



## **BUILDINGENERGY** BOSTON

MARCH 23-24, 2026 • WESTIN BOSTON SEAPORT DISTRICT • [NESEA.ORG/BE26](https://www.nesea.org/be26)

Conference + Trade Show of the Northeast Sustainable Energy Association (NESEA)

3.24.26

---

# Multifamily Passive House Air Sealing Case Studies: Historic & New Buildings

# Agenda



- Today's speakers
- Air sealing for Passive Building
- Case study: Historic renovation multifamily Phius REVIVE
- Case Study: New construction multifamily Phius Core
- Duct sealing to Passive House standards
- Q & A/discussion

# Today's Speakers



**Bill Shadid**

Aeroseal  
Business Development Leader:  
Architects & Engineers

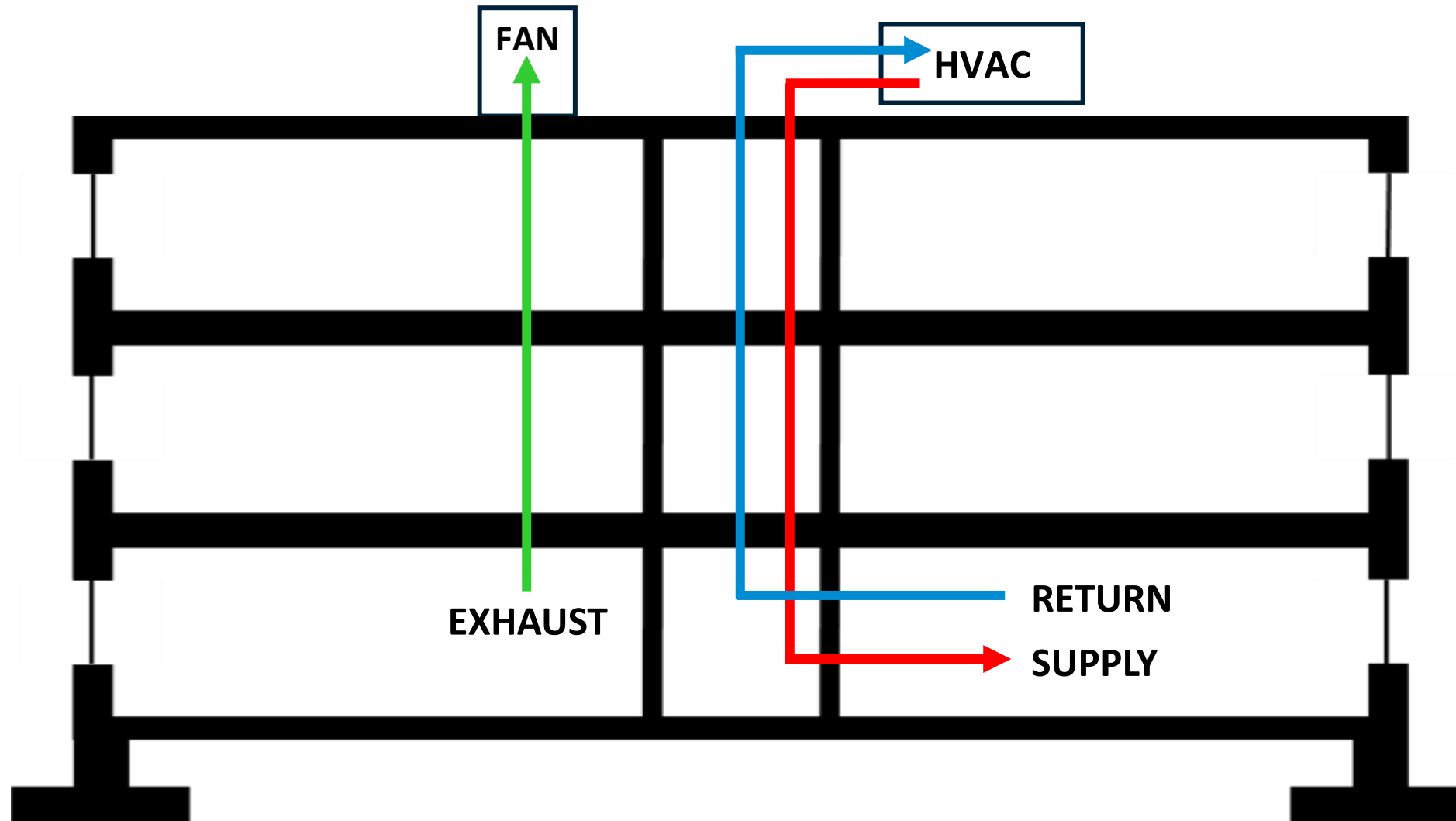


**Alex MacLean**

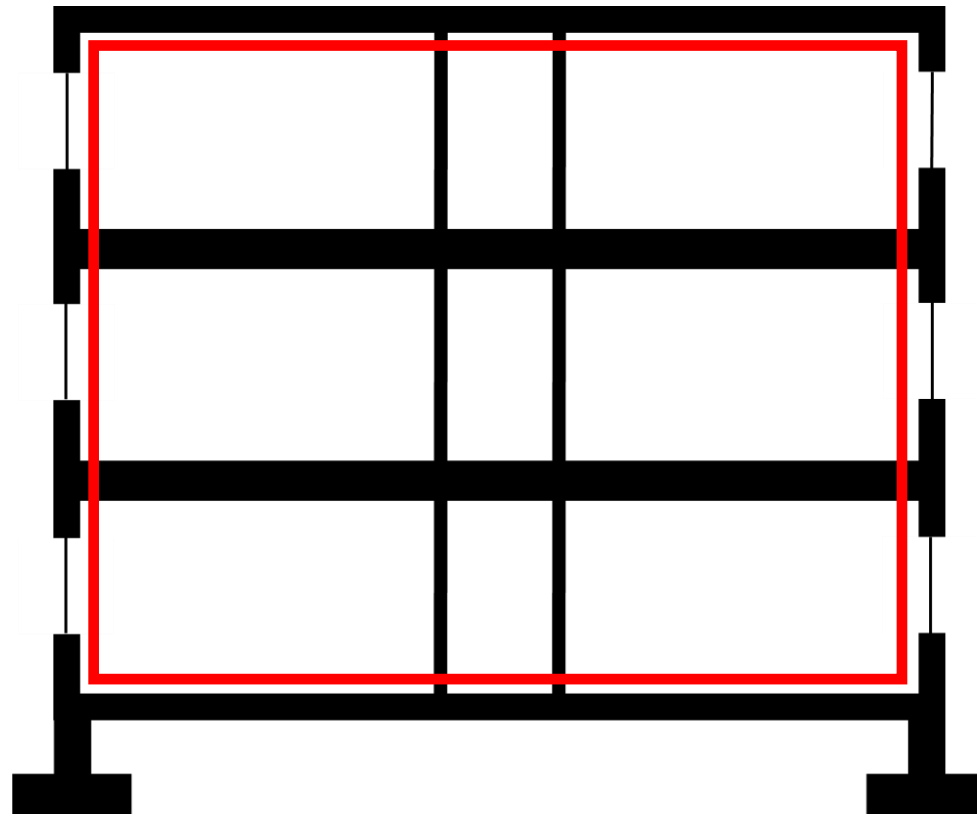
Aeroseal  
Sales & Field Technical Support

# Air Sealing for Passive Buildings

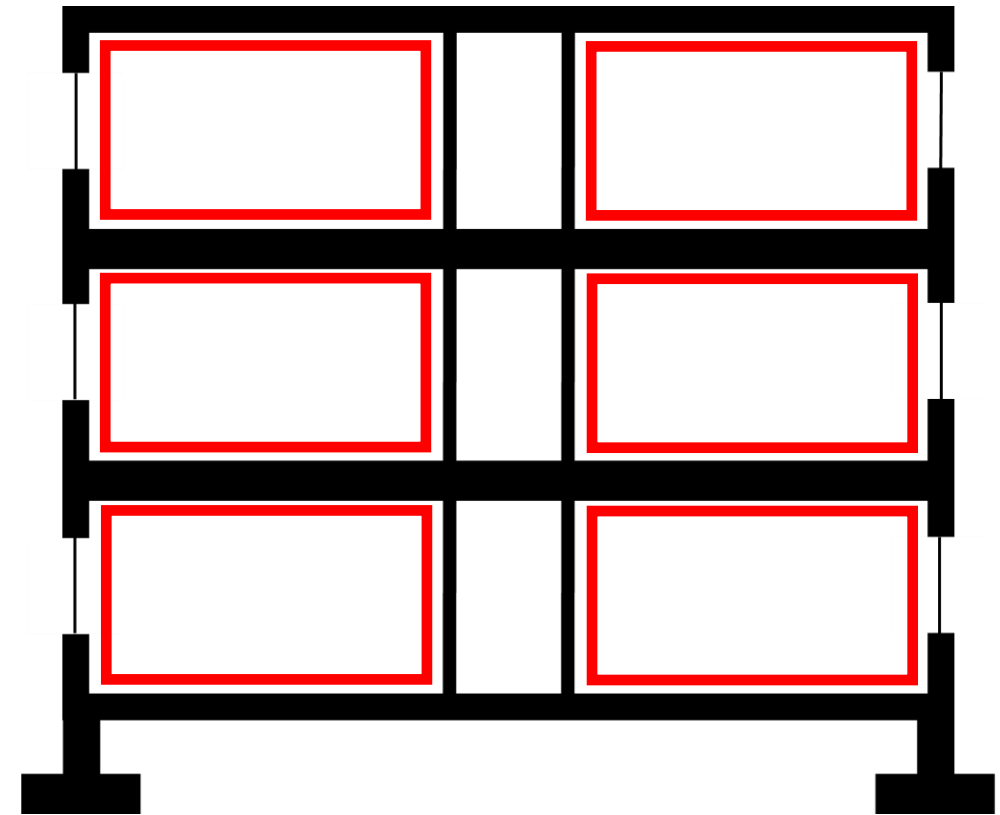
# Duct Sealing: Supply, Return, & Exhaust



# Building Envelope Air Sealing: Both Ext Envelope & Compartmentalization



**Exterior Envelope Air Barrier**  
(seals air leaks to the outside)



**Compartmentalization Air Barriers**  
(seals air leaks between rooms in the bldg.)

 = Air Barrier

# Case Study: Historic Renovation Multifamily Phius REVIVE

# Two Historic Structures Renovated at Harvard University

- Add housing units for graduate students and faculty
- Build sustainable housing that is better for residents and the environment



**5 Sacramento Street, Cambridge MA**



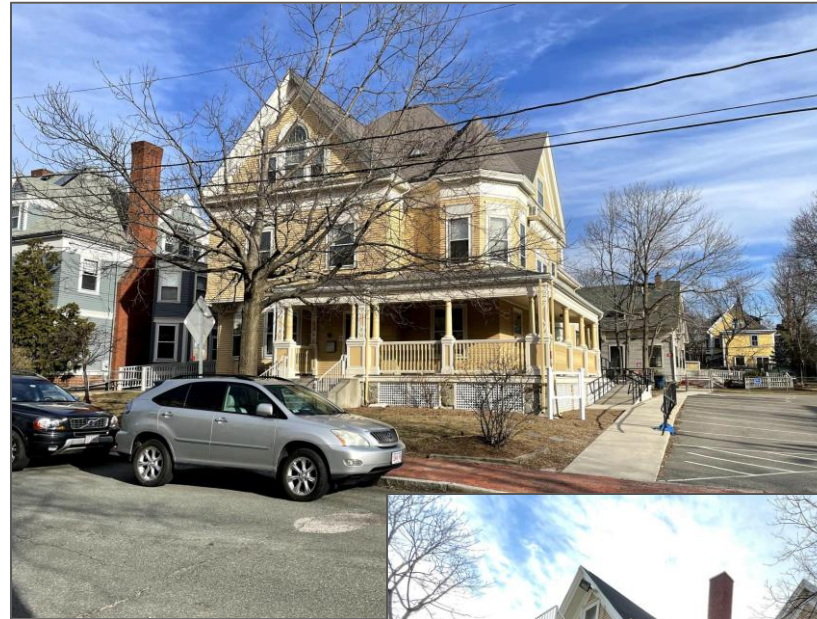
**13 Kirkland Place, Cambridge MA**

# Project Team

- Architect = Kelly Boucher Architecture
- Passive House consultant = Thornton Tomasetti, Prudence Ferreira
- Passive House verifier = Mark Newey
- General Contractor = Windover Construction

# 5 Sacramento Street Pre Renovation

- Built in 1891
- Queen Anne Victorian
- Renowned local architect George Fogerty
- 9,260 square feet
- Wood frame construction
- Used as a healthcare clinic prior to renovation
- Goal: renovate to include 5 units



# 13 Kirkland Place Pre Renovation

- Built in 1856 as a 2 story, 14 room single family home
- Expanded in early 1900's
- Bracketed Italianate
- By Isaac Cutler
- 5,386 square feet
- Wood frame construction
- Used as a 3 unit residential building prior to renovation
- Goal: renovate to include 4 units



# Project Details



Project Details/Info	5 Sacramento Street	13 Kirkland Place
Location	Cambridge, MA	Cambridge, MA
Climate Zone	5A-Cool-Humid	5A-Cool-Humid
Building Type	Multifamily	Multifamily
Project Type	Retrofit	Retrofit
# of Stories	4	4
# of Units	5	4

# Achieve 2 Ambitious Sustainability Certifications

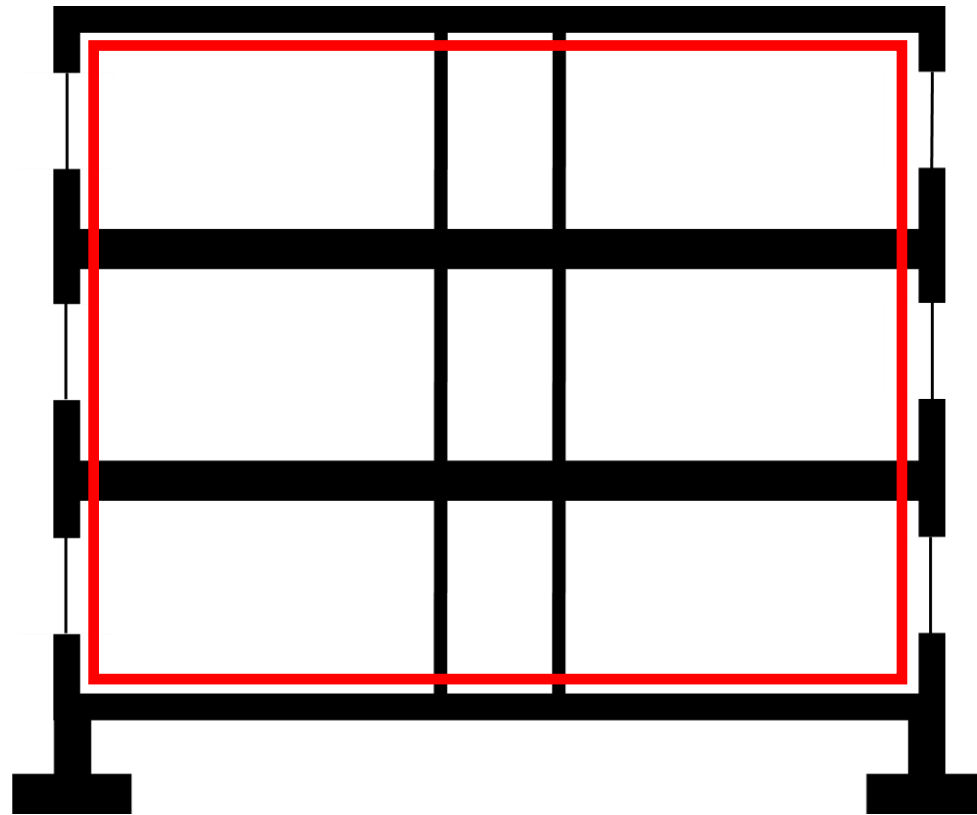


**International Living Future Institute**

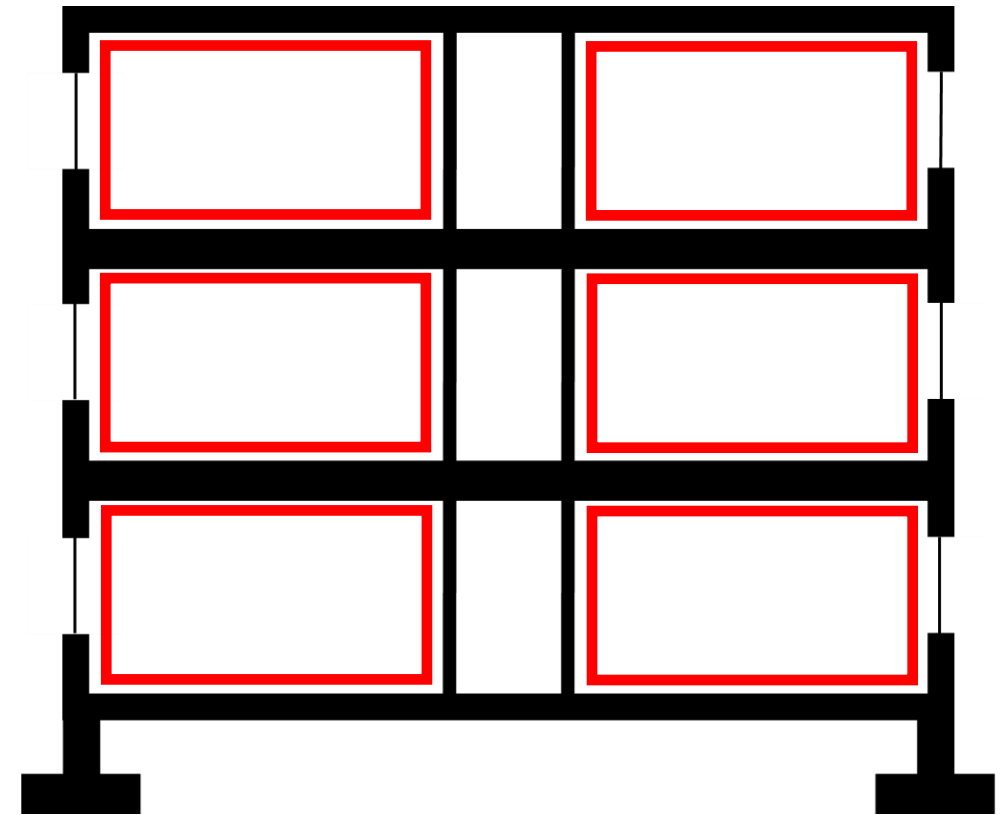
# Passive Building Strategy Development

- Phius Verifier involved in passive building strategy and how that might affect air tightness
- Due to historic preservation requirements, exterior envelope would need to be improved from the inside
- A second wood stud wall was built inside the exterior wall with separation and staggered joints
- Closed cell spray foam to be applied to walls and roof
- AeroBarrier air sealing to be applied after spray foam installed, complemented by targeted manual air sealing

# AeroBarrier Used to Seal Both Exterior Envelope & Compartmentalization



**Exterior Envelope Air Barrier**  
(seals air leaks to the outside)



**Compartmentalization Air Barriers**  
(seals air leaks between rooms in the bldg.)

 = Air Barrier

# Improving the Envelope From the Inside



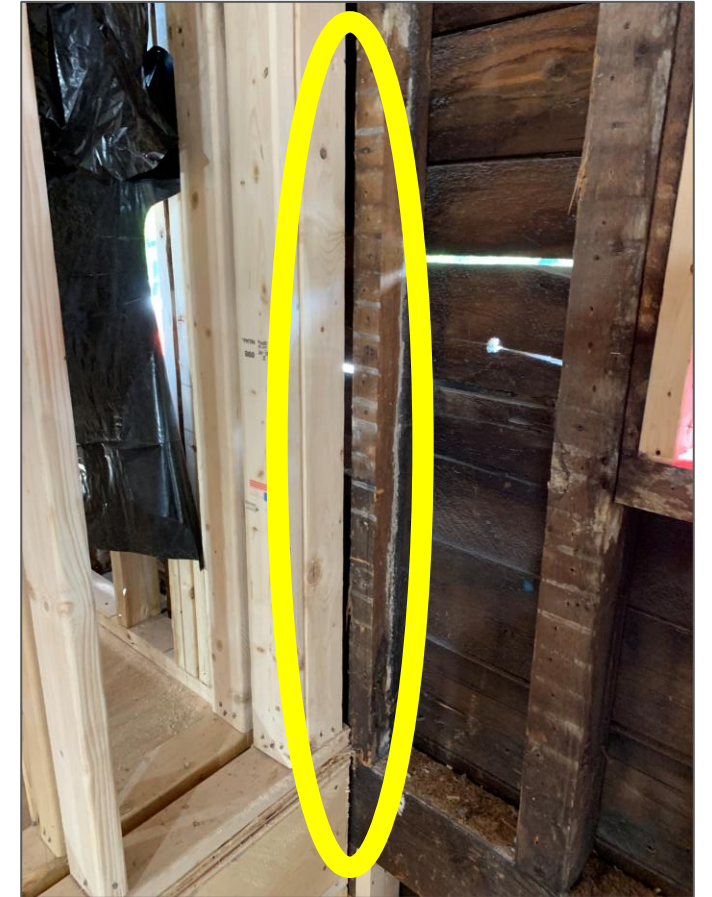
**Before New “Interior Wall”**



**After New “Interior Wall” Framed**

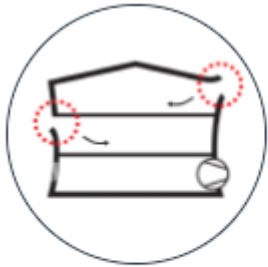
Photos courtesy of Mark Newey, Pius Verifier

# Maintain a Thermal Break With New Framing

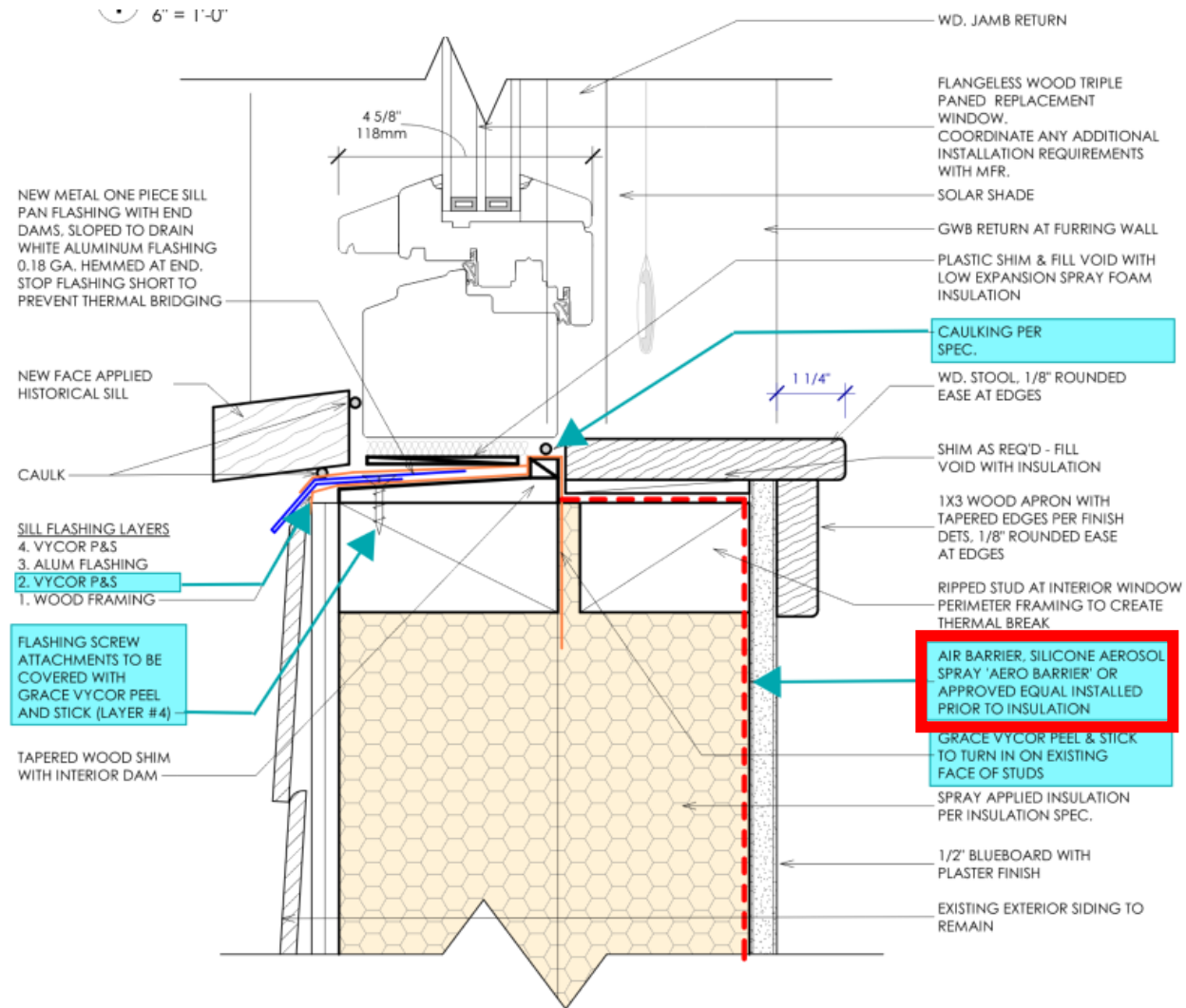


Photos courtesy of Mark Newey, Phius Verifier

# Passive Building Principles: AIR CONTROL



## Airtightness



2 WINDOW SILL DETAIL  
6" = 1'-0"

Drawing courtesy of Thornton Tomasetti

# Thermal Insulation

- Closed cell spray foam was installed in exterior wall and roof
- Installation was challenging in terms of getting proper depth and coverage
- There were many locations where spray foam had to stop due to framing blockages
- Can still be leakage paths between spray foam and wood studs



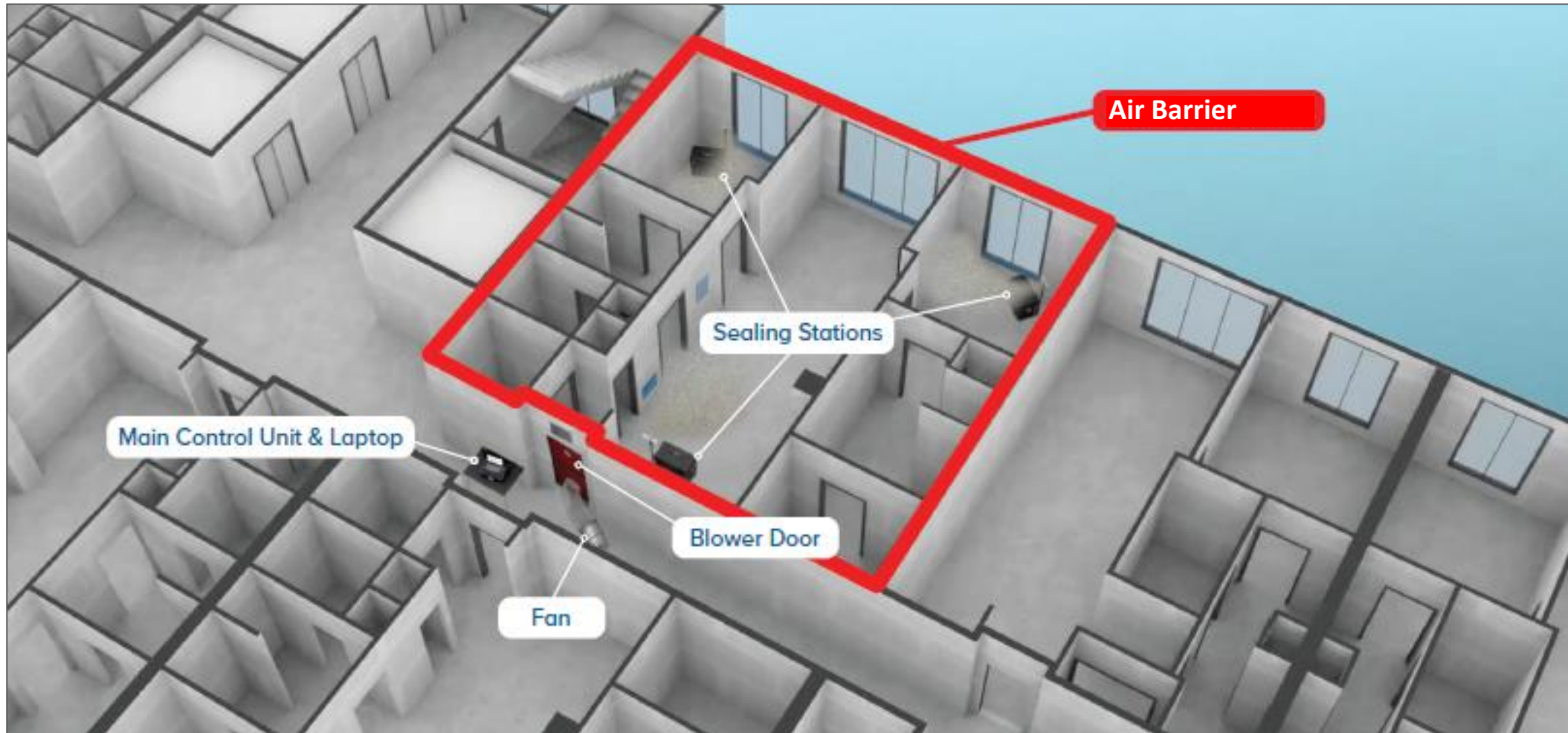
[This Photo](#) by Unknown Author is licensed under [CC BY](#)

Photo courtesy of Mark Newey, Phius Verifier

## **AeroBarrier is a sealant and an installation and leak testing system that seals air leaks in the building envelope**

- The AeroBarrier X1 Sealant is what is installed and seals the air leaks
- The automated AeroBarrier system installs the sealant, using a blower door to direct the sealant into the leaks
- The AeroBarrier system also runs a continuous blower door test, providing air leakage measurements while sealing and the final air leakage result as soon as the installation is completed

# AeroBarrier Air Sealing System Deployed

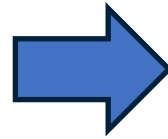


**AeroBarrier Being Installed in a 2 BR Apartment**

# AeroBarrier Building Envelope Sealant From Start to Finish of a Seal



**AeroBarrier sealant starts as a liquid**



**Then is aerosolized into a fog**



**And ultimately adheres & dries only at the leakage points as a flexible sealant**

# Air Sealing the Exterior Envelope: Seal Progression



- AeroBarrier applied after closed cell spray foam in place
- Didn't know real leakage until foam installed due to sheathing gaps
- AeroBarrier seals exterior envelope & achieves air leakage goal
- Issues with contractor run blower door tests
- AeroBarrier compartmentalizes individual apartment units, achieving air leakage goal for each unit
- 6-9 months later, contractor is failing final whole building blower door tests
- Potential causes were new penetrations & framing shrinkage over the winter
- AeroBarrier called back to job sites for additional sealing
- Contractor decides to try targeted AeroBarrier sealing at 5 Sacramento St. without success
- AeroBarrier seals whole building exterior envelope again & achieves air leakage goal

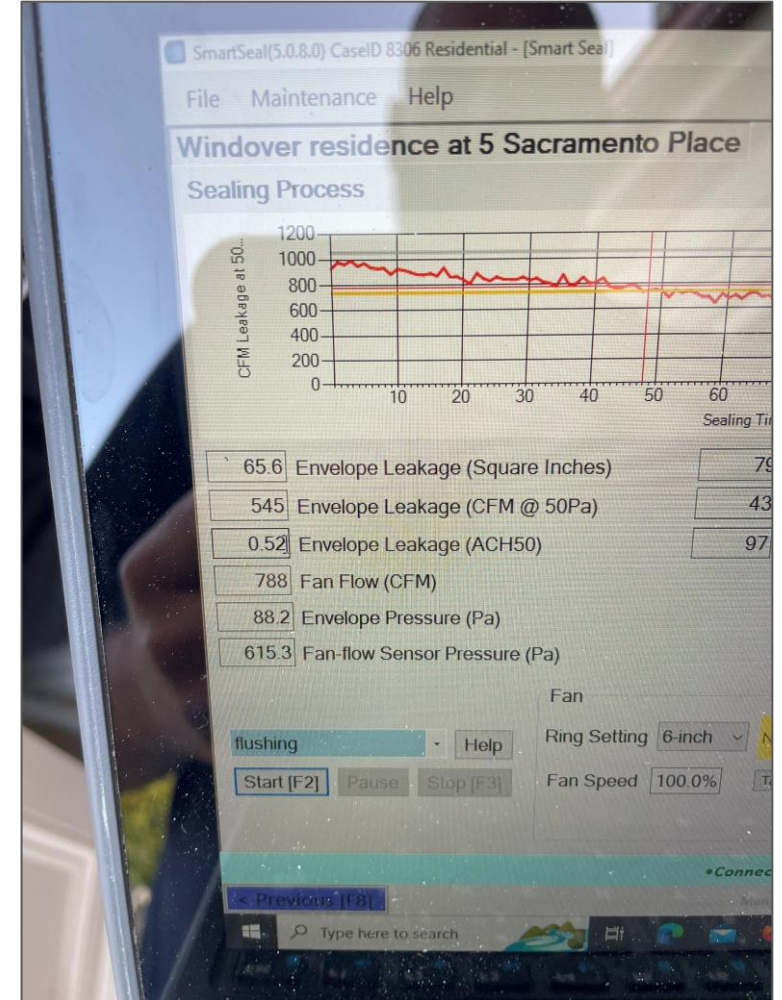
# Air Sealing the Exterior Envelope: Seal Images



**AeroBarrier Set Up Outside**



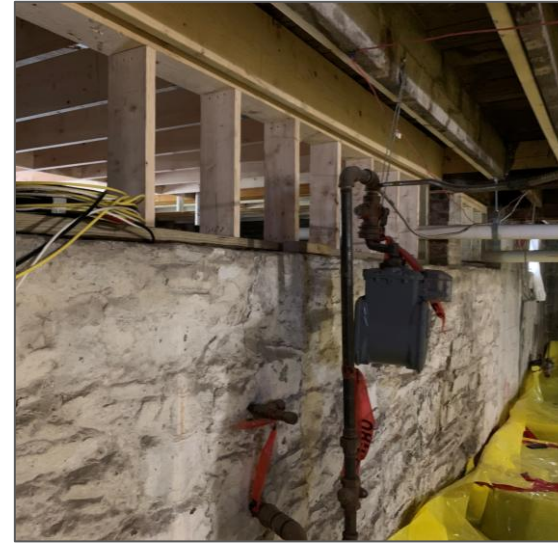
**Prep Work Inside for Finished Unit**



**AeroBarrier Laptop Screen During Seal**

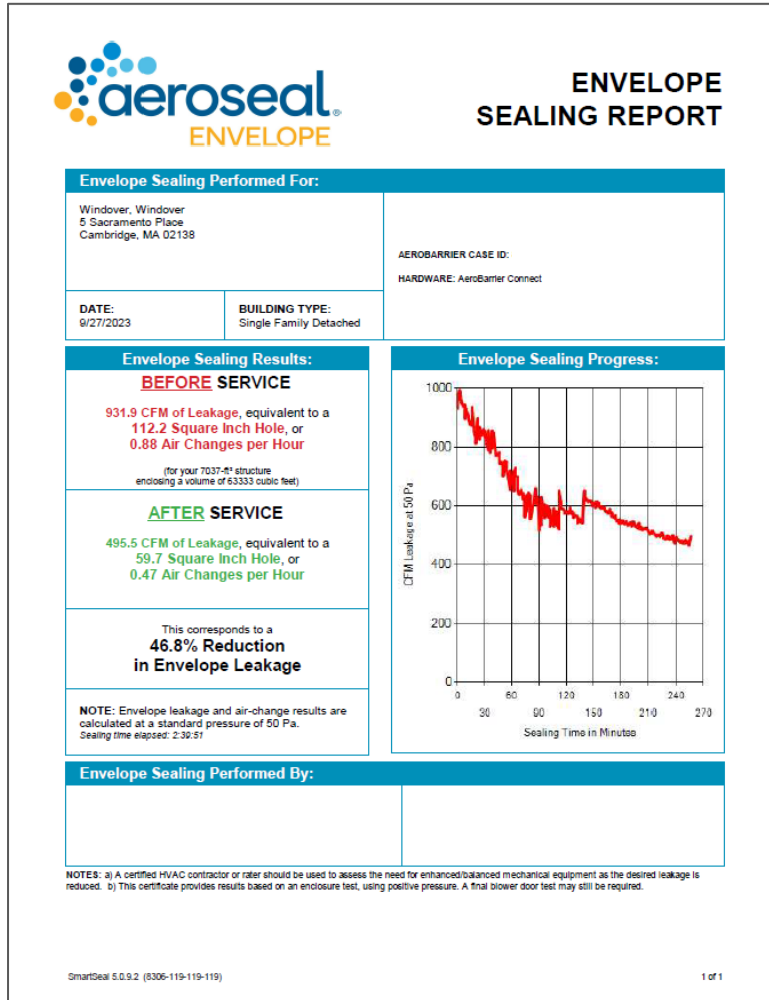
# Air Sealing For Compartmentalization

- Compartmentalization was complex due to:
  - Demising walls and floors that didn't line up with the framing and structural system
  - Floor system also a challenge due to a lot of wires, pipes, and ducts fit below the floor
- Contractor experienced difficulty with manual air sealing between units
- AeroBarrier application met compartmentalization leakage requirements in one seal per unit

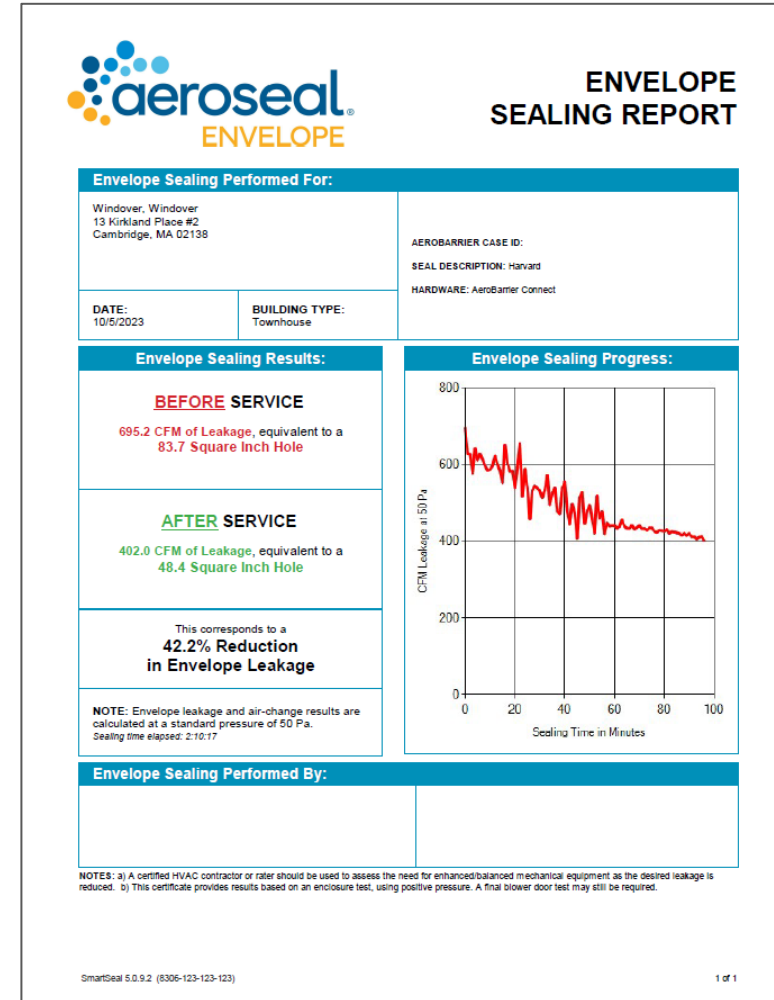


Photos courtesy of Mark Newey, Phius Verifier

# Air Leakage Results: Final Envelope Sealing Reports



5 Sacramento Street



13 Kirkland Place

# 5 Sacramento Street After Renovation



**5 Sacramento Street**



**13 Kirkland Place**

# Final Details & Air Leakage Results



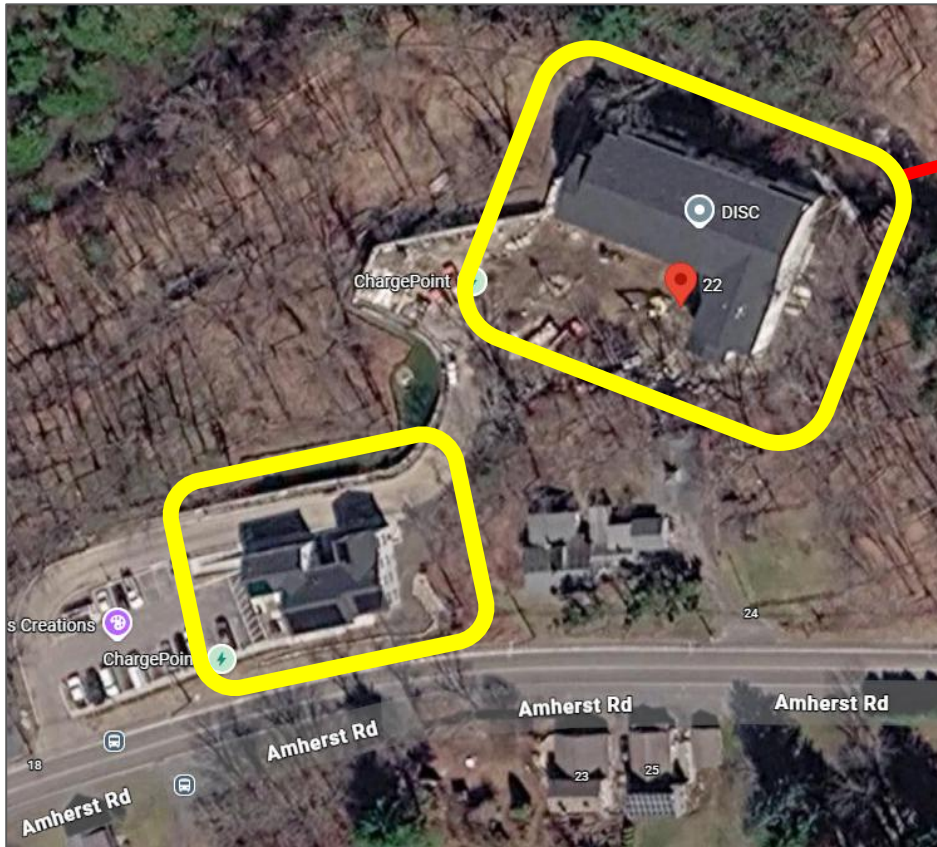
Project Details/Information	5 Sacramento Street	13 Kirkland Place
Location	Cambridge, MA	Cambridge, MA
Climate Zone	5A-Cool-Humid	5A-Cool-Humid
Building Type	Multifamily	Multifamily
Project Type	Retrofit	Retrofit
# of Stories	4	4
# of Units	5	4
<b>Phius Program Ver. Achieved</b>	<b>Phius CORE REVIVE 2021</b>	<b>Phius CORE REVIVE 2021</b>
Interior Conditioned SF	5968	3618
<b>All Electric?</b>	<b>Yes</b>	<b>Yes</b>
<b>Air Leakage Achieved</b>	<b>0.05 CFM50/SF</b>	<b>0.054 CFM50/SF</b>

# Lessons Learned: 135+ Year Old Phius Retrofits

- Frequent blower door tests by the contractor is good, but need to ensure they are properly trained on using the blower door equipment
- Conduct more field investigation of existing conditions before design and construction documents are completed to eliminate surprises during construction
- Include more exterior envelope details in the construction documents
- Consider applying AeroBarrier prior to the spray foam insulation to seal against exterior sheathing and thus identify earlier any existing exterior envelope issues
- Improve communication between contractor, passive house professionals, and air sealing subcontractors

# Case Study: New Construction Multifamily Affordable Housing Phius Core

# New Construction Affordable Housing Apartments



**Featured Building:  
22 Amherst Rd., Pelham MA**

**Amethyst Brook Apartments  
2 Buildings**

# Amethyst Brook Apartments

## 22 Amherst Road

Project Details/Info	22 Amherst Road
Location	Pelham, MA
Climate Zone	5A-Cool-Humid
Building Type	Multifamily
Project Type	New Construction
Year Completed	2025
Interior Conditioned Area (sf)	29,688
# of Stories	4
# of Units	28



**22 Amherst Road  
Pelham, MA**

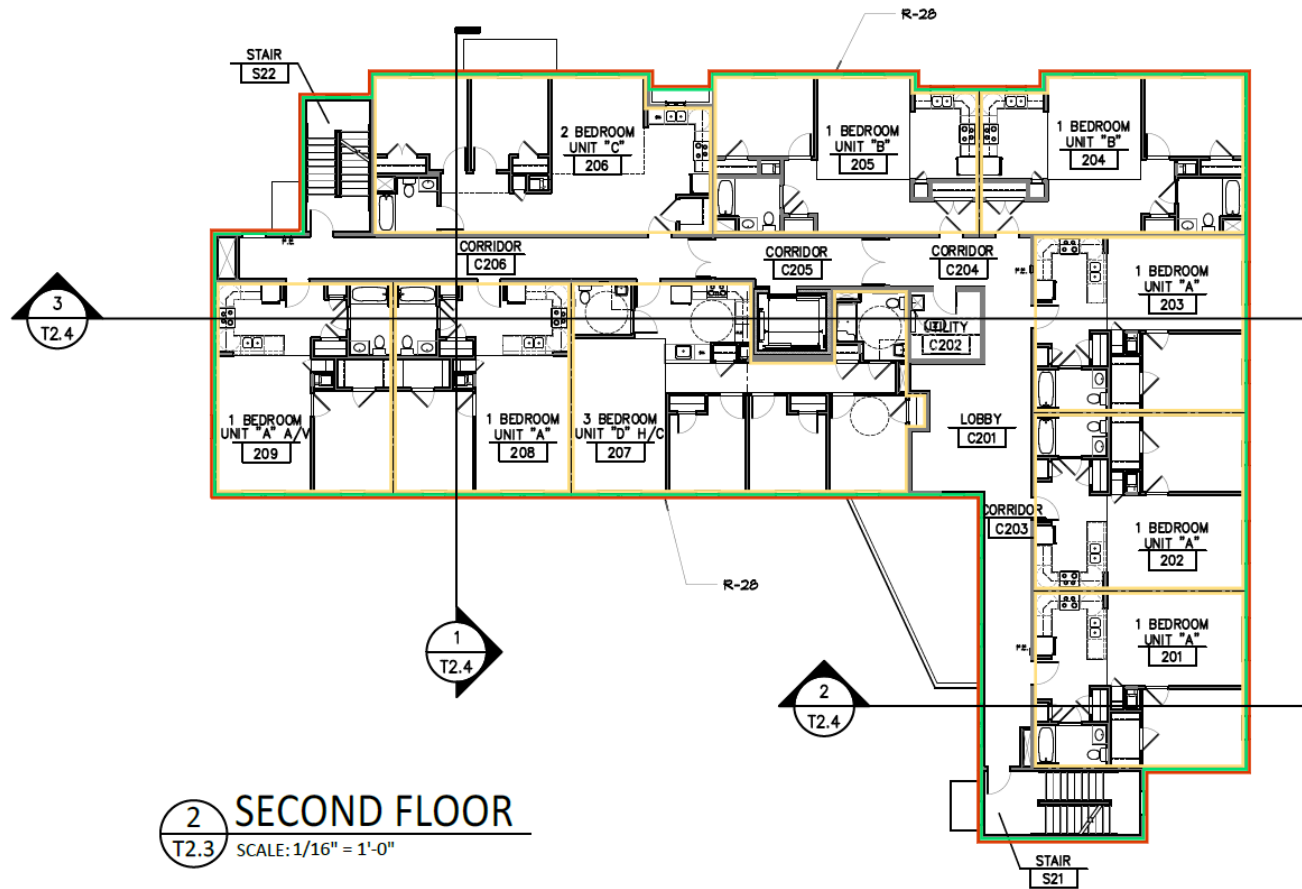
# Project Team

- Architect = Architecture EL
- Passive House consultant = Ken Neuhauser & Chris Kennedy
- Passive House verifier = Matt Zarotny
- General Contractor = Western Builders Inc.



# Passive House Goal



# Defining Building Envelope Air Sealing Scope & Requirements: Floor Plans

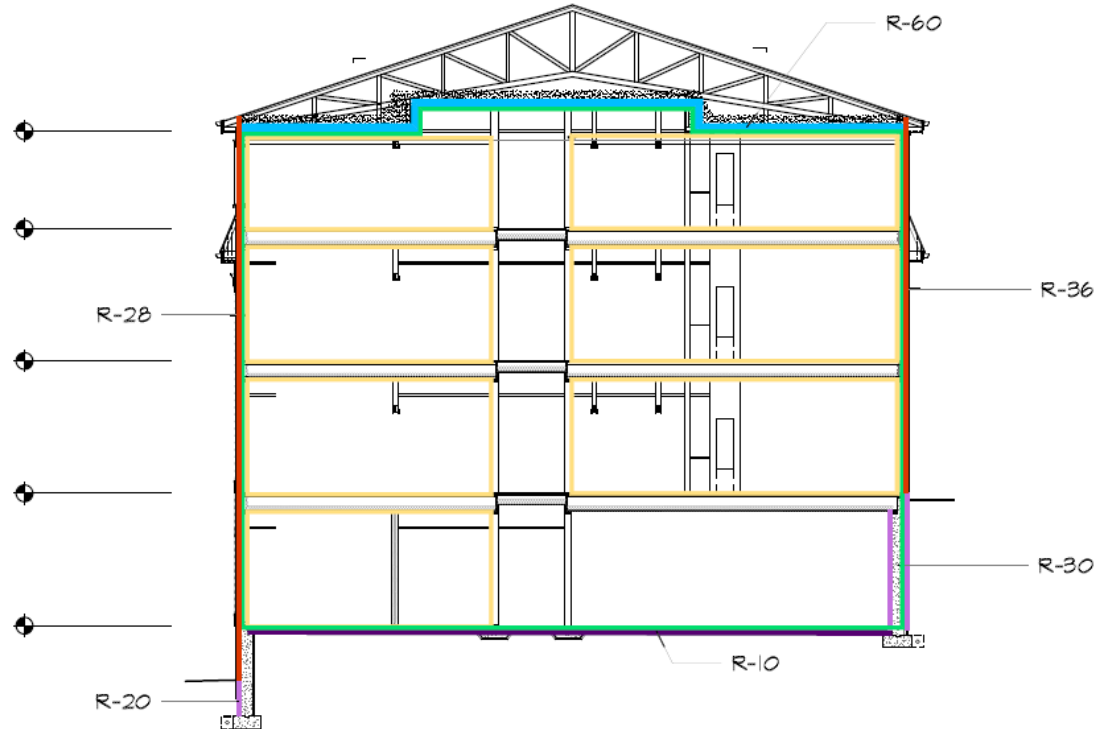


PLUS PASSIVE HAUS REQUIREMENTS:  
PASSIVE HAUS AIR LEAKAGE THRESHOLD:  
AIR LEAKAGE FOR ENCLOSURE MUST BE LESS THAN OR EQUAL TO



	EXTERNAL AIR BOUNDARY LIMIT < 0.06 CFM50/ SQ FT
	INTERNAL AIR BOUNDARY LIMIT < 0.3 CFM50/ SQ FT

Drawings courtesy of Architecture EL

# Defining Building Envelope Air Sealing Scope & Requirements: Building Sections



PHIUS PASSIVE HAUS REQUIREMENTS:  
PASSIVE HAUS AIR LEAKAGE THRESHOLD:  
AIR LEAKAGE FOR ENCLOSURE MUST BE LESS THAN OR EQUAL TO

	EXTERNAL AIR BOUNDARY LIMIT < 0.06 CFM50/ SQ FT
	INTERNAL AIR BOUNDARY LIMIT < 0.3 CFM50/ SQ FT

1 MAIN BUILDING SECTION  
T2.4 SCALE: 1/8" = 1'-0"

Drawings courtesy of Architecture EL

# Include Air Sealing in Project Specifications

## DIVISION 07 - THERMAL AND MOISTURE PROTECTION

Section 07 11 13	Bituminous Dampproofing
Section 07 13 26	Self-Adhering Sheet Waterproofing
Section 07 16 16	Crystalline Waterproofing
Section 07 21 00	Building Insulation
Section 07 21 19	Foamed-In-Place Insulation
Section 07 21 25	Cellulose Insulation
Section 07 25 00	Weather Barriers
Section 07 27 26	Aerosol-Applied Sealant
Section 07 31 13	Fiberglass Asphalt Shingles
Section 07 44 00	Faced Panels
Section 07 46 33	Plastic Siding
Section 07 46 46	Fiber Reinforced Cementitious Siding
Section 07 54 23	Thermoplastic Polyolefin Roofing
Section 07 62 00	Sheet Metal Flashing and Trim
Section 07 92 00	Joint Sealants

Images courtesy of Architecture EL

SECTION 072729  
AEROSOL APPLIED BUILDING ENVELOPE AIR LEAK SEALING

AeroBarrier X1 is a stable, non-toxic, aerosol-applied, waterborne acrylic sealant. It is part of the AeroBarrier air sealing system that uses a computerized process to pressurize the interior of the building and install AeroBarrier X1 to seal leaks in the building enclosure from the inside. The particles deposit at the leak locations and build to form a complete and tight seal, remaining firmly in place for years while staying completely pliable and flexible. By reducing air leaks through the building envelope, it is possible to reduce energy loss, help mitigate moisture damage and enhance overall comfort and health of the building.

AeroBarrier X1 provides an easy, economical solution to meet building envelope air tightness performance needs now and into the future. It allows builders to meet codes and high performance standards more easily, consistently and cost-effectively than traditional envelope sealing methods.

AeroBarrier X1 is the only building envelope air sealing solution that can seal to any level of envelope tightness required and verify that the requirement is met immediately upon completion of the installation, all the way to the Passive House standard of 0.6 ACH50 or tighter.

Edit this specification to specific Project requirements. For design or specification assistance, please email [techinfo@aeroseal.com](mailto:techinfo@aeroseal.com) or call (937) 375-5713.

PART 1 - GENERAL

1.1 SECTION INCLUDES

A. Aerosol-applied, waterborne acrylic sealant to seal leaks in the building envelope from the interior.

1. Envelope Tightness: Air tightness down to 0.6 ACH50 or lower.

B. Related Sections:

1. Section 233123 - Aerosol Applied HVAC Duct Air Leak Sealing for sealing ducts from the interior.

1.2 SUBMITTALS

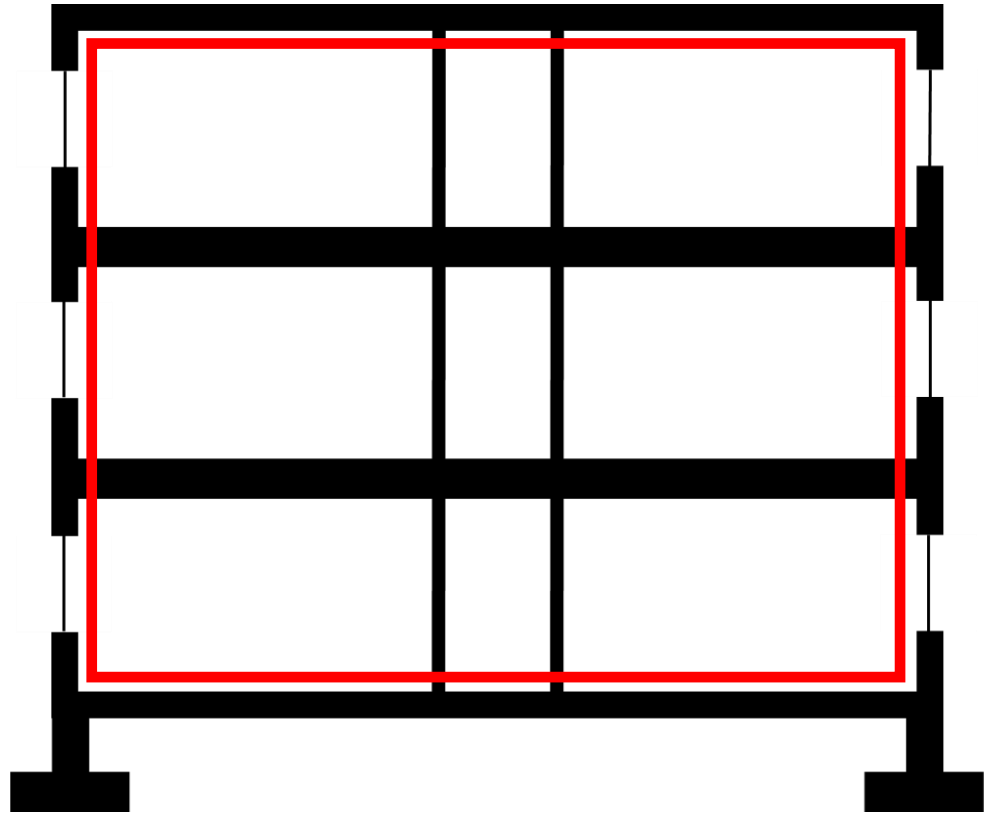
A. Product Data: For each product, include manufacturer's written instructions for site preparation and installation. Include sample Seal Report or Envelope Sealing Report with pressurization test results, product data sheet, and safety data sheet.

B. Sustainable Design: Submit documentation indicating UL GreenGuard Gold certification, National Green Building Standard certification, and VOC content.

C. Test Results: Submit Seal Report or Envelope Sealing Report with pre-and post-seal leakage (pressurization test) results.

AEROSOL APPLIED BUILDING ENVELOPE AIR LEAK SEALING (Rev. 3/11/26)  
072729 - 1

# AeroBarrier Used to Seal the Exterior Envelope

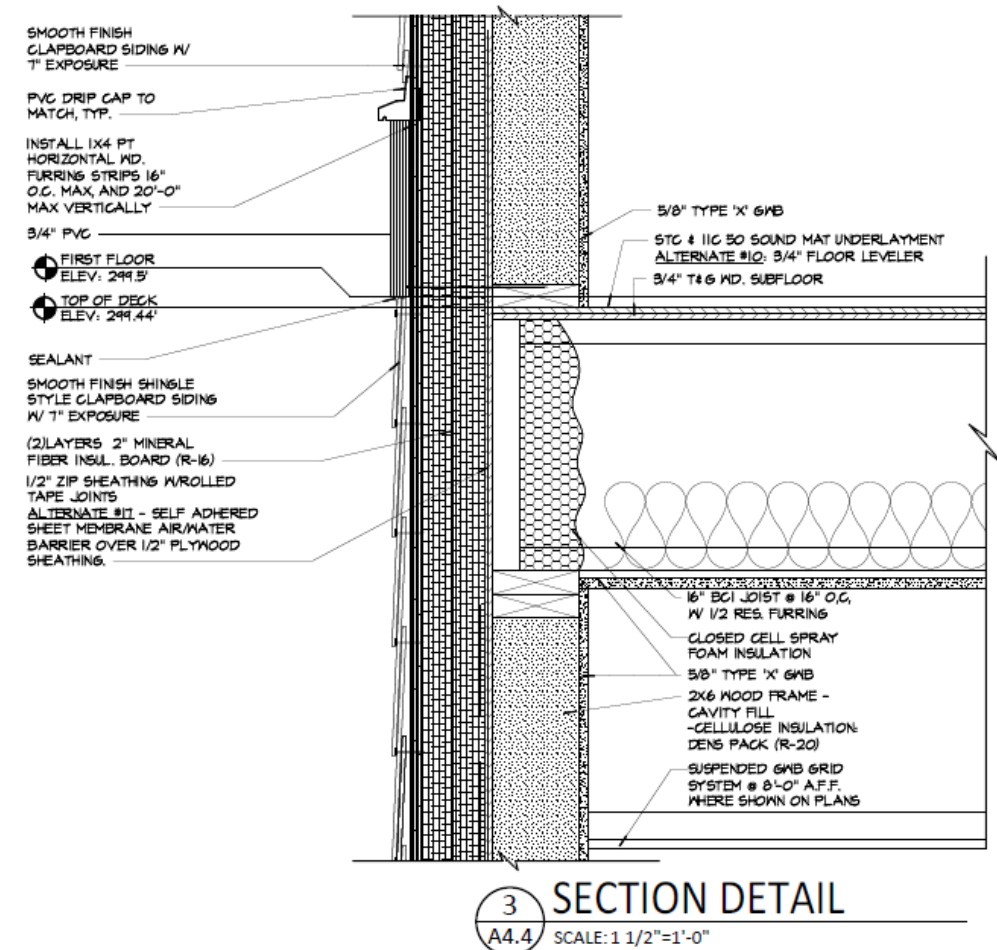


 = Air Barrier

**Exterior Envelope Air Barrier**  
(seals air leaks to the outside)

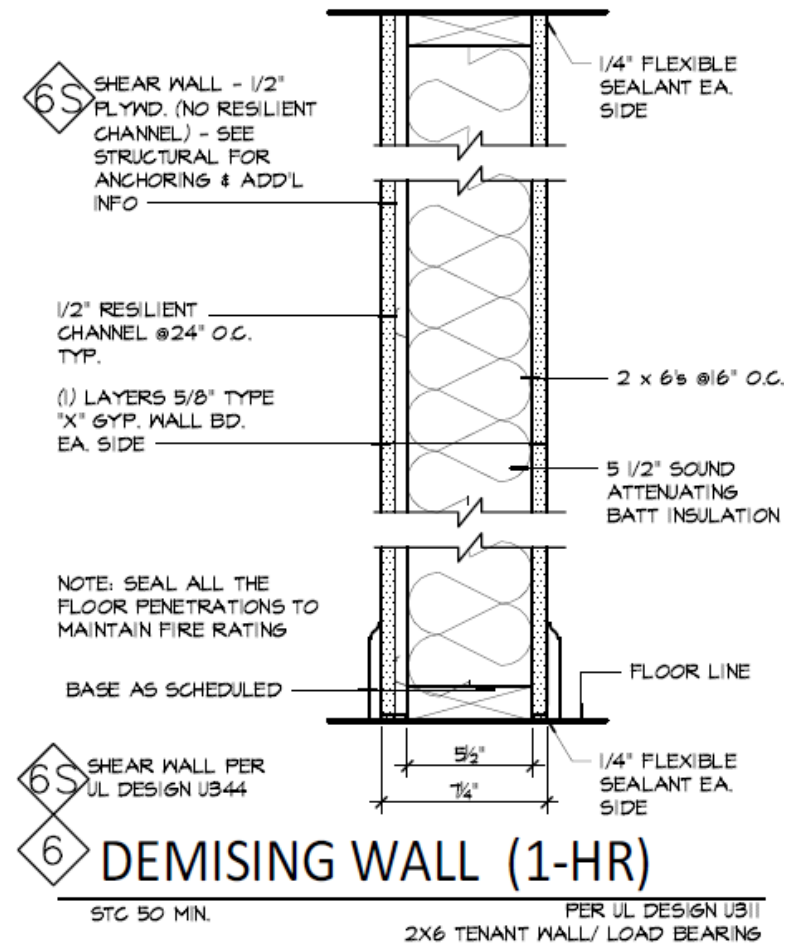
# Air Sealing Strategy: Exterior Building Envelope

- Combination sheathing/insulation board at the exterior (taped & rolled)
- AeroBarrier applied to inside face of exterior sheathing
  - Before insulation installed
  - After MEP penetrations complete
  - Minimizes disturbance of exterior envelope air barrier during remainder of construction
- Some additional manual sealing done at the interior as well



# Air Sealing Strategy: Interior Building Envelope

- Manual applied sealant at top plate, bottom plate, & penetrations



Drawings courtesy of Architecture EL

# AeroBarrier Exterior Envelope Whole Building Air Sealing Deployment



## Mobilization #1

- AeroBarrier applied to Third Floor (top floor) since work progressed from top down & more penetrations at attic
- MEP's continued at lower levels at this time

## Mobilization #2

- AeroBarrier applied on First Floor & Second Floor at one time
- Guarded 3<sup>rd</sup> Floor initially to seal 1<sup>st</sup> & 2<sup>nd</sup> Floors
- Then unguarded 3<sup>rd</sup> Floor while AeroBarrier system running to continue with whole building exterior envelope seal & confirm leakage requirement met
- (3 seal days)

- Whole building air leakage passed
- No need for additional AeroBarrier sealing

- Whole building air leakage passed
- No need for additional AeroBarrier sealing

# AeroBarrier Installation at Sheathing



**AeroBarrier seal at exterior sheathing**

# AeroBarrier Installation Video




# AeroBarrier Results: Seal Examples



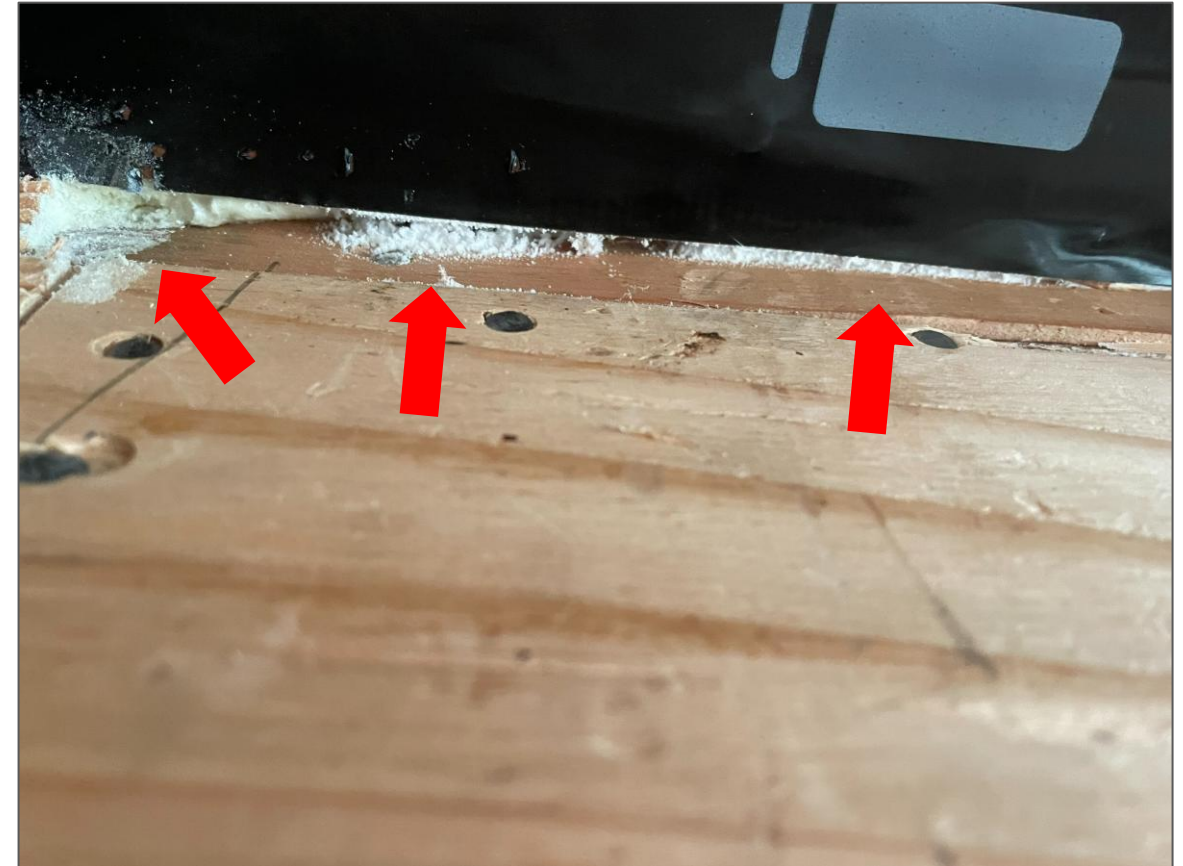
**Sealant at Top Plate Exterior Wall**



**Sealant at Base Plate & Subfloor of 3<sup>rd</sup> Floor**  
(AeroBarrier still found & sealed leakage where caulk was installed)


 = Leakage areas sealed by Aeraseal Duct Sealant

# AeroBarrier Results: Seal Examples




**3<sup>rd</sup> Floor Top Plate (view from side)**  
(AeroBarrier found & sealed leakage where sealant tape installed)

**3<sup>rd</sup> Top Floor Plate (view from below)**

 = Leakage areas sealed by Aerosol Duct Sealant

# AeroBarrier Results: Seal Report

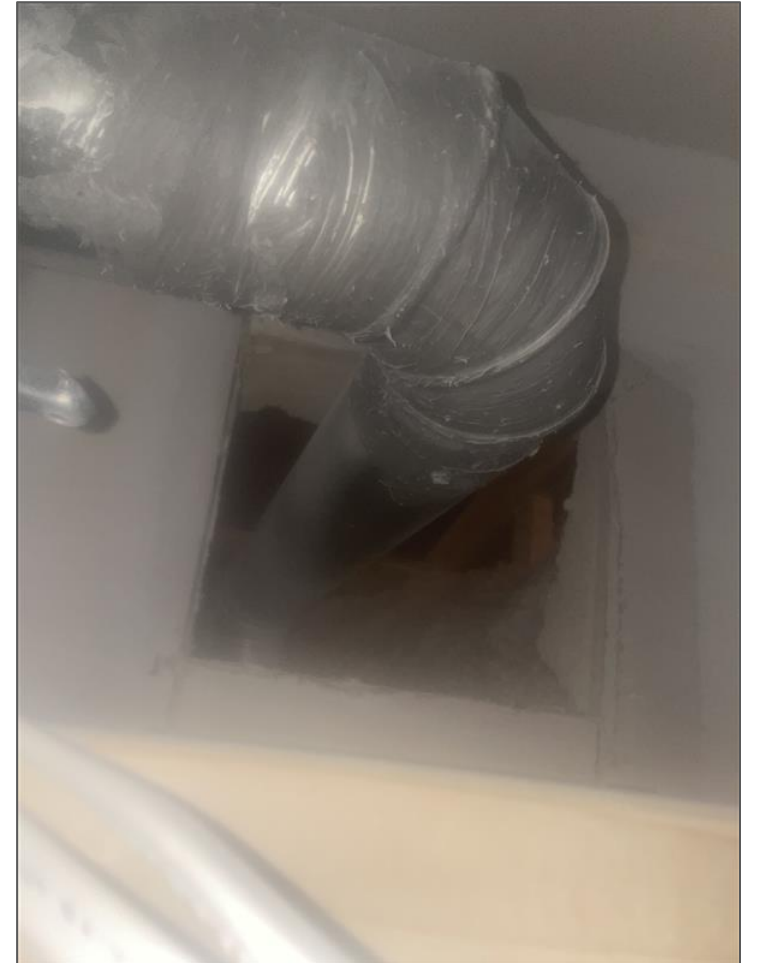
		<b>ENVELOPE SEALING REPORT</b>	
<b>Envelope Sealing Performed For:</b>		AEROBARRIER CASE ID: 8306	
Amethyst apt, western builders 22 amherst rd pelham, MA 01002		SEAL DESCRIPTION: Amethyst	
DATE: 11/26/2024	BUILDING TYPE: Multifamily	HARDWARE: AeroBarrier Connect	
<b>Envelope Sealing Results:</b>		<b>Envelope Sealing Progress:</b>	
<b>BEFORE SERVICE</b> 6101.2 CFM of Leakage, equivalent to a 734.6 Square Inch Hole			
<b>AFTER SERVICE</b> 978.8 CFM of Leakage, equivalent to a 117.8 Square Inch Hole			
This corresponds to a <b>84% Reduction in Envelope Leakage</b>			
<b>NOTE:</b> Envelope leakage and air-change results are calculated at a standard pressure of 50 Pa. Sealing time elapsed: 3:18:13			
<b>Envelope Sealing Performed By:</b>			
		Seal Tight Energy Solutions 79 Aquidneck Dr Tiverton, RI 02878 Phone: 401-264-6952	
<small>NOTES: a) A certified HVAC contractor or rater should be used to assess the need for enhanced/balanced mechanical equipment as the desired leakage is reduced. b) This certificate provides results based on an enclosure test, using positive pressure. A final blower door test may still be required.</small>			
SmartSeal 5.0.8.27 (8306-325-325-325)		1 of 1	

Exterior envelope air leakage achieved = **0.051 cfm50/sf**

**Phius CORE 2021 Certified**

# Lessons Learned

- Human error exists with manual air sealing
- AeroBarrier application at exterior sheathing is very beneficial to achieving Passive House air leakage requirements – enables passing the mid project blower door test and knowing your requirement is met much sooner
- Construction schedule issues and changes that affect projects also have a big impact on air sealing – whether an AeroBarrier application or other air sealing methods
- Need to continue to get better at not introducing new air leaks after air sealing has been done
- All passive house projects should have an “air boss” so that communication about air sealing is good amongst the GC & all relevant trades throughout the project to eliminate issues



A vertical yellow bar is positioned to the left of the text.

# Duct Sealing to Passive House Standards

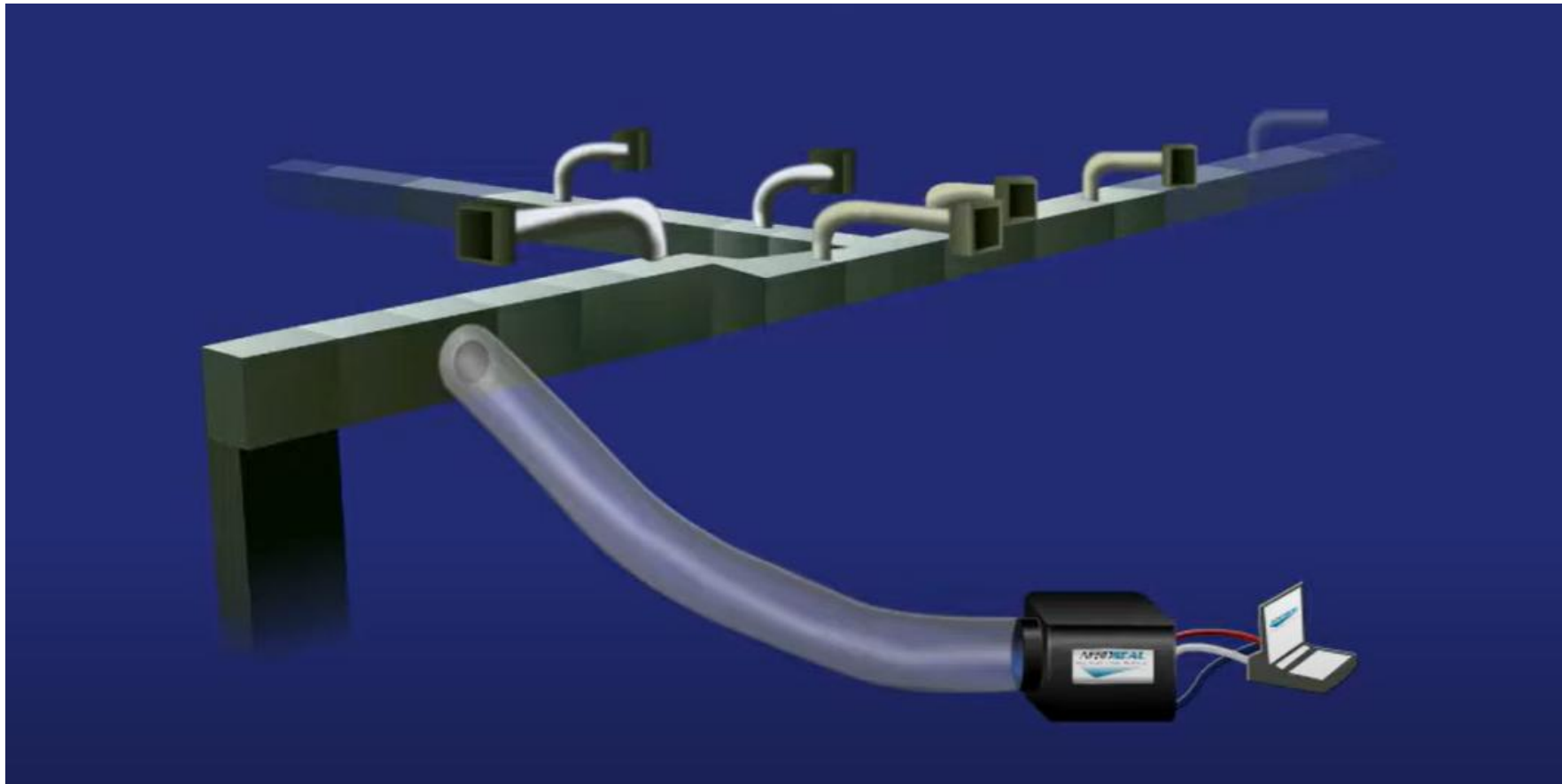
# Aeroseal Duct Sealing



**Aeroseal is a sealant and an installation and air leak testing system that seals air leaks in HVAC ductwork from the inside of the ducts**

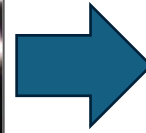
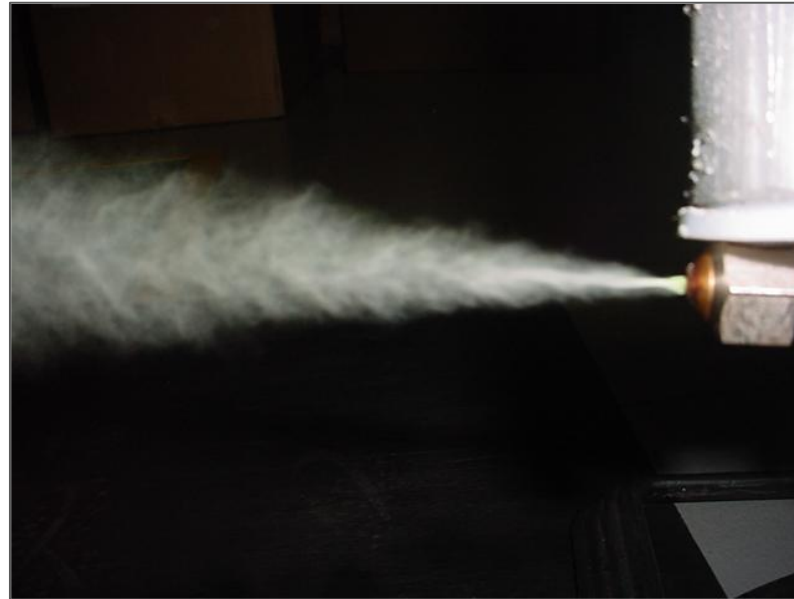
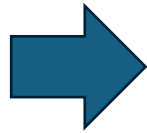
- The Aeroseal Duct Seal sealant is what is installed and seals the air leaks
- The automated Aeroseal system installs the sealant, pressurizing the ductwork to direct the sealant into the leaks from the inside
- The Aeroseal system also runs a continuous duct leakage test, providing air leakage measurements while sealing and the final air leakage result as soon as the installation is completed

# Aeroseal Duct Sealing System Deployed



**Automated & Computer Controlled Duct Sealing**

# Aeroseal Duct Sealant From Start to Finish of a Seal

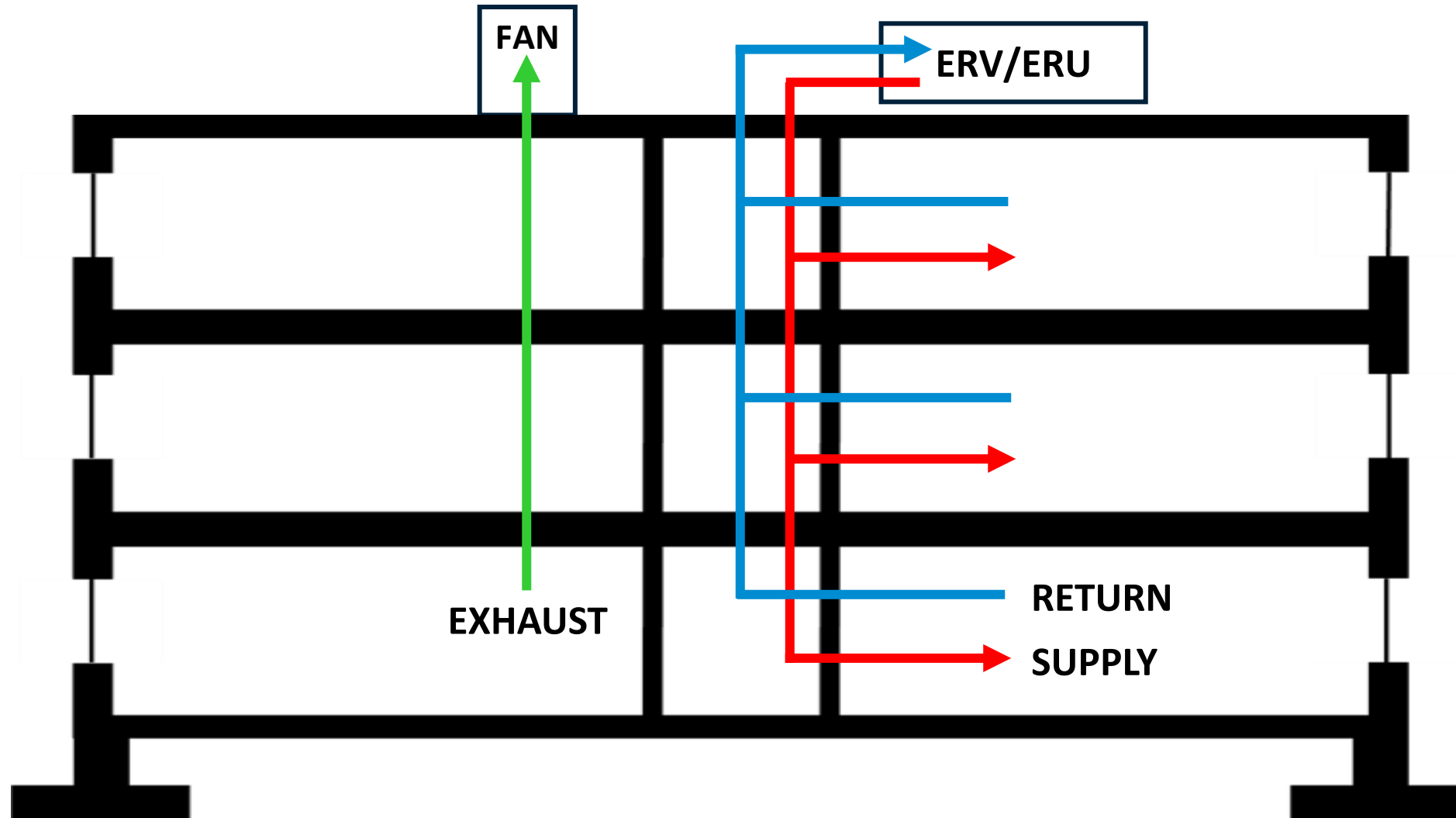


**Aeroseal Duct Seal sealant starts as a liquid**

**Then is aerosolized into a fog inside the ductwork**

**And ultimately adheres & dries only at the leakage points as a flexible sealant**

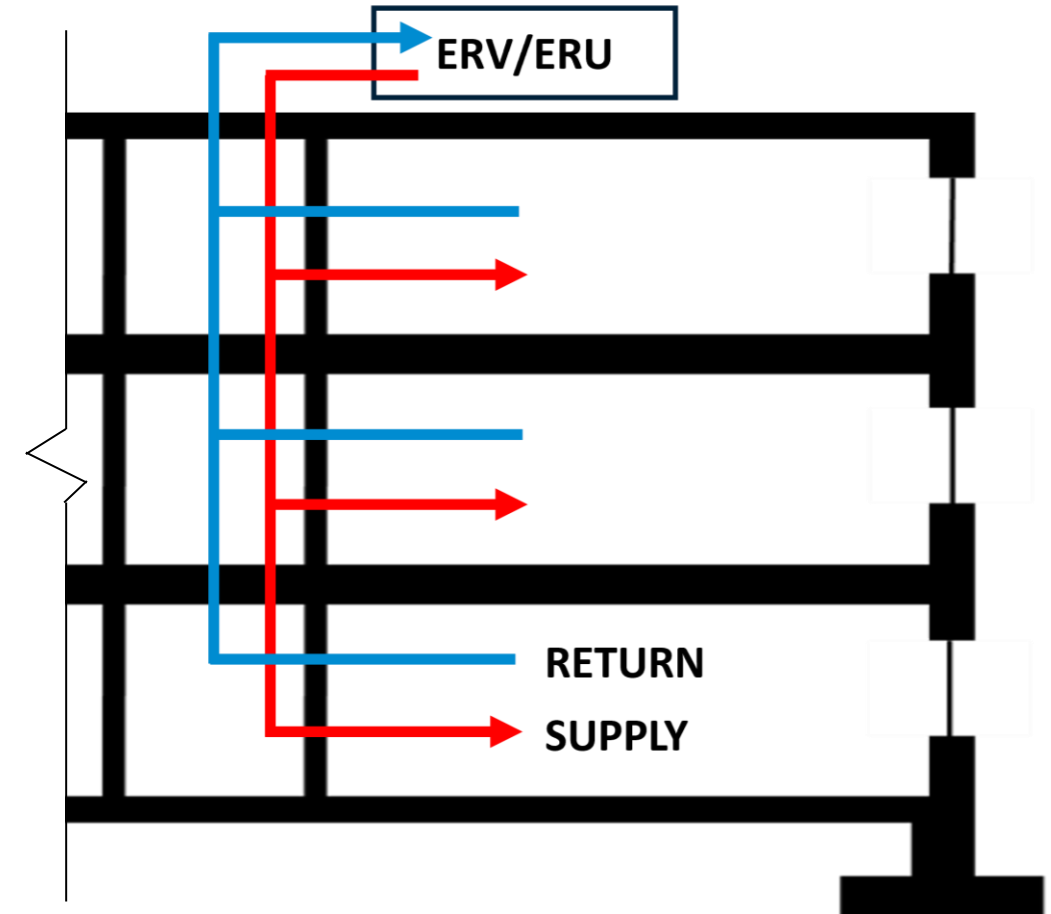
# Passive House Duct Sealing Can Include Exhaust, Supply, Return



# Aeroseal Duct Sealing on Passive House Projects is Expanding to Include All Ducts



- Aeroseal has been a lot used to seal leakage in the exhaust system
  - Horizontal runs & vertical risers
  - Longer runs of ductwork harder to achieve the passive house leakage requirement
- Recently Aeroseal is being used to seal ductwork on the growing number of projects using centralized ERV/ERU's
  - Longer runs of ductwork harder to achieve the passive house leakage requirement
  - Horizontal runs & vertical risers



# Some Phius Certified Multifamily Projects Including Aeroseal Duct Sealing



**Betty Greene Apartments: Certified**



**Old Colony Phases 4 & 5: Certified**  
**Old Colony Phase 6: Design Certified**



**Rindge Commons: Design Certified**

# | Q+A/Discussion

# Thank You!

## Bill Shadid

Business Development Leader – Architects & Engineers

[bill.shadid@aeroseal.com](mailto:bill.shadid@aeroseal.com) Bill Shadid

## Alex MacLean

Sales & Field Tech Support

[alex.maclean@aeroseal.com](mailto:alex.maclean@aeroseal.com)

Aeroseal LLC

[www.aeroseal.com](http://www.aeroseal.com)

