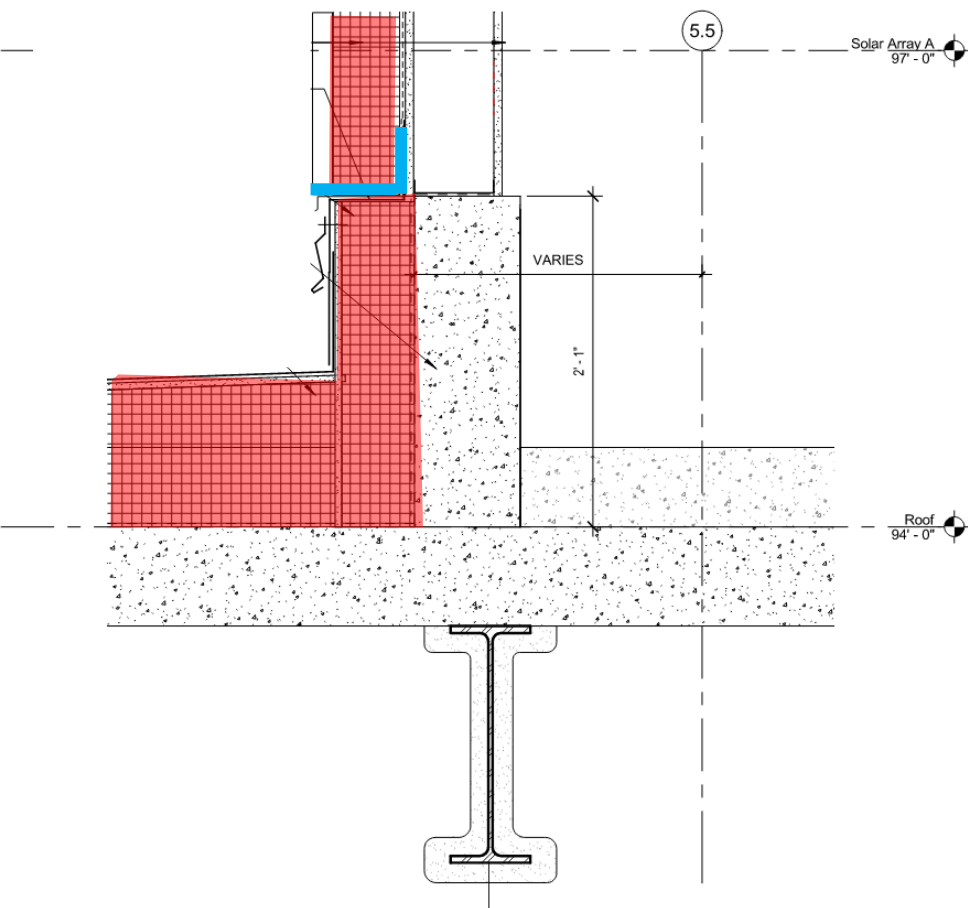
Case Study – Roof to PH Wall – Mock-up



Case Study – Roof to PH Wall – Side by Side



Case Study – Roof to PH Wall – Side by Side



Case Study – Roof to PH Wall – Installation



Case Study – Roof to PH Wall – Wrap Up

- Order of operations matters.
- Apparently simple construction can become complex.
- Resolution may require multiple trades and non-traditional materials for envelope systems.
- Mock-ups to verify constructability.



Learning Objectives

- Identify thermal bridges in the building enclosure that arise during construction.
- Analyze solutions to mitigate thermal bridging challenges during the construction phase.
- Identify strategies to proactively communicate with stakeholders regarding design and construction coordination related to thermal bridging.
- Define how to execute complex geometry in accordance with models and details in the context of new energy codes and best practices for sequencing work in the field.

Let's Talk!



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