

AIA Provider: Northeast Sustainable Energy Association

Provider Number: G338

Super Insulated Walls and Moisture: Does Bad Stuff Happen? Course Number

Chris Corson and Kohta Ueno

March 4, 2015

Credit(s) earned on completion of this course will be reported to AIA CES for AIA members. Certificates of Completion for both AIA members and non-AIA members are available upon request. This course is registered with AIA CES for continuing professional education. As such, it does not include content that may be deemed or construed to be an approval or endorsement by the AIA of any material of construction or any method or manner of handling, using, distributing, or dealing in any material or product.

Questions related to specific materials, methods, and services will be addressed at the conclusion of this presentation.

### Course Description





High-R or super-insulated walls are a common component of high performance housing. However, in cold climates, these walls run the risks of cold-weather condensation, and general durability issues due to reduced heat flow. Two practitioners have been monitoring the moisture performance of several high performance walls, and will share their results. Chris Corson has been examining highly vapor-open walls based on classic European Passive House designs, without the use of plastic foams. Kohta Ueno has been monitoring double stud walls insulated with cellulose and open-cell spray foam for three winters. His monitoring study was followed by disassembly of the walls, to examine conditions in the cavities. The two will talk about their data, whether various assemblies fall on the safer or riskier side, and how to make design choices. Keeping these walls buildable and cost-effective will be another aspect of the discussions.

### Learning Objectives

At the end of the this course, participants will be able to answer:

1. What are the risks associated with high-R or superinsulated walls, relative to conventional/code construction?

2. What are some of the options for constructing high-R walls in cold climates?

3. How does a particular vapor-open high-R wall behave in a very cold climate (Maine), in terms of moisture risks?

4. What moisture conditions and resulting damage are seen at double stud wall sheathing after experiencing high interior humidity conditions?





### In Situ



# Where to Place the Vapor Retarder?

- Vapor retarders work best when moisture is flowing only in one direction, such as in below grade areas.
- In mixed heating and cooling climates, where should the vapor barrier be placed? During certain portions of the year, it will <u>always</u> be on the wrong side of the building assembly and allow moisture to accumulate behind it.



# Bad, Bad, Things...



# Wetting Mechanisms

- Bulk water: Adsorption of driving rain and splash-back at grade
- 2. Bulk water: Liquid and bound groundwater, driven by capillary suction, redistribution and gravity
- 3. Built-in and stored moisture, esp. in wood and concrete
- 4. Vapor transport via infiltration/exfiltration and/or diffusion



### Diffusional Moisture and the Psychrometric Chart

 Higher relative humidity increase's vapor pressures and the available moisture for wetting of building assemblies.



Maintaining proper humidity levels in your home can be the key to relief from dry nasal passages, static electricity and dry, itchy skin. Proper humidity control is also important for minimizing the growth of bacteria, molds, viruses and dust mites.



# **Drying Mechanisms**

- 1. Evaporation: Liquid water transported by capillary action to the inside or outside
- 2. Vapor transport via diffusion and/or effusion
- 3. Drainage of unabsorbed water, driven by gravity

4. Convection through intentional (or unintentional) vented air cavities



### **Moisture Management**



Prevent wetting and mold/fungus spore entry, promote drying

# Vapor Barriers: Avoid the Vapor Sandwich



### Conditions Favorable for Mold Growth

- Mold growth is a function of temperature, relative humidity and time.
- Warmer and dryer surfaces help to reduce the risk.



## Wall Design



**BUILDINGENERGY 15** 

MARCH 3-5, 2015 SEAPORT WORLD TRADE CENTER BOSTON, MA

CONFERENCE + TRADE SHOW FOR RENEWABLE ENERGY AND GREEN BUILDING PROFESSIONALS



# Moisture transfer in hygroscopic materials



Hygroscopic materials redistribute moisture and can help dry building components that they are in contact with "hygric redistribution".

# Successful Cellulose Insulation

- Use only "all-borate" cellulose insulation
- Deep cavities require the cellulose to be installed at higher densities, 3.7 lbs/cuft at 12", 4.0 lbs/cuft at 18" and 4.2 lbs/cuft at 24" depths to remain self supporting.
- Deeper cavities will require experienced installers to perform multiple passes of the hose to build the density both laterally and vertically.
- Cellulose should be installed behind Insulweb or other air barrier fabrics to allow for quality control along with bag counts of material installed



### Instrumentation











### What really happens.....you know.....like....in real life....and what should we be looking for?



- 1. Wood Moisture Content
- 2. Where the DP falls in the wall and when
- 3. Temperature of the condensation planes
- 4. Exterior ambient conditions



Wood Moisture Content of condensation planes

#### Wood Moisture Content

Average Sensor Values per Minute as of 1/1/2014 at 11:25 AM



Slice of life...

Dew Point 32F

Dew Point of the sheathing 27F

- Temperature sheathing 47F
- WME 9.5% Bone dry

Average Sensor Values per Minute as of 9/20/2014 at 11:35 AM



T of sheathing always warmer than dewpoint: Sheathing always ~ 15F warmer

### Average Sensor Values per Day as of 2/12/2013



#### Average Sensor Values per Day as of 2/12/2013



WMC of lumber and sheathing over period of two plus years

Values 15.8 % (high) during construction 8.1 % low Mean ~ 9% post ventilation commissioning Kitchen 8-9%
Master Bath 8.5-10.5 %



WME of condensing surfaces in Kitchen and Master Bath

Inside surface of Master Bath the highest, but well within safe levels.

Average Sensor Values per Day as of 2/12/2013



Temperature of the sheathing always warmer than the DP temp. Probability of condensation occurring at the sheathing plane 0% ?

#### Whoa wait a minute , what's going on here???????



June 26<sup>th</sup> 2014: Roof leak Bulk water intrusion WMC spike's to 30%





The thermal part of Hygrothermal

#### All Sensor Values as of 12/7/2014 at 11:59 PM



Cross sectional View Corollary to THERM

#### Average Sensor Values per Day as of 6/11/2014



June 26th 2014: Roof leak Bulk water intrusion



TABLE R806.5 INSULATION FOR CONDENSATION CONTROL

CLIMATE ZONE	MINIMUM RIGID BOARD ON AIR-IMPERMEABLE INSULATION <i>R</i> -VALUE <sup>a</sup>
2B and 3B tile roof only	0 (none required)
1, 2A, 2B, 3A, 3B, 3C	R-5
4C	R-10
4A, 4B	R-15
5	R-20
6	R-25
7	R-30
8	R-35

### WMC Bottom Chord of I Joist

Average Sensor Values per Day as of 12/19/2013



As the Temp of the sheathing increases Vapor is driven inward The sheathing remains dry Average Sensor Values per Minute as of 7/1/2014 at 4:52 PM



### Wood Moisture Content through a section of dense pack cellulose hot roof



Date of Activity

## Summary

Vapor open assemblies with hygroscopic insulations offer reliable hygrothermal performance in the Northeast and offer the potential for use over a wide climatic range.

When installed properly cellulose provides sufficient hygric buffering to prevent moisture buildup in exterior sheathing materials even (potentially) in unvented hot roofs.

Regardless of interior or exterior conditions walls stay warm and dry!

### This concludes The American Institute of Architects Continuing Education Systems Course





