

AIA Provider: Northeast Sustainable Energy Association

Provider Number: G338

# Applying Passive House Principles to 160 Units of Affordable Housing – Lessons Learned

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### Course Description

Fairfax Gardens was a 150 unit dilapidated public housing development in Taunton, MA. The THA selected Trinity Financial to be the developer, owner and operator of a 160 unit replacement program on two sites. The Hope VI Program requires a very competitive funding application that includes strong sustainability incentives measured using LEED and/or Enterprise Green community checklist criteria. The Fairfax Gardens funding application was successful in part because it committed to very aggressive energy conservation measures. To meet these commitments, the development team had to work collaboratively through the design process to develop systems and details that would produce one of the most energy efficient affordable housing developments in the country. Emphasis was put on simplicity for operation and maintenance, affordability, constructability at scale, dependability, and very low energy bills for residents. In addition, the project had to negotiate the myriad of regulations governing allowable rents and utility charges.

### Learning Objectives

At the end of the this course, participants will be able to:

- 1. How do you integrate passive house-type ECMs such as doublestud walls, super-insulation, super air-sealing, and heat recovery ventilation into 160 units of affordable housing?
- 2. What are the primary technical and construction factors that influence details and systems selection?
- 3. What are the primary code and funding agency regulations that influence systems selection and utility billing?
- 4. How do you train tenants to accept and properly use new building components such as mini-splits, HRVs, awning windows, condensing dryers, etc.?





Fairfax Gardens Hope VI

Existing Conditions

ebruary 1, 2012 DEVELOPER : Trinity Financial ARCHITECT : The Architectural Teau



Fairfax Gardens Hope VI

Context Site Plan

ebruary 1, 2012 DEVELOPER : Trinity Financial RCHITECT : The Architectural Tean



Off-Site Parcel 6A - 2 Taunton, MA

Existing Conditions

ebruary 1, 2011 DEVELOPER : Trinity Financial ARCHITECT : The Architectural Team



Off-Site Parcel 6A - 2 Taunton, MA

#### Site Plan

ebruary 1, 2011 DEVELOPER : Trinity Financial ARCHITECT : The Architectural Team



• The program is tailored to affordable housing



- This is not a 3<sup>rd</sup>-party certification
- There are no hard costs associated with registration, review, and certification from Enterprise



• HUD funding requirement



 Must score high to be competitive – need to commit to many of the "optional" criteria

## **Enterprise Criteria**

### **Energy Use Reduction**

- Meet Energy Star standards (mandatory)
- Energy Star appliances (mandatory)
- 80% Energy Star qualified fixtures (mandatory)
- Install daylight sensors for outdoor lighting (mandatory)
- 65 or less HERS score (15 optional points)
- Install renewable energy source to provide at least 10% of the project's estimated electricity demand (15 optional points)
- Design to accommodate installation of PV in the future (2 optional points)



# Enterprise Criteria



### Ventilation

- Energy Star-labeled bathroom fans that exhaust to the outdoors and are connected to a light switch and are equipped with a humidistat sensor or timer, or operate continuously (mandatory)
- Install power vented fans or range hoods that exhaust to the exterior (mandatory)
- Install a ventilation system for the dwelling unit, providing adequate fresh air per ASHRAE 62.1/62.2 (mandatory)
- Clothes dryers must be exhausted directly to the outdoors (mandatory)

## **Integrated Design Process**

### **Kick-Off Charrette**

- Performance-oriented developer
- Trinity had assembled a skilled *and* motivated team
- Performance *not* Certification
- Team could quickly orient around opportunities and important areas to focus

### **Energy Feature Funding**

High level Energy Star Certification assumed

- Push for HERS rating around 30 w/o renewables
- Often rebates help subsidize this certification process and offset some of the capital costs
- Columbia Gas/Municipal Electric Co. NEED to design with Gas! How much?

### **Building Envelope**



**Double-Stud Wall Construction** 

- One structural wall, one non-structural wall to provide a deep cavity for more insulation.
- TAT had done early stage design of the buildings to allow for a 13-14 inch wall, which should be sufficient to accommodate a double stud wall or passive house design.
- A consensus was reached that all building types would use the same type of construction

### **Building Envelope**

Roof



- NEI suggested a hot roof strategy with spray foam
- Mechanical systems can be confidently downsized if spray foam is being relied on as the air barrier
- Late VE of spray foam and impacts? Team felt confident that this was not likely given that other fundamental design decisions would have been made assuming the hot roof
- Switch from a dry sprinkler system to a wet system if a hot roof is used

### **Building Envelope**



**Exterior Envelope/Air Sealing** 

• NEI recommended an unofficial goal of under 1 ACH but a goal of 1.5 ACH in the spec to allow for some wiggle room

### Glazing

 Energy Star compliant windows with a U-value of at least 0.3



### **Mechanical Systems**

Utilities and Metering

- All electric systems?
  - Rebate implications
  - Cost of Fuel



 Tenant paid bills – "Skin in the game" and allowance interplay



### **Mechanical Systems**

Heating and Cooling



- Townhome: Mini-split ducted fan coils
- Apartment building: Two-pipe changeover system with ducted fan coils



### **Mechanical Systems**

Domestic Hot Water – tough nut to crack

- After pre-tempering at central location, warm water would then go to the apartments to be brought up to the hot water temperature with the individual electric water heaters
- This would substantially lower distribution heat losses and would keep a portion of the DHW production costs on the tenant



### **Mechanical Systems**

**Domestic Hot Water** 

Solar thermal



- Cheaper capital cost than PV
- Reduce DHW costs which tend to become a larger proportion of total energy cost when the heating load is reduced in a tight, efficient building
- Could be included in the project scope and easily be VE'd out down the line if the budget doesn't allow for it

Solar thermal tied into a gas boiler, coupled with electric hot water heaters in the units

### **Mechanical Systems**

Ventilation



- In Townhome buildings, individual heat recovery ventilators (HRVs)
- In Apartment building, centralized ERVs
- Bathroom exhaust would feed into the ERV system
- Kitchens would be intermittent & exhaust directly to outdoors

#### Commissioning

Trinity is very interested in commissioning

### **Electrical Load**

Interior Lighting



- The project team agreed to go with screw-in to minimize complications
- Trinity poses the idea of coupling this strategy with tenant education and potentially providing a stock of the efficient bulbs for the tenants to buy directly from management

Appliances

• Energy Star







Fairfax Gardens Hope VI

Context Site Plan

ebruary 1, 2012 DEVELOPER : Trinity Financial RCHITECT : The Architectural Tean



Off-Site Parcel 6A - 2 Taunton, MA

#### Site Plan

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## Wall Assemblies

- Hardie Siding
- GreenGuard Raindrop Housewrap
- OSB Sheathing
- 2x4 Wood Stud (Structural)
- 7.5" Demilec APX open cell, spray applied semi-rigid polyurethane foam
- 2-1/2" metal stud
- 5/8" sheetrock interior wall
- Overall wall thickness 12"
- 2" Foamular 250 EPS thermal break between interior slab and exterior foundation wall





## H Windows



Weep holes for superior drainage 3/4" Extension jambs loose or applied, glued and stapled for up to 10" wall thickness

Glazing depth from 1" to 1-3/8" (multiple glass options available)

Removable interior wood grilles, exterior aluminum grilles or simulated divided lites.

Glazing system is vented and weeped to ensure dissipation of any moisture potential.

Pro-Lon<sup>™</sup> Weatherstripping (kerf-mounted, closed cell)

Sloped aluminum sill to facilitate drainage

Butyl thermal/moisture barrier Composite wood/ aluminum sash for stability and thermal performance


#### H Windows



## Townhome/Duplex

#### Heating & Cooling (Townhome/Duplex)

- Air-Source Heat Pump (ASHP)
  - Individual ASHP System at each Unit for both Heating and Cooling
    - 1 Wall Cassette Ductless Style Indoor Unit for 1st Floor Living/Dining Area
    - 1 Horizontal Ducted Style Indoor Unit for 2nd/3rd Floor Bedrooms with Brief Ductwork for Air Distribution
    - 1 Outdoor Unit

#### Typical Townhome Unit Plan



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#### Wall Cassette Indoor Unit



#### Horizontal Ducted Indoor Unit



#### Outdoor Unit



#### Ventilation (Townhome/Duplex)

- Local HRVs at each Unit
  - Complete Ductwork System for OA & EA Distribution within Unit
    - Separate (Decoupled) from Heating and Cooling System
    - Located Next to Exterior Wall to Minimize Length of Ductwork Connections to the Outdoor
  - OA Grille with Integral CAR Damper at each Living Area and Each Bedroom
  - EA Grille with Integral CAR Damper at Each Kitchen and Each Bathroom
    - Re-Circ. Range Hood
- Condensing Dryer at Each Unit to Eliminate the need of Wall Penetration required for Traditional Ducted Dryer

### **HOW THE CAR-II WORKS**





#### Balancing with CAR Dampers

- Field balancing not possible. Can be confusing for the Balancing Contractor.
- Accurately measuring low airflow rates not possible with conventional measuring equipment.

#### Low-Tech Airflow Verification



#### Trash-Bag-Fill-Time to CFM Conversion

$$\left(\frac{gal}{sec}\right)\left(\frac{ft^3}{gal}\right)\left(\frac{sec}{min}\right) = CFM$$

$$\left(\frac{30}{time \ in \ sec}\right) \left(\frac{1}{7.48}\right) \left(\frac{60}{1}\right) = CFM$$

$$\frac{241}{time\ in\ sec} = CFM$$

#### **Typical Townhome Unit Plan**



5

#### DHW (Townhome/Duplex)

- Central Electric Water Heater at Doghouse
  "Pre-Temper" DCW Supply to Each Unit to 70-80°F
- Localized "2nd Stage" EWH at Each Unit
  - Provide Heating of the 80°F water to required DHW Temperature (130°F at tank, 107°F at shower)
- Eliminate the Need of DHW Re-Circ System as the "Pre-Tempered" Water distribution piping is not hot.
- Solar Thermal Ready

#### Townhome/Duplex DHW Distribution



#### Portsmouth NH Cold Water Supply Temperature – 2006



#### Massachusetts Municipal Cold Water Supply Temperature – 2006 to 2011



#### Annual Cold Water Supply Temperature



#### **Equipment Limitations**



#### **Mechanical Doghouse**



### **Apartment Building**

#### Heating & Cooling (Apt. Bldg.)

- 2-Pipe Seasonal Change-Over System
  - Central Boiler Plant
  - Central Chiller Plant

– 2-Pipe Valance Units at apartments

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#### Heating Mode

## Coil Independent Drain Pan. Architectural Enclosure

**Courtesy of SIGMA Corporation** 

#### Cooling Mode



#### Typical Apt. Bldg. Unit Plan



#### Valance Section (Heating)



#### Valance Unit Installed (without Enclosure)



#### Ventilation (Apartment Bldg.)

- Central DOAS System
  - OA Supply to Space Treated to Neutral Conditions
    - Heat and Cooling Coil Connected to Central Heating and Cooling Plants
  - Complete Ductwork System for OA & EA Distribution throughout Building
    - Separate (Decoupled) from Heating and Cooling System
  - OA Grille with Integral CAR Damper at each Living Area
  - EA Grille with Integral CAR Damper at each Kitchen and Bathroom
    - Re-Circ. Range Hood

#### Typical Apt. Bldg. Unit Plan EA Grille in Bathroom (Typ.) VENT DN 5"Ø EXHAUST DUCT DN (TYP. THIS SHEET) -5"Ø EXHAUST DUCT DN (TYP. THIS SHEET) -5"Ø EXHAUST DUCT FROM ATTIC (TYP. THIS SHEET) )F (TYP. OF 2) A 300 5"Ø EXHAUST DUCT FROM ATTIC (TYP. THIS SHEET) 000 00 JANITOR 4 ø C 4\*ø 20 A 305 4 ø 4"Ø EA 4"Ø EA HWS/R UP 4"ø 45 1 5"Ø SUPPLY DUCT DN (TYP. THIS SHEET) 5"Ø SUPPLY DUCT FROM D 5 ø 45 ATTIC (TYP. THIS SHEET) 4 0 EA $\mathbf{\Theta}$ 5\*ø 45 5"Ø SUPPLY DUCT DN (TYP. THIS SHEET) 5"Ø SUPPLY DUCT FROM (1) 4"Ø EA UP & DN; (1) 4"Ø EA UP ATTIC (TYP. THIS SHEET) DN **2 BR HP UNIT BR UNIT 1 BR UNIT BR HP UNIT** 314 313 312 311 560 SF ¾" (C)HWS DN-573 SF 1" (C)HWS DN V-1 8'-0' 1.4 V-1 10'-0" 34" (C)HWR DN V-1 6'-0" 34" (C)HWR DN V-1 6'-0 2.2 V-1 6'-0" STAIR 1 OA Grille in EA Grille at Living Area (Typ.) Kitchen (Typ.)

#### DHW (Apartment Building)

- Central Indirect Water Heaters/Tanks
  - Connected to the Central Boiler Plan
  - DHW Re-Circ System
  - -DHW does not overheat the main loop
  - Solar Thermal Ready

#### DHW (Apartment Building)



Home E	Registry ID018931889Rating NumberCertified Energy RaterWilliam D'ArrigoRating Date1/22/2014Rating Ordered ForTaunton Housing Authority						
	Estimated Annual Energy Cost						
				Use	MMBtu	Cost	Percent
		5 Stars Plus Confirmed		Heating	22.8	\$722	11%
		HERS Index: 53	3	Cooling	7.1	\$223	3%
				Hot Water	64.8	\$2054	31%
				Lights/Appliances	95.3	\$3021	46%
General Information				Photovoltaics	-0.0	\$-0	-0%
Conditioned Area	7747 sg. ft.	House Type Mult	i-family, whole building	Service Charges		\$580	<b>9</b> %
Conditioned Volume	76164 cubic ft.	Foundation Slab		Total	190.0	\$6600	100%
Bedrooms	14			0	Criteria		
Mechanical Systems	This home meets or exceeds th	ne minimum o	riteria for the	following:			
Air-source heat pump:		HSPF. Clg: 17.5 SEER.	2009 International Energy Conservation Code				
Air-source heat pump:		0 HSPF. Clg: 15.0 SEER.	Massachusetts Stretch Code	*			
Water Heating:		ectric, 0.94 EF, 40.0 Gal.	* Compliance with criteria for this program is				
Duct Leakage to Outside	0.06 CFM25.		determined by the rater.				
Ventilation System		71 cfm, 156.0 watts.					
Programmable Thermostat	Heat=Yes; Cool=Y						
Building Shell Featur							
Ceiling Flat	N/A	Slab	R-10.0 Edge, R-10.0 Under				
Sealed Attic	N/A	Exposed Floor	R-30.0				
Vaulted Ceiling	R-42.0	Window Type	U: 0.33, SHGC: 0.15				
Above Grade Walls	R-34.9	Infiltration Rate	Htg: 0.76 Clg: 0.76 ACH50	Conservation Services Grou	р		
Foundation Walls	N/A	Method	Blower door test	50 Washington Street			
Lights and Appliance	Westborough MA 01581						
		Danga (Oyan Eyal	El autoria	508-836-9500			
Percent Interior Lighting	100.00 100.00	Range/Oven Fuel	Electric Electric				
Percent Exterior Lighting Refrigerator (kWh/yr)	415.00	Clothes Dryer Fuel Clothes Dryer EF	3.01				
Dishwasher Energy Factor	0.78	Contres Dryer Er Ceiling Fan (cfm/Watt)	0.00				
bonwasher energy ractor		ne Energy Rating Standard Dis REM/Rate - Residential	closure for this home is available Energy Analysis and Rating Sof	tware v14.3			
			onstitute any warranty of energy				

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Home E	Registry ID 480081816 Rating Number						
				Certified Energy Rater	William [		
	Rating Date 9/23/2013						
	Rating Ordered For	Taunton Housing Authority					
	Estimated Annual Energy Cost						
				Use	MMBtu	Cost	Percent
		5 Stars Plus Confirmed		Heating	13.2	\$416	16%
		HERS Index: 52		Cooling	2.9	\$92	4%
		HERS INDEX. 52		Hot Water	23.8	\$753	30%
				Lights/Appliances	34.4	\$1090	43%
General Information				Photovoltaics	-0.0	\$-0	-0%
Conditioned Area	3012 sg. ft.	House Type Mult	i-family, whole building	Service Charges		\$193	8%
Conditioned Volume	30522 cubic ft.	Foundation Slab		Total	74.2	\$2544	100%
Bedrooms	6	roundation stab			Criteria		
Mechanical Systems Features				This home meets or exceeds t	he minimum o	riteria for the	following:
Air-source heat pump:		HSPF. Clg: 17.5 SEER.					
	, ,						
Air-source heat pump:		0 HSPF. Clg: 15.0 SEER. ectric, 0.94 EF, 40.0 Gal.					
Water Heating: Duct Leakage to Outside	17.47 CFM25.	ectric, 0.94 EF, 40.0 Gal.					
Ventilation System		60 cfm, 54.0 watts.					
Programmable Thermostat	Heat=Yes; Cool=1	645					
202		es					
Building Shell Featur							
Ceiling Flat	N/A	Slab	R-10.0 Edge, R-10.0 Under				
Sealed Attic	N/A	Exposed Floor	R-30.0				
Vaulted Ceiling	R-42.0	Window Type	U: 0.33, SHGC: 0.15	Comparation Considers Com	_		
Above Grade Walls	R-34.9	Infiltration Rate	Htg: 0.73 Clg: 0.73 ACH50	Conservation Services Grou	ip		
Foundation Walls	N/A	Method	Blower door test	50 Washington Street			
Lights and Appliance	Westborough MA 01581 508-836-9500						
Percent Interior Lighting	100.00	Range/Oven Fuel	Electric	500-050-7500			
Percent Exterior Lighting	100.00	Clothes Dryer Fuel	Electric				
Refrigerator (kWh/yr)	415.00	Clothes Dryer EF	3.01				
Dishwasher Energy Factor	0.78 The Hon	<b>REM/Rate - Residential</b> This information does not co	0.00 closure for this home is available Energy Analysis and Rating Soff onstitute any warranty of energy ural Energy Corporation, Boulder	cost or savings.			

#### **HERS INDEX**

Building	HERS Index			
A: 100-110 Fairground Ave.	56			
B: 101-113 Ferris Lane	56			
C: 401-411 Derby Court	55			
D: 201-211 Ferris Lane	57			
E: 301-315 Derby Court	58			
F: 101-115 Derby Court	59			
G: 201-217 Derby Court	54			
H: 501-511 Ferris Lane	53			
I: 401-413 Ferris Lane	53			
J: 300-306 Fairground Ave.	53			
K: 201-211 Fairground Ave.	54			
L: 401-411 Fairground Ave.	53			
M: 501 & 503 Fairground Ave.	52			
N: 601 & 603 Fairground Ave.	52			
O: 701 & 703 Fairground Ave.	52			
P: 801 & 803 Fairground Ave.	52			
## Measured Air Leakage

#### (Passive House Standard 0.6 ACH 50)

Building	Gross SF	Measured WB Air Leakage (ACH 50)
A: 100-110 Fairground Ave.	7913	0.85
B: 101-113 Ferris Lane	9718	1.05
C: 401-411 Derby Court	7875	0.94
D: 201-211 Ferris Lane	7077	0.88
E: 301-315 Derby Court	11080	0.95
F: 101-115 Derby Court	11080	1.34
G: 201-217 Derby Court	12323	0.58
H: 501-511 Ferris Lane	7931	0.76
I: 401-413 Ferris Lane	8962	0.85
J: 300-306 Fairground Ave.	5687	0.67
K: 201-211 Fairground Ave.	7074	0.8
L: 401-411 Fairground Ave.	9665	0.84
M: 501 & 503 Fairground Ave.	2925	0.52
N: 601 & 603 Fairground Ave.	2925	0.54
O: 701 & 703 Fairground Ave.	2925	0.70
P: 801 & 803 Fairground Ave.	2925	0.73

#### **Building P - Total Energy Use**



#### **Benchmarking Total Energy Use**



### **Comparing Benchmarks**



kBtu/sqft/year

### Lennox A

- Setpoint: 60 degrees F
- Heating: 2.76 Btu/sqft/HDD
- Hot water: 15,495 Btu/bedroom/day

- Natural gas use: 19 kBtu/sqft/year
- Benchmark (buildings in MA, built after 2000, low-income residence, gas use includes heat and hot water): 58 kBtu/sqft/year

# **Energy Cost/Month/Unit**

\$/Month	Petersen Pre- Design Estimate	Allowance	Projected (Median)
Apartment Building (1BR unit)	25	36	
Apartment Building (2BR unit)	31	48	
Townhome Building (2BR unit)	82	154	94 (n=3)
Townhome Building (3BR unit)	102	191	
Townhome Building (4BR unit)	109	232	129 (n=3)

How do you train tenants to accept and properly use new buildings components such as mini-splits, HRVs, awning windows, condensing dryers, etc?

- Commissioning
- 5-year Utility Tracking & Performance Evaluation

- Paybacks? ROI?
- Benefits of ECMs go to

tenants, not developer

# HARD Cost per Unit

- Bid Results: \$35,000/Unit Higher than Budget
- Required Significant VE WITHOUT reducing ECMs except:
  - Eliminate solar DHW
  - Simplify facades
  - Simplify structural details
  - Simplify fencing and sheds
  - Reduce trim detail
  - Reduce landscaping
  - Reduce quantity of dormers and windows

## FINAL Cost per Unit

- \$309,000/Unit → \$261/GSF
  - Comparable to our other stick-built projects
- Includes premiums for
  - Davis Bacon Wages Rates
  - Significant union participation
  - Section 3 Hiring
  - MBE / WBE Hiring
  - Local Hiring
  - Two sites

## Thank You!

This concludes The American Institute of Architects Continuing Education Systems Course

